

QMA WINTER COMPETITION - SAF 4th June 2023

SHOT PUT

Hazel McDonnell	W75	5.92
Nick MacMillan	M45	5.63
John Milne	M60	9.15
John Musters	M70	9.71
Robert Pattinson	M75	9.12
Dieter Lacko	M75	6.63
Guy Quarterman	M80	9.33

HIGH JUMP

Bronwyn Battersby	W55	1.25
Wilma Perkins	W70	1.00
Darren Bryant	M55	1.25
Robert Lasker	M60	1.40

JAVELIN

Wilma Perkins	W70	16.16
Hazel McDonnell	W75	11.37
Nick MacMillan	M45	17.14
Darren Bryant	M55	34.95
John Milne	M60	23.15
John Musters	M70	21.28
Robert Pattinson	M75	23.13
Dieter Lacko	M75	16.59
Guy Quarterman	M80	23.65

POLE VAULT

Wilma Perkins	W70	1.60
Dave McLean	M45	3.10
Darren Bryant	M55	2.30
Craig Elliot	M65	2.40

HAMMER

Hazel McDonnell	W75	25.06
Nick MacMillan	M45	20.42
John Milne	M60	28.92
John Musters	M70	22.91
Mills Lafferty	M70	24.76
Dieter Lacko	M75	15.84
Guy Quarterman	M80	31.82