



E-NEWS

Memorial Day

Congratulations to all who competed in the various QMA Memorial Day events - Tom Gould 300m, Ruth Frith Javelin, Ted Vickers Jav, Bernie Hogan 100m and John Cooper 60m.

Thanks to Jodie for the wonderful photos. View them all on her [Facebook page](#).



AMA Award Nominations

Here are QMA's nominations for this year's AMA Awards. Congratulations to all nominees and we wish them luck for the National awards which will be announced in Canberra next month:

Sprints/hurdles - Marge Allison W80

Middle distance/steeple - Robert Godino

Distance - Tia Jones W60

Walks- Iggy Jimenez M60

Jumps - Gary Finegan M40

Throws - Nicole Luyten W30

Multi events/relays - Lee-Anne Nelson W50

Most Outstanding Male Athlete - Gary Finegan

Most outstanding Female Athlete- Marge Allison

Most outstanding Individual Performance - Wilma Perkins

Official - Harry Giles

Administrator - Jim Quabba

Coach - Dan O'Sullivan



Thanks @Joharlow

2026 Australian Athletics National Coaching Conference (AANCC) and Women in Coaching and Leadership Day

Athletics Australia are excited to invite Masters athletes and coaches to the 2026 Australian Athletics National Coaching Conference (AANCC) and Women in Coaching and Leadership Day.

Join them at the **University of Queensland, Brisbane, from 9–11 October 2026** for three days of practical learning, connection, and ideas that support lifelong participation and performance in athletics. The conference brings together leading coaches and experts from across Australia and internationally, with sessions relevant to anyone coaching or participating in athletics.



The 2026 keynote speaker is **Olympic Champion Joanna Hayes**, Athens 2004 gold medallist. Her success on the track has translated into an outstanding coaching career, developing Olympians and world-class athletes including Sydney McLaughlin and Rai Benjamin. In 2024, she was named USA Track & Field Coach of the Year and currently serves as Director of Track & Field/Cross Country at UCLA.

Whether you compete, coach, or are just interested in athletics, this is a great opportunity to learn, connect, and be part of shaping the future of the sport. [More information available on AA’s website.](#)

Register at this link- <https://www.revolutionise.com.au/aa/events/338826>

Uniforms

Please send any questions (including about sizing, opportunities to try on etc) to the Uniform Coordinator at uniforms@qldmastersathletics.org.au



March Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 March	3	4	5	6 AMA Nationals 	7 AMA Nationals 	8 AMA Nationals
9 AMA Nationals 	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28 QMA Rescheduled Throws Pentathlon Champs 	29
30	31					

What's Happening in Queensland and Beyond

World Masters Athletics Championships



WMA Championships 2026 is in Daegu in Korea this year from August 22 to– September 3.

National

QMA (and AMA) Marathon Championships will be held with the Gold Coast Marathon in July 2026 – Entries are open. Numbers for this event are limited so please enter early. Click picture for full information.



State



28th March – QMA Rescheduled Throws Pentathlons. Nominations are open again. [See website.](#)

For members who can't make it to Brisbane on the 28th March, **we are offering the option of "postal throws"** - enter online, then conduct the throws pentathlon in your area under the supervision of an accredited official **on or before the 28th March**. After this please email the certified (signed by official) results to Wilma Perkins (wilmaperkins@me.com), and provide the name and email contact of the accredited official **by the 31st March**. If you are eligible for a medal this will be mailed to you. Any queries please direct to Wilma.

Brisbane Region

Next comps:- 28th March



That's it for this month!
QMA MANAGEMENT TEAM