

Q.M.A. MENS RECORDS AS AT 17th SEPTEMBER, 2024

M60	Dave Varley	2022	6106
M65	Mark McLean	2022	5872
M70	Nick Bannenberg	2011	5463
M75	Peter Kennedy	2022	4673

Old Specifications (Rescored)

M80	Vic Younger	1993	4310
M85	Vic Younger	1999	3895 A

4 x 100 METRES RELAY

<u>M30</u>	Richard Rodgers		
2011	Travis Venema		
	Aaron McMahon		
	Graham Scully	45.25	
<u>M35</u>	Robin Mihrshahi	35	
2015	Travis Venema	39	
	Graham Scully	41	
	Darren Felsman	48	45.47
<u>M40</u>	Travis Venema	40	
2016	Graham Scully	42	
	Gary Parkinson	48	
	Steve Jones	52	45.53
<u>M45</u>	Gary Parkinson	47	
2015	Steve Jones	51	
	Glenn Munro	47	
	Darren Felsman	48	46.90
<u>M50</u>	Gary Parkinson	52	
2019	Christopher Brack	54	
	Michael Berlin	50	
	Steve Jones	56	47.80
<u>M55</u>	Wayne Cousins		
2002	John Wight		
	Mal Storey		
	Colin Buyers	47.92	
<u>M60</u>	John Cooper		
2000	Hugh Coogan		
	Alan Bradford		
	Tom O'Keefe	52.64	
<u>M65</u>	Don Burt		
2012	Rob McDonald		
	John Wight		
	Hugh Coogan	53.36	
<u>M70</u>	Ken Daniels		
2011	Hugh Coogan		
	Alf Lakin		
	Noel Garvey	61.52	
<u>M80</u>	George Harrod		
2010	Maurice Dauphin		
	Hugh Thomsen		
	Russell Grigg	77.06	

4 x 200 METRES RELAY

<u>M30</u>	Matthew Learoyd	37	
2019	Graham Scully	45	
	Patrick McCarthy	35	
	Scott Tuohy	33	1.35.70 A
<u>M35</u>	Robin Mihrshahi		
2015	Travis Venema		
	Graham Scully		
	Brett MacKenzie	1.37.48 A	
<u>M40</u>	Gary Parkinson	47	
2015	Wayne Adams	42	
	Ian Adams	44	
	Graham Scully	41	1.40.72
<u>M45</u>	Geoff Bramley		
2009	Craig Bruce		
	Callum McInnes		
	Joe Begley	1.45.36	
<u>M50</u>	Gary Parkinson	51	
2018	Steve Jones	55	
	Joseph Phelan	51	
	Joe Begley	64	1.46.89
<u>M55</u>	Hugh Bristow		

2011	Joe Begley		
	Jim Furlong		
	Ian Malouf	1.49.66	
<u>M60</u>	Ian Malouf	61	
2016	Joe Begley	62	
	Paul Chaplain	67	
	Terry Dauphin	63	1.59.63
<u>M65</u>	Hugh Coogan		
2007	Alf Lakin		
	Colin Buyers		
	Ivan Rogers	2.07.89	
<u>M70</u>	John Wight	70	
2017	Pio Bunin	75	
	Peter Kennedy	70	
	Colin Buyers	74	2.17.89
<u>M75</u>	Dieter Lacko	75	
2023	John Sheer	76	
	Stephen Dixon	76	
	Pio Bunin	82	2:45.58 A

4 x 400 METRES RELAY

<u>M30</u>	Warren Evans		
2003	David Hill		
	Bruce Hill		
	Grant Barton	3.35.4	
<u>M35</u>	Gary Parkinson	50	
2018	Graham Scully	44	
	Peter Bracken	37	
	Daniel Mellish	39	3.41.63
<u>M40</u>	Jim Furlong		
1999	Peter Hawes		
	Michael Warburton		
	Shaun McLaughlin	3.40.3	
<u>M45</u>	Jim Furlong		
2001	Shaun McLaughlin		
	Peter Hawes		
	Bill Kovacevic	3.40.44	
<u>M50</u>	Michael Berlin	50	
2020	Gary Parkinson	52	
	Christopher Brack	54	
	Joseph Phelan	52	3.51.06
<u>M55</u>	Bruce Bodsworth		
2007	Bob Grayson		
	Rob White		
	Colin Buyers	4.03.0	
<u>M60</u>	John Cooper		
2000	Hugh Coogan		
	Alan Bradford		
	Tom O'Keefe	4.11.51	
<u>M65</u>	Hugh Coogan		
2008	Col Buyers		
	Colin McLeod		
	Alan Bradford	4.32.61	
<u>M70</u>	Noel Garvey		
2011	Alan Bradford		
	Ken Daniels		
	Hugh Coogan	5.04.12	

4 x 800 METRES RELAY

<u>M30</u>	Gary Parkinson		
2008	David Hill		
	Bruce Hill		
	Brendan Whelan	8.30.74 AR	
<u>M35</u>	Matt Cooper	36	
2017	Clay Dawson	36	
	Peter Bracken	37	
	Daniel Mellish	39	8.41.58 AR
<u>M40</u>	Shane Mathewson	40	
2022	Wayne Adams	48	
	Andrew Willey	45	
	Daniel Mellish	43	8.42.23 AR
<u>M45</u>	Andrew Willey	45	
2022	Wayne Adams	48	

	Peter Link	54	
	Michael Jackson	48	8:49.58
<u>M50</u>	Peter Reeves		
2011	Con Dimauro		
	Phil Davies		
	David Sweeney	9.05.22	
<u>M55</u>	Darryn Bryant	55	
2022	Mark Lepper	60	
	Joseph Phelan	55	
	Peter Link	55	9.27.72
<u>M60</u>	Peter Reeves		
2013	Jason Collie		
	Bob Grayson		
	Sean Ryan	10.29.12	
<u>M65+</u>	Robert Gunningham	68	
2022	Mark McLean	65	
	Peter Reeves	68	
	Ian Cameron	67	10.44.06 A
<u>M70+</u>	Pio Bunin	74	
2016	Noel Garvey	81	
	Don Burt	70	
	Colin Woods	80	15.25.31
<u>M75+</u>	Michael Jukes	82	
2022	Stephen Dixon	75	
	Colin Mancey	80	
	Dieter Lacko	75	14:02.84

*M75+ Robbie Costmeyer 75 ACT

2022	Steve Dixon	75	
	Don Mathewson	77 NSW	
	Dieter Lacko	75	13:22.67 A

*(NOT QR AS TWO ATHLETES FROM INTERSTATE)

4 x 1500 METRES RELAY

<u>M30</u>	Chris Davis		
2021	Chris Toro		
	Daniel Brown		
	Shane Mathewson	18:49.25	
<u>M35</u>	Aidan Hobbs	37	
2023	Michael Cnops	35	
	Marty Kelly	43	
	Sebastin Pinel	44	17:50.07 AR
<u>M40</u>	Chris Bell	46	
2018	Paul Shard	45	
	Anthony Canfell	47	
	Andrew Willey	41	18.36.44 AR
<u>M45</u>	Mark Jones		
2007	David Sweeney		
	Andy Clowes		
	Peter Hallahan	18.31.73	
<u>M50</u>	Peter Reeves		
2011	David Sweeney		
	Con Dimauro		
	Phil Davies	18.37.91	
<u>M55</u>	Peter Reeves	60	
2014	Ian Cameron	60	
	Phil Davies	57	
	Con Dimauro	55	19.58.67 AR
<u>M60</u>	John Shaw	62	
2016	Ron Peters	62	
	Ian Cameron	61	
	Peter Reeves	62	19.28.03 AR
<u>M65</u>	Bob Grayson	66	
2018	Roger Carter	66	
	John Sheer	70	
	Bruce Bodsworth	66	27.09.98
<u>M70</u>	John Sheer		
2021	Bruce Bodsworth		
	Steve Dixon		
	Colin Mancey	30:12.60	

Q.M.A. MENS RECORDS AS AT 17th SEPTEMBER, 2024

RELAYS: MEMBERS WHO SET RECORDS IN AUST TEAMS IN NATIONAL AND INTERNATIONAL COMPETITION.

4 x 100m RELAYS:

M45+	Graham Scully	2024	44.54	A
M55+	Heinz Steinmann	2001	47.46	A
	John Wight	2001	47.46	A
M60+	Hugh Coogan	1997	48.95	A
M65+	Col Buyers	2009	50.5	A
	Heinz Steinmann	2009	50.5	A
	Rob McDonald	2009	50.5	A
M70+	John Wight	2016	53.67	A
M75+	Pio Bunin	2016	59.95	A
M80+	Hugh Thomsen	2012	68.43	A
	George Harrod	2012	68.43	A

4 x 400m RELAYS:

M50+	Gary Parkinson	2018	3:37.78	A
M55+	Gary Parkinson	2024	3:46.85	A
M65+	Colin Buyers	2009	4:02.62	A
	Heinz Steinmann	2009	4:02.62	A
M70+	Hugh Coogan	2011	4:29.57	A
M75+	Pio Bunin	2016	5:12.41	A
M80	George Harrod	2012	5:32.29	A

4 x 800m RELAY

M50+	Peter Hawes	2011	8:39.01	W
M75+	Steve Dixon	2022	13:22.67	
M75+	Dieter Lacko	2022	13:22.67	

4 x 200m RELAY INDOOR (Not

QLD)

M40+	Stephen Jones	2010	1:37.56	A
M45+	Graham Scully	2023	1:37.67	A
M55	Christopher Brack	2023	1:45.40	A
M75	Dieter Lacko	2023	3:01.64	A

4 x 200m MIXED RELAY INDOOR

(Not QLD)

X70	Dieter Lacko	2023		
	Wilma Perkins			
	Lynne Schickert		3:02.60	A

AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS (as at 5th APRIL 2024)

HALL OF FAME

2009 Alan Bradford
2018 Stan Perkins

ADMINISTRATOR/OFFICIAL

2014 Ian Mann
2021 Colin Buyers

AMA/AAVAC MERIT AWARD

2001 Wally Stubbings
For Services to Queensland
2001 Bernie Hogan
For Services to Queensland
2003 Stan Perkins
For Services to AMA as President
for two terms of Office
2020 Don Quinn
For Services to Queensland

OCEANIA RECORDS – MENS – QMA MEMBERS (As at SEPTEMBER 2019)

60 METRES

M30	Travis Venema	7.19	2008
M35	Travis Venema	7.40	2010
M50	Steve Jones	7.83	2015
M85	Maurice Dauphinat	11.12	2012

100 METRES

M30	Travis Venema	11.40	2008
M50	Gary Parkinson	12.01	2019
M70	Hugh Coogan	13.85	2006

200 METRES

M50	Gary Parkinson	24.37	2019
M65	Colin Buyers	26.20	2008
M70	Hugh Coogan	28.10	2006

400 METRES

M50	Gary Parkinson	54.85	2019
M65	Hugh Coogan	61.15	2004
M70	Hugh Coogan	62.28	2006
M75	Colin Woods	74.12	2012

800 METRES

M80	Michael Juckes	3.21.72	2019
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1500 METRES

M30	Brendan Whelan	4.07.7	2006
M40	Alan Bradford	4.07.0	1982
M80	Michael Juckes	7.02.03	2019

5000 METRES

M30	Brendan Whelan	15.25.5	2006
M65	Colin McLeod	18.13.1	2002
M80	Michael Juckes	26.03.74	2019

100m HURDLES (0.840m)

M60	Harry Giles	16.56	2008
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2000m STEEPLECHASE (0.914m)

M80	Michael Juckes	11.20.46	2019
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3000m STEEPLECHASE (0.914m)

M50	Alan Bradford	10.44.0	1992
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3000m TRACK WALK

M35	Peter Bennett	14.28.0	1994
M40	Dean Nipperess	13.10.82	2012
M80	Richard Keatinge	21.00.0	2006

5000m TRACK WALK

M70	Tom Daintry	28.22.0	1984
M75	Tom Daintry	30.33.0	1990
M80	Tom Daintry	33.57.0	1992

10km ROAD WALK (Best Perf)

M35	Peter Bennett	52.14	1994
M40	Dean Nipperess	47.31	2012
M80	Tom Daintry	69.01	1992

HALF MARATHON (Best Perf)

M35	Brendan Whelan	1:15.18	2010
M60	Colin McLeod	1:19.28	1998
M65	Colin McLeod	1:22.25	2002
M70	Colin McLeod	1:31.58	2008

JAVELIN (800g current specif)

M45	John Kay	52.26	2008
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JAVELIN (500g from 2000)

M70	Guy Quarterman	36.51	2012
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DISCUS (2kg)

M30	Alan White	35.60	2000
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DISCUS (1kg)

M80	Feliks Jekabsons	26.96	2006
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SHOT PUT (5kg)

M65	Charlie Rann	12.75	1992
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SHOT PUT (3kg)

M80	Feliks Jekabsons	10.09	2006
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LONG JUMP

M85	Maurice Dauphinat	2.95	2012
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HIGH JUMP

M40	Euan McLean	1.82	2019
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POLE VAULT

M35	Rob Hill	4.40	2008
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PENTATHLON

M70	Ken Daniels	3084	2008
	Long Jump	3.95	
	Javelin	31.99	
	200 Metres	31.38	
	Discus	25.19	
	1500 Metres	7.09.23	

THROWS PENTATHLON

M80	Feliks Jekabsons	3539	2006
	Hammer	28.97	
	Shot Put	9.98	
	Discus	26.96	
	Javelin	19.30	
	Weight	12.43	

DECATHLON

M30	Peter Hollenbeck	5308	2019
	100 Metres	12.01	647
	Long Jump	5.93	571
	Shot Put	11.58	581
	High Jump	1.68	528
	400 Metres	62.23	340
	110m Hurdles	17.77	545
	Discus	35.43	572
	Pole Vault	4.40	731
	Javelin	49.28	578
	1500 Metres	6.12.52	215
M55	Andrew Millerd	6193	2019
	100 Metres	12.99	793
	Long Jump	5.14	753
	Shot Put	8.36	523
	High Jump	1.52	679
	400 Metres	60.78	752
	100m Hurdles	19.00	569
	Discus	29.85	527
	Pole Vault	2.80	533
	Javelin	27.80	402
	1500 Metres	5.39.34	662
M60	Mark McLean	5984	2019
	100 Metres	13.49	782
	Long Jump	4.46	646
	Shot Put	8.95	556
	High Jump	1.40	644
	400 Metres	65.58	661
	100m Hurdles	17.56	752
	Discus	24.48	387
	Pole Vault	2.20	389
	Javelin	30.95	497
	1500 Metres	5.54.67	670

M70	Ken Daniels	5995	2008
	100 Metres	15.00	
	Long Jump	4.14	
	Shot Put	8.31	
	High Jump	1.21	
	400 Metres	73.03	
	Hurdles	17.88	
	Discus	26.71	
	Pole Vault	2.00	
	Javelin	31.98	
	1500 Metres	7.00.11	

ASIA-PAN PACIFIC MASTERS GAMES - QMA MEMBERS RECORDS AS AT 2018

These are Asia/Pan Pacific Masters Records

TRACK & FIELD

60 METRES

M30	Travis Venema	7.33	2008
M85	Maurice Dauphinat	11.18	2012

100 METRES

M30	Travis Venema	11.48	2006
M45	Ian McLean	11.84	2008
M50	Gary Parkinson	11.75	2018
M85	Maurice Dauphinat	18.46	2012

200 METRES

M65	Heinz Steinmann	26.28	2008
M70	Hugh Coogan	28.09	2006

400 METRES

M45	Gary Parkinson	53.44	2012
M65	Heinz Steinmann	59.70	2008
M70	Hugh Coogan	63.24	2006

4x100m Relay

QMA Members included in Teams

M30+	Warren Evans Karl Weber Mark Whitman Shane Mathews	46.39	2002
M35+	Bevan Valentine Ray Keane	47.69	2002
M45+	Jim Furlong Shaun McLaughlin	47.95	2000
M50+	Steve Bishop Steve Davies-Evans Geoff Bramley	52.54	2010
M55+	Joe Begley	52.57	2012
M60+	Rob McDonald John Wight	49.96	2006
M65+	Noel Garvey Peter Berry Charles Crowley	61.82	2002
M70+	Rob McDonald	59.08	2014
M80+	George Harrod Maurice Dauphinat Hugh Thomsen Russell Grigg	77.06	2010

4x400m Relay

QMA Members included in Teams

M30+	Warren Evans David Hill Mark Whitman Shane Mathews	3.44.18	2002
M35+	Roscoe McDonnell Wayne Adams	3.57.50	2012
M40+	Mike Warburton Jason Collie Shaun McLaughlin Norm Cornwell	3.59.13	2000
M45+	Graeme Rowley Craig Bruce	4.12.35	2010
M50+	Callum McInnes Bob Grayson Bruce Bodsworth Ken Dohnt Colin Buyers	3.58.37	2002
M55+	Paul Chaplain Sean Ryan	4.39.18	2008
M60+	Colin Buyers	4.05.83	2006
M65+	Colin Buyers Heinz Steinmann	4.11.80	2008
M70+	Alf Lakin Noel Garvey Ken Daniels George Harrod	5.50.22	2010
M80+	George Harrod	5.32.29	2012

800 METRES

M30	David Hill	1.59.15	2004
M35	Brian Sax	2.01.33	2010

M45	Shaun McLaughlin	2.08.22	2000
M85	Norm Pearce	4.19.67	2010

1500 METRES

M30	Brendan Whelan	4.05.74	2006
M35	Brendan Whelan	4.15.84	2012
M45	David Sweeney	4.19.67	2006
M55	Peter Reeves	4.30.78	2010
M80	Colin Woods	7.06.00	2016
M85	Norm Pearce	9.03.28	2010

5000 METRES

M30	Brendan Whelan	15.23.81	2006
M35	Brendan Whelan	16.59.05	2012
M45	Ron Peters	15.37.93	2000
M50	Ron Peters	16.21.57	2004
M55	Ron Peters	16.58.80	2008
M80	Colin Woods	27.25.22	2016

80m HURDLES

M85	Vic Younger	26.66	1998
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100m HURDLES

M55	Dave Varley	17.17	2018
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110m HURDLES

M30	Warren Evans	16.05	2004
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300m HURDLES

M60	Harry Giles	47.47	2006
M65	Harry Giles	50.53	2010

400m HURDLES

M40	Richard Norris	63.26	2012
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2000m STEEPLECHASE

M60	Colin McLeod	7.38.69	1998
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3000m STEEPLECHASE

M40	Bill McLean	10.45.34	2000
M45	Peter Hall	10.54.79	2000

3000m TRACK WALK

M30	Andrew Ludwig	13.48.14	1998
M35	Andrew Ludwig	13.47.45	2002
M40	Dave Smith	12.30.54	1998
M45	Peter Bennett	13.39.21	2002
M50	Ignacio Jimenez	13.36.95	2018
M55	Klaus Maurer	15.31.46	1998
M60	Bob Mee	16.14.67	1998
M85	Dick Keatinge	22.56.65	2008
M90	John Alroy	27.44.62	1998

5000m TRACK WALK

M30	Andrew Ludwig	23.29.49	2000
M35	Andrew Ludwig	23.43.45	2002
M45	Peter Bennett	23.46.13	2002
M50	Ignacio Jimenez	23.24.51	2018
M60	Peter Bennett	28.26.21	2018
M70	Richard Lynch	31.27.84	2000
M75	Patrick Sela	40.12.05	2016
M85	Bert Janes	41.22.36	2018

LONG JUMP

M30	Warren Evans	6.57	2002
M50	Gary Parkinson	6.10	2018
M70	Spencer Herft	4.43	2008
M85	Vic Younger	2.96	1998
M90	Alex Pittendrich	1.99	1998

TRIPLE JUMP

M30	Warren Evans	11.72	2004
M85	Vic Younger	6.20	1998
M90	Alex Pittendrich	4.96	1998

HIGH JUMP

M40	Euan McLean	1.81	2018
M45	Bill McLean)	1.65	2002

M45	John Musters)	1.65	1998
M50	Howard Arbutnot	1.64	2018
M85	Vic Younger	1.08	1998

POLE VAULT

M30	Warren Evans	4.05	2002
M35	Rob Hill	4.60	2008
M40	Rob Hill	4.40	2014
M50	Howard Arbutnot	4.20	2018
M55	Nelson Viney	3.20	2004
M70	Garvin Brown	2.70	1998
M75	Garvin Brown	2.70	2004
M85	Vic Younger	1.70	1998

JAVELIN THROW

M30	Warren Evans	54.32	2002
M40	John Kay	62.72	2000
M65	Guy Quarterman	38.00	2008
M75	Colin Murraylee	36.25	2004
M85	Maurice Dauphinat	19.94	2012

DISCUS THROW

M30	Warren Evans	45.42	2004
M35	Darron Haworth	54.15	2008
M55	Warwick Selvey	41.86	1998
M75	Colin Murraylee	32.94	2004
M80	Feliks Jekabsons	27.08	2004
M85	Maurice Dauphinat	21.27	2012

SHOT PUT

M30	Dean Cowan	14.89	2002
M65	Arvo Ropelin	11.49	2002
M75	Feliks Jekabsons	11.15	1998
M80	Dash Daniels	10.17	2018

HAMMER THROW

M30	Dean Cowan	42.19	2002
M35	Darron Haworth	54.85	2008
M45	Bob Wagner	50.53	2004
M50	Bob Wagner	53.89	2006
M80	Feliks Jekabsons	30.71	2006

WEIGHT THROW

M30	Dean Cowan	15.42	2002
M35	Darron Haworth	17.05	2008
M45	Bob Wagner	15.74	2004
M50	Bob Wagner	19.77	2006
M85	Ken Buttsworth	8.78	2002

THROWS PENTATHLON (at 2010)

M35	Darron Haworth	3672	2008
M70	Guy Quarterman	3644	2012

OUT OF STADIUM EVENTS

10km ROAD WALK

M30	Andrew Ludwig	50.12.0h	1998
M35	Andrew Ludwig	49.35.0h	2002
M40	Dave Smith	45.37.0h	1998
M45	Peter Bennett	50.20.0h	2002
M50	Ignacio Jimenez	48.47	2018
M60	Peter Bennett	58.16	2018

4KM CROSS COUNTRY

M30	Brendan Whelan	13.07.55	2006
M35	Brendan Whelan	13.36.18	2010
M40	Matt Macdonald	13.53.00	2016
M50	Norman Burns	15.43.00	2016
M55	Phil Davies	15.37.00	2012
M65	Alan Bradford	15.37.65	2004

8KM CROSS COUNTRY

M30	Brendan Whelan	27.57.03	2004
M35	Brendan Whelan	28.20.00	2012
M40	Shawn Claydon	28.40.00	2008
M45	David Sweeney	27.09.53	2006
M50	Ron Peters	28.03.28	2006
M55	Ron Peters	28.36.00	2008

ASIA-PAN PACIFIC MASTERS GAMES - QMA MEMBERS RECORDS AS AT 2018
These are Asia/Pan Pacific Masters Records

BEACH MILE 2016 RESULT ONLY

QMA MEMBERS

M40	1	Matt Macdonald	7.34	2016
M50	2	Norman Burns	8.49	2016
M65	2	Sean Ryan	11.17	2016
M75	2	Alf Lakin	17.20	2016

5KM ROAD RACE 2016 RESULTS

M40	1	Matt Macdonald	16.09	2016
M50	1	Norman Burns	18.29	2016
M55	7	David Mackay	27.27	2016
M75	2	Alf Lakin	37.22	2016

10.5KM TRAIL RUN 2016 RESULTS

M40	1	Matt Macdonald	37.16	2016
M50	1	Norman Burns	43.53	2016
M75	2	Alf Lakin	1.27.40	2016

COMBINED RESULTS: 2016

Beach Mile

5km Road Race

4km Cross Country

10.5km Trail Run

M40	1	Matt Macdonald	1:14.52	2016
M50	1	Norman Burns	1:26.54	2016
M75	2	Alf Lakin	2:54.05	2016