

Q.M.A. MENS RECORDS AS AT 30th MARCH, 2026

Record times up to and including 800m must be set with Electronic Timing to be accepted as Queensland /Australian/World Records to conform to World and/or Australian Masters Rules, and a Wind Gauge reading is required for Sprints and Long/Triple Jumps. 3 Watch Times are needed for any other distance longer than 800m to be recognised. Lap Scoring required distances longer than 1500m.

60 METRES

M30	Aaron Stubbs	2021	7.05
M35	Gary Finegan	2023	7.07 A
M40	Gary Finegan	2026	6.90 A
M45	Simon Wright	2025	7.36
M50)	Wayne Cousins	2011	7.40
M50)	Michael Berlin	2023	7.40
M55	John Wight	2001	7.41 A
M60	Craig Parker	2021	7.80 A
M65	Rob McDonald	2010	8.10
M70	Glen Wilson	2011	8.41 A
M75	Hugh Coogan	2012	8.78
M80	Tom Brown	1999	9.42 A
M85	Hugh Coogan	2022	10.18
M90	Laurence Quinlivan	2025	12.18

100 METRES

M30	Gary Finegan	2019	10.70 A
M35	Gary Finegan	2022	10.92
M40	Gary Finegan	2025	10.79 A
M45	Simon Wright	2025	11.59
M50	Graham Scully	2024	11.69
M55	Christopher Brack	2021	11.99
M60	Bernie Hogan	1981	12.15 A
M65	Mick Pirie	1994	12.62
M70	Hugh Coogan	2009	13.34
M75	Hugh Coogan	2012	13.86
M80	George Harrod	2009	15.76
M85	Hugh Coogan	2022	16.97
M90	Hugh Coogan	2025	19.44
M100	Les Amey	2000	58.29 A

100 YARDS

M30	Travis Venema	2006	10.54
M35	Patrick McCarthy	2022	10.73
M40	Colin Coulthard	2026	10.83
M45)	Greg Potts	2015	11.08
M45)	Gary Parkinson	2015	11.08
M50	Michael Berlin	2021	10.94
M55	Michael Berlin	2024	11.16
M60	Craig Parker	2020	11.38
M65	Col Buyers	2008	12.05
M70	Hugh Coogan	2006	12.73
M75	Hugh Coogan	2012	13.14
M80	George Harrod	2012	15.33
M85	Maurice Dauphinnet	2012	16.75
M90	Maurice Dauphinnet	2017	21.79

200 METRES

M30	Gary Finegan	2019	21.50
M35	Kevin Silver	1987	22.1
M40)	Heinz Steinmann	1984	22.5
M40)	Dave Irvine	1987	22.5
M45	Simon Wright	2025	23.20
M50	Geoffery Pittman	2025	23.82
M55	Christopher Brack	2022	24.21
M60	Bernie Hogan	1981	25.23
M65	Bernie Hogan	1985	25.6
M70	Hugh Coogan	2005	26.84 A
M75	Hugh Coogan	2011	28.44
M80	Charlie Hankins	1997	33.83
M85	Harry Gathercole	1993	35.99
M90	Hugh Coogan	2025	42.14

300 METRES

M30	Murray Goodwin	2019	33.75
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M35	Gary Finnegan	2023	35.08
M40	Gary Finnegan	2025	35.57
M45	Gary Parkinson	2016	37.17
M50	Gary Parkinson	2020	37.93
M55	Christopher Brack	2022	37.73
M60	Colin Buyers	2005	40.76
M65	Colin Buyers	2008	41.75
M70	Hugh Coogan	2007	43.54
M75	Hugh Coogan	2012	45.03
M80	Colin Woods	2016	55.08
M85	Maurice Dauphinnet	2011	76.37
M90	Noel Garvey	2025	1:45.58

400 METRES

M30	Murray Goodwin	2018	46.24 A
M35	Nev Appleby	1991	50.4
M40	Tony Blue	1977	50.5
M45	Gary Parkinson	2016	52.60
M50	Gary Parkinson	2018	53.72
M55	Christopher Brack	2022	53.03
M60	Colin Buyers	2005	57.35
M65	Colin Buyers	2007	58.90
M70	Hugh Coogan	2006	60.77 A
M75	Hugh Coogan	2011	64.10 A
M80	Colin Woods	2016	77.72
M85	Harry Gathercole	1993	1:33.50
M90	Alex Pittendrich	1997	1:57.78
M95	Alex Pittendrich	2001	2:50.1 A

800 METRES

M30	Murray Goodwin	2020	1:54.79
M35	Nev Appleby	1990	1:55.0
M40	Tony Blue	1977	1:54.80
M45	Alan Bradford	1987	1:58.65 A
M50	Alan Bradford	1989	2:00.40 A
M55	Peter Hawes	2011	2:07.87
M60	Alan Bradford	1999	2:10.42 A
M65	Alan Bradford	2004	2:22.15
M70	Alan Bradford	2009	2:28.78
M75	Hugh Coogan	2012	2:40.26
M80	Colin Woods	2016	3:10.71
M85	Michael Jukes	2025	3:50.10
M90	Alex Pittendrich	1997	4:28.20 A

1500 METRES

M30	Aidan Hobbs	2018	3:54.79
M35	Aidan Hobbs	2021	3:53.69
M40	Tony Blue	1977	3:57.3
M45	Alan Bradford	1984	4:03.16
M50	Alan Bradford	1989	4:08.09
M55	Robert Godino	2025	4:11.95AW
M60	Alan Bradford	1999	4:35.18
M65	Ian Cameron	2019	4:51.87
M70	Ian Cameron	2024	5:08.99
M75	Norm Gulbransen	1991	5:49.02
M80	Colin McLeod	2016	6:32.17
M85	Michael Jukes	2025	7:51.62 A
M90	Alex Pittendrich	1998	11:04.39
M100	Les Amey	2000	16:46.41 W

1 MILE

M30	Aidan Hobbs	2018	4:16.40
M35	Aidan Hobbs	2024	4:27.84
M40	Shane George	2006	4:34.5
M45	Michael Jackson	2023	4:35.25
M50	David Sweeney	2011	4:44.3
M55	Robert Godino	2024	4:29.60AW
M60	Peter Reeves	2014	5:03.37
M65	Alan Bradford	2004	5:14.9
M70	Peter Reeves	2023	5:53.32
M75	Colin Woods	2010	6:53.02
M80	Colin McLeod	2016	7:01.40

2000 METRES

M30	Daniel Williams	2025	5:48.05
M35	Adam Taylor	2025	6:25.11
M40	Adam Taylor	2025	6:27.55
M45	Paul Dodd	2022	6:18.03
M50	Sean Needham	2024	6:37.29

M55	Adrian Royce	2025	6:39.10
M65	Robert Gunningham	2022	7:56.50
M70	Ian Cameron	2025	7:19.54
M75	John Sheer	2023	9:57.57

3000 METRES

M30	Aidan Hobbs	2021	8.13.56 A
M35	Aidan Hobbs	2024	8.18.78
M40	Shane George	2006	8.51.25
M45	David Sweeney	2008	8.56.46
M50	David Sweeney	2012	9.13.53
M55	David Sweeney	2017	9.36.27
M60	Peter Reeves	2014	9.57.08
M65	Alan Bradford	2004	10.30.50
M70	Colin McLeod	2006	11.26.8
M75	Colin McLeod	2012	12.56.02
M80	Colin McLeod	2016	13.35.60
M85	Michael Jukes	2024	16:41.00

5000 METRES

M30	Aidan Hobbs	2020	14.34.70 A
M35	Aidan Hobbs	2021	14.15.34 A
M40	Shane George	2007	15.15.24
M45	David Sweeney	2007	15.29.64
M50	Alan Bradford	1991	15.51.2
M55	Robert Godino	2024	15:34.49
M60	Alan Bradford	1999	17.11.9
M65	Colin McLeod	2001	17.51.34
M70	Ian Cameron	2024	18:30.81
M75	Colin McLeod	2012	20.58.75
M80	Colin McLeod	2016	22.58.42 A
M85	MICHAEL Jukes	2025	31:40.27

10,000 METRES

M30	Aidan Hobbs	2019	30.58.49 A
M35	Aidan Hobbs	2022	31.14.96
M40	Joe Patterson	1975	31.57.0
M45	Ron Peters	2001	31.48.69
M50	Ron Peters	2003	32.54.8
M55	David Sweeney	2016	33.15.16
M60	Alan Bradford	1999	35.51.81
M65	Colin McLeod	2001	37.02.3
M70	Ian Cameron	2025	38:13.60 A
M75	Colin McLeod	2013	45.03.69
M80	Colin McLeod	2016	47.13.84 A

2000M STEEPLECHASE

M60	Alan Bradford	1999	6.54.31 A
M60	Alan Bradford	2002	7.18.9
M65	Alan Bradford	2004	7.18.2 A
M70	Alan Bradford	2009	8.20.95
M75	Michael Jukes	2015	10:14.82 A
M80	Michael Jukes	2019	11.20.46

3000M STEEPLECHASE (0.914m)

M30	Aidan Hobbs	2021	8.50.22 A
M35	Aidan Hobbs	2022	9.03.30
M40	Doug Worling	1975	9.24.3
M45	Doug Worling	1981	9.41.49
M50	Alan Bradford	1989	9.51.62 A
M55	Alan Bradford	1994	10.14.00 A

3000M STEEPLECHASE (0.838m)

M30	Christopher Davis	2025	10:28.84 A
M35	Christopher Davis	2025	10:41.5 A
M55	Peter Link	2024	11:43.01

110 METRES HURDLES

M30	Stuart Anderson	2012	14.47
M35	Harry Giles	1979	15.6
M40	Harry Giles	1988	15.9
M45	Harry Giles	1992	15.5

100 METRES HURDLES

M50	David Reed	2025	16.17
M55	Harry Giles	1994	15.42 A
M60	Harry Giles	2007	16.34
M65	Harry Giles	2010	17.73

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80 METRES HURDLES

M70	Garvin Brown	1999	14.42
M75	Harry Giles	2019	17.04
M80	Harry Giles	2026	18.02
M85	Vic Younger	2000	26.65

60m HURDLES

M35	Yudhbir Singh	2023	12.12
M50	David Reed	2026	9.37 A
M60	David Varley	2023	10.78
M65	Joe Begley	2023	13.15
M70	Bruce Bodsworth	2023	12.77
M75	Peter Kennedy	2024	13.25
M80	Pio Bunin	2023	14.21 A

400 METRES HURDLES

M30	Harry Giles	1977	52.2
M35	Harry Giles	1981	56.09
M40	Harry Giles	1988	56.73
M45	Harry Giles	1989	58.02
M50	Harry Giles	1994	62.14
M55	Gary Parkinson	2024	63.84

300 METRES HURDLES

M60	Harry Giles	2006	46.8
M65	Harry Giles	2010	50.39
M70	Bruce Bodsworth	2021	52.31
M75	Alan Bradford	2015	60.72
M80	Russell Grigg	2008	1.53.14
M85	Vic Younger	1998	1.59.8

200 METRES HURDLES

M80	Alan Bradford	2019	41.53 A
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800m TRACK WALK

M50	Dean Nipperess	2023	3:53.35
M55	Simon Cartwright	2025	5:34.12
M60	Ignacio Jimenez	2025	3:43.19
M65	Peter Bennett	2025	4:35.58
M70	Peter Bennett	2025	4:39.33
M85	Patrick Sela	2025	6:47.38

1500m TRACK WALK

M30	Michael Day	2016	10.54.00
M35	Andrew Ludwig	2002	6.24.70
M40	Dean Nipperess	2014	6.06.67
M45	Peter Bennett	2002	6.25.06
M50	Peter Bennett	2006	6.44.38
M55	Ignacio Jimenez	2023	6.43.81A
M60	Ignacio Jimenez	2025	6:59.87
M65	Ian Richardson	2010	7.49.63
M70	Peter Bennett	2026	8:56.25
M75	Richard Lynch	2004	9.18.56
M80	Dick Keatinge	2003	10.33.46
M85	Dick Keatinge	2008	11.07.00 A
M90	John Alroy	1999	12.56.85

1 MILE TRACK WALK

M40	Dean Nipperess	2011	7.15.75
M45	Argenis Guevara	2016	8.14.76
M50	Ignacio Jimenez	2016	7.15.42
M55	Peter Bennett	2014	7.29.75
M60	Peter Bennett	2016	7.55.53
M65	Ian Richardson	2014	8.22.08
M70	Peter Bennett	2026	9:38.97
M75	Patrick Sela	2015	11.13.83
M80	Richard Lynch	2011	12.10.37
M85	Patrick Sela	2026	13:51.24
M90	Russell Grigg	2017	15.44.37

2000m TRACK WALK

M50	Argenis Guevara	2020	11.09.43
M55	Ignacio Jimenez	2022	9:05.29
M60	Peter Bennett	2020	10.57.99
M65	Peter Bennett	2020	11.05.80
M85	Patrick Sela	2025	17:58.59

3000m TRACK WALK

M30	Ignacio Jimenez	1996	12.45.81 A
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M35	Aidan Hobbs	2024	8:18.78
M40	Dave Smith	2000	12.08.42
M45	Dave Smith	2001	13.20.2
M50	Ignacio Jimenez	2018	13.36.95
M55	Ignacio Jimenez	2021	13.55.07
M60	Peter Bennett	2016	14.31.38
M65	Ian Richardson	2014	16.17.71
M70	Richard Lynch	2000	18.11.87
M75	Richard Lynch	2014	19.07.78
M80	Dick Keatinge	2003	20.46.80
M85	Dick Keatinge	2008	21.42.09
M90	John Alroy	1995	25.33.9

5000m TRACK WALK

M30	Ignacio Jimenez	1996	21:38.52 A
M35	David Smith	1994	19:53 A
M40	David Smith	2000	20:47.7
M45	David Smith	2001	22.30.1
M50	Ignacio Jimenez	2018	23.21.25
M55	Ignacio Jimenez	2022	23:22.0
M60	Ignacio Jimenez	2025	24:41.90
M65	Ian Richardson	2014	29.02.85
M70	Richard Lynch	2001	30.49.35
M75	Richard Lynch	2004	32.19.64
M80	Dick Keatinge	2003	34.50.11
M85	Dick Keatinge	2008	37.27.25
M90	John Alroy	1995	43.08.0

10,000m TRACK WALK

M30	Ignacio Jimenez	1996	44.45.4
M35	Andrew Ludwig	2004	47.07.04
M40	Dave Smith	2000	44.04.84
M45	Peter Bennett	2001	48.28.4
M50	Iggy Jimenez	2018	49.25.76
M55	Robert Mee	1994	49.50.3
M60	Peter Bennett	2016	52.14.64
M65	Patrick Sela	2005	63.22.1
M70	Eric Bailey	1994	63.09.5
M75	Richard Lynch	2005	67.39.25
M80	Dick Keatinge	2003	72.09.6
M85	Dick Keatinge	2008	75.34.0

LONG JUMP

M30	Matt McEwen	2004	7.20
M35	John Davis	1992	6.42
M40	Gary Finegan	2025	6.81 A
M45	Harry Giles	1990	6.19
M50	Garry Donaldson	1994	5.82
M55	Gary Parkinson	2023	5.81
M60	Harry Giles	2004	4.98
M65	Spencer Herft	2003	4.79
M70	Spencer Herft	2008	4.43
M75	Garvin Brown	2004	3.85
M80	Pio Bunin	2023	3.68
M85	Vic Younger	1999	3.17 A
M90	Maurice Dauphinat	2016	2.44
M95	Alex Pittendrich	2001	1.67 A

TRIPLE JUMP

M30	Lance Faulkner	2016	13.26
M35	Richard Anderson	1989	12.77
M40	Derek Boosey	1982	14.02
M45	Derek Boosey	1989	12.88
M50	Jim Christian	1988	11.33
M55	Tony Collins	2012	10.80
M60	Spencer Herft	1998	10.28
M65	Spencer Herft	2003	9.78
M70	Spencer Herft	2008	9.23
M75	Maurice Dauphinat	2004	8.00
M80	Vic Younger	1993	7.95
M85	Vic Younger	1998	6.59
M90	Alex Pittendrich	1996	5.51 A
M95	Alex Pittendrich	2001	3.55 A

HIGH JUMP

M30	Matt McEwen	2004	1.97 A
M35	John Howard	1991	1.85
M40	Euan McLean	2019	1.82
M45	Ben Dickson	2011	1.80

M50	Ben Dickson	2014	1.77 A
M55	Michael Berlin	2024	1.61
M60	(Brian Prideaux	2004	1.52
M60	(Brian Key	2022	1.52
M65	(Alan Rolfe	1994	1.47
M65	(Brian Keys	2026	1.47
M70	Alan Rolfe	1999	1.41
M75	Lynton Lewis	2015	1.25
M80	Vic Younger	1994	1.19
M85	Vic Younger	1999	1.10 A
M90	Jim O'Donnell	2018	0.90

POLE VAULT

M30	Matt McEwen	2004	4.90 A
M35	Howard Arbuthnot	2004	4.80
M40	Rob Hill	2010	4.80 A
M45	Rob Hill	2015	4.60 A
M50	Howard Arbuthnot	2021	4.30 A
M55	Howard Arbuthnot	2025	4.01 A
M60	Allan Cameron	2012	3.00
M65	Garvin Brown	1994	3.15
M70	Garvin Brown	2000	3.14 A
M75	Garvin Brown	2003	2.85
M80	Vic Younger	1995	1.76
M85	Vic Younger	2000	1.74 A

JAVELIN 800grms (M30-49)

M30	Matt McEwen	2004	61.60
M35	Mark Stevens	1989	59.52
M40	Michael Frawley	1992	56.28
M45	John Kay	2008	52.26

JAVELIN 700grms (M50-59)

M50	John Kay	2009	54.37
M55	John Kay	2015	44.62

New Javelin Specification for M50-M55

M50	Chris Vaneynde	2026	40.26 A
M55	Adrian Keen	2026	41.21

JAVELIN 600grms (M60-69)

M60	Hans Beste	2003	38.26
M65	Guy Quarterman	2007	39.55

JAVELIN 500grms (M70-79)

M70	Erkki Saarinen	2006	42.00 A
M75	Erkki Saarinen	2010	38.12 A

JAVELIN 400grms (M80+)

M80	Erkki Saarinen	2013	33.80 A
M85	Vic Younger	2000	21.98
M90	Maurice Dauphinat	2016	17.11 A
M95	Maurice Dauphinat	2022	9.09 A

DISCUS 2kg (M30-49)

M30	Warren Evans	2003	47.03
M35	Darron Haworth	2008	54.15 A
M40	Darron Haworth	2009	54.35 A
M45	Peter Lonsdale	2012	50.28

DISCUS 1.5kg (M50-59)

M50	Justin Holzer	2021	51.27
M55	Adrian Keen	2026	45.04

DISCUS 1kg (M60+)

M60	Warwick Selvey	2001	53.43 A
M65	Warwick Selvey	2005	45.76
M70	Charlie Rann	2000	38.92
M75	Charlie Rann	2003	36.88 A
M80	Nick Bannenberg	2021	28.61
M85	Feliks Jekabsons	2008	25.28 A
M90	Maurice Dauphinat	2016	19.33
M95	Maurice Dauphinat	2022	11.37 A

SHOT PUT 7.26kg (M30-49)

M30	Dean Cowan	2002	15.65
M35	Peter Phillips	1978	15.89
M40	Peter Lonsdale	2000	15.06
M45	Darrin Norwood	2025	14.53

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SHOT PUT 6kg (M50-59)

M50	Peter Lonsdale	2016	15.52
M55	Adrian Keen	2026	12.41

SHOT PUT 5kg (60-69)

M60	Mike Katmadas	1999	12.92
M65	Arvo Ropelin	2002	11.81

SHOT PUT 4kg (M70-79)

M70	Feliks Jekabsons	1993	12.66
M75	Feliks Jekabsons	1998	11.24

New WMA Specifications for M80+ 3kg

M80	Dash Daniels	2019	10.87
M85	Feliks Jekabsons	2008	9.66 A
M90	Feliks Jekabsons	2014	6.95
M95	Maurice Dauphinnet	2022	4.49 A

HAMMER 7.26kg (M30-49)

M30	Brad Monk	1995	58.88
M35	Darron Haworth	2008	54.85
M40	Ron Frawley	1991	50.20
M45	Bob Wagner	2006	51.95

HAMMER 6kg (M50-59)

M50	Bob Wagner	2007	53.98
M55	Adrian Keen	2026	46.66

HAMMER 5kg (M60-69)

M60	Mark Cumming	2023	52.24
M65	Lajos Joni	2021	43.41

HAMMER 4kg (M70-79)

M70	Charlie Rann	1999	44.09
M75	Charlie Rann	2003	38.31

New WMA Specifications for M80+ 3kg

M80	Guy Quarterman	2021	34.98
M85	Feliks Jekabsons	2008	27.36
M90	Feliks Jekabsons	2014	19.12
M95	Maurice Dauphinnet	2022	9.77 A

WEIGHT THROW 15.88kg (M30-49)

M30	David Allan	2005	17.05
M35	Darron Haworth	2008	17.05
M40	Darron Haworth	2010	14.57
M45	Bob Wagner	2004	16.11

WEIGHT THROW 11.34kg (M50-59)

M50	Bob Wagner	2006	19.78 A
M55	Bob Wagner	2011	17.58

WEIGHT THROW 9.08kg (M60-69)

M60	Mark Cumming	2023	20.78 A
M65	Lajos Joni	2021	17.64

WEIGHT THROW 7.26kg (M70-79)

M70	Lajos Joni	2025	17.40
M75	Feliks Jekabsons	1998	14.25

WEIGHT THROW 5.45kg (M80+)

M80	Guy Quarterman	2022	13.67
M85	Feliks Jekabsons	2008	10.83
M90	Laurence Quinlivan	2025	7.67

THROWS PENTATHLON

(Rescored with 2023 Scoring)

M30	Dean Cowan	2002	2902
M35	Darron Haworth	2008	3664 A
M40	Peter Lonsdale	2006	3364
M45	Darrin Norwood	2025	3752
M50	Adrian Keen	2023	3395
M55	Erik Hedendahl	2003	3212

New Javelin Specification for M50-M55

M50	Adrian Keen	2026	3736 A
M60	Warwick Selvey	2002	3354
M65	Jim Davis	2001	3301
M70	Guy Quarterman	2013	3285

M75 Jim Davis 2009 3231

New WMA Specifications for M80+ For Shot and Hammer (Rescored)

M80	Nick Bannenberg	2021	3177
M85	Feliks Jekabsons	2008	3220
M90	Maurice Dauphinnet	2017	2308

56lb HEAVY WEIGHT

M30	Tyson Elisaia	2024	8.71
M35	Darron Haworth	2008..	10.94 A
M40	Darron Haworth	2010	10.48
M45	Darrin Norwood	2025	8.72
M50	Adrian Keen	2022	9.14
M55	Brian Doolan	2025	6.92
M60	Mark Cumming	2023	8.20
M65	Lajos Joni	2022	6.79 A
M70	Phillip Rowlands	2018	5.55
M75	Phillip Rowlands	2023	4.81
M80	Don Quinn	2025	3.78
M85	Laurence Quinlivan	2023	2.01
M90	Gordon Woolston	2025	1.34

100lb HEAVY WEIGHT

M30	Tyson Elisaia	2024	4.24
M35	Darron Haworth	2008	5.57 A
M40	Darrin Norwood	2022	4.52
M45	Darrin Norwood	2025	4.12
M50	Adrian Keen	2025	4.68
M55	Mark Ashcroft	2023	3.55
M60	Mark Cumming	2023	3.13
M65	Don Quinn	2011	2.62
M70	Phillip Rowlands	2018	2.63
M75	Phillip Rowlands	2023	2.67 A
M80	Don Quinn	2024	2.40 A
M90	Gordon Woolston	2023	0.54

SUPER WEIGHT THROWS

Revised: Official Records

56lb SUPER WEIGHT – M30-59

M30	Tyson Elisaia	2024	8.71
M35	Darron Haworth	2008	10.94 A
M40	Darron Haworth	2010	10.48
M45	Darrin Norwood	2025	8.72
M50	Adrian Keen	2022	9.14
M55	Brian Doolan	2025	6.92

44lb SUPER WEIGHT – M60-69

M60	Mark Cumming	2024	11.36
M65	Lajos Joni	2020	8.68 A

35lb SUPER WEIGHT – M70-79

M70	Lajos Joni	2025	8.51
M75	Phillip Rowlands	2023	7.85

25lb SUPER WEIGHT – M80+

M80	Ian Kennedy	2020	8.32
M90	Laurence Quinlivan	2025	3.45

SINGLE ARM WEIGHT 25lb M30-M45

M30	Tyson Elisaia	2024	16.11
M40	Darrin Norwood	2022	15.29
M45	Rene Doel	2024	14.86

SINGLE ARM WEIGHT 20lb M50-M55

M50	Adrian Keen	2024	18.55
M55	Mark Ashcroft	2023	15.86

SINGLE ARM WEIGHT 16lb M60-M65

M60	Mark Cumming	2023	19.77
M65	Lajos Joni	2022	15.95

SINGLE ARM WEIGHT 12lb M70-M75

M70	Phillip Rowlands	2018	18.23
M75	Don Quinn	2019	14'18

SINGLE ARM WEIGHT 8.8lb M80+

M80	Don Quinn	2024	17.12
M90	Laurence Quinlivan	2025	8.83

HEAVY WEIGHT PENTATHLON (Rescored with 2023 Scoring)

M30	Tyson Elisaia	2025	2916
M35	Darron Haworth	2008	4254 A
M40	Darron Haworth	2010	4327
M45	Darrin Norwood	2025	4094
M50	David Allan	2024	4017
M55	Brian Doolan	2025	3250
M60	Mark Cumming	2023	4803
M65	Lajos Joni	2021	4257 A
M70	Lajos Joni	2025	3679
M75	Brian Davies	2021	3293
M80	Ian Kennedy	2020	2991
M90	Gordon Woolston	2023	1398

PENTATHLON

(Rescored with 2023 Scoring)

M30	Warren Evans	2003	3275 A
M35	Greg Newnham	1996	2832
M40	Eddie Czarnecki	1994	2940
M45	Darrin Norwood	2025	3461
M50	Adrian Keen	2025	3122
M55	Gary Parkinson	2024	3679 A
M60	Mark McLean	2019	3136
M65	Ken Daniels	2003	3244
M70	Ken Daniels	2008	2790
M75	Maurice Dauphinnet	2002	2218
M80	Guy Quarterman	2025	2697
M85	Laurence Quinlivan	2025	1546
M90	Maurice Dauphinnet	2016	2074 A

DECATHLON

(Rescored with 2023 Scoring)

M30	Matt McEwen	2003	7723 A
M35	John Gan	2006	5243
M40	Troy McLaren	2006	5101
M45	Howard Arbuthnot	2015	5189
M50	Howard Arbuthnot	2018	5794
M55	Dave Varley	2017	6400 A

New Javelin Specification for M50-M55

M50	Anthony Barraclough	2026	4116 A
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M60	Dave Varley	2022	6106
M65	Mark McLean	2022	5872
M70	Nick Bannenberg	2011	5463
M75	Peter Kennedy	2022	4673

Old Specifications (Rescored)

M80	Vic Younger	1993	4310
M85	Vic Younger	1999	3895 A

HEPTATHLON

M50	David Reed	2025	4210
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New Javelin Specification for M50-M55

M50	David Reed	2025	3955
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M70	Dieter Lacko	2024	2552
M75	Dieter Lacko	2025	1999

4 x 100 METRES RELAY

M30	Richard Rodgers		
2011	Travis Venema		
	Aaron McMahon		
	Graham Scully	45.25	

M35	Robin Mhrshahi	35	
2015	Travis Venema	39	
	Graham Scully	41	
	Darren Felsman	48	45.47

M40	Travis Venema	40	
2016	Graham Scully	42	
	Gary Parkinson	48	
	Steve Jones	52	45.53

M45	Gary Parkinson	47	
2015	Steve Jones	51	
	Glenn Munro	47	
	Darren Felsman	48	46.90

Q.M.A. MENS RECORDS AS AT 30th MARCH, 2026

<u>M50</u>	Gary Parkinson	52	
<u>2019</u>	Christopher Brack	54	
	Michael Berlin	50	
	Steve Jones	56	47.80
<u>M55</u>	Wayne Cousins		
<u>2002</u>	John Wight		
	Mal Storey		
	Colin Buyers		47.92
<u>M60</u>	John Cooper		
<u>2000</u>	Hugh Coogan		
	Alan Bradford		
	Tom O'Keeffe		52.64
<u>M65</u>	Don Burt		
<u>2012</u>	Rob McDonald		
	John Wight		
	Hugh Coogan		53.36
<u>M70</u>	Ken Daniels		
<u>2011</u>	Hugh Coogan		
	Alf Lakin		
	Noel Garvey		61.52
<u>M80</u>	George Harrod		
<u>2010</u>	Maurice Dauphin		
	Hugh Thomsen		
	Russell Grigg		77.06
<u>4 x 200 METRES RELAY</u>			
<u>M30</u>	Matthew Learoyd	37	
<u>2019</u>	Graham Scully	45	
	Patrick McCarthy	35	
	Scott Tuohy	33	1.35.70 A
<u>M35</u>	Robin Mihrshahi		
<u>2015</u>	Travis Venema		
	Graham Scully		
	Brett MacKenzie		1.37.48 A
<u>M40</u>	Gary Parkinson	47	
<u>2015</u>	Wayne Adams	42	
	Ian Adams	44	
	Graham Scully	41	1.40.72
<u>M45</u>	Geoff Bramley		
<u>2009</u>	Craig Bruce		
	Callum McInnes		
	Joe Begley		1.45.36
<u>M50</u>	Gary Parkinson	51	
<u>2018</u>	Steve Jones	55	
	Joseph Phelan	51	
	Joe Begley	64	1.46.89
<u>M55</u>	Hugh Bristow		
<u>2011</u>	Joe Begley		
	Jim Furlong		
	Ian Malouf		1.49.66
<u>M60</u>	Ian Malouf	61	
<u>2016</u>	Joe Begley	62	
	Paul Chaplain	67	
	Terry Dauphin	63	1.59.63
<u>M65</u>	Hugh Coogan		
<u>2007</u>	Alf Lakin		
	Colin Buyers		
	Ivan Rogers		2.07.89
<u>M70</u>	John Wight	70	
<u>2017</u>	Pio Bunin	75	
	Peter Kennedy	70	
	Colin Buyers	74	2.17.89
<u>M75</u>	Dieter Lacko	75	
<u>2023</u>	John Sheer	76	
	Stephen Dixon	76	

	Pio Bunin	82	2:45.58	A
<u>4 x 400 METRES RELAY</u>				
<u>M30</u>	Warren Evans			
<u>2003</u>	David Hill			
	Bruce Hill			
	Grant Barton		3.35.4	
<u>M35</u>	Gary Parkinson	50		
<u>2018</u>	Graham Scully	44		
	Peter Bracken	37		
	Daniel Mellish	39	3.41.63	
<u>M40</u>	Jim Furlong			
<u>1999</u>	Peter Hawes			
	Michael Warburton			
	Shaun McLaughlin		3.40.3	
<u>M45</u>	Jim Furlong			
<u>2001</u>	Shaun McLaughlin			
	Peter Hawes			
	Bill Kovacevic		3.40.44	
<u>M50</u>	Michael Berlin	50		
<u>2020</u>	Gary Parkinson	52		
	Christopher Brack	54		
	Joseph Phelan	52	3.51.06	
<u>M55</u>	Bruce Bodsworth			
<u>2007</u>	Bob Grayson			
	Rob White			
	Colin Buyers		4.03.0	
<u>M60</u>	John Cooper			
<u>2000</u>	Hugh Coogan			
	Alan Bradford			
	Tom O'Keeffe		4.11.51	
<u>M65</u>	Hugh Coogan			
<u>2008</u>	Col Buyers			
	Colin McLeod			
	Alan Bradford		4.32.61	
<u>M70</u>	Noel Garvey			
<u>2011</u>	Alan Bradford			
	Ken Daniels			
	Hugh Coogan		5.04.12	
<u>4 x 800 METRES RELAY</u>				
<u>M30</u>	Gary Parkinson			
<u>2008</u>	David Hill			
	Bruce Hill			
	Brendan Whelan		8.30.74	AR
<u>M35</u>	Matt Cooper	36		
<u>2017</u>	Clay Dawson	36		
	Peter Bracken	37		
	Daniel Mellish	39	8.41.58	AR
<u>M40</u>	Shane Mathewson	40		
<u>2022</u>	Wayne Adams	48		
	Andrew Willey	45		
	Daniel Mellish	43	8.42.23	AR
<u>M45</u>	Andrew Willey	45		
<u>2022</u>	Wayne Adams	48		
	Peter Link	54		
	Michael Jackson	48	8:49.58	
<u>M50</u>	Peter Reeves			
<u>2011</u>	Con Dimauro			
	Phil Davies			
	David Sweeney		9.05.22	
<u>M55</u>	Darryn Bryant	55		
<u>2022</u>	Mark Lepper	60		
	Joseph Phelan	55		
	Peter Link	55	9.27.72	

<u>M60</u>	Peter Reeves			
<u>2013</u>	Jason Collie			
	Bob Grayson			
	Sean Ryan		10.29.12	
<u>M65+</u>	Robert Gunningham	68		
<u>2022</u>	Mark McLean	65		
	Peter Reeves	68		
	Ian Cameron	67	10.44.06	A
<u>M70+</u>	Pio Bunin	74		
<u>2016</u>	Noel Garvey	81		
	Don Burt	70		
	Colin Woods	80	15.25.31	
<u>M75+</u>	Michael Jukes	82		
<u>2022</u>	Stephen Dixon	75		
	Colin Mancey	80		
	Dieter Lacko	75	14:02.84	
<u>*M75+ Robbie Costmeyer 75 ACT</u>				
<u>2022</u>	Steve Dixon	75		
	Don Mathewson	77	NSW	
	Dieter Lacko	75	13:22.67	A
<u>*(NOT QR AS TWO ATHLETES FROM INTERSTATE)</u>				
<u>4 x 1500 METRES RELAY</u>				
<u>M30</u>	Chris Davis			
<u>2021</u>	Chris Toro			
	Daniel Brown			
	Shane Mathewson		18:49.25	
<u>M35</u>	Aidan Hobbs	37		
<u>2023</u>	Michael Cnops	35		
	Marty Kelly	43		
	Sebastin Pintel	44	17:50.07	AR
<u>M40</u>	Chris Bell	46		
<u>2018</u>	Paul Shard	45		
	Anthony Canfell	47		
	Andrew Willey	41	18.36.44	AR
<u>M45</u>	Mark Jones			
<u>2007</u>	David Sweeney			
	Andy Clowes			
	Peter Hallahan		18.31.73	
<u>M50</u>	Peter Reeves			
<u>2011</u>	David Sweeney			
	Con Dimauro			
	Phil Davies		18.37.91	
<u>M55</u>	Peter Reeves	60		
<u>2014</u>	Ian Cameron	60		
	Phil Davies	57		
	Con Dimauro	55	19.58.67	AR
<u>M60</u>	John Shaw	62		
<u>2016</u>	Ron Peters	62		
	Ian Cameron	61		
	Peter Reeves	62	19.28.03	AR
<u>M65</u>	Bob Grayson	66		
<u>2018</u>	Roger Carter	66		
	John Sheer	70		
	Bruce Bodsworth	66	27.09.98	
<u>M70</u>	John Sheer			
<u>2021</u>	Bruce Bodsworth			
	Steve Dixon			
	Colin Mancey		30:12.60	

RELAYS: MEMBERS WHO SET RECORDS IN AUST TEAMS IN NATIONAL AND INTERNATIONAL COMPETITION.

<u>4 x 100m RELAYS:</u>			
<u>M45+</u>	Graham Scully	<u>2024</u>	44.54 A
<u>M55+</u>	Heinz Steinmann	<u>2001</u>	47.46 A
	John Wight	<u>2001</u>	47.46 A
<u>M60+</u>	Hugh Coogan	<u>1997</u>	48.95 A
<u>M65+</u>	Col Buyers	<u>2009</u>	50.5 A
	Heinz Steinmann	<u>2009</u>	50.5 A
	Rob McDonald	<u>2009</u>	50.5 A
<u>M70+</u>	John Wight	<u>2016</u>	53.67 A
<u>M75+</u>	Pio Bunin	<u>2016</u>	59.95 A
<u>M80+</u>	Hugh Thomsen	<u>2012</u>	68.43 A

	George Harrod	<u>2012</u>	68.43 A
<u>4 x 400m RELAYS:</u>			
<u>M50+</u>	Gary Parkinson	<u>2018</u>	3:37.78A
<u>M55+</u>	Gary Parkinson	<u>2024</u>	3:46.85A
<u>M65+</u>	Colin Buyers	<u>2009</u>	4:02.62A
	Heinz Steinmann	<u>2009</u>	4:02.62A
<u>M70+</u>	Hugh Coogan	<u>2011</u>	4:29.57A
<u>M75+</u>	Pio Bunin	<u>2016</u>	5:12.41A
<u>M80</u>	George Harrod	<u>2012</u>	5:32.29A

<u>4 x 800m RELAY</u>			
<u>M50+</u>	Peter Hawes	<u>2011</u>	8:39.01W
<u>M75+</u>	Steve Dixon	<u>2022</u>	13:22.67
<u>M75+</u>	Dieter Lacko	<u>2022</u>	13:22.67

QUEENSLAND RECORDS (OUT OF STADIUM) - MEN: AT 30th MARCH, 2026

TRACK EVENTS (STADIUM)

These QBP Times for 60 Metres are not recognised as Queensland Records. All Records up to and including 800m must be set with Electronic Timing. The remaining Records will be deleted when bettered by an Official Record.

60 METRES

M30	Travis Venema	2008	7.0
M50	David Lloyd	2001	7.3
M60	Rob McDonald	2004	7.7
M60	John Wight	2006	7.7
M70	Hugh Coogan	2006	8.2

100 YARDS

M55	John Wight	2001	11.4
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300 METRES

M60	Colin Buyers	2003	40.1
M70	Hugh Coogan	2006	43.4

ROAD EVENTS

HALF MARATHON

M30	Aidan Hobbs	2019	1:06.26	A
M35	Aidan Hobbs	2022	1:06.05	A
M40	Peter Connolly	1986	1:10.12	
M45	Wayne Spies	2022	1:09.15	A
M50	Wayne Spies	2023	1:10.33	
M55	Ron Peters	2009	1:12.19	A
M60	Ron Peters	2013	1:15.07	
M65	Colin McLeod	2002	1:19.06	
M70	Ian Cameron	2024	1:25:32.7	
M75	Colin McLeod	2013	1:39.28	
M80	Robert Horman	2000	1:46.00	A
M85	Robert Horman	2004	2:05.11	A

MARATHON

M30	Aidan Hobbs	2018	2:23.00	A
M35	Aidan Hobbs	2022	2:20.08	
M40	Peter Connolly	1985	2:29.09	
M45	Wayne Spies	2022	2:25.47	A
M50	Wayne Spies	2023	2:27.40	A
M55	Ron Peters	2009	2:37.27	A
M60	Ron Peters	2015	2:43.57	
M65	John Shaw	2019	2:51.21	A
M70	Colin McLeod	2006	3:04.07	
M75	Robert Horman	1997	3:41.08	
M80	Robert Horman	1998	3:39.18	A
M85	Robert Horman	2004	4:34.55	A

10KM ROAD RUN

M30	Aidan Hobbs	2017	33.37	A
M35	Aidan Hobbs	2022	29.27	A
M40	Peter Bracken	2022	31.59	
M45	Derrick Leahy	2022	32.40	
M50	David Sweeney	2014	32.58	
M55	David Sweeney	2017	33.50	
M60	Gary Mayor	2023	35.31	
M65	John Shaw	2019	37.39	
M70	Ron Peters	2024	41:56.8	
M75	Colin McLeod	2015	47.19	
M80	Colin Woods	2015	55.01	A

CROSS COUNTRY

3000 METRES (3km)

M30	David Hill	2004	9.55
M35	Bruce Hill	2005	10.06
M40	Barry Broe	2002	9.57
M45	David Sweeney	2008	10.02
M50	Ron Peters	2004	10.08
M55	Steve Hastie	2006	10.47
M60	Peter Reeves	2014	10.55
M65	Bob Grayson	2018	15.25

M70	Barrie Reiffel	2007	13.13
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4000 METRES (4km)

M30	Aidan Hobbs	2018	11.48
M35	David Hill	2005	12.27
M40	Shane George	2007	12.41
M45	Ron Peters	2002	13.00
M50	Ron Peters	2006	12.49
M55	Peter Reeves	2010	13.49
M60	Alan Bradford	2003	14.25
M65	Alan Bradford	2004	14.49
M70	Peter Reeves	2025	17:41.0
M75	Colin McLeod	2013	18.34

5000 METRES (5km)

M30	Aidan Hobbs	2019	17.41
M35	Stephen Showell	2004	18.02
M40	Barry Broe	2002	17.49
M45	Malcolm Powell	2009	17.00
M50	Ron Peters	2004	17.02
M55	Peter Reeves	2010	18.37
M60	Alan Bradford	2000	18.48
M65	John Sheer	2013	24.10
M70	Merv Jenkinson	1981	23.35

6000 METRES (6km)

M30	Aidan Hobbs	2019	24.56
M50	Adrian Royce	2021	22.17
M55	Adrian Royce	2023	22.45
M60	Peter Jones	2022	29.01
M65	Ian Cameron	2019	23.48
M70	John Sheer	2019	26.59
M75	Colin Mancey	2018	32.17
M80	Michael Juckes	2019	32.43

8000 METRES (8km)

M30	Aidan Hobbs	2021	25.04
M35	Shawn Claydon	2007	26.38
M40	Geoff Berkeley	2011	26.04
M45	Ron Peters	2002	27.06
M50	Ron Peters	2004	26.32
M55	David Sweeney	2016	27.18
M60	Ron Peters	2013	29.29
M65	Alan Bradford	2014	30.18
M70	Colin McLeod	2006	34.28
M75	Colin McLeod	2013	37.02

10,000 METRES (10km)

M30	Aidan Hobbs	2021	31.26
M35	Aidan Hobbs	2022	33.15
M40	Ron Peters	1997	33.00
M45	Peter Connolly	1987	33.05
M50	Alan Bradford	1993	34.47
M55	Alan Bradford	1996	34.40
M60	Colin McLeod	2000	37.31
M65	Julius Keller	1997	44.58
M70	Eric Bailey	1994	50.07
M75	Robert Horman	1994	50.04

ROAD WALKS

5KM

M35	Ignacio Jimenez	2005	25.42
M40	Dean Nipperess	2014	23.40
M45	Peter Bennett	2002	24.18
M50	Peter Bennett	2007	25.26
M55	Peter Bennett	2013	24.37
M60	Peter Bennett	2016	26.07
M65	Peter Bennett	2021	30.47
M70	Richard Lynch	1999	31.41
M75	Richard Lynch	2005	32.36
M80	Dick Keatinge	2003	34.57
M85	Dick Keatinge	2008	37.28
M90	John Alroy	1999	49.51

8KM

M35	Dean Nipperess	2011	39.43
M40	Dean Nipperess	2016	40.59

M55	Bob Coleman	2007	49.07
M65	Patrick Sela	2009	56.23
M70	Patrick Sela	2010	51.07
M75	Richard Lynch	2007	54.50
M80	Richard Lynch	2009	57.48

10KM

M30	Ignacio Jimenez	1995	46.30	A
M35	David Smith	1994	41.53	A
M40	David Smith	1999	45.47	
M45	Ignacio Jimenez	2011	48.32	
M50	Ignacio Jimenez	2019	48.17	
M55	Ignacio Jimenez	2021	48.11	
M60	Ignacio Jimenez	2025	49.51	
M65	Peter Bennett	2021	1:03.53	
M70	Patrick Sela	2012	1:02.36	
M75	Richard Lynch	2004	1:05.41	
M80	Dick Keatinge	2003	1:11.10	
M85	Dick Keatinge	2008	1:18.52	A
M90	John Alroy	1994	1:26.32	

15KM

M30	Ignacio Jimenez	1999	1:15.51
M35	Andrew Ludwig	2004	1:13.59
M40	Iggy Jimenez	2009	1:14.23
M45	Peter Bennett	2002	1:16.11
M50	Iggy Jimenez	2018	1:15.28
M55	Ignacio Jimenez	2022	1:16.17
M60	Peter Bennett	2016	1:19.31
M65	Peter Bennett	2021	1:39.05
M70	Patrick Sela	2011	1:39.11
M75	Dick Keatinge	2000	1:45.20

20KM

M30	Ignacio Jimenez	1997	1:38:02	A
M35	Peter Bennett	1995	1:39.18	
M40	Dean Nipperess	2014	1:38.55	
M45	Ignacio Jimenez	2011	1:43.07	
M50	Ignacio Jimenez	2018	1:40.14	
M55	Ignacio Jimenez	2021	1:42.24	
M60	Peter Bennett	2016	1:49.39	
M65	Patrick Sela	2009	1:56.44	
M70	Richard Lynch	2001	2:09.25	
M75	Dick Keatinge	2001	2:19.58	

30KM

M30	Ignacio Jimenez	1995	2:29.23
M35	Peter Bennett	1995	2:34.56
M40	Peter Bennett	1997	2:38.35
M45	Peter Bennett	2001	2:45.18
M50	Iggy Jimenez	2019	2:40.13
M55	Peter Bennett	2012	2:48.43
M60	Peter Bennett	2017	3:12.17
M65	Patrick Sela	2009	3:43.53
M70	Bert Janes	2004	4:13.49

50KM

M30	Ignacio Jimenez	1995	4:40.36
M35	Andrew Ludwig	2003	4:36.02
M40	Peter Bennett	1999	4:58.53
M45	Peter Bennett	2001	4:49.28
M65	Peter Bennett	2020	5:58.0

AMA INDOOR RECORDS HELD BY QMA MEMBERS AS AT 30th MARCH 2025

There are no indoor facilities in Queensland. As a result, there are no QMA indoor records. QMA athletes are able to compete at interstate and international indoor venues and competitions. They can and are therefore able to qualify for AMA Indoor Records.

60 METRES INDOOR (not Qld)

M50 Steve Jones 2017 7.81 A

200 METRES INDOOR (not Qld)

M55 Christopher Brack 2023 24.50A

400 METRES INDOOR (not Qld)

M55 Christopher Brack 2023 55.03 A

M75 Dieter Lacko 2023 82.30 A

800 METRES INDOOR (not Qld)

M30 Brendan Whelan 2008 2.04.24 A

M55 Peter Hawes 2012 2.14.87 A

1000 METRES INDOOR (not Qld)

M65 Joe Begley 2019 4.34.46 A

M70 Ken Daniels 2010 4.40.41 A

1 MILE INDOOR (not Qld)

M30 Brendan Whelan 2008 4.31.43 A

3000 METRES INDOOR (not Qld)

M30 Brendan Whelan 2008 9.02.38 A

M50 Alan Stacey 2017 10.53.45 A

60m HURDLES INDOOR (not Qld)

M35 Nunu Campos 2025 10.30 A

M65 Joe Begley 2019 12.70 A

3000m TRACKWALK INDOOR(not Qld)

M40 Dean Nipperess 2014 13.19.77 A

M45 Dean Nipperess 2019 16.15.10 A

LONG JUMP INDOOR (not Qld)

M55 Viddy Jermacans 2006 4.99 A

M65 Joe Begley 2019 3.94 A

TRIPLE JUMP INDOOR (not Qld)

M55 Viddy Jermacans 2006 8.88 A

HIGH JUMP INDOOR (not Qld)

M65 Joe Begley 2019 1.12 A

POLE VAULT INDOOR (not Qld)

M40 Howard Arbuthnot 2010 4.40 A

M60 Craig Elliott 2018 2.60 A

M65 Craig Elliott 2025 2.45 A

SHOT PUT INDOOR (not Qld)

M50 Rodney Watson 2024 12.20 A

35lb WEIGHT THROW – INDOORS

(not Qld)

M55 Tim Lowrey 2022 8.24A

56lb HEAVY WEIGHT INDOORS

(not Qld)

M30 Tyson Elisaia 2024 8.17 A

100lb HEAVY WEIGHT INDOORS

(not Qld)

M55 Tim Lowrey 2023 3.10

56lb SUPER WEIGHT – INDOORS

(not Qld)

M50 Tim Lowrey 2019 5.96 A

HEAVY WT.PENT INDOOR (not

Qld)

M30 Tyson Elisaia 2024 3041 A

PENTATHLON INDOOR (not Qld)

M65 Joe Begley 2019 2251 A

RELAYS: MEMBERS WHO SET RECORDS IN AUST TEAMS IN NATIONAL AND INTERNATIONAL COMPETITION.

4 x 200m RELAY INDOOR (Not

QLD)

M40+ Stephen Jones 2010 1:37.56A

M45+ Graham Scully 2023 1:37.67A

M55 Christopher Brack 2023 1:45.40A

M75 Dieter Lacko 2023 3:01.64A

4 x 200m MIXED RELAY INDOOR

(Not QLD)

X70 Dieter Lacko 2023

Wilma Perkins

Lynne Schickert 3:02.60A

AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS (as at 5th APRIL 2024)

* Represented for other States before joining Queensland.

60 METRES

M55	Christopher Brack	7.75	2023
M65	Hugh Coogan	10.18	2022
M70	Glen Wilson	8.41	2011

100 METRES

M60	Bernie Hogan	12.15	1981
M75	Hugh Coogan	13.98	2012
M85	Hugh Coogan	16.97	2022

200 METRES

M35	Kevin Silver	22.29	1987
M55	Christopher Brack	24.25	2022
M75	Hugh Coogan	28.83	2011

400 METRES

M55	Christopher Brack	54.58	2023
M70	Hugh Coogan	62.17	2006
M75	Hugh Coogan	65.88	2012

800 METRES

M65	Alan Bradford	2.22.15	2004
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1500 METRES

M30	Brendan Gray	4.06.17	2004
M90	Alex Pittendrich	11.04.39	1998

10,000 METRES

M50	David Sweeney	33.03.74	2015
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5,000 METRES

M70	Ian Cameron	38:30.81	2024
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HALF MARATHON

M35	Patrick Nispell	1h12.03	2017
M60	Ron Peters	1h18.53	2016

MARATHON

M60	John Shaw	2h45.19	2016
M65	Colin McLeod	2h54.41	2003
M70	Colin McLeod	3h04.07	2006

3000m STEEPLECHASE

M30	Brendan Gray	10.05.24	2004
M40	Doug Worling	9.31.6	1975
M45	Doug Worling	9.50.66	1981
M50	Alan Bradford	10.15.1	1991
M55	Alan Bradford	10.29.16	1994

3000m STEEPLECHASE (0.838)

M30	Christopher Davis	10:29.59	2024
M45	Justin Rule	11:23.3	2024
M50	Peter Link	11:43.01	2024

2000m STEEPLECHASE

M60	Alan Bradford	7.05.51	1999
M65	Alan Bradford	7.28.46	2004
M70	Alan Bradford	8.20.95	2009

100m HURDLES (.914/3')

M55	Harry Giles	15.42	1994
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100m HURDLES (.840m/2'9")

M60	Harry Giles	16.68	2005
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400m HURDLES (.914/3')

M40	Harry Giles	56.73	1988
M45	Harry Giles	58.8	1990

400m HURDLES (.840/2'9")

M50	Harry Giles	62.14	1994
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200m HURDLES (.686m/2'3")

M80	Pio Bunin	42.70	2022
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1500M TRACK WALK

M40	Dean Nipperess	6.06.67	2014
M55	Ignacio Jimenez	6.44.28	2022

5000m TRACK WALK

M30	Ignacio Jimenez	22.55.1	1995
M35	David Smith	20.43.8	1995
M40	David Smith	21.26.18	1998

10km ROAD WALK (Best Times)

M45	Ignacio Jimenez	49.27	2011
M55	Ignacio Jimenez	49.23	2022
M85	Dick Keatinge	1h20.12	2009

HIGH JUMP

M70	Alan Rolfe	1.41	1999
M80	Vic Younger	1.17	1994

LONG JUMP

M85	Maurice Dauphinat	2.98	2011
M90	Alex Pittendrich	2.14	1998

TRIPLE JUMP

M40	Derek Boosey	14.01	1987
M90	Alex Pittendrich	5.50	1998

POLE VAULT

M30	Warren Evans	3.65	2005
M40	Howard Arbuthnot	4.20	2011
M45	Paul Casey	3.71	2022
M50	Bruce Arnold	3.65	2005
M85	Vic Younger	1.50	1999

DISCUS THROW

M40	Darron Howarth	50.65	2011
M55	Warwick Selvey	44.38	1996
M65	Warwick Selvey	45.76	2005
M85	Feliks Jekabsons	25.28	2008
M90	Maurice Dauphinat	19.33	2016

SHOT PUT

M85	Feliks Jekabsons	3k 9.10	2008
M90	Maurice Dauphinat	3k 5.70	2017

HAMMER THROW

M30	David Allan	57.10	2005
M50	Bob Wagner	51.93	2007

JAVELIN THROW

M35	John Kay	*Nsw 56.62	1999
M40	John Kay	*Nsw 61.78	2001
M45	John Kay	*Nsw 57.18	2006
M70	Erkki Saarinen	42.00	2006
M75	Erkki Saarinen	34.83	2011
M90	Maurice Dauphinat	17.11	2016

WEIGHT THROW

M30	David Allan	16.32	2005
M45	Bob Wagner	15.76	2005
M50	Bob Wagner	19.64	2007

THROWS PENTATHLON

M70	Colin Murraylee	3675	1999
M85	Feliks Jekabsons	3209	2008

HEAVY WEIGHT PENTATHLON

M50	David Allan	3801	2023
M60	Mark Cumming	4803	2023
M75	Brian Davies	2901	2023
M80	Guy Quarterman	2736	2023
M90	Gordon Woolston	1398	2023

PENTATHLON (with Discus)

M55	Gary Parkington	3679	2024
M85	Maurice Dauphinat	2094	2011
M90	Maurice Dauphinat	2074	2016

DECATHLON

M30	Warren Evans	6371	2005
M55	Nelson Viney	4969	2003
M60	Dave Varley	6014	2022

CHAMPION of CHAMPIONS

SPRINT

1987	Fred Turner	*Nsw M45	12.57	Syd
1988	Harry GathercoleV	M80	12.3	Bris
1998	Mick Pirie	M65	nt	Bris
2002	John Wight	M55	10.63	Adel
2005	John Cooper	M65	10.20	Bris
2006	John Cooper	M65	10.42	Cbra
2007	Hugh Coogan	M70	10.40	Hob
2010	Rob McDonald	M65	10.33	Per
2011	Hugh Coogan	M75	10.49	Bris
2012	Hugh Coogan	M76	10.21	Melb
2013	Rob McDonald	M70	10.46	Cbra

CHAMPION of CHAMPIONS

THROWS

2000	Jim Davis	M65 Disc	60.20	Hob
2002	Ted Vickers	M82 Shot	18.12	Adel
2005	Warren Evans	M33 Dis	51.80	Bris
2014	Darrin Norwood	M34Jav	45.17	Hob
2017	Darrin Norwood	M35 Sp	21.32	Darw
2022	Justin Holzer	M51 Dis	51.74	Bris

ROYCE FOLEY TROPHY

THROWS PENTATHLON

HIGHEST POINTS (no more than

once in a 5year age group

1999	Colin Murraylee	M70	4484	Cbra
2004	Feliks Jekabsons	M80	3985	Melb
2005	Colin Murraylee	M75	4272	Bris
2008	Feliks Jekabsons	M85	4505	Syd
2013	Guy Quarterman	M71	3644	Cbra

AMA CHAMPIONSHIPS Best

Age Graded Performances

2010	Rob McDonald	60m	99.26%
2012	Hugh Coogan	400m	100.36%

AMA YEARLY AWARDS

SPRINTS HURDLES

2001	Hugh Coogan	M65
2007	Colin Buyers	M65

MIDDLE DISTANCE/

STEEPLECHASE

1999	Alan Bradford	M60
2006	Norm Pearce	M80
2009	Alan Bradford	M70

DISTANCE

1998	Bob Horman	M80
2001	Ron Peters	M45
2003	Colin McLeod	M65
2013	Ron Peters	M60

JUMPS

2021	Howard Arbuthnot	M50
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MULTI EVENTS/RELAYS

2008	Ken Daniels	M70
2009)	Colin Buyers	4x400m M65
2009)	Heinz Steinmann	4x400 M65

MOST OUTSTANDING MALE

ATHLETE

1998	Vic Younger	M85
2005	Hugh Coogan	M70
2006	Hugh Coogan	M70
2011	Hugh Coogan	M75

MOST OUTSTANDING INDIVIDUAL

PERFORMANCE

2000	John Kay	*Nsw	M40
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AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS (as at 5th APRIL 2024)

HALL OF FAME

2009 Alan Bradford
2018 Stan Perkins

ADMINISTRATOR/OFFICIAL

2014 Ian Mann
2021 Colin Buyers

AMA/AAVAC MERIT AWARD

2001 Wally Stubbings
For Services to Queensland
2001 Bernie Hogan
For Services to Queensland
2003 Stan Perkins
For Services to AMA as President
for two terms of Office
2020 Don Quinn
For Services to Queensland

OCEANIA RECORDS – MENS – QMA MEMBERS (As at SEPTEMBER 2019)

60 METRES

M30	Travis Venema	7.19	2008
M35	Travis Venema	7.40	2010
M50	Steve Jones	7.83	2015
M85	Maurice Dauphinat	11.12	2012

100 METRES

M30	Travis Venema	11.40	2008
M50	Gary Parkinson	12.01	2019
M70	Hugh Coogan	13.85	2006

200 METRES

M50	Gary Parkinson	24.37	2019
M65	Colin Buyers	26.20	2008
M70	Hugh Coogan	28.10	2006

400 METRES

M50	Gary Parkinson	54.85	2019
M65	Hugh Coogan	61.15	2004
M70	Hugh Coogan	62.28	2006
M75	Colin Woods	74.12	2012

800 METRES

M80	Michael Juckes	3.21.72	2019
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1500 METRES

M30	Brendan Whelan	4.07.7	2006
M40	Alan Bradford	4.07.0	1982
M80	Michael Juckes	7.02.03	2019

5000 METRES

M30	Brendan Whelan	15.25.5	2006
M65	Colin McLeod	18.13.1	2002
M80	Michael Juckes	26.03.74	2019

100m HURDLES (0.840m)

M60	Harry Giles	16.56	2008
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2000m STEEPLECHASE (0.914m)

M80	Michael Juckes	11.20.46	2019
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3000m STEEPLECHASE (0.914m)

M50	Alan Bradford	10.44.0	1992
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3000m TRACK WALK

M35	Peter Bennett	14.28.0	1994
M40	Dean Nipperess	13.10.82	2012
M80	Richard Keatinge	21.00.0	2006

5000m TRACK WALK

M70	Tom Daintry	28.22.0	1984
M75	Tom Daintry	30.33.0	1990
M80	Tom Daintry	33.57.0	1992

10km ROAD WALK (Best Perf)

M35	Peter Bennett	52.14	1994
M40	Dean Nipperess	47.31	2012
M80	Tom Daintry	69.01	1992

HALF MARATHON (Best Perf)

M35	Brendan Whelan	1:15.18	2010
M60	Colin McLeod	1:19.28	1998
M65	Colin McLeod	1:22.25	2002
M70	Colin McLeod	1:31.58	2008

JAVELIN (800g current specif)

M45	John Kay	52.26	2008
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JAVELIN (500g from 2000)

M70	Guy Quartermann	36.51	2012
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DISCUS (2kg)

M30	Alan White	35.60	2000
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DISCUS (1kg)

M80	Feliks Jekabsons	26.96	2006
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SHOT PUT (5kg)

M65	Charlie Rann	12.75	1992
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SHOT PUT (3kg)

M80	Feliks Jekabsons	10.09	2006
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LONG JUMP

M85	Maurice Dauphinat	2.95	2012
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HIGH JUMP

M40	Euan McLean	1.82	2019
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POLE VAULT

M35	Rob Hill	4.40	2008
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PENTATHLON

M70	Ken Daniels	3084	2008
	Long Jump	3.95	
	Javelin	31.99	
	200 Metres	31.38	
	Discus	25.19	
	1500 Metres	7.09.23	

THROWS PENTATHLON

M80	Feliks Jekabsons	3539	2006
	Hammer	28.97	
	Shot Put	9.98	
	Discus	26.96	
	Javelin	19.30	
	Weight	12.43	

DECATHLON

M30	Peter Hollenbeck	5308	2019
	100 Metres	12.01	647
	Long Jump	5.93	571
	Shot Put	11.58	581
	High Jump	1.68	528
	400 Metres	62.23	340
	110m Hurdles	17.77	545
	Discus	35.43	572
	Pole Vault	4.40	731
	Javelin	49.28	578
	1500 Metres	6.12.52	215
M55	Andrew Millerd	6193	2019
	100 Metres	12.99	793
	Long Jump	5.14	753
	Shot Put	8.36	523
	High Jump	1.52	679
	400 Metres	60.78	752
	100m Hurdles	19.00	569
	Discus	29.85	527
	Pole Vault	2.80	533
	Javelin	27.80	402
	1500 Metres	5.39.34	662
M60	Mark McLean	5984	2019
	100 Metres	13.49	782
	Long Jump	4.46	646
	Shot Put	8.95	556
	High Jump	1.40	644
	400 Metres	65.58	661
	100m Hurdles	17.56	752
	Discus	24.48	387
	Pole Vault	2.20	389
	Javelin	30.95	497
	1500 Metres	5.54.67	670

M70	Ken Daniels	5995	2008
	100 Metres	15.00	
	Long Jump	4.14	
	Shot Put	8.31	
	High Jump	1.21	
	400 Metres	73.03	
	Hurdles	17.88	
	Discus	26.71	
	Pole Vault	2.00	
	Javelin	31.98	
	1500 Metres	7.00.11	

ASIA-PAN PACIFIC MASTERS GAMES - QMA MEMBERS RECORDS AS AT 2018

These are Asia/Pan Pacific Masters Records

TRACK & FIELD

60 METRES

M30	Travis Venema	7.33	2008
M85	Maurice Dauphinat	11.18	2012

100 METRES

M30	Travis Venema	11.48	2006
M45	Ian McLean	11.84	2008
M50	Gary Parkinson	11.75	2018
M85	Maurice Dauphinat	18.46	2012

200 METRES

M65	Heinz Steinmann	26.28	2008
M70	Hugh Coogan	28.09	2006

400 METRES

M45	Gary Parkinson	53.44	2012
M65	Heinz Steinmann	59.70	2008
M70	Hugh Coogan	63.24	2006

4x100m Relay

QMA Members included in Teams

M30+	Warren Evans	46.39	2002
	Karl Weber		
	Mark Whitman		
	Shane Mathews		
M35+	Bevan Valentine	47.69	2002
	Ray Keane		
M45+	Jim Furlong	47.95	2000
	Shaun McLaughlin		
M50+	Steve Bishop	52.54	2010
	Steve Davies-Evans		
	Geoff Bramley		
M55+	Joe Begley	52.57	2012
M60+	Rob McDonald	49.96	2006
	John Wight		
M65+	Noel Garvey	61.82	2002
	Peter Berry		
	Charles Crowley		
M70+	Rob McDonald	59.08	2014
M80+	George Harrod	77.06	2010
	Maurice Dauphinat		
	Hugh Thomsen		
	Russell Grigg		

4x400m Relay

QMA Members included in Teams

M30+	Warren Evans	3.44.18	2002
	David Hill		
	Mark Whitman		
	Shane Mathews		
M35+	Roscoe McDonnell	3.57.50	2012
	Wayne Adams		
M40+	Mike Warburton	3.59.13	2000
	Jason Collie		
	Shaun McLaughlin		
	Norm Cornwell		
M45+	Graeme Rowley	4.12.35	2010
	Craig Bruce		
	Callum McInnes		
M50+	Bob Grayson	3.58.37	2002
	Bruce Bodsworth		
	Ken Dohnt		
	Colin Buyers		
M55+	Paul Chaplain	4.39.18	2008
	Sean Ryan		
M60+	Colin Buyers	4.05.83	2006
M65+	Colin Buyers	4.11.80	2008
	Heinz Steinmann		
M70+	Alf Lakin	5.50.22	2010
	Noel Garvey		
	Ken Daniels		
	George Harrod		
M80+	George Harrod	5.32.29	2012

800 METRES

M30	David Hill	1.59.15	2004
M35	Brian Sax	2.01.33	2010

M45	Shaun McLaughlin	2.08.22	2000
M85	Norm Pearce	4.19.67	2010

1500 METRES

M30	Brendan Whelan	4.05.74	2006
M35	Brendan Whelan	4.15.84	2012
M45	David Sweeney	4.19.67	2006
M55	Peter Reeves	4.30.78	2010
M80	Colin Woods	7.06.00	2016
M85	Norm Pearce	9.03.28	2010

5000 METRES

M30	Brendan Whelan	15.23.81	2006
M35	Brendan Whelan	16.59.05	2012
M45	Ron Peters	15.37.93	2000
M50	Ron Peters	16.21.57	2004
M55	Ron Peters	16.58.80	2008
M80	Colin Woods	27.25.22	2016

80m HURDLES

M85	Vic Younger	26.66	1998
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100m HURDLES

M55	Dave Varley	17.17	2018
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110m HURDLES

M30	Warren Evans	16.05	2004
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300m HURDLES

M60	Harry Giles	47.47	2006
M65	Harry Giles	50.53	2010

400m HURDLES

M40	Richard Norris	63.26	2012
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2000m STEEPLECHASE

M60	Colin McLeod	7.38.69	1998
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3000m STEEPLECHASE

M40	Bill McLean	10.45.34	2000
M45	Peter Hall	10.54.79	2000

3000m TRACK WALK

M30	Andrew Ludwig	13.48.14	1998
M35	Andrew Ludwig	13.47.45	2002
M40	Dave Smith	12.30.54	1998
M45	Peter Bennett	13.39.21	2002
M50	Ignacio Jimenez	13.36.95	2018
M55	Klaus Maurer	15.31.46	1998
M60	Bob Mee	16.14.67	1998
M85	Dick Keatinge	22.56.65	2008
M90	John Alroy	27.44.62	1998

5000m TRACK WALK

M30	Andrew Ludwig	23.29.49	2000
M35	Andrew Ludwig	23.43.45	2002
M45	Peter Bennett	23.46.13	2002
M50	Ignacio Jimenez	23.24.51	2018
M60	Peter Bennett	28.26.21	2018
M70	Richard Lynch	31.27.84	2000
M75	Patrick Sela	40.12.05	2016
M85	Bert Janes	41.22.36	2018

LONG JUMP

M30	Warren Evans	6.57	2002
M50	Gary Parkinson	6.10	2018
M70	Spencer Herft	4.43	2008
M85	Vic Younger	2.96	1998
M90	Alex Pittendrich	1.99	1998

TRIPLE JUMP

M30	Warren Evans	11.72	2004
M85	Vic Younger	6.20	1998
M90	Alex Pittendrich	4.96	1998

HIGH JUMP

M40	Euan McLean	1.81	2018
M45	Bill McLean)	1.65	2002

M45	John Musters)	1.65	1998
M50	Howard Arbuthnot	1.64	2018
M85	Vic Younger	1.08	1998

POLE VAULT

M30	Warren Evans	4.05	2002
M35	Rob Hill	4.60	2008
M40	Rob Hill	4.40	2014
M50	Howard Arbuthnot	4.20	2018
M55	Nelson Viney	3.20	2004
M70	Garvin Brown	2.70	1998
M75	Garvin Brown	2.70	2004
M85	Vic Younger	1.70	1998

JAVELIN THROW

M30	Warren Evans	54.32	2002
M40	John Kay	62.72	2000
M65	Guy Quarterman	38.00	2008
M75	Colin Murraylee	36.25	2004
M85	Maurice Dauphinat	19.94	2012

DISCUS THROW

M30	Warren Evans	45.42	2004
M35	Darron Haworth	54.15	2008
M55	Warwick Selvey	41.86	1998
M75	Colin Murraylee	32.94	2004
M80	Feliks Jekabsons	27.08	2004
M85	Maurice Dauphinat	21.27	2012

SHOT PUT

M30	Dean Cowan	14.89	2002
M65	Arvo Ropelin	11.49	2002
M75	Feliks Jekabsons	11.15	1998
M80	Dash Daniels	10.17	2018

HAMMER THROW

M30	Dean Cowan	42.19	2002
M35	Darron Haworth	54.85	2008
M45	Bob Wagner	50.53	2004
M50	Bob Wagner	53.89	2006
M80	Feliks Jekabsons	30.71	2006

WEIGHT THROW

M30	Dean Cowan	15.42	2002
M35	Darron Haworth	17.05	2008
M45	Bob Wagner	15.74	2004
M50	Bob Wagner	19.77	2006
M85	Ken Buttsworth	8.78	2002

THROWS PENTATHLON (at 2010)

M35	Darron Haworth	3672	2008
M70	Guy Quarterman	3644	2012

OUT OF STADIUM EVENTS

10km ROAD WALK

M30	Andrew Ludwig	50.12.0h	1998
M35	Andrew Ludwig	49.35.0h	2002
M40	Dave Smith	45.37.0h	1998
M45	Peter Bennett	50.20.0h	2002
M50	Ignacio Jimenez	48.47	2018
M60	Peter Bennett	58.16	2018

4KM CROSS COUNTRY

M30	Brendan Whelan	13.07.55	2006
M35	Brendan Whelan	13.36.18	2010
M40	Matt Macdonald	13.53.00	2016
M50	Norman Burns	15.43.00	2016
M55	Phil Davies	15.37.00	2012
M65	Alan Bradford	15.37.65	2004

8KM CROSS COUNTRY

M30	Brendan Whelan	27.57.03	2004
M35	Brendan Whelan	28.20.00	2012
M40	Shawn Claydon	28.40.00	2008
M45	David Sweeney	27.09.53	2006
M50	Ron Peters	28.03.28	2006
M55	Ron Peters	28.36.00	2008

ASIA-PAN PACIFIC MASTERS GAMES - QMA MEMBERS RECORDS AS AT 2018
These are Asia/Pan Pacific Masters Records

BEACH MILE 2016 RESULT ONLY

QMA MEMBERS

M40	1	Matt Macdonald	7.34	2016
M50	2	Norman Burns	8.49	2016
M65	2	Sean Ryan	11.17	2016
M75	2	Alf Lakin	17.20	2016

5KM ROAD RACE 2016 RESULTS

M40	1	Matt Macdonald	16.09	2016
M50	1	Norman Burns	18.29	2016
M55	7	David Mackay	27.27	2016
M75	2	Alf Lakin	37.22	2016

10.5KM TRAIL RUN 2016 RESULTS

M40	1	Matt Macdonald	37.16	2016
M50	1	Norman Burns	43.53	2016
M75	2	Alf Lakin	1.27.40	2016

COMBINED RESULTS: 2016

Beach Mile

5km Road Race

4km Cross Country

10.5km Trail Run

M40	1	Matt Macdonald	1:14.52	2016
M50	1	Norman Burns	1:26.54	2016
M75	2	Alf Lakin	2:54.05	2016