

QMA Athletic Challenge



**AKA.
BENJAMIN BUTTON**

December 2021

CONTENTS

- P2. Presidents Report
- P3. Profile Guy Quarterman
- P5. Relay Day Queensland Athletics
- P6. Brisbane Results
- P17. Gold Coast Results
- P18. One Athletics Report
- P19 Lane infringement rule update
- P20 Records and Motivation



News from the President's desk

My best wishes to all Members and their families for the festive season that is now upon us.

Finally Queensland Masters Athletics was able to see competitions again and athletes getting out on the track and into the field to enjoy their sport and start to re-ignite the passion of participation and the enjoyment of being with your fellow athletes in a healthy and rewarding environment that is Masters Athletics.

All of us had endured many months of frustration as Covid invaded our lives, livelihoods and our families. Thankfully in Queensland we have fared much better than many others around Australia and we have been able to continue our living to a reasonably enjoyable level despite some restrictions that seemed harsh at the time but were actually beneficial to us in the long term.

Editorial Contact

Would you like to be part of the *Athletic Challenge* family. Have something you want to contribute?

Photographs

Any current or historic photographs would be greatly appreciated.

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We began 2020 with high hopes of hosting a very successful Australian Masters Athletics Championship in Brisbane, only to see it cancelled just three weeks before the event. Then the efforts of A.C.T. to organise and conduct the 2021 Championships in Canberra were scuttled when borders began closing and the virus really took hold in NSW and Victoria. The scheduled hosts of this competition in 2022 was Hobart in Tasmania but they too withdrew due to uncertainties about their ability to host a successful championship amid the Covid environment.

When expressions of interest to host the 2022 Championship were called by the Australian Masters Board your QMA Committee decided to try again - we were the only option in reality. So we were awarded the event and planning got underway, thankfully we have been able to utilise all of the work that we did for the 2020 championship so we are well advanced with getting our plans in order. Entries will open in early January and the competition will take place from 1 to 4 April at the QSAC facility in Nathan, Brisbane.

BE ASSURED THE CHAMPIONSHIP WILL be held this time, even if some States or Territories cannot attend. We need every one of you to consider entering and enjoying this competition as you only get the chance for a home Nationals once every 8 years. So April 2022 is your chance to have a go! I have to emphasise that you do not have to be a super athlete to compete - just get in and enjoy the many aspects of a Nationals and meet fantastic people who are of like mind and just like you. Like me, you will probably form friendships that will last many years - that is one of the great aspects of our masters sport as many of you would know. For those who have not had this experience there is a very true saying - 'You will never know if you don't have a go!'

ALSO there are lots of opportunities to assist with the conduct of the Championship. Many volunteers and officials are required and with many of the tasks being easy to do, this is also an opportunity to be part of the big event. Call outs for these positions will be happening soon so if this type of involvement would suit you - come and join the rest of us 'administrators and helpers' who are the backbone of the championship

so that our efforts make it happen for those competing.

FINALLY, thanks to all of you for being part of QMA this year. We are a one hundred percent volunteer organisation and need everyone to give some assistance from time to time. Things will get busier in the New Year so please enjoy the festive season break, keep safe and love your family and friends. Together let us make 2022 a hugely successful year that we can all be proud of. Oh - and I hope Santa remembers where you live!

Cheers
Stan Perkins
QMA PRESIDENT

2022 EVENTS

JANUARY

Saturday 8th- Evening

2000m Run/Walk
Pole Vault
Shot Put - Men
Javelin - Women - Northern End
200m
60m
High Jump
Javelin - Men - Northern End
Weight - Women - Northern Corner
800m
4x800m Relay
Sprint Hurdles
100m
Long/Triple Jump
Weight - Men - Northern Corner
Shot Put - Women
400m

Saturday 15 QMA Men's Throws
Pentathlon Championships - Hosted in Brisbane

Saturday 22 QMA Men's & Women's
Pentathlon Championships - Hosted in Brisbane

Saturday 29 Women's Throws
Pentathlon Championships - Hosted in Brisbane

FEBRUARY

Saturday 12/Sunday 13 QMA
Decathlon & Heptathlon
Championships - Hosted in Brisbane

Saturday 19 QMA 3000m Run
& Walk Championships - Hosted in Brisbane





**Guy Quarterman
aka. Benjamin Button**

Q. When you were younger, I understand you did both gymnastics, and weight lifting. Has that influenced your decision to be a thrower?

A. Not at all, - I never made a decision to become a thrower, – it just sort of happened.

While at school I did gymnastics and played rugby. Shortly after leaving school, I retired from both of these sports and took up weightlifting as an interest, at Larry Gartenstein's Sportsman's Gym in the Fortitude Valley. I had a reasonable success there, coming second in the Queensland Lightweight Division.

After I married Noel Mary and had a family (4 boys and a beautiful girl) my sporting days waned considerably and my exercise only happened before breakfast.

I ran in the Inaugural Brisbane Half Marathon and two others after that, and then I started swimming, which was a much more pleasurable sport. I swam 1K a day on week days for over 20 years.

Q. On your very first day at QMA you threw the javelin a really good distance. Did that come naturally or were you a javelin thrower in your younger days.

A. I took up throwing as a middle-

aged senior. I was 67.

My youngest son Robert, had thrown a pretty mean javelin at school, and one day I tried my hand with his old 700gram javelin. I thought for an old feller I might be competitive with the masters athletes, and so, I came out to the QMA one Saturday as a visitor.

It was a great experience, and I was given a really friendly welcome by Don Quinn and also Lorraine Birtwell and Heather Doherty.

After the javelin event, Don said to me, "We are all going up to the other end to throw the hammer now, – are you coming?"

I was astounded, as I thought hammer throwing was for great big strong blokes, and it was something I had never in my wildest dreams ever contemplated doing.

Anyway, to cut a long story short, Don taught me how to throw the hammer; the discus; the weight throw and the shot put as well. I'm not sure that he disclosed everything about the discus technique, but I'm grateful anyway.

Q. You quickly improved and won an Australian Championship in

the javelin in 2008. What other highlights have there been in your years of athletics competition.

A. Yes, that was my first Nationals in Sydney, and I got a huge thrill out of that win. My main competitor there was Keith James, and I think I surprised more than a few people by beating him. It was only after I'd been in Masters for a few years, that I realised that getting a gold in the Nationals was quite something.

While in an Oceania competition in Tauranga New Zealand in 2012, I took the M70 Javelin record from a wonderful all-round athlete named Rudi Hochreiter. I was in a fierce struggle with the great Keith James from New South Wales, and the leadership was vacillating between Keith and me. We took turns at leading the competition after each throw.

Just before the final throws however, my coach Des Davis, called to me from outside the field of play. He told me how to tweak my performance, and that little piece of advice enabled me to break the 12year-old record. I got the gold, and again, Keith took home the silver.

In 2013, at the Canberra Nationals,



Throws Pentathlon 2014

I was lucky enough to win the Royce Foley Trophy. I treasure this, as I see it as quite a prestigious throwers' prize. It is awarded for the best performance in the Throws Pentathlon for all age groups, and only one is awarded for men and one for women at each Nationals Competition.

Another highlight for me was in 2016, when I won a bronze medal with the Javelin in the World Masters Competition in Perth. At the last round, Jouni Tenhu, from Finland was winning easily, I was second, and Czeslaw Roszczak from Poland was coming third. The Pole gave the stick a mighty heave, and I was left with the bronze but, I was still quite satisfied that I had done my best.

I also still hold records in Queensland and Pan Pacs for Javelin and Throws Pentathlon.

Q. What is it with the hat?????

A. What hat? Oh, you mean my little gold gob cap? That's to keep the sun off my ears. We spent a lot of time on the beach when the kids were small, and the sun destroyed part of my right ear. My doctor used a piece of my neck to repair it, and so the hat is really just a precaution against future damage.

Q. It has been suggested that when you are about to throw the hammer you have not finally decided how many turns you are going to do. Is that true?

A. Yes of course. I thought everybody did that. Sometimes I find that the ball goes faster than I do, so that I have to release it before it reaches the optimum speed. I am now aiming to do two preliminary winds and three turns, and hope this will help me attain a further few meters.

Q. I hear you keep close contact with old school friends. Did you enjoy that part of your life?

A. Yes, I did. I enjoy chatting with friends, but there's nothing quite like chatting with old friends – and, at my age, I've got plenty of them.

Q. I remember you with a number of your interstate mates at Nationals in Melbourne. Have you enjoyed the friendships and banter of Masters?

A. Absolutely! It is always great to



catch up at the Nationals, but of course, lately that has not been possible. It is quite sad however, when mates one has been competing with for years, suddenly for one reason or another, can't continue.

Q. I have a photo of you on the dance floor - are you really a John Travolta?

A. Quite definitely not: I have tried to learn ballroom dancing twice in my life, but both times were an utter disaster.

Q. Now that you have turned 80 what are your main ambitions?

A. My main aim is to get to 81, but at a leisurely pace. I would like to set an M80 Queensland Record in a throwing event, and I realise that this will need a determined effort on my part, with intensive training.

Q. How do you put up with your training partner, Mills?

A. Quite easily really, - I consider myself very lucky, as it only happens

for a few hours each week.

Q. What have you done with all the towels you won at the QMA Awards nights?

A. The towels were wonderfully useful in the bathroom, exhibiting marvellous drying qualities. I was thrilled to receive them although, I felt a bit sad for Millsey who, I feel, would have really liked at least one.

Seriously though, my time at QMA has been a truly enjoyable part of my life. I can definitely recommend it for any people who have enjoyed sport in their youth, as a way of re-engaging with something they did in the past, or learning new activities, (like throwing). The organisation is a real gift for seniors, who can enjoy a healthy active sport while being only as competitive as they like, (no pressure), and with a social atmosphere with like-minded people. Thanks to the donation of time and effort by many dedicated and wonderful volunteers, led by Stan and Wilma Perkins, the continuation of this organisation into the future is well and truly assured.

RELAY DAY WITH QUEENSLAND ATHLETICS

Well done to all the masters athletes who participated in the QMA relay teams at the Queensland Athletics Relay Day. I could say that QMA entered 36 teams with 70 masters athletes filling those teams. But that would not be a true reflection of masters athletes in action. Masters were representing many other clubs including Ipswich and District, Toowong Harriers, Ashgrove Rangers and Intraining.

A big thank you must go to athletes who said yes to participating in events they had not planned to do but were willing to fill a vacancy when someone pulled out the week before, the day before and on the actual day. Some even competed in events they had never participated in before. But overall it was a fun day.

I must make a special mention of Dash who travelled from Bundaberg to participate and drove home afterwards for work the next day. Dash had the busiest relay schedule of all as she was in teams for the 1500m, 400m, 100, shot put, discus and long jump. Well done Dash.

Two Qld masters records were set. These were:

M70 4 x 1500m with Bruce Bodsworth, John Sheer, Steve Dixon and Colin Mancey

M30 4 x 1500m with Chris Davis, Chris Toro, Daniel Brown and Shane Mathewson

Perhaps the most unexpected statistic was that there were more women's teams in field events compared to the men especially when men have much higher membership than women.

Conclusion

QMA member participation was excellent. Now we need four times as many masters athletes to compete in the AMA Masters Athletics Championships to be held in Brisbane 1st to 4th April 2022.

So spread the word to every person over 30 years. This will be the first national masters championships since 2019 and we want all athletes who are 30 years or older who are a registered athlete with a Queensland club to participate. It is not very often that masters track and field athletes can actually compete in their 5 year age group rather than against a wide range of ages.



WMA Tampere 2022 Update: Website and Daily Schedule

The WMA council is pleased to announce that the Tampere LOC website will go online next weekend. The new website, www.wmatampere2022.com, contains the first essential information about the WMA World Championships in Tampere 2022 including the entry booklet. In advance WMA publishes the official schedule.

Let us look forward to a happy and healthy stay in Tampere. Enjoy athletics, friendship and new experiences in our great Masters Athletics family!

WANTED:

800m Runners for Brisbane QMA Competition

On Saturday 8th January 800m runners are needed to make up several 4 x 800m teams.

These teams are needed to support the M65 team who are planning a record attempt on that day. For a record to be accepted at least two teams are needed on the start line.

Grab your friends who are registered athletes with QMA or even QA and run for your own record. Records that appear most achievable are the M55, M65, M75 and W45, W55, W65, W75.

Keep in mind that the same opportunity will be on the program for 29th January 2022.

Give it a go and support the M65 4 x 800m attempt.



BRISBANE

Saturday 13th November

60m

M35

1 Gray, Daniel 7.80

W30

1 Davidson, Christi 8.08

M35

1 Coulthard, Colin 7.94

M40

1 Short, Luke 7.74

2 Ladynski, Shane 7.79

3 Hadjandonis, Kon 8.11

4 Roennfeldt, Geoff 9.83

W45

1 Webber, Janet 9.05

M50

1 Tittley, Simon 7.56

2 Berlin, Michael 7.64

W50

1 Veurman, Jessica 9.68

2 Nikki, Liddell 9.97

3 Mackie, Althea 10.13

W55

1 Paterson, Tamara 9.52

M55

1 Di Giandomenico, 8.07

2 Lasker, Robert 8.93

W60

1 Varley, Desley 11.27

M65

1 Begley, Joe 8.66

2 O'Connor, Bruce 10.08

M70

1 Lacko, Dieter 11.02

W70

1 Perkins, Wilma 11.17

2 Rourke, Kathy 12.15

100M

M35

1 Gray, Daniel 12.49

W30

1 Davidson, Christi 13.16

M35

1 Coulthard, Colin 12.43

M40

1 Short, Luke 12.07

2 Ladynski, Shane 12.55

3 Hadjandonis, Kon 13.00

4 Roennfeldt, Geoff 15.68

W45

1 Nelson, Lee-Anne 13.76

2 Webber, Janet 14.56

M45

1 Scully, Graham 12.15

M50

1 Berlin, Michael 12.17

2 Tittley, Simon 12.19

W50

1 Veurman, Jessica 15.42

2 Nikki, Liddell 16.17

W55

1 Paterson, Tamara 15.41

2 Lakin, Karen 15.77

M55

1 Di Giandomenico, 12.59

2 Varley, David 13.51

3 Lasker, Robert 14.52

M65

1 Begley, Joe 13.82

2 Mclean, Mark 14.05

3 O'Connor, Bruce 16.65

M70

1 Lacko, Dieter 18.24

W70

1 Perkins, Wilma 18.19

2 Rourke, Kathy 20.52

300m

M30

1 Gray, Daniel 40.61

M35

1 Coulthard, Colin 39.84

M40

1 Hadjandonis, Kon 41.21

2 Willey, Andrew 43.84

3 Lewis, George 45.39

4 Roennfeldt, Geoff 56.04

W40

1 Axelsen, Taryn 49.50

2 Anderson, Jess 50.66

W45

1 Nelson, Lee-Anne 45.60

M45

1 Scully, Graham 38.99

2 Adams, Wayne 41.29

3 Bell, David 47.54

M50

1 Berlin, Michael 39.60

2 Fernandez, David 43.80

W50

1 Dunne, Peta 1:01.40

W55

1 Lakin, Karen 52.90

2 Paterson, Tamara 54.40

M55

1 Varley, David 45.75

M60

1 James, D 47.18

M65

1 Reeves, Peter 53.49

M70

1 Lacko, Dieter 1:02.20

W70

1 Davey, Irene 1:16.25





800m

W35
1 Fenamore, Selina 3:40.78

M40
1 Mellish, Daniel 2:04.28
2 Willey, Andrew 2:09.86
3 Lewis, George 2:20.68
4 Brown, Daniel 2:28.02

W40
1 Axelsen, Taryn 2:28.53
2 Anderson, Jess 2:45.89

M45
1 Adams, Wayne 2:13.12
2 Shard, Paul 2:29.11
3 Bell, David 2:51.67

W45
1 Nelson, Lee-Anne 2:36.00

M50
1 Bryant, Darryn 2:27.67

W50
1 Dunne, Peta 3:02.01

M60
1 James, D 2:40.00

M65
1 Reeves, Peter 2:36.73

M70
1 Lacko, Dieter 3:27.76

M75
1 Childs, John 3:18.89
2 Dunstan, Dick 4:54.41

5000m

W40
1 Axelsen, Taryn 20:19.52

M40
1 Brown, Daniel 20:10.01

W55
1 Jones, Tia 20:34.72

300 Long Hurdles

M65
1 Mclean, Mark 52.58

M70
1 Bodsworth, Bruce 52.31

400m Long Hurdles

M55
1 Varley, David 1:11.39

4x100m Relay

1 Athletics 'C' 47.32
2 Athletics 'B' 49.22
3 Athletics 'A' 1:03.58

High Jump

W45
1 Webber, Janet 1.40m

M50
1 Berlin, Michael 1.40m

M55
1 Lasker, Robert 1.35m

W55
1 Mayfield, Deann 1.35m

M60
1 Key, Brian 1.45m

M65
1 Mclean, Mark M65 1.38

Pole Vault

M30
1 Gray, Daniel 2.70m

M55
1 Varley, David 2.60m
2 Hughes, Michael 2.30m
3 Lasker, Robert 1.70m

M65
1 Mclean, Mark 2.30m

W70
1 Perkins, Wilma 1.60m

Long Jump

W35
1 Fenamore, Selina 3.38m

W45
1 103 Nelson, Lee-Anne 4.35m

W50
1 Leung, Miranda 3.98m

M55
1 Hughes, Michael 4.18m

Discus
W45
1 Eilola, Tina 22.65m

2 Webber, Janet 20.44m

W50
1 Mackie, Althea 25.83m

2 Battersby, Brownny 12.51m

W55
1 Paterson, Tamara 18.89m

W60
1 Varley, Desley 15.25m

W75
1 Birtwell, Lorraine 15.86m

M50
1 Coombs, Darin 38.64m
2 Ashcroft, Mark 27.63m
3 Tim, Lowrey 23.15m

M55
1 Hughes, Michael 28.14m

M65
1 Joni, Lajos 31.43m
2 O'Connor, Bruce 21.97m

M70
1 Bodsworth, Bruce 25.85m
2 Perkins, Stan 18.46m
3 Lacko, Dieter 18.10m

M80
1 Quarterman, Guy 23.56m
2 Kennedy, Ian 18.93m

Javelin

W45
1 Eilola, Tina 12.65

W50
1 Mackie, Althea 18.42m
2 Battersby, Brownny 15.00m

W60
1 Varley, Desley 13.77m

W70
1 Perkins, Wilma 16.10

W75
1 Birtwell, Lorraine 9.03m

M50
1 Coombs, Darin 41.07m
2 Bryant, Darryn 19.42m

M55
1 Di Giandomenico, 38.80m

M65
1 O'Connor, Bruce 21.51m
2 Joni, Lajos 19.91m

M70
1 Bodsworth, Bruce 34.17m
2 Lacko, Dieter 19.05m

M80
1 Quarterman, Guy 25.84m
2 Kennedy, Ian 20.32m



Superweight

W45

1 Eilola, Tina 4.59

W50

1 Mackie, Althea 9.18

W60

1 Varley, Desley 5.05

W75

1 Birtwell, Lorraine 4.80

M50

1 Ashcroft, Mark 5.14m

2 Tim, Lowrey 4.94m

M65

1 Joni, Lajos 6.41

2 O'Connor, Bruce 3.67

M80

1 Kennedy, Ian 3.20

5000m Walk

W55

1 Woodward, Erika 30:21.41

M55

1 Jimenez Solis, Ign 24:05.58

W75

1 McKinven, Noela 41:55.04

M70

1 Sela, Patrick

41:34.17

Queensland Relay Championships

4x100 Metre Relay

Men 30-39

1 Qut Athletics Club 52.76 1) Loreen Kaliyati 30 2) Mark Altmann 49 3) Rebecca Lacey 30 4) Anthony Curry 31

2 Ashgrove Rangers 54.75 1)

Andrew Barralet 36 2) Geoffrey

Turner 37 3) Mark Calleja 45 4) Craig Preston 44 3 Qld Masters 55.25 1) Andrew Johnstone 33 2) Akshay Gupte 38 3) Colin Coulthard 37 4) Geoffrey Roennfeldt 42

Men 40-49

1 Qld Masters 'B' 47.06 1) Shane Ladynski 43 2) Luke Short 43 3) Scott Beatson 48 4) Graham Scully 48 2 Mayne Harriers 50.57 1) Clint Harvey 53 2) Jeffrey Fletcher 50 3) Paul Grimshaw 42 4) Ben Griffin 46 3 Qld Masters 'C' 53.08 1) Andy Gordon 56 2) David Fernandez 50 3) Kon Hadjandonis 44 4) Robert Lasker 58 4 Ipswich & District 58.67 1) Darin Coombs 50 2) Andrew Webber 50 3) Varian Platen 43 4) Tyne Goody 45

Men 50-59

1 Qld Masters 'D' 51.37 1) Simon Titley 50 2) Michael Berlin 52 3) Bruce Bodsworth 70 4) Paul Hayward 58

Men 70-79

1) Denis Griffith 72 2) Dieter Lacko 74 3) Colin Buyers 79 4) Stephen Dixon 74

4x400 Metre Relay

Men 30-39

1 Ashgrove Rangers 4:19.12 1) Steven Stangret 37 2) Andrew Barralet 36 3) Craig Preston 44 4) Geoffrey Turner 37 2 Qut Athletics Club 4:31.91 1) Anthony Curry 31 2) Mark Altmann 49 3) 4) Loreen Kaliyati 30

Men 40-49

1 Toowong Harriers 3:50.26 1) Daniel Mellish 43 2) Wayne Adams 48 3) Michael Jackson 47 4) Don Small 44 2 Qld Masters 3:53.04 1) Graham Scully 48 2) Michael Berlin 52 3) David Fernandez 50 4) Kon Hadjandonis 44 3 Qld Masters 'B' 4:36.01 1) Adrian Royce 53 2) Robert Lasker 58 3)



David Bell 45 4) Andrew Rutyna 58

Men 50-59

1 Toowong Harriers 'B' 5:24.11
1) Darryn Bryant 54 2) Gerrard Gosens 51 3) Ross Anderson 50 4) Chris Tagg 54

Men 60-69

1 Toowong Harriers 'C' 5:13.52 1) Steve Payer 60 2) William Peirce 61 3) Hema Ekanayake 62 4) Robert Philip Gunningham 68

Men 70-79

1 Qld Masters 'C' 5:46.57 1) Dieter Lacko 74 2) Bruce Bodsworth 70 3) Stephen Dixon 74 4) Colin Mancey 80

4x1500 Metre Relay

Men 30-39

1 Qld Masters 18:49.25 1) Christopher Davis 31 2) Christopher Toro 30 3) Daniel Brown 43 4) Shane Mathewson 40
2 Trailblazers Run Coaching 19:52.53 1) Mathew Scott 43 2) James Roach 50 3) Trent Clulow 35 4) Jeremy Innes 44
3 Watts Athletics 20:49.98 1) Darren Basford 48 2) Damian Baskerville 45 3) Rob Tabuteau 44 4) Jason Croston 48
4 Ashgrove Rangers 21:32.01 1) Geoffrey Turner 37 2) Pat Webster 38 3) Craig Preston 44 4) Andrew Barralet 36
5 Intraining DQ TR 24.6.3 1) Tim Leach 33 2) 3) Aidan Hobbs 35 4) Sebastian Pinel 42

Men 40-49

1 Toowong Harriers 18:55.66 1) Daniel Mellish 43 2) Wayne Adams 48 3) Harley Wilkinson 47 4) Michael Jackson 47
2 Qld Masters 'B' 19:20.83 1) Bradley Smith 51 2) Paul Shard 49 3) George Lewis 44 4) Andrew Willey 45
3 Blood Sweat & Beers 20:48.33 1) Nick Benson 40 2) Leo Walter 41 3) John Carter 43 4) Verne Lowson 48
4 Watts Athletics 'B' 22:28.77 1) Phil Davies 64 2) Craig Macklin 49 3) Chris Edwards 44 4) Glen MacKellin 54
5 Intraining 'B' 24:24.18 1) Matthew Davis 46 2) Alexander Coman 56 3) Piero Hidalgo 48 4) Connor Talty 51
6 Ashgrove Rangers 'B' 24:29.70 1) Dan Murray 45 2) Paul Collins 52 3) Matt Campbell 44 4) 7 Thompson Estate 25:52.64 1) Chris Pye 54 2) Monica Brook 46 3) Julie Elvery 50 4) Robert Davie 44



Men 50-59

1 Qld Masters 18:48.72 1) Adrian Royce 53 2) Matthew Stenson 52 3) Anthony Canfell 51 4) Robert Godino 52
2 Intraining 21:12.81 1) Neil Bath 59 2) Philip Teakle 53 3) 4) Stephen Walmsley 51
3 Ashgrove Rangers 21:49.77 1) Mark Lepper 60 2) John Sharpe 55 3) Tony Usher 57 4) Ken Hastie 51
4 Toowong Harriers 22:25.89 1) Darryn Bryant 54 2) Bruce Jones 53 3) Ross Anderson 50 4) Gerrard Gosens 51
5 Ashgrove Rangers 'B' 26:47.61 1) Alastair Wallace 66 2) David Hughes 53 3) Peter Lepper 57 4) John Purcell 53
6 Athletics North 27:25.62 1) Patrick Hanson 59 2) David Haddow 57 3) Matthew Dick 52 4) Matthew Hitchcock 57

Women 50-59

1 Qld Masters 'C' 25:05.88 1) Jodie Craswell 53 2) Tia Jones 56 3) Peta Dunne 50 4) Suzanne Jolley 65
2 Athletics North 28:01.15 1) Diana McPhee 54 2) Nena Morgante 54 3) Ana Dolding 50 4) Lizel Moore 51

Men 60-69

1 Toowong Harriers 'B' 23:30.23 1) Robert Philip Gunningham 68 2) Steve Payer 60 3) Chris Mead 60 4) Hema Ekanayake 62

Men 70-79

1 Qld Masters 'B' 30:12.60 1) Bruce Bodsworth 70 2) John Sheer 74 3) Stephen Dixon 74 4) Colin Mancey 80

Shot Put

Men 30-39

1 Ashgrove Rangers 30 ASR 28.75m
2 Qut Athletics 30 QUT 22.93m
3 Afa Tuala 36 ASR 9.21m
4 Cameron Livingstone 33 QUT 7.95m
5 Anthony Curry 31 QUT 7.62m

Men 40-49

1 Ipswich & District 40 IPS 19.94m
2 Mark Sills 45 IPS 7.63m
3 Mark Altmann 49 QUT 7.36m
4 Gabriel Stewart 47 IPS 6.51m
5 Varian Platen 43 IPS 5.80m

Men 50-59

1 Qld Masters 60 QMA 23.91m
2 Ashgrove Rangers 60 ASR 18.57m
3 Lajos Joni 66 QMA 9.58m
4 Bruce O'Connor 68 QMA 7.45m
5 Gary Morrisby 63 ASR 7.14m
6 Phil Lock 64 ASR 6.60
7 Brad Robinson 61 IPS 6.06m

Men 70-79

1 Qld Masters 70 QMA 21.87m
2 Bruce Bodsworth 70 QMA 8.30m
3 Mills Lafferty 73 QMA 7.16m
4 Grant Chapman 71 QMA 6.88m

5 Dieter Lacko 74 QMA 6.41m
6 Richard Dunstan 75 ASR 4.83m

Men 30-39

1 Qut Athletics 30 QUT 54.80m
2 Anthony Curry 31 QUT 21.36m

Men 40-49

1 Ipswich & District 40 IPS 57.38m
2 Mark Sills 45 IPS 25.51m
3 Varian Platen 43 IPS 17.16m
4 Mark Altmann 49 QUT 15.51m
5 Gabriel Stewart 47 IPS 14.71m

Men 50-59

1 Ashgrove Rangers 50 ASR 83.08m
2 Ipswich & District 50 IPS 79.33m
3 Darin Coombs 50 IPS 40.32m
4 Adrian Keen 50 ASR 38.81m
5 Matthew Symonds 53 ASR 26.36m
6 Andrew Webber 50 IPS 23.31m

Men 60-69

1 Qld Masters 60 QMA 70.67m
2 Lajos Joni 66 QMA 30.72m
3 Bruce O'Connor 68 QMA 21.39m
4 Phil Lock 64 ASR 17.91m
5 Brad Robinson 61 IPS 15.70m

Men 70-79

1 Qld Masters 70 QMA 67.49m
2 Bruce Bodsworth 70 QMA 26.24m
3 Mills Lafferty 73 QMA 23.25m
4 Grant Chapman 71 QMA 18.56m
5 Dieter Lacko 74 QMA 18.00m

Long Jump

Men 30-39

1 Qut Athletics 30 QUT 12.49m
2 Ashgrove Rangers 30 ASR 10.32m
3 Anthony Curry 31 QUT 4.21m
4 Cameron Livingstone 33 QUT 3.99m
5 Steven Stangret 37 ASR 3.39m

Men 40-49

1 Mayne Harriers 40 MAY 13.68m
2 Ipswich & District 40 IPS 11.44m
3 Paul Grimshaw 42 MAY 4.46m
4 Mark Altmann 49 QUT 4.29m
5 Bradley Dallinger 44 ASR 4.19m
6 Varian Platen 43 IPS 4.14m
7 Gabriel Stewart 47 IPS 3.65m

Men 50-59

1 Clint Harvey 53 MAY 4.72m
2 Jeffrey Fletcher 50 MAY 4.50m
3 Andrew Webber 50 IPS 3.65m
4 John Purcell 53 ASR 2.74m

Shot Put

Women 30-39

1 Qld Masters 30 QMA 20.00m
2 Ashgrove Rangers 30 ASR 18.56m

3 Elli Pedroni 39 IPS 9.23m
4 Eliza Moore 39 ASR 7.00m
5 Dash Newington 37 QMA 6.17m
6 Gemma Fairclough 32 ASR 5.84m

Women 40-49

1 Ipswich & District 40 IPS 22.72m
2 Ipswich & District 40 IPS 20.95m
3 Qut Athletics 40 QUT 17.07m
4 Mayne Harriers 40 MAY 16.07m
5 Lee-Anne Nelson 49 QMA 8.48m
6 Theresa Stolberg 49 IPS 7.89m
7 Roxann Blake 40 IPS 6.76m
8 Sarah Mawer 45 IPS 6.73m
9 Janet Webber 47 IPS 6.72m
10 Kylie Brown 45 QUT 6.40m
11 Jennifer Platen 45 IPS 6.34m
12 Anna Harvey 47 MAY 6.33m
13 Kelly Lloyd 40 ASR 5.72m
14 Lauren Kidd 41 QUT 5.32m
15 Kylie Nyssen 48 MAY 4.67m

Women 50-59

1 Qld Masters B 50 QMA 20.23m
2 Qld Masters 50 QMA 14.74m
3 Leanne Hilton 52 QMA 9.27m
4 Jodie Craswell 53 QMA 5.95m
5 Kate Colahan 55 QUT 5.35m
6 Miranda Leung 50 QMA 5.35m
7 Julie Jones 53 QMA 5.29m
8 Sally Doyle 55 MAY 5.13m
9 Andrea Manson 54 QMA 5.01m
10 Karen Lakin 58 QMA 4.86m
11 Beverley Moss 56 QMA 4.59m

Women 70-79

1 Qld Masters 70 QMA 16.84m 16
2 Wilma Perkins 72 QMA 6.61m
3 Rosemary Ann Kopittke 71 QMA 5.30m
4 Lorraine Birtwell 78 QMA 4.93m

Discus Throw

Women 30-39

1 Qld Masters 30 QMA 59.16m
2 Ashgrove Rangers 30 ASR 35.96m
3 Sara Wessling 36 QMA 20.06m
4 Dash Newington 37 QMA 16.50m
5 Gemma Fairclough 32 ASR 14.22m

Women 40-49

1 Ipswich & District 40 IPS 60.29m
2 Qut Athletics 40 QUT 56.40m
3 Ipswich & District 40 IPS 48.83m
4 Theresa Stolberg 49 IPS 23.42m
5 Lee-Anne Nelson 49 QMA 22.60m
6 Kylie Brown 45 QUT 20.82m
7 Janet Webber 47 IPS 19.98m
8 Sarah Mawer 45 IPS 17.25m
9 Tanya Dalby 43 IPS 16.89m
10 Jennifer Platen 45 IPS 16.52m
11 Lauren Kidd 41 QUT 15.60m
12 Roxann Blake 40 IPS 15.06m
13 Natasha Shourbaji 42 ASR 12.90m

14 Kelly Lloyd 40 ASR 8.84m

Women 50-59

1 Qld Masters 50 QMA 58.96m
2 Leanne Hilton 52 QMA 24.20m
3 Kate Colahan 55 QUT 19.98m
4 Tamara Paterson 55 QMA 18.81m
5 Andrea Manson 54 QMA 15.95m

Women 70-79

1 Qld Masters 70 QMA 39.51m
2 Wilma Perkins 72 QMA 14.34m
3 Lorraine Birtwell 78 QMA 14.09m
4 Rosemary Ann Kopittke 71 QMA 11.08m

Long Jump

Women 30-39

1 Qut Athletics 30 QUT 12.12m
2 Qld Masters 30 QMA 11.82m
3 Ipswich & District 30 IPS 9.22m
4 Rebecca Lacey 30 QUT 4.79m
5 Prachita Patankar 34 QMA 4.51m
6 Loreen Kaliyati 30 QUT 4.32m
7 Dash Newington 37 QMA 4.19m
8 Elli Pedroni 39 IPS 3.32m
9 Leonie Wood 33 QMA 3.12m
Kate Beckers 38 IPS 2.77m

Women 40-49

1 Qld Masters 40 QMA 11.66m
2 Qut Athletics 40 QUT 10.25m 1
3 Ipswich & District 40 IPS 9.85m
4 Mayne Harriers 40 MAY 7.78m
5 Lee-Anne Nelson 49 QMA 4.00m
6 Janet Webber 47 IPS 3.99m 3.75m
7 Brony Anscombe 40 QMA 3.96m
8 Kylie Brown 45 QUT 3.44m
9 Anna Harvey 47 MAY 3.25m
10 Tanya Wong 43 QUT 3.15m
11 Roxann Blake 40 IPS 3.13m
12 Lauren Kidd 41 QUT 3.01m
13 Theresa Stolberg 49 IPS 2.99m
14 Jennifer Platen 45 IPS 2.87m
15 Kylie Nyssen 48 MAY 2.19m

Women 50-59

1 Qld Masters 50 QMA 7.51m
2 Jodie Craswell 53 QMA 3.70m
2 Miranda Leung 50 QMA 3.70m
4 Kate Colahan 55 QUT 3.
5 Leanne Hilton 52 QMA 2.58m
6 Sally Doyle 55 MAY 2.34m
7 Andrea Manson 54 QMA 1.23m

4x100 Metre Relay

Women 30-39

1 Toowong Harriers 57.13 1) Kim Shields 42 2) Margo Mackintosh 40 3) Tessa Morrison 38 4)
2 Qld Masters 60.35 1) Jaishri Johnstone 33 2) Prachita Patankar 34 3) Dash Newington 37 4) Leonie Wood 33 3 Ashgrove Rangers 65.09 1) Gemma Fairclough 32 2) Eliza Moore 39 3) Joanne Cootes 47 4) Kelly Lloyd 40

Women 40-49

1 Qld Masters 'C' 55.80 1) Maryann Hearn 54 2) Helena Gordon 49 3) Michelle Mackey 49 4) Lee-Anne Nelson 49
2 Qld Masters 'B' 58.79 1) Tracey Ashley 41 2) Brony Anscombe 40 3) Radika Lucas 43 4) Karen Lakin 58
3 Ipswich & District 61.80 1) Theresa Stolberg 49 2) Janet Webber 47 3) Roxann Blake 40 4) Jennifer Platen 45
4 Qut Athletics Club 63. 48 1) Tanya Wong 43 2) Kate Colahan 55 3) Kylie Brown 45 4) Lauren Kidd 41

Women 50-59

1 Qld Masters 'D' 66.69 1) Tamara Paterson 55 2) nikki liddell 51 3) Beverley Moss 56 4) Jessica Veurman 55
2 Qld Masters 'E' 69.13 1) Peta Dunne 50 2) Susie Thornton 60 3) Jodie Craswell 53 4) Suzanne Jolley 65

4x400 Metre Relay

Women 30-39

1 Qld Masters 5:10.67 1) Tracey Ashley 41 2) Taryn Axelsen 41 3) Dash Newington 37 4) Susie Thornton 60
2 Ashgrove Rangers 5:13.89 1) Gemma Fairclough 32 2) Eliza Moore 39 3) Joanne Cootes 47 4) Kelly Lloyd 40
3 Ipswich & District 5:26.32 1) Theresa Stolberg 49 2) Roxann Blake 40 3) Janet Webber 47 4) Kate Beckers 38

Women 40-49

1 Qld Masters 'B' 4:37.96 1) Michelle Mackey 49 2) Lee-Anne Nelson 49 3) Karen Lakin 58 4) Radika Lucas 43
2 Toowong Harriers 4:40.87 1) Kim Shields 42 2) Jess Anderson 42 3) Miwa Kolb 54 4) Joanne Boyd 50
3 Trailblazers Run Coaching 5:19.87 1) Heidi Storer 51 2) Jacklyn Osborn 51 3) Talia Eedy 40 4) Kelly Gurski 52

Women 50-59

1 Qld Masters 'C' 5:40.05 1) Tamara Paterson 55 2) Jessica Veurman 55 3) Peta Dunne 50 4) Beverley Moss 56

4x1500 Metre Relay

Women 30-39

1 Watts Athletics 21:01.44 1) Shiloh Watts 42 2) 3) Jade Cronan-Thompson 42 4) Kim Knox 45



Women 40-49

1 Toowong Harriers 22:42.96 1) Margo Mackintosh 40 2) Jess Anderson 42 3) Miwa Kolb 54 4) Joanne Boyd 50
2 Blood Sweat & Beers 25:56.91 1) Simone Roberts 45 2) Lara Radik 39 3) Kelly-Lynn Regenet 46 4) Liz Grolimund 41
3 Intraining 'B' 27:11.14 1) Karen Spencer 43 2) Caroline Chaves Pedroso Maia 41 3) Pamela Pinel 41 4) Sue Boyce 46
4 Intraining 'C' 29:42.41 1) Kay Toy 55 2) Therese Griffiths 47 3) Lea Lekieffre 46 4) Karen Lee 50
5 Ashgrove Rangers 'B' 30:05.19 1) Melanie Gabbie 43 2) Janine Stanton 54 3) lynda bateson 58 4) Kelly Lloyd 40
6 Athletics North 31:22.78 1) Trisha Bellocchi 44 2) 3) Anne-Louise Minasi 46 4) Danielle Lenz 47
7 Watts Athletics 'B' 31:43.10 1) Cynthia Cliff 68 2) Cathy Reeves 48 3) Heather Leeson 56 4) Meredith Connor 66

Saturday 27th November 3000m

W55

1 Thornton, Susan 13:33.70

M30

1 Davis, Christopher 10:12.80

M50

1 Teakle, Philip 10:53.68

M70

1 Sheer, John 13.36.81
2 Dixon, Stephen 16:59.06

3000m Race Walk

W30

1 Kirwin, Roslyn 24:30.05

M80

1 Sela, Patrick 24:54.06

Hammer Throw

M65

1 Joni, Lajos 40.34m

M70

1 Lafferty, Mills 22.25m

M75

1 Davies, Brian 26.06m
2 Quinn, Don 25.60m



1 Quarterman, Guy 34.98m. QR

W30

1 Kirwin, Roslyn 10.84m

W40

1 Connors, Fionnula 36.30m

W50

1 Mackie, Althea 42.08
2 Jones, Julie 17.22m

W60

1 Varley, Desley 19.74m

Weight Throw

W50

1 Mackie, Althea 12.55m
2 Jones, Julie 5.10m

W 60

1 Varley, Desley 7.18m

M65

1 Joni, Lajos 15.64m

M70

1 Lafferty, Mills 9.13m

M75

1 Davies, Brian 12.30m
2 Quinn, Don 9.62m

M80

1 Quarterman, Guy 12.49m

High Jump

W55

1 Mayfield, Deann 1.43m

M30

1 Gray, Daniel 1.40m

M55

1 Lasker, Robert 1.40m

M60

1 Key, Brian 1.45m

M65

1 Musters, John 1.30m

Short Hurdles 80m

M70

1 Bodsworth, Bruce 18.47

Short Hurdles 100m

M65

1 Mclean, Mark 19.13

100yds

W55

1 Paterson, Tamara 14.47

W70

1 Davis, Carol 14.66
2 Rourke, Kathy 18.67



M30

1 Gray, Daniel 11.44

M35

1 McCarthey, Patric 10.74 QR
2 Long, Grant 11.00
3 Coulthard, Colin 11.45

M40

1 Short, Luke 11.24
2 Hadjandonis, Kon 11.96

M45

1 Scully, Graham 11.17
2 Crouch, Darryn 12.85

M50

1 Berlin, Michael 10.97 QR

M55

1 Hilton, Rob 12.75

M65

1 Begley, Joe 12.81
2 Furlong, Jim 15.00

M75

1 Rowe, Arthur 15.90
2 Dunstan, Dick 22.00

Shot Put

M50

1 Bryant, Darryn 6.82m

M55

1 Hughes, Michael 8.67m

M65

1 Joni, Lajos 10.06m
2 Musters, John 9.02m
3 Mclean, Mark 7.68m

M70

1 Lafferty, Mills 5.81m

M75

1 Quinn, Don 7.57m
2 Davies, Brian 6.95m

M80

1 Quarterman, Guy 9.31m

W50

1 Mackie, Althea 9.32m
2 Jones, Julie 5.13m

W55

1 Paterson, Tamara 7.34m

W60

1 Varley, Desley 6.21m

Pole Vault

M30

1 Gray, Daniel 2.60m

M50

1 Bryant, Darryn 2.10m

M55

1 Hughes, Michael 2.50m

60m

W50

1 Mackie, Althea 10.02

W55

1 Paterson, Tamara 9.63

W60

1 Varley, Desley 11.07

W70

Rourke, Kathy 12.25

M30

1 Gray, Daniel 7.88

M35

1 McCarthey, Patric 7.34
2 Coulthard, Colin 8.04

M40

1 Short, Luke 7.93
2 Hadjandonis, Kon 8.20
3 Roennfeldt, Geoff 9.04

M45

1 Crouch, Darryn 8.59

M50

1 Berlin, Michael 7.64

M55

1 Hilton, Rob 8.72
2 Lasker, Robert 9.04

M65

1 Begley, Joe 8.84
2 Furlong, Jim 10.05

M75		
1 Rowe, Arthur	10.78	
400m		
W55		
1 Paterson, Tamara	1:19.80	
2 Thornton, Susan	1:27.19	
M40		
1 Roennfeldt, Geoff	1:18.91	
M45		
1 Scully, Graham	56.03	
2 Bell, David	1:06.78	
M50		
1 Berlin, Michael	57.88	
M55		
1 Lasker, Robert	1:07.79	
M60		
1 Davies-Evans, Ste	1:08.04	
M65		
1 Mclean, Mark	1:07.01	
M70		
1 Bodsworth, Bruce	1:13.43	
M75		
1 Childs, John	1:19.46	
1mile		
W50		
1 Storer, Heidi	6:16.57	
W70		
1 Davey, Irene	8:57.04	
M30		
1 Davis, Christopher	5:17.40	
M40		
1 Willey, Andrew	4:52.90	
2 Chay, Michael	6:14.56	
M45		
1 Shard, Paul	5:28.19	
M50		
1 Bell, Chris	5:20.46	
M65		
1 Cameron, Ian	5:22.65	
M75		
1 Dunstan, Dick	11:00.05	
M80		
Juckles, Michael	7:54.55	
1609m Walk		
W30		
1 Kirwin, Roslyn	11:23.64	
W55		
1 Woodward, Erika	9:00.49	



M80		
1 Sela, Patrick	13:37.23	

Long Jump

W55		
1 Paterson, Tamara	3.61m	

W60		
1 Varley, Desley	2.80m	

M40		
1 Short, Luke	5.17m	

200m		
W55		
1 Paterson, Tamara	34.16	

W70		
1 Davis, Carol	33.61	

M30		
1 Davis, Christopher	27.56	

M35		
1 Coulthard, Colin	25.61	

M40		
1 Hadjandonis, Kon	26.12	
2 Willey, Andrew	28.68	
3 Roennfeldt, Geoff	34.19	

M45		
1 Scully, Graham	24.53	
2 Crouch, Darryn	27.78	
3 Bell, David	29.24	
4 Shard, Paul	30.63	

M50		
1, Berlin Michael	24.38	

M55		
1 Lasker, Robert	29.83	

M60		
1 Davies-Evans, Ste	30.48	

M65		
1 Begley, Joe	28.28	

2 Mclean, Mark	28.89	
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M75		
1 Rowe, Arthur	37.28	

Saturday 4th December

Hammer Throw

M65		
1 Joni, Lajos	43.41m	

M70		
1 Lafferty, Mills	25.74m	

M75		
1 Quinn, Don	25.30m	

M80		
1 Quarterman, Guy	32.11m	
2 Kennedy, Ian	24.87m	

W35		
1 Ramsden, Miranda	23.45m	
2 Wessling, Sara	15.68m	

W40		
1 Connors, Fionnula	35.06m	
2 Hollis, Tracey	23.46m	

W50		
1 Mackie, Althea	40.84m	

W60		
1 Hayes, Anne	18.30m	

W75		
1 Birtwell, Lorraine	21.55m	

2000m		
W35		
1 Fennamore, Selina	10:44.22	

W45		
1 Thornton, Susan	8:41.41	
2 Jones, Tia	7:51.49	

M55		
1 Jackson, Rick	8:16.28	

M65
1 Gunningham, Robert 8:00.56

2000m Walk

W55
1 Woodward, Erika 11:32.37

M65
1 Bennett, Peter 12:50.18

W75
1 McKinven, Noela 16:52.14

Pole Vault

M30
1 Gray, Daniel 2.60m

W50
1 Battersby, Bronwyn 1.60m

M55
1 Hughes, Michael 2.40m

M60
1 Elliott, Craig 2.30m

300m Long Hurdles

M65
1 McLean, Mark 51.63

M70
1 Bodsworth, Bruce 56.30

60m

M35
1 Tuohy, Scott 7.42
2 Coulthard, Colin 7.81
3 Oliveri, Jason 7.82

W40
1 Reich, Renea 9.93

M40
1 Short, Luke 7.64
2 Hadjandonis, Kon 8.11

W45
1 Nelson, Lee-Anne 8.73

M45
1 Scully, Graham 7.60
2 Calleja, Mark 8.74

W50
1 Mackie, Althea 9.73
2 Craswell, Jodie 9.68
3 Drury, Helen 11.38

M50
1 Berlin, Michael 7.60

W55
1 Paterson, Tamara 9.53

M55
1 Hilton, Robert 8.43
2 Lasker, Robert 8.73

M60
1 Parker, Craig 7.99
2 Hetariki, Vance 9.29

W65
1 Brameld, Noela 11.02

M65
1 Begley, Joe 8.56
2 McLean, Mark 8.57
3 Furlong, James 9.56

W70
1 Perkins, Wilma 11.01

M75
1 Rowe, Arthur 10.47

200m
M35
1 Tuohy, Scott 23.83
2 Coulthard, Colin 24.82

M40
1 Hadjandonis, Kon 25.57
2 Roennfeldt, Geoffrey 32.34

W45
1 Nelson, Lee-Anne 28.01

M45
1 Scully, Graham 24.49
2 Shard, Paul 29.39

M50
1 Berlin, Michael 24.21

M55
1 Lasker, Robert 28.69
2 Jackson, Rick 31.92

M60
1 Parker, Craig 27.03
2 Davies-Evans, Steve 28.79
3 James, D 29.18
4 Hetariki, Vance 31.18

M65
1 Begley, Joe 28.26

W70
1 Davis, Carol 32.58 QR

M75
1 Rowe, Arthur 35.68

High Jump

W50
1 Battersby, Bronwyn 1.15m

W55
1 Mayfield, Deann 1.40m

M60
1 Key, Brian 1.40m

M65
1 Musters, John 1.30m

800m

M30
1 Toro, Christopher 2:11.80
2 Davis, Christopher 2:16.2

W35
1 Stewart, Holly 3:07.52
2 Fennamore, Selina 3:48.54

W40
1 Axelsen, Taryn 2:28.70
2 Anderson, Jess 2:41.30

M40
1 Mellish, Daniel 2:03.22
2 Willey, Andrew 2:10.11
3 Mathewson, Shane 2:15.69
4 Lewis, George 2:16.49
5 Brown, Daniel 2:23.71
6 Braun, Stewart 2:33.59

M45
1 Adams, Wayne 2:13.94
2 Harley, Wilkinson 2:24.21
3 Stewart, Todd 2:29.94

W50
1 Boyd, Joanne 2:38.6

M50
1 Bell, Chris 2:20.93

M60
1 James, D 3:06.17

M65
1 Cameron, Ian 2:30.93
2 Reeves, Peter 2:37.04
3 McLean, Mark 2:49.16
4 Gunningham, Robert 2:52.67

W70
1 Davey, Irene 4:13.40

100m

M30
1 Gray, Daniel 12.57

M35
1 Tuohy, Scott 11.97
2 Coulthard, Colin 12.58
3 Gupte, Akshay 13.72

W40
1 Reich, Renea 16.64

M40
1 Short, Luke 12.27
2 Hadjandonis, Kon 12.98
3 Roennfeldt, Geoffrey 15.92

W45
1 Nelson, Lee-Anne 13.95

M45
1 Calleja, Mark 14.40

W50		
1 Drury, Helen	18.34	
M50		
1 Berlin, Michael	12.08	
2 Fernandez, David	13.49	
M55		
1 Hilton, Robert	13.59	
2 Lasker, Robert	14.52	
M60		
1 Parker, Craig	13.26	
2 Hetariki, Vance	15.11	
W65		
1 Brameld, Noela	19.01	
M65		
1 Begley, Joe	14.33	
2 Furlong, James	16.62	
W70		
1 Davis, Carol	15.91	
2 Perkins, Wilma	18.48	
M75		
1 Rowe, Arthur	17.37	
2000m Steeplechase		
W40		
1 Hollis, Tracey	12:19.92	
M45		
1 Shard, Paul	9:51.46	
2 Stewart, Todd	10:52.78	
W50		
1 Dunne, Peta	9:03.53	
M60		
1 Mclean, William	8:32.77	
M65		
1 Cameron, Ian	8:13.98	
2 Gunningham, Robert	9:51.46	
Javelin		
W35		
1 Fennamore, Selina	18.68m	
2 Ramsden, Miranda	16.46m	
W40		
1 Hollis, Tracey	16.94m	
2 Reich, Renea	12.66m	
W50		
1 Mackie, Althea	20.55m	
2 Battersby, Bronwyn	14.90m	
W60		
1 Hayes, Anne	15.26m	
W75		
1 Birtwell, Lorraine	9.76m	
M50		
1 Bryant, Darryn	19.92m	

M55		
1 Jackson, Rick	22.63m	
M65		
1 DiDato, Vince	29.11m	
2 Elliott, Craig	21.80m	
M65		
1 McLean, Mark	26.49m	
2 Musters, John	25.01m	
3 Joni, Lajos	19.33m	
M70		
1 Bodsworth, Bruce	29.45m	
M75		
1 Quinn, Don	13.97m	
M80		
1 Quarterman, Guy	25.17m	
2 Kennedy, Ian	18.72m	
Long Jump		
W30		
1 Patankar, Prachita	4.53m	
M40		
1 Braun, Stewart	4.82m	
M65		
1 McLean, Mark	4.16m	
300m		
M30		
1 Gray, Daniel	40.42	
W35		
1 Stewart, Holly	1:00.34	
M40		
1 Hadjandonis, Kon	40.69	
2 Lewis, George	43.01	
3 Willey, Andrew	43.26	
4 Brown, Daniel	45.17	
5 Braun, Stewart	46.22	
6 Roennfeldt, Geoffrey	59.24	
W45		
1 Nelson, Lee-Anne	45.57	
M45		
1 Scully, Graham	35.35	
M50		
1 Berlin, Michael	38.23	
2 Fernandez, David	42.81	
M55		
1 Lasker, Robert	48.58	
M60		
1 Davies-Evans, Steve	47.24	
2 Hetariki, Vance	52.77	
M65		
1 Reeves, Peter	52.65	
W70		
1 Davis, Carol	52.53QR	

2 Davey, Irene	1:20.87	
M75		
1 Rowe, Arthur	1.02.52	
Discus		
W35		
1 Ramsden, Miranda	20.83m	
2 Wessling, Sara	19.29m	
W40		
1 Hollis, Tracey	19.47m	
2 Reich, Renea	16.58m	
W50		
1 Mackie, Althea	26.77m	
2 Drury, Helen	12.53m	
W60		
1 Hayes, Anne	14.05m	
W75		
1 Birtwell, Lorraine	16.81m	
M50		
1 Bryant, Darryn	18.86	
M55		
1 Hughes, Michael	33.76m	
2 Jackson, Rick	18.42m	
M60		
1 DiDato, Vince	27.09m	
2 Elliott, Craig	22.22m	
M65		
1 Joni, Lajos	29.10m	
M70		
1 Bodsworth, Bruce	25.80m	
M75		
1 Quinn, Don	25.17m	
M80		
1 Quarterman, Guy	24.40m	
2 Kennedy, Ian	19.81m	
Wednesday 15th December		
5000m		
M35		
1 Mansfield, Josh	18:18.08	
M40		
1 Poulton, Anthony	18:41.83	
M60		
1 Mansfield, John	20:59.82	
M65		
1 Cameron, Ian	18:34.84	
3000m		
W50		
1 Kolb, Miwa	12:27.67	
M40		
1 Lewis, George	10:21.02	

2 Scott, Mat 10:41.50

M50

1 Slueggett, Daryl 12:26.68

3000m Race Walk

W75

1 McKinven, Noela 26:48.55

M65

1 Bennett, Peter 20:02.52

Shot Put

M45

1 Campodonico, Clayton 8.94m

M50

1 Coombs, Darin 12.06m

M55

1 Hughes, Michael 9.00m

M65

1 Pickering, William 7.49m

W35

1 Ramsden, Miranda 8.93m

W45

1 Webber, Janet 7.09m

Long Jump

W30

1 Patankar, Prachita 4.54m

2 Muller, Sharne 4.26m

W35

1 Fennamore, Selina 3.33m

M65

1 O'Connor, Bruce 3.50m

400m

W35

1 Fennamore, Selina 1:26.70

M40

1 Hadjandonis, Kon 58.98

M45

1 Schaumberg, Tim 1:03.88

M50

1 Berlin, Michael 55.56

2 Parkinson, Gary 55.81

M55

1 Brack, Christopher 55.75

Discus

M45

1 Campodonico, Clayton 24.52m

M50

1 Coombs, Darin 43.51m

M55

1 Hughes, Michael 33.88m

M65

1 Pickering, William 24.21m

W35

1 Ramsden, Miranda 21.69m

60m

W45

1 Webber, Janet 9.09

M35

1 Gupte, Akshay 10.42

M50

1 Berlin, Michael 7.92

M65

1 O'Connor, Bruce 12.09

High Jump

W45

1 Webber, Janet 1.40m

M55

1 Hughes, Michael 1.25m

M60

1 Key, Brian 1.40m

M65

1 O'Connor, Bruce 1.15m

100m

M40

1 Hadjandonis, Kon 12.91

1500m

W50

1 Kolb, Miwa 5:56.01

W60

1 Thornton, Susan 6:33.28

W70

1 Davey, Irene 8:41.48

M40

1 Lewis, George 4:58.80

M45

1 Shard, Paul 5:10.11

M50

1 Bell, Chris 5:04.63

M60

1 Mansfield, John 5:02.19

Triple Jump

W30

1. Sharne Muller 8.96m

2. Prachita Patanker 8.89m



GOLD COAST

Sunday 14th November

60m

Graham Scully	M45	7.83
Brony Anscombe	W40	9.15
David Mitchell	M65	9.29
Miranda Ramsden	W35	10.27
Mariya Todoroua	W45	10.90
Tracey Hollis	M40	12.33

150m

Graham Scully	M45	18.48
Gary Parkinson	M50	19.81
David Mitchell	M65	22.46
Brony Anscombe	W40	22.99
Carol Davis	W70	24.47
Paul Chaplin	M70	29.22

300m

Graham Scully	M45	39.61
Gary Parkinson	M50	40.26
David Mitchell	M65	49.83
Carol Davis	W70	52.72
Paul Chaplin	M70	70.97

Javelin

Miranda Ramsden	W35	17.45
Tracey Hollis	M40	17.10

Sunday 5th December

60m Heat 1

Patrick McCarthy	M35	7.28
Simon Titley	M50	7.50
Shane Ladynski	M40	7.71
Laurie Hughes	M35	7.86
Scott Beatson	M45	8.06
Joe Begley	M65	8.62

60m Heat 2

Brony Anscombe	W40	8.88
David Mitchell	M65	9.06
Anna Marie Todoroua	W11	9.39
Tracey Ashley	W35	9.45
Jasmine Williams	W28	9.92

60m Heat 3

Rocky Moran	M65	9.73
Mariya Todoroua	W45	10.52

100m Heat 1

Patrick McCarthy	M35	11.62
Graham Scully	M45	11.95
Simon Titley	M50	12.03
Shane Ladynski	M40	12.13
Laurie Hughes	M35	12.59
Scott Beatson	M45	12.74

100m Heat 2

Joe Begley	M65	13.66
D James	M60	14.24
Brony Anscomb	W40	14.38
David Mitchell	M65	14.61
Jasmine Williams	W28	16.32
Tracey Ashley	W35	16.36
Mariya Todoroua	W45	17.43

400m Heat 1.

Graham Scully	M45	57.69
Laurie Hughes	M35	61.31
Gary Parkinson	M50	61.78
Christopher Brack	M55	61.80

400m Heat 2.

D James	M60	68.01
David Mitchell	M65	72.52
Tracey Ashley	W35	77.51



Colin Mancy	M80	1:37:39
Suzanne Jolley	W65	1:42:65

1500m

Suzanne Jolley	W65	6:20:93
Rocky Moran	M65	6:21:90
Colin Mancy	M80	8:48:21

4 X 200m Relay

1st Sid, Cooper, Luke Gary	1:52:92
2nd Brony, Karen, Tracey, Telena	1:53:28
3rd Shane, Simon, Scott, Laurie	2:12:58
4th Jaxon, Ana Marie, Jonah, Jasmine	2:40:07



Toowong Gift 3000m Masters Womens

1. Boyd, Joanne 12:53.9
2. Kolb, Miwa 13:33.4
3. Aldridge, Lauren 18:26.1
4. Agarwal, Ruchi 22:47.1

Masters Mens

1. Jackson, Michael 10:04.6
2. Adams, Wayne 10:40.1
3. Wilkinson, Harley 11:14.7
4. Gosens, Gerard (vision Imp) 12:00.9
5. Seawright, Geoffrey 12:02.4
6. Gunningham, Robert 12:27.7
7. Agarwal, Pankaj 20:22.0





OneAthletics – What is Being Proposed?

There is a great amount of confusion about what is proposed under OneAthletics.

Key points (reference meeting notes from presentations made by OneAthletics and the OneAthletics website <http://oneathletics.com.au/faqs/>:

- OneAthletics is the vision of Little Athletics Australia and Athletics Australia to unite into one sporting organisation at the national level – into a new united national body known as “Australian Athletics”.

- States and territory associations currently associated with Athletics Australia and Little Athletics Australia will remain stand-alone organisations delivering their normal operations and age groups affiliated to the united national body.

- Under the proposal, all state and territory member associations affiliated with Little Athletics Australia and Athletics Australia will become members of Australian Athletics.

- There is no need to change the way a club or centre delivers athletics. They see this as a strength of the sport. By developing a clearer transition pathway, they believe there will be greater opportunities where the demand is strong for both clubs and centres to build on their existing offerings.

- A formal business case for the single national organisation has been developed.

- As part of the process, they have had consultation with many interested parties around Australia including holding of community forums.

- Advisory groups have been established for – coaching, officials, pathways, competition, governance and digital.

If the proposal receives the required level of state and territory member association support (the vote on is scheduled to take place on 9 December 2021), a new national body will be established.

The new national body should not deliver product and services, it should enable.

The business of athletics involves protection of people, governance, diversity, financial model (developed by KPMG on what the organisation could look like and savings that could be made), growth and development areas for example, coaches and officials, participation, not focused on high performance as that is covered by Federal government funding.

Unification of Little Athletics Australia and Athletics Australia, Little A's brand to be retained

There will be a multitude of benefits to athletes, clubs, coaches, and officials including:

1. Growth opportunities at all participation levels
2. A clear athletics pathway
3. Potential to enhance high-performance programs
4. One pathway for developing coaches and officials
5. More commercial opportunities to enhance funding
6. Better use of organisational resources and improved administration

Emphasised:

The need to do everything online, need investment in product portfolios, delivery of athletics to every life stage, grant from Sport Australia conditional on unification. Savings could be made for example, one insurance program, capitation fees.

No interest in introducing a

membership fee for the national body.

Recruitment, development, engagement, and retention of volunteers are important issues if the sport is to grow

Need to develop a shared services model, be an employer of choice, emphasised being a leader in the diversity inclusion space.

What does that mean for masters athletics in Australia?

Masters athletics is not part of the initial proposal put forward on OneAthletics.

In the OneAthletics business case, consultation and discussions are suggested to occur. That is, presuming the proposal to merge Athletics Australia and Little Athletics Australia is approved.

Australian Masters Athletics (AMA) has formed a working party to look at the matter of OneAthletics and masters athletics in Australia.

The working party comprises Board members of AMA and representatives from each of the masters athletics state and territory associations.

Recently the AMA Board and the working party representatives met with representatives of OneAthletics. At that meeting a presentation on masters athletics in Australia was made and the meeting discussed next possible steps that AMA could take.

Given the vote on the proposed merger of Athletics Australia and Little Athletics that is set down for December 2021, the AMA Board and the OneAthletics working party will examine the possible next steps to take with OneAthletics.

Importantly, regardless of the outcome of the OneAthletics vote in December 2021, masters athletics competitions and activities will continue in each state and territory of Australia. That means, we can all look forward to our club and state competitions, and our masters state and national championships.

John Clark

Chairman
Australian Masters Athletics
OneAthletics Working Party

CHAMPIONSHIPS BEGIN IN JANUARY

QMA Championship events commence in January and will continue through February to March and conclude with the AMA Championships in April. Note that, for the first time, the Gold Coast Championships will be held in Brisbane

15th January: QMA Throws Pentathlon for Men at SAF (State Athletics Facility)
Men: Hammer, Shot Put, Discus, Javelin, Weight

22nd January: QMA Pentathlon for both men and women at SAF
Men: Long Jump, Javelin 200m, Discus, 1500m
Women: 100m, Shot Put, Long Jump, Javelin, 800m

29th January: QMA Throws Pentathlon for Women at SAF
Women: Hammer, Shot Put, Discus, Javelin, Weight

12th/13th February: QMA Decathlon and Heptathlon at SAF
Decathlon

Day 1 - 100m, Long Jump, Shot Put, High Jump, 400m

Day 2 - Hurdles, Discus, Pole Vault, Javelin, 1500m

Heptathlon

Day 1 - Hurdles, High Jump, Shot Put, 200m

Day 2 - Long Jump, Javelin, 800m

19th February: QMA 3000m Run / Walk Championships

19th March: Gold Coast Championships at SAF Entries close on 5th March

Events: 60m, 100m, 200, 400, 800m, 1500m run/walk, 5000m run/walk
Shot Put, Discus, Hammer, Javelin, Weight, 56 lb

High Jump, Long Jump, Triple Jump

1st to 4th April: AMA Championships at SAF Early Bird Discount Close 22nd February

Final Entry Close 7th March

Sponsored Special Events

19th February at SAF

Tom Gould: 300m handicap - Athletes must nominate for this event by 12th February and must have participated in 300m events during the season

Bernie Hogan: 100m handicap - Handicaps are based on performances over the season

Ted Vickers: Javelin handicap - Men's handicaps are based on performances over the season

Ruth Frith: Javelin handicap - Women's handicaps are based on performances over the season

John Cooper: 60m event - Results based on age grade performance

NATIONAL CHAMPIONSHIPS PROGRAMME

Friday 1st April

5000m

60m Heats and Finals

800m

100m Heats and Finals

1500m Walk

Hammer M30-74

Javelin M30-74

High Jump M30-74

Shot Put W30+, M75+

Discus W30+, M75+

Long Jump W30+, M75+

Saturday 2nd April

Cross Country

5000m Walk

Long Hurdles

Champion of Champions Sprint

200m Heats and Finals

Steeplechase

Hammer W30+, M75+

Javelin W30+, M75+

High Jump W30+, M75+

Shot Put M30-74

Discus M30-74

Long Jump M30-74

Sunday 3rd April

10km Road Walk

1500m

400m Finals

Sprint Hurdles M30+

Pentathlon W30+

Throws Pentathlon M30+

4 x 100m State Teams

4 x 100m, 4 x 400m, 4 x 800m

Athlete Organised Teams

Pole Vault M30+, W30+

Triple Jump M30+

Weight Throw W30+

Champion of Champions

Women's Discus

Monday 4th April

10,000m

Sprint Hurdles W30+

Pentathlon M30+

Throws Pentathlon W30+

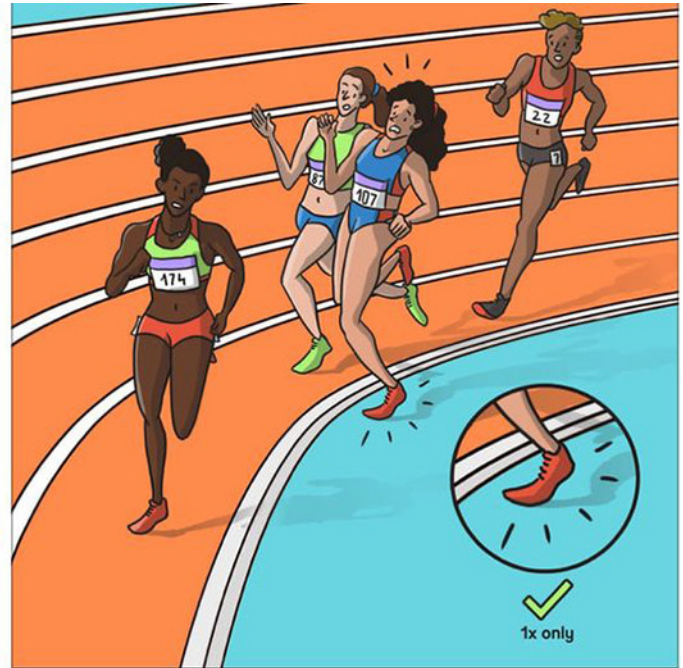
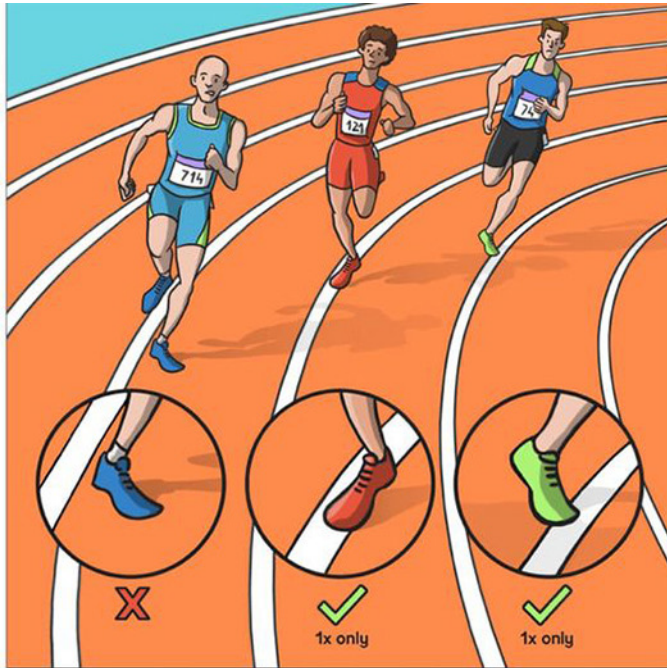
Weight Throw M30+

Triple Jump W30+

Champion of Champions

Men's Discus

LANE INFRINGEMENT UPDATES



The easing of the rules regarding lane infringements are among the competition rule (CR) and technical rule (TR) changes approved by the World Athletics Council which come into force from today (1 November 2021).

These were agreed in March and July 2021 and are available for download in the Book of Rules. Area and Member Federations are notified of all rule changes directly after the Council meeting at which the decision is made.

Lane infringement rule changes had been on the agenda of the World Athletics Technical Committee since January 2018. At that year's World Athletics Indoor Championships in Birmingham in the March, there were 21 disqualifications relating to lane violations, including four in two races, and since then there has been a heightened debate about these rules.

Rather like race walk transgressions, some one-off lane infringements are now permitted, but shall result in disqualification if they are repeated by the same athlete or within the same relay team at any time during the rounds of the same event.

Two further exceptions have been added to the list of scenarios (under

TR 17.4) where a lane infringement shall not lead to immediate disqualification. These are: 17.4.2 – while racing in lanes and the inner lane line, the border or kerb is touched once on a bend; and 17.4.3 – while racing not in lanes and one step is taken on or completely over the inner border line or kerb.

A second occurrence of the act described in these new clauses, in the same event by an individual or any team member, shall result in disqualification. A record of such transgressions shall therefore be carried forward to later rounds of that event and indicated on start lists and results, in a similar fashion to the separate yellow card notices for breaches of discipline.

Athletes racing in lanes shall continue to be disqualified if they are judged to have fully stepped inside the inner border line or kerb, even only once. Or if either of the acts described in 17.4.2 or 17.4.3 are judged to bring positional advantage or impede another athlete.

□ Other rule changes include:

- CR 19.4 – Visual indications of the validity of a field event trial, other than red or white flags, may now be approved

- CR 31.3 – More detail is set out

on the requisite doping control process for world record ratification, including the need for samples to be analysed for Erythropoiesis Stimulating Agents in endurance events from 400m upwards

- CR 32 – The 50km road race, 35,000m race walk and 35km race walk shall be added to the list of recognised world record events for men and women, with the men's 30,000m race walk deleted from the list once the first men's 35,000m mark is established

- TR 11.3 – Now specifies the conditions required for legitimate performances in events staged indoors in facilities which may not otherwise comply with the rules of indoor competition. Clause 11.3.4 specifies that marks made on indoor oval tracks longer than 201.2m, but not greater than 400m, shall be regarded as valid for all but world indoor records. (Meaning, for example, that an outright world record may be set on an indoor 300m track. The previous TR 11.3 is unchanged and renumbered to 11.4)

- TR 30.1.1 – (as reported in 2020 under then rule 185.1) Long and triple jump take-off failure shall be re-defined to include any breaking of the vertical plane of the take-off

RECORDS AND MOTIVATION

by Wilma Perkins

In our own way we set ourselves goals as motivation. For some it is an improvement on a previous performance or changing age groups and resetting all goals. For others it is trying a new event, improving technique and gradually improving. For some it is that age grade percentage and trying to maintain that percentage as one progresses through the age groups. For others it may be chasing a personal performance, a state record or even a national record and for the very few world record.

Maintaining Records

But before I bring you up to date with this season I want to tell you about a very special person who knows more about records than anyone, a person who tracks performances at masters competitions, QA competitions or any other place a Queensland Masters athlete is competing. This person has been doing this since 1978 (that's right, 43 years of record keeping) and I am assured by the National Statistician that this person is in a class of their own when it comes to having all the paper-work necessary for a record claim. This person, over the years has also set state, national and world records, not that she would mention that to you in conversation. Heather Doherty, we take our hat off to you.

Now there is one other goal Heather would like to achieve. She would like to pass on to someone else her incredible knowledge on maintaining and verifying records. Is that person you? Please let Heather or myself know if you are interested as Heather has no wish to maintain the records for another 43 years.

Records this Season

From September to 27th November QMA members have set 31 Queensland records plus three Australian records. 9 in throws, 8 in walks, 4 in sprints, 3 in middle distance, 2 in distance and relays, 1 each in hurdles, jumps and steeplechase.

What an incredible achievement by athletes in such a short time frame.

Who are the Record Breakers?

W55 Erica Woodward 1500m walk (twice), 3000m walk (twice), 2000m walk, 5000m walk, 1 mile walk

M35 Aidan Hobbs 1500m, 3000m steeplechase, 5000m (Aust Record)

M75 Brian Davies Heavy Weight Pentathlon, Super Weight (twice)

M65 Lajos Joni Weight and 56 lb

M55 Iggy Jimenez 3000m walk

W45 Brenda Gannon 2000m walk

M70 Bruce Bodsworth 300m hurdles

W30 Ashleigh Reid High Jump (Aust Record)

M80 Guy Quarterman Hammer

W70 Carol Davis 60m (Aust Record)

M80 Ian Kennedy 56 lb
M45 Wayne Spies - Marathon

W30 Roslyn Kirwin 1 mile walk

M35 Patrick McCarthy 100 yards

M50 Michael Berlin 100 yards

W35 Miranda Ramsden 100 lb

M55 Chris Brack 300m = record

M30 Chris Davis 4 x 1500m
Chris Toro
Daniel Brown
Shane Mathewson

M70 Bruce Bodsworth 4 x 1500m
John Sheer
Steve Dixon
Colin Mancey

W75 Lorraine Birtwell - Heavy Weight Pentathlon



