

**Gold Coast Masters Athletics - 20/12/2020**  
**Runaway Bay Performance Centre**  
**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**Event 1 Mixed 3000 Meter Run**

Name	Age Team	Finals	Age-Grading Points
Section 1			
1 Winnek, Martin	M45 Unattached	13:30.07	12:33.69 58.38%

**Event 2 Mixed 60 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
Section 1			
1 McCarthy, Patrick	M35 Unattached	7.66	7.56 84.60%
2 Titley, Simon	M45 Unattached	7.83	7.27 87.99%
3 Beatson, Scott	M45 Unattached	8.24	7.65 83.62%
4 Ladynski, Shane	M40 Unattached	8.36	8.00 79.90%
5 Grono, Helena	W45 Unattached	9.18	8.44 82.03%
6 Mitchell, David	M60 Unattached	9.40	7.90 80.85%
Section 2			
1 Teasel, Bailey	M12 Unattached	8.95	8.96 71.40%
2 Leonard, Samantha	W35 Unattached	9.47	9.37 73.92%
3 Gordon, Andy	M55 Unattached	9.60	8.35 76.56%
4 Liddell, Nikki	W50 Unattached	10.22	9.03 76.61%
5 Hollis, Tracey	W40 Unattached	10.42	9.94 69.67%
6 Holt, Mia	W13 Unattached	11.16	11.17 62.01%
7 Kuschmirz, Lydia	W13 Unattached	11.59	11.60 59.71%

**Event 3 Mixed 150 Meter Dash**

Name	Age Team	Finals	Age-Grading Points
Section 1			
1 Parkinson, Gary	M50 Unattached	18.92	
2 Brack, Chris	M55 Unattached	19.49	
3 Beatson, Scott	M45 Unattached	20.52	
4 Ladynski, Shane	M40 Unattached	20.82	
5 Melrose, Elizabeth	W35 Unattached	21.48	
6 Gordon, Andy	M55 Unattached	23.91	
7 Rhind, Rodney	M40 Unattached	24.05	
Section 2			
1 Mitchell, David	M60 Unattached	22.93	
2 Grono, Helena	W45 Unattached	23.46	
3 Leonard, Samantha	W35 Unattached	23.88	
4 Liddell, Nikki	W50 Unattached	26.95	
5 McNeil, Brian	M65 Unattached	27.53	
6 Kuschmirz, Lydia	W13 Unattached	28.88	
7 Holt, Mia	W13 Unattached	28.95	

**Event 4 Mixed 800 Meter Run**

Name	Age Team	Finals	Age-Grading Points
Section 1			
1 Goodwin, Murray	M30 Unattached	1:54.79	1:54.80 88.08%

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**Event 5 Mixed 1500 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 Stacey, Alan	M55 Unattached	6:29.76	5:24.95 63.40%
2 McNeil, Brian	M65 Unattached	7:27.69	5:37.07 61.12%

**Event 6 Mixed 300 Meter Run**

Name	Age Team	Finals	Age-Grading Points
1 Teasel, Bailey	M12 Unattached	29.74	29.75100.87%

**Event 7 Mixed Super Weight**

Name	Age Team	Finals	Age-Grading Points
Flight 1			
1 Ashcroft, Mark	M50 Unattached	10.76m	
2 Mackie, Althea	W50 Unattached	10.07m	
3 Lowrey, Tim	M50 Unattached	8.96m	
4 Hendry, Stephen	M35 Unattached	8.15m	
5 Joni, Lajos	M65 Unattached	7.36m	
6 Ramsden, Miranda	W35 Unattached	5.59m	
7 Hollis, Tracey	W40 Unattached	5.33m	

**Event 8 Mixed Other**

Name	Age Team	Finals	Age-Grading Points
1 Ashcroft, Mark	M50 Unattached	6.09m	
2 Hendry, Stephen	M35 Unattached	4.98m	
3 Mackie, Althea	W50 Unattached	4.95m	
4 Joni, Lajos	M65 Unattached	4.68m	
5 Lowrey, Tim	M50 Unattached	4.45m	
6 Ramsden, Miranda	W35 Unattached	3.76m	
7 Hollis, Tracey	W40 Unattached	3.09m	

**Event 9 Mixed Shot Put**

Name	Age Team	Finals	Age-Grading Points
1 Ashcroft, Mark	M50 Unattached	11.30m	13.24m 57.27%
2 Hendry, Stephen	M35 Unattached	10.30m	10.68m 46.21%
3 Joni, Lajos	M65 Unattached	9.98m	13.57m 58.74%
4 Mackie, Althea	W50 Unattached	9.80m	12.35m 54.60%
5 Ramsden, Miranda	W35 Unattached	9.49m	9.83m 43.47%
6 Lowrey, Tim	M50 Unattached	8.74m	10.24m 44.30%
7 Hollis, Tracey	W40 Unattached	7.82m	8.68m 38.35%