

**QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**

**SAF**

**Results - Decathlon**

**W39 & Under Decathlon**

	Points	100	LJ	SP	HJ	400 Day1	100H	DT	PV	JT	1500
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---- W29 & Under ----											
1 O'Friel, Teagan	14.52	4.21m	7.04m	1.31m	1:12.00			18.98m	2.25m	16.52m	6:14.56
Unattached	w: -0.2	w: +0.0									
Age-Graded Mark:	14.53	4.21m	7.04m	1.31m	1:12.01			18.98m	2.25m	16.52m	6:14.57
Age-Graded Percent:	72.54%	56.74%	33.15%	62.68%	66.85%			26.56%	44.47%	22.86%	61.42%
W14	3118	(524)	(357)	(338)	(419)	(295) 1933	(0)	(259)	(298)	(225)	(403)
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---- W30 ----											
1 O'Dwyer-Mazur, Roisin	15.70	3.68m	6.94m	1.16m	1:14.30		19.82	19.39m	1.75m	14.86m	5:54.47
Qma	w: -0.2	w: +0.0					w: 0.7				
Age-Graded Mark:	15.71	3.68m	6.94m	1.16m	1:14.31		19.83	19.39m	1.75m	14.86m	5:54.48
Age-Graded Percent:	67.09%	49.6%	32.67%	55.5%	64.78%		61.52%	27.13%	34.58%	20.56%	64.9%
W34	2872	(364)	(237)	(331)	(275)	(236) 1443	(316)	(267)	(149)	(194)	(503)
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2 Radu, Haley	17.34	3.52m	5.85m	1.10m	1:23.80		DNF	12.12m	1.55m	11.46m	7:24.26
Qma	w: -0.2	w: 1.5									
Age-Graded Mark:	17.35	3.52m	5.85m	1.10m	1:23.81			12.12m	1.55m	11.46m	7:24.27
Age-Graded Percent:	60.75%	47.44%	27.54%	52.63%	57.44%			16.96%	30.63%	15.86%	51.79%
W32	1438	(186)	(204)	(262)	(222)	(56) 930	(0)	(140)	(98)	(132)	(138)
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**Results - Decathlon**

**W40-99 Decathlon**

	Points	100	LJ	SP	HJ	400 Day1	80H	DT	PV	JT	1500
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---- W40 ----											
1 Newington, Dash	14.31		5.12m	7.12m	1.52m	1:04.60	13.10	30.24m	3.75m	23.45m	6:17.62
Qma	w: -0.2		w: +0.0				w: 2.2				
Age-Graded Mark:	14.04		5.58m	7.94m	1.62m	1:00.99	14.90	32.45m	3.98m	26.49m	5:56.52
Age-Graded Percent:	75.07%		75.2%	37.38%	77.51%	78.93%	81.88%	45.41%	78.66%	36.65%	64.53%
W41	6366	(598)	(723)	(395)	(759)	(660) 3135	(855)	(509)	(965)	(410)	(492)
-----											
---- W50 ----											
1 Nelson, Lee-Anne	14.14		4.01m	9.96m	1.25m	1:04.60	18.98	26.53m	1.65m	27.16m	5:58.82
Qma	w: -0.2		w: 0.9				w: 2.2				
Age-Graded Mark:	12.84		4.90m	11.28m	1.47m	56.28	20.12	34.35m	1.98m	34.35m	5:12.07
Age-Graded Percent:	82.09%		66.04%	53.11%	70.33%	85.54%	60.64%	48.07%	39.13%	47.52%	73.72%
W53	5745	(797)	(532)	(614)	(588)	(855) 3386	(292)	(545)	(215)	(559)	(748)
-----											
---- W55 ----											
1 Battersby, Bronwyn	17.00		3.05m	7.53m	1.19m	1:31.50	17.88	17.38m	1.85m	16.37m	8:13.64
Qma	w: -0.2		w: +0.0				w: 2.2				
Age-Graded Mark:	14.84		3.95m	9.29m	1.47m	1:16.17	18.22	24.85m	2.37m	23.04m	6:50.91
Age-Graded Percent:	71.02%		53.23%	43.74%	70.33%	63.2%	66.96%	34.77%	46.84%	31.88%	55.99%
W57	3802	(479)	(296)	(483)	(588)	(192) 2038	(466)	(366)	(338)	(346)	(248)
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**QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025****SAF****Results - Decathlon****M49 & Under Decathlon**

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
----- M29 & Under -----											
1 Smith, Kyren		16.23	3.25m	5.78m	1.19m	1:25.30		12.13m	1.35m	13.61m	6:56.71
Unattached		w: 0.7	w: 1.1								
Age-Graded Mark:		16.24	3.25m	5.78m	1.19m	1:25.31		12.13m	1.35m	13.61m	6:56.72
Age-Graded Percent:		58.99%	36.31%	24.73%	48.57%	50.44%		16.88%	21.77%	13.82%	49.43%
M11	903	(70)	(96)	(236)	(182)	(0) 584	(0)	(129)	(33)	(77)	(80)
----- M40 -----											
1 Smith, Kyle		14.79	5.36m	8.49m	1.52m	1:12.80	21.10	21.33m	3.05m	32.03m	6:30.61
Ipswich & District Athletics		w: 0.7	w: +0.0				w: +0.0				
Age-Graded Mark:		14.30	5.88m	9.44m	1.61m	1:09.26	20.28	21.72m	3.26m	35.93m	6:12.33
Age-Graded Percent:		66.99%	65.7%	40.39%	65.71%	62.13%	63.12%	30.23%	52.58%	36.48%	55.33%
M43	3560	(271)	(561)	(452)	(472)	(153) 1909	(327)	(304)	(421)	(383)	(216)
----- M45 -----											
1 O'Friel, Trevor		13.47	4.41m	7.32m	1.46m	1:03.10	24.85	22.33m	2.45m	20.33m	5:55.47
Deception Bay Amateur Athlet		w: 0.7	w: 0.2				w: +0.0				
Age-Graded Mark:		12.59	5.11m	8.68m	1.62m	58.11	22.98	24.24m	2.78m	24.61m	5:27.25
Age-Graded Percent:		76.09%	57.09%	37.14%	66.12%	74.05%	55.7%	33.73%	44.84%	24.99%	62.95%
M48	3757	(540)	(404)	(407)	(480)	(480) 2311	(152)	(352)	(305)	(224)	(413)

## QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025

## SAF

## Results - Decathlon

## M50-69 Decathlon

	Points	100	LJ	SP	HJ	400 Day1	100H	DT	PV	JT	1500
----- M50 -----											
1 Barraclough, Anthony	14.28	4.30m	10.20m	1.34m	1:20.00		19.88	28.32m	2.85m	41.83m	8:12.52
Qma	w: 0.1	w: 2.4					w: 0.7				
Age-Graded Mark:	12.90	5.28m	11.78m	1.57m	1:11.28		19.89	28.54m	3.43m	51.42m	7:16.92
Age-Graded Percent:	74.26%	58.99%	50.41%	64.08%	60.37%		64.35%	39.72%	55.32%	52.21%	47.15%
M52	4031	(485)	(437)	(593)	(441)	(112) 2068	(414)	(436)	(464)	(610)	(39)
----- M54 -----											
2 Barkworth, Andrew	13.39	4.16m	8.23m	1.55m	1:11.40		20.02	25.50m	2.35m	27.08m	8:14.16
Kingscliff Athletics	w: 0.1	w: +0.0					w: 0.7				
Age-Graded Mark:	12.10	5.11m	9.50m	1.81m	1:03.62		20.03	25.69m	2.83m	33.28m	7:18.37
Age-Graded Percent:	79.17%	57.09%	40.65%	73.88%	67.64%		63.9%	35.75%	45.65%	33.79%	46.99%
M54	3906	(631)	(404)	(456)	(636)	(298) 2425	(402)	(380)	(316)	(346)	(37)
----- M55 -----											
3 Macmillan, Nick	14.69	3.37m	8.73m	1.28m	1:11.20		23.06	25.38m	1.75m	21.46m	7:16.33
Qma	w: 0.1	w: 1.9					w: 0.7				
Age-Graded Mark:	13.27	4.14m	10.08m	1.50m	1:03.44		23.07	25.57m	2.11m	26.38m	6:27.07
Age-Graded Percent:	72.19%	46.26%	43.13%	61.22%	67.83%		55.48%	35.58%	34.03%	26.79%	53.22%
M52	2978	(423)	(229)	(490)	(389)	(304) 1835	(191)	(378)	(161)	(249)	(164)
----- M56 -----											
1 Greatrex, Chris	14.41	3.89m	9.96m	1.49m	1:06.10		19.43	29.12m	2.05m	30.76m	6:31.22
Unattached	w: 0.1	w: 1.0					w: 0.7				
Age-Graded Mark:	12.58	5.07m	12.37m	1.83m	56.96		19.44	31.66m	2.64m	41.29m	5:33.60
Age-Graded Percent:	76.15%	56.65%	52.93%	74.69%	75.54%		65.84%	44.06%	42.58%	41.93%	61.75%
M56	4884	(541)	(396)	(629)	(653)	(522) 2741	(530)	(497)	(273)	(461)	(382)
----- M65 -----											
1 McLean, Mark	14.30	4.38m	8.03m	1.31m	1:08.90		19.82	27.37m	2.25m	26.33m	6:25.94
Qma	w: 0.1	w: +0.0					w: 0.7				
Age-Graded Mark:	11.64	6.47m	10.69m	1.79m	55.45		19.83	28.98m	3.34m	39.97m	5:01.58
Age-Graded Percent:	82.3%	72.29%	45.74%	73.06%	77.6%		64.55%	40.33%	53.87%	40.59%	68.31%
M69	5566	(723)	(691)	(527)	(619)	(581) 3141	(547)	(444)	(441)	(442)	(551)
----- M68 -----											
2 Elliott, Craig	20.24	2.97m	7.19m	1.16m	2:51.60		DNF	20.27m	2.25m	20.47m	13:14.29
Qma	w: 0.1	w: 0.4									
Age-Graded Mark:	16.48	4.39m	9.57m	1.58m	2:18.09			21.46m	3.34m	31.08m	10:20.66
Age-Graded Percent:	58.13%	49.05%	40.95%	64.49%	31.16%			29.86%	53.87%	31.56%	33.19%
M68	2289	(54)	(271)	(460)	(449)	(0) 1234	(0)	(300)	(441)	(314)	(0)