







# **QMA E-NEWS**

# May 2025

#### CONGRATULATIONS TO QMA LEGEND

QMA Life Member Heather Doherty was honoured on 29<sup>th</sup> April with investiture into the Order of Australia for her decades of tireless service to the sport of Masters Athletics.

Heather was the first female QMA member and President, serving in many roles well as being a world class thrower.

I am sure all QMA members will join in wishing Heather congratulations on this well deserved honour.

#### ...and TO AMA AWARD WINNERS

Congratulations to the QMA members who received AMA awards in Adelaide:

Julie Brims – Outstanding female performance Dash Newington – multi events and relays David McKean - Coach of the Year, and Robert Godino Outstanding Individual Performance. Bruce Bodsworth - Honorary Life Board Associate Member

# WHAT'S COMING UP THRU WINTER?

Plenty of events to keep you active!

# **BARRIER REEF MASTERS GAMES**

Head north to find some sunshine! May 30<sup>th</sup> to June 1<sup>st</sup> in Cairns. Entries close 18<sup>th</sup> May. Organisers are looking for volunteers to assist. Details and to enter: <u>GAMES WEBSITE</u>

#### CHRISTMAS IN JULY THROWS

Dates: 26<sup>th</sup> and 27<sup>th</sup> July. See flyer on left. (NOTE – not 3<sup>rd</sup> August) Program and more details will be available soon on the QMA website

# **OCEANIA MASTERS CHAMPIONSHIPS**

Being held in Brisbane from 6<sup>th</sup> - 10<sup>th</sup> September 2025. Early Bird entry extended to 31<sup>st</sup> May. Check the <u>WEBSITE</u> for more details and to enter.

#### **ANOTHER WINTER EVENT for your diary:**

# **UniSC Athletics Winter Track & Field Carnival**

This will be held on  $2^{nd}$  and  $3^{rd}$  August at the University of the Sunshine Coast Athletics Track, Sippy Downs. Information will be provided soon on the QA website <u>HERE</u> This event could be a good try-out coming up the **Oceania Champs**.

# **OUT OF STADIA PROGRAM 2025**

Details are now on the <u>QMA website</u> for Road events and Cross Country. Walks info to come. Half Marathon Challenge: if you competed in the BRRC half marathon, you can register for the Challenge <u>HERE</u> and then send your result.

#### **BRISBANE REGION NEWS**

Winter Throws and Jumps coaching and competition will be on again on Sunday mornings thru winter. Check the QMA website for details. Note: card only payment of ground/training fees. There will also be some comps organised in the lead-up to the Oceania Champs – volunteers will be needed to run these. More information closer to the time.

#### MEET MANAGER – VOLUNTEER NEEDED

# Do you (or anyone you know) have good computer skills? And would like to be part of our Brisbane admin team next season?

As mentioned earlier – Jesse won't be back next season, and without a Meet Manager volunteer we may have to revert to hand timing and hand written results!!

Please respond to this email, or contact the Secretary if you are interested. All training provided.

#### EQUIPMENT MANAGER/BUGGY DRIVER/ CHIEF STARTER

QMA Brisbane needs a dedicated person who can set up for each competition, particularly a bit technically minded for the starting gear.

This person doesn't necessarily have to also be the starter.

Maybe we need several members who can share the workload from week to week. Training will be provided.

# NORTH QUEENSLAND NEWS

Entries for the Great Barrier Reef Masters Games close on 18th May.

But if you are travelling north over the next few months, there are other athletics events happening. Check the ANQ website for details: <u>ANQ EVENTS</u>

# QMA CHAMPIONSHIP RESULTS AND RECORDS

Many new QMA records were set at the recent QMA Championships. A few notable ones set by relatively new members were mentioned in the last e-news. The records listing on the website has not yet been updated, so difficult to list every record achievement here. However, congratulations are due to everyone who set a new record.

#### That's it for this month!

Looks like we are all going to be kept active and busy over the coming months. Reminder: if you are not competing at any of the events , please come along and be a volunteer to assist with running them. It's all about fitness, fun and friendship! QMA MANAGEMENT TEAM