

**QMA CROSS COUNTRY CHAMPIONSHIPS LIMESTONE PARK, IPSWICH
05/09/2020**

WOMEN

6000 METRES

W40-44	1	Jane Hoskin	23.36
	2	Erika O'Reilly	25.31
W50-54	1	Jodie Craswell	31.44
W70-74	1	Irene Davey	38.41

MEN

8000 METRES

M35-39	1	Clay Dawson	26.30
	2	Shane Mathewson	27.41
M40-44	1	Andrew Willey	28.46
M45-49	1	Paul Shard	30.09
	2	Mark Kennedy	32.04
	3	Wayne Adams	33.32
M50-54	1	Adrian Royce	29.11
M60-64	1	Peter Jones	32.21
	2	David Scroope	33.52
	3	Noel Mathewson	36.13
M65-69	1	Peter Reeves	35.33
	2	Robert Gunningham	36.42

6000 METRES

M70-74	1	Dieter Lacko	34.30
M80-84	1	Michael Jukes	33.29