

QMA WINTER COMPETITION - SAF 9th July 2023

HAMMER

		Metres
Hazel McDonnell	W75	24.24
Nick MacMillan	M45	17.68
Mark Cumming	M60	48.06
John Milne	M60	29.37
Mills Lafferty	M70	24.62
Don Quinn	M75	24.35
Brian Davies	M75	21.71

WEIGHT THROW

		Metres
Hazel McDonnell	W75	8.87
Mark Cumming	M60	18.99
John Milne	M60	11.43
Mills Lafferty	M70	8.84
Don Quinn	M75	10.05
Brian Davies	M75	10.99

JAVELIN

		Metres
Bronwyn Battersby	W55	11.99
Hazel McDonnell	W75	11.42
Nick MacMillan	M45	15.75
Anthony Barraclough	M50	36.02
Darryn Bryant	M55	30.52
John Milne	M60	20.80
Mills Lafferty	M70	7.01
Don Quinn	M75	12.64
Brian Davies	M75	18.82

HIGH JUMP

		Metres
Bronwyn Battersby	W55	1.25
Darryn Bryant	M55	1.31
Rob Lasker	M60	1.40

DISCUS

Hazel McDonnell	W75	13.38
Derek Wang	M35	49.59
Nick MacMillan	M45	19.40
Anthony Barraclough	M50	28.14
Darryn Bryant	M55	22.32
John Milne	M60	31.15
Mills Lafferty	M70	19.14
Don Quinn	M75	22.35
Mila Josipovic	Jnr	26.99