

QMA Outdoor Heptathlon Championships 7th January 2023

First	Last	Sex	Age	Total Score	SH	HJ	SP	200m	LJ	JT	800m							
Janet	Webber	F	45	3631	15.99	536	1.42	724	7.59	474	31.54	504	4.14	498	26.26	530	3:15.80	365
Lee-Anne	Nelson	F	50	5023	15.46	667	1.36	736	10.65	665	28.08	851	4.30	628	28.01	580	2:32.91	896
Bronwyn	Battersby	F	55	2397	25.16	10	1.27	701	7.33	467	37.20	335	2.93	263	16.59	351	3:46.44	270

QMA Mens Decathlon Championships 7th January 2023

First	Last	Sex	Age	Total Score	100m	LJ	SP	HJ	400m	SH	DT	PV	JT	1500m										
Craig	Elliot	M	65	2406	19.54	96	2.62	185	7.61	493	1.12	411	DNF	0	DNF	0	25.06	397	2.40	498	21.00	326	DNF	0
Peter	Kennedy	M	75	4493	17.46	426	3.70	641	9.99	751	1.18	627	2:19.06	0	18.40	467	26.06	552	2.10	527	24.89	502	DNF	0