

Heavy Weights Pentathlon - Revised Scoring Table V4.0 - 1 July 2015

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Competition:			QMA at SAF				Date:		6th February 2021				Instructions			
Competitor	Origin	Age Grp	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Total score	Position	Age Grp	
W30-W49			5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)					
Miranda Ramsden	QMA	W35-39	12.29	463	9.61	418	7.72	398	6.95	416	5.56	416	2111	QR	W35	
Tina Eilola	QMA	W45-49	12.16	559	9.88	535	6.77	418	7.29	548	5.14	471	2531		W45	
W50-W55																
Althea Mackie	QMA	W50-54	19.25	839	15.88	804	12.76	807	11.13	865	9.96	931	4246	QR	W50	
Julie Jones	QMA	W50-54	8.00	299	7.28	316	5.69	296	4.68	283	3.85	260	1454		W50	
W60-W74																
Hazel McDonnell	QMA	W70-74	9.90	539	9.82	611	6.02	422	5.55	475	4.52	464	2511		W70	
Rosemarie Kopitke	QMA	W70-74	8.99	481	7.09	413	5.38	365	4.28	336	3.51	323	1918		W70	
W75-W100+																
Lorraine Birtwell	QMA	W75-79	7.46	362	7.39	399	7.38	511	5.91	503	5.48	574	2349	QR	W75	