

Jo Harlow Photography

Ian Cameron finishing the 10,000 m in a new QMA record time.



. Many hands will make your QMA successful!



QMA E-NEWS

AUGUST 2025

OMA WEEKEND CHAMPIONS

Well done to QMA members who have competed at events around the country in recent weeks – it is the big season for marathons, fun runs, and trail events. And of course parkruns! Many competed at the USCAC carnival over the weekend of 2nd and 3rd August. Thanks to officials and volunteers. At the Sunshine Coast Marathon Festival, QMA members secured many podium or top 10 finishes across the various events.

Congratulations to Ian Cameron (left) who set a new QMA M70 record in the 10,000m Championships at the UQ track last Saturday 9th August.

YOU ARE INVITED

... to the most important event of the QMA year!

All members have been sent the notice about the QMA AGM. Please go back and read it again. Put it in your diary.

Date and time: Saturday 27th September, 11 am.

Place: The 'White Building' at the SAF track.

And please think about how you can contribute to the ongoing management and operation of YOUR ORGANISATION.

How you can become involved in future decision making and be part of the team.

This includes not only the positions on the Management Team (as listed on the notice of the meeting), but other important roles like Website Manager, Uniform Coordinator, E-News Editor: you name it – we need you! There will be coffee and snacks!

OCEANIA MASTERS CHAMPIONSHIPS Only a couple of weeks to go!

The final count is 733 athletes entered.

The final program is on the Championship website **HERE Many Officials and Volunteers** will be needed for the successful running of these Championships.

Qualified officials will receive a per diem and a polo shirt. Volunteers will receive a T-shirt.

Now that you know when you are competing, please register to assist with other events

Details and to register your interest are on the home page of the QMA website.

COMPUTER NERD to operate MEET MANAGER at Brisbane competitions

Yes – we are still looking for a keen person to take on this critical role.

It's not 'rocket science' – training will be provided. Does not need to be a member – do you know someone who could take this on? Please get in touch.

Otherwise we will be back to using stopwatches and compiling results by hand!

UP-COMING NATIONAL EVENTS

AMA SHORT COURSE CROSS COUNTRY CHAMPIONSHIPS

Dates: 23rd and 24th August, in Ballarat, Victoria.

Entries are now closed. Quite a few QMA members are heading south to compete so we wish them safe travelling, good weather and great competition.

AMA WINTER THROWS CHAMPIONSHIPS

Dates:04/10/2025 8:00 am – 06/10/2025 5:30 pm Venue: Domain Athletics Centre Hobart Tasmania For information and to enter: <u>AMA THROWS</u> Entries close 17 September.

UNIFORM NEWS

The QMA Uniform Shop is closed until September and will reopen for orders then. Watch the website for details.

AROUND THE REGIONS

BRISBANE REGION NEWS

Winter Throws and Jumps coaching and competition continues on Sunday mornings thru winter. Check the QMA website for details.

And reminder: sprint training continues on Wednesday and Saturday mornings, 7am.

The first competition for the new season is tentatively scheduled for Saturday 27th September.

GOLD COAST

Inkco Winter Sprint Series, Gold Coast Performance Centre, Runaway Bay.

Winter Sprint Series $3 - 15^{th}$ August 5.00 - 7.00pm

For details and to enter: **INKCO**

NORTH QUEENSLAND NEWS

Cairns Twilight Meet - August 16

Outback Sunset Carnival - Longreach - August 23/24

Bowen Carnival - August 30/31

NQ Champs - Townsville - September 26-28

FINAL WORD

Congratulations to all who competed in the inaugural **Christmas Throws in July**, including the state title medallists in the Super Weight, 100lb and Heavy Weight Throws Pentathlon. It was great to see 50+ competitors including some from interstate. Many thanks to those who volunteered and officiated.

That's it for this month!

QMA MANAGEMENT TEAM