



QMA E-NEWS

August 2023

QMA ANNUAL GENERAL MEETING

This was held on Saturday 29th July.

The new Management Committee elected for 2023-24:

President	Bruce Bodsworth
Vice President	Matt Teale
Secretary	Lorraine Birtwell
Treasurer	Lisa Chapman
Members	Joe Begley Roz Kirwin Karen Lakin Alf Lakin

Brisbane rep	John Milne
Gold Coast rep	Chris Brack
NQ rep	Rebecca Austin

QMA urgently needs a volunteer to take on the role of uniform/merchandising coordinator. If you are interested and want more information, please contact the Secretary.

UPCOMING EVENTS

The AMA Winter Throws Championships will be held in Brisbane from 30 September to 2 October 2023.

Entries are now open. Details and to enter [HERE](#) .

Entries close 10 September.

Are you available to assist as a volunteer? Please contact Wilma at wilmaperkins@me.com

Amy Tobin - Racerunner



Amy on the start line in Denmark



Gold in 5000 m.



Sunshine Coast Half Marathon

BRISBANE NEWS

Winter throws and jumps training and competition continues on Sunday mornings – see website for details.

The 2023/24 track and field season will commence on September 16. Details will be on the QMA website soon.

GOLD COAST NEWS

The Track and field season is planned to commence on September 24. Watch the website for details.

QMA 50TH ANNIVERSARY CELEBRATION

This is planned for Saturday 21st October.

There will be special events, celebration lunch, and much more.

All past and present members invited – spread the word!

Mark the date in your diary and watch the website and emails for further information.

SOME RECENT OUTSTANDING PERFORMANCES

If you were at the QMA Track and field Championships earlier in the year, you may recall there were two athletes who competed as Racerunners: Amy Tobin and Boby Tagget

Amy recently competed in the World Disability Championships in Denmark where she won the 5000 metre event, silver in the 800m, and bronze in the 60m.

But that is not all – last weekend she completed the Sunshine Coast Half Marathon in a time of 2:39:54. All amazing achievements!

See pictures on first page.

Find out more about ‘Now I Can Run’ – a racerunning club started by Amy [HERE](#).

In other recent events:

At the ‘Last One Standing’ event held at Oxley Common, QMA member Paul Shard was one of the last 5 competitors and completed 35 laps of the course, a total of 234.7 km, between 9am Friday and 8pm Saturday.

QMA member, ultra runner Tia Jones completed 15 laps – just over 100 km.

A number of QMA members competed in the various events at the Sunshine Coast Marathon Festival and achieved age group podium finishes. Well done to you all!

FINALLY

The new Management Committee would be pleased to hear from members with

- *Ideas and suggestions about QMA activities*
- *Complaints - yes - let us know what's not good*
- *Offers to volunteer in the many areas that keep QMA operating*

Contact the President or Secretary if you need to know more.

Looking forward to seeing you all soon.

Bruce Bodsworth

QMA President

