

# QMA CHRISTMAS IN JULY THROWS

## 26TH and 27TH JULY SAF BRISBANE

### Event: M30-59 Discus Throw

| Name                       | Age Grp | Club | Best  | Place |
|----------------------------|---------|------|-------|-------|
| Elisaia, Tyson             | M32     | QMA  | 38.85 | 1     |
| Norwood, Darrin            | M46     | QMA  | 38.29 | 1     |
| Barracough, Anthony        | M52     | QMA  | 29.47 | 3     |
| Gutierrez Bahillo, Eduardo | M52     | Qld  | 27.67 | 4     |
| Keen, Adrian               | M54     | QMA  | 42.66 | 1     |
| Beste, Karl                | M50     | QMA  | 32.57 | 2     |
| Past, Timothy              | M55     | HVB  | 15.21 | 2     |
| Kolb, Peter                | M56     | QMA  | 31.64 | 1     |

### Event: M30-59 Hammer Throw

| Name                       | Age Grp | Club | Best  | Place |
|----------------------------|---------|------|-------|-------|
| Elisaia, Tyson             | M32     | QMA  | 38.53 | 1     |
| Norwood, Darrin            | M46     | QMA  | 41.59 | 1     |
| Gutierrez Bahillo, Eduardo | M52     | Qld  | 21.11 | 3     |
| Beste, Karl                | M50     | QMA  | 26.33 | 2     |
| Keen, Adrian               | M54     | QMA  | 43.77 | 1     |
| Kolb, Peter                | M56     | QMA  | 27.35 | 1     |

### Event: M30-59 Javelin Throw

| Name                       | Age Grp | Club | Best  | Place |
|----------------------------|---------|------|-------|-------|
| Elisaia, Tyson             | M32     | QMA  | 42.32 | 1     |
| Norwood, Darrin            | M46     | QMA  | 38.26 | 1     |
| Keen, Adrian               | M54     | QMA  | 38.44 | 3     |
| Barracough, Anthony        | M52     | QMA  | 42.30 | 1     |
| Beste, Karl                | M50     | QMA  | 41.31 | 2     |
| Gutierrez Bahillo, Eduardo | M52     | Qld  | 34.62 | 4     |
| Kolb, Peter                | M56     | QMA  | 23.41 | 1     |
| Past, Timothy              | M55     | HVB  | 11.79 | 2     |

### Event: M30-59 Shot Put

| Name                       | Age Grp | Club | Best  | Place |
|----------------------------|---------|------|-------|-------|
| Elisaia, Tyson             | M32     | QMA  | 12.72 | 1     |
| Norwood, Darrin            | M46     | QMA  | 13.41 | 1     |
| Beste, Karl                | M50     | QMA  | 11.62 | 2     |
| Gutierrez Bahillo, Eduardo | M52     | Qld  | 9.61  | 4     |
| Barracough, Anthony        | M52     | QMA  | 9.62  | 3     |
| Keen, Adrian               | M54     | QMA  | 11.71 | 1     |
| Kolb, Peter                | M56     | QMA  | 9.46  | 1     |
| Past, Timothy              | M55     | HVB  | 5.53  | 2     |

**Event: M30-59 Weight Throw**

| Name                       | Age Grp | Club | Best  | Place |
|----------------------------|---------|------|-------|-------|
| Elisaia, Tyson             | M32     | QMA  | 15.34 | 1     |
| Norwood, Darrin            | M46     | QMA  | 14.37 | 1     |
| Beste, Karl                | M50     | QMA  | 11.20 | 2     |
| Keen, Adrian               | M54     | QMA  | 16.00 | 1     |
| Gutierrez Bahillo, Eduardo | M52     | Qld  | 10.82 | 3     |
| Kolb, Peter                | M56     | QMA  | 12.00 | 1     |

**Event: M30-64 Weight Throw 56lb**

| Name           | Age Grp | Club | Best | Place |
|----------------|---------|------|------|-------|
| Elisaia, Tyson | M32     | QMA  | 8.06 | 1     |
| Adrian, Keen   | M54     | QMA  | 7.73 | 1     |
| Jenkins, Peter | M64     | QMA  | 3.45 | 1     |
| Doolan, Brian  | M55     | QMA  | 6.92 | 1     |

**Event: M30-64 Weight Throw 100lb**

| Name           | Age Grp | Club | Best | Place |
|----------------|---------|------|------|-------|
| Elisaia, Tyson | M32     | QMA  | 4.22 | 1     |
| Keen, Adrian   | M34     | QMA  | 4.23 | 1     |
| Jenkins, Peter | M64     | QMA  | 1.76 | 1     |
| Doolan, Brian  | M55     | QMA  | 2.98 | 1     |

**Event: M30-64 Super Weight**

| Name           | Age Grp | Club | Best | Place |
|----------------|---------|------|------|-------|
| Elisaia, Tyson | M32     | QMA  | 8.01 | 1     |
| Keen, Adrian   | M54     | QMA  | 8.11 | 1     |
| Doolan, Brian  | M55     | QMA  | 6.47 | 1     |
| Jenkins, Peter | M64     | QMA  | 4.31 | 1     |

**Event: M30-74 Weight Throw Single Arm**

| Name           | Age Grp | Club | Best  | Place |
|----------------|---------|------|-------|-------|
| Elisaia, Tyson | M32     | QMA  | 16.55 | 1     |
| Keen, Adrian   | M54     | QMA  | 18.40 | 1     |
| Edwards, Grant | M62     | ACT  | 21.61 | 1     |
| Jenkins, Peter | M64     | Qld  | 10.47 | 2     |
| Lock, Phil     | M67     | QMA  | 9.13  | 1     |
| Joni, Lajos    | M70     | QMA  | 16.73 | 1     |
| Haggith, David | M73     | QMA  | 10.23 | 2     |

**Event: M30-74 Weight Throw Single Arm**

| Name           | Age Grp | Club | Best  | Place |
|----------------|---------|------|-------|-------|
| Elisaia, Tyson | M32     | QMA  | 16.55 | 1     |
| Keen, Adrian   | M54     | QMA  | 18.49 | 1     |
| Edwards, Grant | M62     | ACT  | 21.51 | 1     |
| Jenkins, Peter | M64     | Qld  | 10.47 | 2     |
| Lock, Phil     | M67     | QMA  | 9.13  | 1     |
| Joni, Lajos    | M70     | QMA  | 16.73 | 1     |
| Haggith, David | M73     | QMA  | 10.23 | 2     |

**Event: M60-74 Discus Throw**

| Name           | Age Grp | Club | Best  | Place |
|----------------|---------|------|-------|-------|
| Edwards, Grant | M62     | ACT  | 34.68 | 1     |
| Lock, Phil     | M67     | QMA  | 20.88 | 1     |
| Joni, Lajos    | M70     | QMA  | 31.59 | 1     |
| Milne, John    | M63     | QMA  | 31.64 | 2     |
| Musters, John  | M72     | QMA  | 23.38 | 2     |
| Jenkins, Peter | M64     | QMA  | 27.44 | 3     |
| Haggith, David | M73     | QMA  | 21.59 | 3     |

**Event: M60-74 Hammer Throw**

| Name            | Age Grp | Club | Best  | Place |
|-----------------|---------|------|-------|-------|
| Cumming, Mark   | M63     | QMA  | 44.47 | 1     |
| Lock, Phil      | M67     | QMA  | 19.76 | 1     |
| Joni, Lajos     | M70     | QMA  | 34.71 | 1     |
| Edwards, Grant  | M62     | ACT  | 43.29 | 2     |
| O'Connor, Bruce | M72     | QMA  | 24.98 | 2     |
| Milne, John     | M63     | QMA  | 29.60 | 3     |
| Haggith, David  | M73     | QMA  | 24.61 | 3     |
| Jenkins, Peter  | M64     | QMA  | 20.90 | 4     |
| Musters, John   | M72     | QMA  | 18.75 | 4     |

**Event: M60-74 Javelin Throw**

| Name            | Age Grp | Club | Best  | Final Place |
|-----------------|---------|------|-------|-------------|
| Milne, John     | M63     | QMA  | 23.94 | 1           |
| Lock, Phil      | M67     | QMA  | 14.52 | 1           |
| Musters, John   | M72     | QMA  | 24.59 | 1           |
| Jenkins, Peter  | M64     | QMA  | 21.32 | 2           |
| O'Connor, Bruce | M72     | QMA  | 19.66 | 2           |

**Event: M60-74 Shot Put**

| Name           | Age Grp | Club | Best  | Final Place |
|----------------|---------|------|-------|-------------|
| Edwards, Grant | M62     | QNT  | 11.13 | 1           |
| Lock, Phil     | M67     | QMA  | 6.08  | 1           |
| Joni, Lajos    | M70     | QMA  | 9.87  | 1           |
| Milne, John    | M63     | QMA  | 9.01  | 2           |
| Musters, John  | M72     | QMA  | 9.72  | 2           |
| Jenkins, Peter | M64     | QMA  | 8.93  | 3           |
| Haggith, David | M73     | QMA  | 7.23  | 3           |

**Event: M60-74 Weight Throw**

| Name            | Age Grp | Club | Best  | Place |
|-----------------|---------|------|-------|-------|
| Edwards, Grant  | M62     | QNT  | 19.40 | 1     |
| Lock, Phil      | M67     | QMA  | 7.06  | 1     |
| O'Connor, Bruce | M72     | QMA  | 10.76 | 2     |
| Cumming, Mark   | M63     | QMA  | 17.01 | 2     |
| Milne, John     | M63     | QMA  | 11.15 | 3     |
| Haggith, David  | M73     | QMA  | 9.54  | 3     |
| Jenkins, Peter  | M64     | QMA  | 10.00 | 4     |
| Musters, John   | M72     | QMA  | 9.16  | 4     |
| Joni, Lajos     | M70     | QMA  | 16.75 | 1     |

**Event: M65+ 56lb Weight Throw**

| Name                | Age Grp | Club | Best | Place |
|---------------------|---------|------|------|-------|
| Haggith, David      | M73     | QMA  | 3.07 | 3     |
| O'Connor, Bruce     | M72     | QMA  | 3.27 | 2     |
| Joni, Lajos         | M70     | QMA  | 4.53 | 6     |
| Hook, Paul          | M75     | MAS  | 3.37 | 1     |
| Davies, Brian       | M79     | QMA  | 2.55 | 2     |
| Quinn, Don          | M81     | QMA  | 3.35 | 1     |
| Quinlivan, Laurence | M90     | QMA  | 1.86 | 1     |
| Lock, Phil          | M67     | QMA  | 2.69 | 1     |

**Event: M65+ 100lb weight throw**

| Name                | Age Grp | Club | Best | Place |
|---------------------|---------|------|------|-------|
| Haggith, David      | M73     | QMA  | 1.76 | 2     |
| O'Connor, Bruce     | M72     | QMA  | 1.72 | 3     |
| Joni, Lajos         | M70     | QMA  | 2.12 | 1     |
| Hook, Paul          | M75     | MAS  | 1.97 | 1     |
| Lafferty, Mills     | M76     | QMA  | 1.36 | 2     |
| Quinn, Don          | M81     | QMA  | 2.29 | 1     |
| Quinlivan, Laurence | M90     | QMA  | 0.76 | 1     |
| Lock, Phil          | M67     | QMA  | 1.59 | 1     |

**Event: M65+ Super Weight throw**

| Name            | Age Grp | Club | Best | Place |
|-----------------|---------|------|------|-------|
| Lock, Phil      | M67     | QMA  | 3.69 | 1     |
| Haggith, David  | M73     | QMA  | 4.58 | 3     |
| O'Connor, Bruce | M72     | QMA  | 5.93 | 2     |
| Joni, Lajos     | M70     | QMA  | 8.75 | 1     |
| Davies, Brian   | M79     | QMA  | 5.51 | 1     |
| Quinn, Don      | M81     | QMA  | 6.29 | 2     |
| Quarterman, Guy | M83     | QMA  | 7.42 | 1     |

**Event: M75+ Discus Throw**

| Name                | Age Grp | Club | Best  | Place |
|---------------------|---------|------|-------|-------|
| Hook, Paul          | M75     | MAS  | 29.06 | 1     |
| Kennedy, Peter      | M78     | QMA  | 21.58 | 2     |
| Quarterman, Guy     | M83     | QMA  | 23.09 | 1     |
| Quinlivan, Laurence | M80     | QMA  | 13.63 | 1     |

**Event: M75+ Hammer Throw**

| Name                | Age Grp | Club | Best  | Place |
|---------------------|---------|------|-------|-------|
| Hook, Paul          | M75     | MAS  | 24.44 | 1     |
| Davies, Brian       | M79     | QMA  | 21.70 | 3     |
| Kennedy, Peter      | M78     | QMA  | 22.20 | 2     |
| Quarterman, Guy     | M83     | QMA  | 28.57 | 1     |
| Quinlivan, Laurence | M86     | QMA  | 16.71 | 1     |

**Event: M75+ Javelin Throw**

| Name                | Age Grp | Club | Best  | Place |
|---------------------|---------|------|-------|-------|
| Davies, Brian       | M79     | QMA  | 17.68 | 2     |
| Kennedy, Peter      | M78     | QMA  | 17.44 | 3     |
| Hook, Paul          | M75     | MAS  | 23.63 | 1     |
| Quarterman, Guy     | M83     | QMA  | 22.90 | 1     |
| Quinlivan, Laurence | M80     | QMA  | 13.77 | 1     |

**Event: M75+ Shot Put**

| Name                | Age Grp | Club | Best | Place |
|---------------------|---------|------|------|-------|
| Hook, Paul          | M75     | MAS  | 9.50 | 1     |
| Quarterman, Guy     | M83     | QMA  | 9.12 | 1     |
| Quinlivan, Laurence | M90     | QMA  | 6.00 | 1     |

**Event: M75+ Weight Throw Single Arm**

| Name                | Age Grp | Club | Best  | Place |
|---------------------|---------|------|-------|-------|
| Davies, Brian       | M79     | QMA  | 10.27 | 2     |
| Hook, Paul          | M75     | MAS  | 12.45 | 1     |
| Quarterman, Guy     | M83     | QMA  | 13.45 | 1     |
| Quinlivan, Laurence | M90     | QMA  | 8.83  | 1     |

**Event: M75+ Weight Throw**

| Name                | Age Grp | Club | Best  | Place |
|---------------------|---------|------|-------|-------|
| Davies, Brian       | M79     | QMA  | 9.73  | 2     |
| Hook, Paul          | M75     | MAS  | 10.31 | 1     |
| Quarterman, Guy     | M83     | QMA  | 12.49 | 1     |
| Quinlivan, Laurence | M80     | QMA  | 5.37  | 1     |

**Event: W30+ left and Right Discus**

| Name           | Age Grp | Club | Best  | Place |
|----------------|---------|------|-------|-------|
| Muller, Lauren | W39     | QMA  | 35.83 | 3rd   |
| Lamb, Heather  | W61     | QMA  | 29.32 | 2nd   |
| Duncan, Lesley | W61     | QMA  | 32.64 | 1st   |
| Quinn, Denise  | W69     | QMA  | 26.74 | 1st   |

**Event: W30-59 Single Arm Weight**

| Name           | Age Grp | Club | Best  | Place |
|----------------|---------|------|-------|-------|
| Luyten, Nicole | W33     | QMA  | 13.92 | 1     |
| Bakes, Jessica | W38     | QMA  | 7.98  | 1     |
| Muller, Lauren | W39     | QMA  | 7.03  | 2     |

**Event: W30-44 Weight Throw 100lb Flight**

| Name             | Age Grp | Club | Best | Place |
|------------------|---------|------|------|-------|
| Luyten, Nicole   | W33     | QMA  | 1.97 | 1st   |
| Muller, Lauren   | W39     | QMA  | 1.22 | 1st   |
| Bakes, Jessica   | W38     | QMA  | 1.00 | 2nd   |
| Hoare, Cathryn   | W44     | MAC  | 1.75 | 3rd   |
| Ramsden, Miranda | W41     | PAC  | 2.06 | 1st   |
| Molloy, Joanne   | W44     | IPS  | 1.93 | 2nd   |

**Event: W30-44 Weight Throw 100lb**

| Name             | Age Grp | Club | Best | Place |
|------------------|---------|------|------|-------|
| Luyten, Nicole   | W33     | QMA  | 8.74 | 1st   |
| Muller, Lauren   | W39     | QMA  | 2.94 | 2nd   |
| Bakes, Jessica   | W38     | QMA  | 3.63 | 1st   |
| Ramsden, Miranda | W41     | PAC  | 5.03 | 2nd   |
| Hoare, Cathryn   | W44     | MAC  | 5.24 | 1st   |

**Event: W30-44 Weight Throw 56lb**

| Name             | Age Grp | Club | Best | Place |
|------------------|---------|------|------|-------|
| Luyten, Nicole   | W33     | QMA  | 4.91 | 1st   |
| Bakes, Jessica   | W38     | QMA  | 2.54 | 1st   |
| Muller, Lauren   | W39     | QMA  | 2.53 | 2nd   |
| Ramsden, Miranda | W41     | PAC  | 3.71 | 1st   |
| Hoare, Cathryn   | W44     | MAC  | 3.1  | 3rd   |
| Molloy, Joanne   | W44     | IPS  | 3.22 | 2nd   |

**Event: W60+ Weight Throw Single Arm**

| Name              | Age Grp | Club | Best  | Place |
|-------------------|---------|------|-------|-------|
| McClintock, Karel | W64     | QMA  | 10.75 | 2nd   |
| Duncan, Lesley    | W61     | QMA  | 13.08 | 1st   |
| Lamb, Heather     | W61     | QMA  | 9.83  | 3rd   |
| Quinn, Denise     | W69     | QMA  | 5.52  | 4th   |
| Mackie, Althea    | W55     | QMA  | 15.83 | 1st   |
| Jones, Julie      | W55     | QMA  | 6.02  | 2nd   |

**Event: W55+ Discus Throw**

| Name              | Age Grp | Club | Best  | Place |
|-------------------|---------|------|-------|-------|
| Mackie, Althea    | W55     | QMA  | 25.24 | 1     |
| Jones, Julie      | W57     | QMA  | 12.3  | 4     |
| Hilton, Leanne    | W56     | QMA  | 24.14 | 2     |
| Manson, Andrea    | W57     | QMA  | 18.66 | 3     |
| Lamb, Heather     | W61     | QMA  | 17.89 | 3     |
| Duncan, Lesley    | W61     | QMA  | 22.52 | 1     |
| McClintock, Karel | W64     | QMA  | 19.95 | 2     |
| Quinn, Denise     | W69     | QMA  | 14.31 | 1     |

**Event: W55+ Javelin Throw**

| Name              | Age Grp | Club | Best  | Place |
|-------------------|---------|------|-------|-------|
| Manson, Andrea    | W57     | QMA  | 15.07 | 3     |
| Mackie, Althea    | W55     | QMA  | 19.32 | 1     |
| Hilton, Leanne    | W56     | QMA  | 16.00 | 2     |
| Jones, Julie      | W57     | QMA  | 12.94 | 4     |
| Duncan, Lesley    | W61     | QMA  | 26.97 | 1     |
| Lamb, Heather     | W61     | QMA  | 14.31 | 3     |
| McClintock, Karel | W64     | QMA  | 18.53 | 2     |
| Quinn, Denise     | W69     | QMA  | 14.99 | 1     |

**Event: W55+ Hammer Throw**

| Name              | Age Grp | Club | Best  | Place |
|-------------------|---------|------|-------|-------|
| Jones, Julie      | W57     | QMA  | 16.51 | 4     |
| Hilton, Leanne    | W56     | QMA  | 26.77 | 3     |
| Manson, Andrea    | W57     | QMA  | 27.01 | 2     |
| Mackie, Althea    | W55     | QMA  | 40.32 | 1     |
| Lamb, Heather     | W61     | QMA  | 24.26 | 2     |
| McClintock, Karel | W64     | QMA  | 22.22 | 3     |
| Duncan, Lesley    | W61     | QMA  | 30.37 | 1     |
| Quinn, Denise     | W69     | QMA  | 17.26 | 1     |

**Event: W55+ Shot Put**

| Name              | Age Grp | Club | Best | Place |
|-------------------|---------|------|------|-------|
| Hilton, Leanne    | W56     | QMA  | 9.22 | 1     |
| Jones, Julie      | W57     | QMA  | 4.82 | 3     |
| Mackie, Althea    | W55     | QMA  | 8.87 | 2     |
| Lamb, Heather     | W61     | QMA  | 6.75 | 3     |
| Duncan, Lesley    | W61     | QMA  | 8.95 | 1     |
| McClintock, Karel | W64     | QMA  | 8.05 | 2     |
| Quinn, Denise     | W69     | QMA  | 6.45 | 1     |

**Event: W55+ Weight Throw**

| <b>Name</b>       | <b>Age Grp</b> | <b>Club</b> | <b>Best</b> | <b>Place</b> |
|-------------------|----------------|-------------|-------------|--------------|
| Mackie, Althea    | W55            | QMA         | 12.89       | 1            |
| Manson, Andrea    | W57            | QMA         | 8.64        | 3            |
| Hilton, Leanne    | W56            | QMA         | 9.79        | 2            |
| Jones, Julie      | W57            | QMA         | 4.5         | 4            |
| Lamb, Heather     | W61            | QMA         | 8.61        | 3            |
| Duncan, Lesley    | W61            | QMA         | 12.01       | 1            |
| McClintock, Karel | W64            | QMA         | 10.48       | 2            |
| Quinn, Denise     | W69            | QMA         | 6.8         | 1            |

**Event: W30-54 Hammer Throw**

| <b>Name</b>        | <b>Age Grp</b> | <b>Club</b> | <b>Best</b> | <b>Final Place</b> |
|--------------------|----------------|-------------|-------------|--------------------|
| Luyten, Nicole     | W33            | QMA         | 32.62       | 1                  |
| Bakes, Jessica     | W38            | QMA         | 16.31       | 1                  |
| Muller, Lauren     | W39            | QMA         | 14.66       | 2                  |
| Newington, Dash    | W41            | QLD         | 30.48       | 1                  |
| Hoare, Cathryn     | W44            | MAC         | 28.11       | 2                  |
| Simmons, Madeleine | W43            | QMA         | 16.21       | 3                  |
| Elliott, Kieren    | W43            | PAC         | 13.2        | 4                  |
| Eilola, Tina       | W51            | QMA         | 29.52       | 1                  |
| Higgins, Kylie     | W54            | QMA         | 26.02       | 2                  |
| Nelson, Lee-Anne   | W53            | QMA         | 25          | 3                  |

**Event: W30-54 Shot Put**

| <b>Name</b>        | <b>Age Grp</b> | <b>Club</b> | <b>Best</b> | <b>Final Place</b> |
|--------------------|----------------|-------------|-------------|--------------------|
| Luyten, Nicole     | W33            | QMA         | 12.29       | 1                  |
| Bakes, Jessica     | W38            | QMA         | 6.54        | 2                  |
| Muller, Lauren     | W39            | QMA         | 7.56        | 1                  |
| Ramsden, Miranda   | W41            | PAC         | 8.66        | 1                  |
| Hoare, Cathryn     | W44            | MAC         | 7.73        | 2                  |
| Simmons, Madeleine | W43            | QMA         | 6.71        | 3                  |
| Elliott, Kieren    | W43            | PAC         | 5.48        | 4                  |
| Nelson, Lee-Anne   | W53            | QMA         | 10.09       | 1                  |
| Eilola, Tina       | W51            | QMA         | 8.98        | 2                  |
| Higgins, Kylie     | W54            | QMA         | 6.78        | 3                  |



**Event: W30-54 Weight Throw**

| Name               | Age Grp | Club | Best  | Final Place |
|--------------------|---------|------|-------|-------------|
| Luyten, Nicole     | W33     | QMA  | 12.90 | 1           |
| Bakes, Jessica     | W38     | QMA  | 6.01  | 1           |
| Muller, Lauren     | W39     | QMA  | 5.64  | 2           |
| Hoare, Cathryn     | W44     | MAC  | 9.10  | 1           |
| Ramsden, Miranda   | W41     | PAC  | 8.53  | 2           |
| Molloy, Joanne     | W44     | IPS  | 7.90  | 3           |
| Simmons, Madeleine | W45     | QMA  | 6.22  | 4           |
| Elliott, Kieren    | W43     | PAC  | 4.75  | 5           |
| Eilola, Tina       | W51     | QMA  | 11.55 | 1           |
| Higgins, Kylie     | W54     | QMA  | 10.54 | 2           |
| Nelson, Lee-Anne   | W53     | QMA  | 10.03 | 3           |

**Event: W30-54 Discus Throw Flight**

| Name               | Age Grp | Club | Best  | Place |
|--------------------|---------|------|-------|-------|
| Luyten, Nicole     | W33     | QMA  | 31.09 | 1     |
| Bakes, Jessica     | W38     | QMA  | 17.91 | 2     |
| Muller, Lauren     | W39     | QMA  | 24.13 | 1     |
| Ramsden, Miranda   | W41     | PAC  | 17.87 | 4     |
| Molloy, Joanne     | W44     | IPS  | 23.38 | 2     |
| Hoare, Cathryn     | W44     | MAC  | 23.50 | 1     |
| Simmons, Madeleine | W43     | QMA  | 18.04 | 3     |
| Elliott, Kieren    | W43     | PAC  | 15.40 | 5     |
| Nelson, Lee-Anne   | W53     | QMA  | 29.86 | 1     |
| Eilola, Tina       | W51     | QMA  | 22.37 | 2     |
| Higgins, Kylie     | W54     | QMA  | 17.83 | 3     |

**Event: W30-54 Javelin Throw**

| Name               | Age Grp | Club | Best  | Place |
|--------------------|---------|------|-------|-------|
| Luyten, Nicole     | W33     | QMA  | 31.3  | 1     |
| Muller, Lauren     | W39     | QMA  | 21.57 | 1     |
| Bakes, Jessica     | W38     | QMA  | 15.24 | 2     |
| Hoare, Cathryn     | W44     | MAC  | 21.67 | 1     |
| Ramsden, Miranda   | W41     | PAC  | 14.72 | 3     |
| Simmons, Madeleine | W43     | QMA  | 16.77 | 2     |
| Elliott, Kieren    | W43     | PAC  | 9.17  | 4     |
| Eilola, Tina       | W51     | QMA  | 13.95 | 3     |
| Nelson, Lee-Anne   | W53     | QMA  | 28.55 | 1     |
| Higgins, Kylie     | W54     | QMA  | 14.4  | 2     |

**Event: W45+ Weight Throw 100lb**

| Name           | Age Grp | Club | Best | Place |
|----------------|---------|------|------|-------|
| Eilola, Tina   | W51     | QMA  | 1.89 | 1     |
| Jones, Julie   | W57     | QMA  | 0.48 | 2     |
| Mackie, Althea | W55     | QMA  | 1.95 | 1     |
| Lamb, Heather  | W61     | QMA  | 1.21 | 1     |

**Event: W45+ Weight Throw 56lb**

| <b>Name</b>       | <b>Age Grp</b> | <b>Club</b> | <b>Best</b> | <b>Place</b> |
|-------------------|----------------|-------------|-------------|--------------|
| Eilola, Tina      | W51            | QMA         | 3.73        | 1            |
| Mackie, Althea    | W55            | QMA         | 4.01        | 1            |
| Jones, Julie      | W57            | QMA         | 1.48        | 2            |
| Lamb, Heather     | W61            | QMA         | 2.65        | 1            |
| McClintock, Karel | W64            | QMA         | 2.13        | 2            |

**Event: W45+ Super Weight Throw**

| <b>Name</b>       | <b>Age Grp</b> | <b>Club</b> | <b>Best</b> | <b>Place</b> |
|-------------------|----------------|-------------|-------------|--------------|
| Eilola, Tina      | W51            | QMA         | 6.52        | 1            |
| Jones, Julie      | W57            | QMA         | 3.06        | 3            |
| Mackie, Althea    | W55            | QMA         | 9.03        | 1            |
| Manson, Andrea    | W57            | QMA         | 5.12        | 2            |
| McClintock, Karel | W64            | QMA         | 6.58        | 1            |
| Lamb, Heather     | W61            | QMA         | 6.12        | 2            |