

Dear Throwers,

An update—both good and rigorous! These points are shared to ensure everyone enjoys our competitions and that they continue to run smoothly.

Chrissie Throws – July

Great news: the Chrissie Throws are back and confirmed for **25–26 July!**

Please spread the word to your interstate and overseas throwing friends. Remember—there are medals and State Titles on the line. And yes, it *is* warmer up here!

Equipment & Volunteering

Over the past two years as Brisbane Chair, I've seen a fantastic increase in the number of throwers. What I'd now love to see is a matching increase in the "pitch in and help" attitude from **all** athletes.

A small group consistently handles retrieval, marking, and setup. From now on, I will be directing everyone to assist throughout the events to ensure an even rotation of responsibilities. Many hands make light work, and it helps all of us enjoy the day more.

Use of EDMs

Running an EDM—once set up—is very simple. My son James ran it with complete accuracy on Saturday without any issues.

Please, let's all take turns using the EDMs or at least learn how to operate them. This will allow me and others to actually throw rather than sprinting between the EDM and the circle to measure our own attempts.

Equipment Transport & Pack-Up

Because we are currently using the Main Stadium, the equipment must be manually wheeled over, and the EDMs loaded onto the buggy **before** Col needs the buggy for track equipment.

This requires me to arrive at QSAC at **5:30am** to avoid delayed starts. I am asking for help from **6:00am onwards**, and more importantly, I need others to ensure all equipment and the buggy are returned, and the shed locked up, at the end of competition.

Request:

Can the final group on each implement please take responsibility for returning all equipment to the shed?

Number of Throws

The men did an excellent job on Saturday—17 throwers completing a full six throws in under an hour! This was made possible by:

- Efficient EDM use
- Calling not only the next thrower but the one after, allowing athletes to be prepared

However, with athlete numbers increasing (a great problem to have!), we will need to review the relationship between time available and the number of throws. A sliding scale may be introduced, meaning some competitions may require fewer throws per athlete to ensure fairness and efficiency.

Juniors

We have always welcomed juniors at Sunday training/competitions. However, now that the QA season is underway, this is no longer sustainable for Saturday meets.

Proposal:

Saturday competitions will be **Masters-only**, while Sunday sessions will remain open to invited juniors.

Latecomers

Some regular latecomers continue to expect their full quota of throws. This is unfair on those who arrive on time.

Effective immediately:

If you arrive late, you **miss that round**. No exceptions.

Behaviour & Conduct

A gentle but important reminder—gentlemen in particular—to improve the standard of conversation and general behaviour, especially in the presence of ladies, juniors, and their parents. Maintaining decorum is essential to ensuring a positive, respectful environment for everyone.

Safety

As per usual, it is expected that all will keep an eye out for stragglers walking into the sector.

And please,.. NO throwing of implements back to the circle or runway.

Thank you all for your understanding, cooperation, and continued passion for throwing. Let's keep building a strong, supportive, and enjoyable community.

The elections for the Brisbane board are happening this Saturday after competition. I would appreciate your support if you would like me to continue as Brisbane Chair.

Sincerely

John Milne