

|                     | Points  | 100H  | HJ     | SP     | 200   | Day1 | LJ     | JT     | 800     |
|---------------------|---------|-------|--------|--------|-------|------|--------|--------|---------|
| ----- W30 -----     |         |       |        |        |       |      |        |        |         |
| 1 Luyten, Nicole    | 20.67   | 1.16m | 12.62m | 28.58  |       |      | 4.00m  | 29.05m | 3:30.19 |
| Qma                 | w: +0.0 |       |        | NWI    |       |      | w: 0.1 |        |         |
| Age-Graded Mark:    | 20.68   | 1.16m | 12.62m | 28.59  |       |      | 4.00m  | 29.05m | 3:30.20 |
| Age-Graded Percent: | 58.99%  | 55.5% | 59.42% | 75.31% |       |      | 53.91% | 40.19% | 54.24%  |
| W34                 | 2713    | (248) | (275)  | (702)  | (585) | 1810 | (308)  | (459)  | (136)   |

**QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025****SAF****Results - Heptathlon****W40-99 Heptathlon**

|                     | Points  | 80H   | HJ     | SP     | 200    | Day1 | LJ     | JT     | 800     |
|---------------------|---------|-------|--------|--------|--------|------|--------|--------|---------|
| ----- W40 -----     |         |       |        |        |        |      |        |        |         |
| 1 Ramsden, Rebecca  | 17.66   |       | 1.40m  | 6.66m  | 34.16  |      | 3.86m  | 13.38m | 3:50.33 |
| Qma                 | w: +0.0 |       |        |        | NWI    |      | w: 1.0 |        |         |
| Age-Graded Mark:    | 20.08   |       | 1.50m  | 7.43m  | 33.44  |      | 4.20m  | 15.11m | 3:40.27 |
| Age-Graded Percent: | 60.76%  |       | 71.77% | 34.98% | 64.38% |      | 56.6%  | 20.9%  | 51.76%  |
| W41                 | 2186    | (296) | (621)  | (363)  | (269)  | 1549 | (355)  | (199)  | (83)    |
| ----- W50 -----     |         |       |        |        |        |      |        |        |         |
| 1 Webber, Janet     | 14.25   |       | 1.37m  | 9.44m  | 30.50  |      | 4.24m  | 32.05m | 3:18.62 |
| Qma                 | w: +0.0 |       |        |        | NWI    |      | w: 0.3 |        |         |
| Age-Graded Mark:    | 15.11   |       | 1.62m  | 10.69m | 27.58  |      | 5.18m  | 40.54m | 2:55.07 |
| Age-Graded Percent: | 80.74%  |       | 77.51% | 50.33% | 78.06% |      | 69.81% | 56.09% | 65.12%  |
| W51                 | 4524    | (827) | (759)  | (575)  | (664)  | 2825 | (609)  | (678)  | (412)   |

|                     | Points | 80H | HJ     | SP     | 200    | Day1 | LJ      | JT     | 800 |
|---------------------|--------|-----|--------|--------|--------|------|---------|--------|-----|
| ----- M70 -----     |        |     |        |        |        |      |         |        |     |
| 1 O'Connor, Bruce   |        | DNF | 1.13m  | 7.33m  | 41.75  |      | 2.07m   | 19.22m | DNF |
| Qma                 |        |     |        |        | NWI    |      | w: +0.0 |        |     |
| Age-Graded Mark:    |        |     | 1.63m  | 9.55m  | 32.42  |      | 3.26m   | 29.91m |     |
| Age-Graded Percent: |        |     | 66.53% | 40.86% | 59.19% |      | 36.42%  | 30.37% |     |
| M72                 | 1474   | (0) | (488)  | (459)  | (131)  | 1078 | (98)    | (298)  | (0) |