

## **QMA Long Course Road Walk Championship**

**2<sup>nd</sup> September 2023 – QSAC Ring Road**

### **20km Men**

M50-54 1 Adam Patterson 2.22.40

### **10km Women**

W50-54 1 Joy Dale 1.18.18

W80-84 1 Noela McKinven 1.43.50