

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M29&U 60 Meter Run Sunday**

Name	Age Team	Seed	Finals	Wind	Age-Grading
Finals					
1 Finegan, Gio	M12 Qma	10.10	10.45	1.6	10.46 60.61%

W29&U 60 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Finegan, Kim	W9 Unattached	12.10	11.97	2.0	11.98 58.01% 2

W29&U 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Finegan, Kim	W9 Unattached	12.10	12.04	+0.0	12.05 57.68% 3

M29&U 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Finegan, Gio	M12 Qma	10.10	10.48	0.4	10.49 60.44% 2

W35 60 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Morris, Nicolai	W37 Qma		9.02	1.6	9.03 76.97%

M35 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Bartrim, Hamish	M38 Unattached	7.80	7.55	1.7	7.55 83.97% 1
2 Burrows, Tom	M35 Unattached	9.15	9.48	0.4	9.48 66.88% 2

W35 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Kwan, Rachel	W39 Qma	9.80	9.72	0.4	9.73 71.43% 2

M40 60 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Gary	M40 Qma	6.95	6.90	1.6	6.74 94.07%

W40 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Jenkinson, Andrea	W40 Qma	10.29	10.46	0.4	10.45 66.51% 2

M40 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Gary	M40 Qma	6.95	7.04	1.7	6.88 92.15%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 60 Meter Run Saturday**

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Muller, Crystal	W45 Qma	9.00	9.00	0.4	8.66 80.25% 2

M45 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Peters, Brad	M49 Unattached	8.20	7.98	1.7	7.61 83.31% 1
2 Roennfeldt, Geoffrey	M45 Qma	9.72	10.55	0.4	10.05 63.08% 2

M50 60 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Pittman, Geoffrey	M52 Qma	7.70	7.67	1.6	7.12 89.04%
2 Scully, Graham	M52 Qma	7.72	7.72	1.6	7.17 88.42%
3 Chung, Sen	M51 Qma	9.10	8.19	1.6	7.61 83.31%

M50 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Pittman, Geoffrey	M52 Qma	7.70	7.68	1.7	7.13 88.92%
2 Dundas, Paul	M51 Qma	7.80	7.82	1.7	7.26 87.33%
3 Beatson, Scott	M52 Qma	8.32	8.74	1.7	8.12 78.08%

W50 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Schubert, Jodie	W53 Qma	9.88	0.4	9.15	75.96% 2

M55 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Maguire, Bernard	M55 Qma	8.80	8.06	1.7	7.28 87.09%

W55 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Kolb, Miwa	W58 Qma	10.89	+0.0	9.72	71.50% 3

M70 60 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Begley, Joe	M71 Qma	9.00	9.51	1.7	7.83 80.97%

M90 60 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Quinlivan, Laurence	M90 Qma	16.42	2.0	11.00	57.64% 2

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M90 60 Meter Run Saturday**

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Quinlivan, Laurence	M90 Qma	14.50	17.54	+0.0	11.75 53.96% 3

W29&U 100 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Finegan, Kim	W9 Unattached	19.10	19.39	1.7	19.40 54.33% 2

M29&U 100 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Suljic, Benjamin	M17 Unattached	11.80	11.88	0.7	11.89 80.57% 1
2 Finegan, Gio	M12 Qma	16.90	17.66	1.7	17.67 54.22% 2

M29&U 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Irwin, Connor	M12 Unattached	13.59	14.35	0.3	14.36 66.71%
2 Finegan, Gio	M12 Qma	16.90	17.27	0.3	17.28 55.44%

W29&U 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Finegan, Kim	W9 Unattached	19.10	19.85	+0.0	19.86 53.07% 3

W35 100 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Morris, Nicolai	W37 Qma	14.40	14.47	0.7	14.48 72.79%

W35 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Kwan, Rachel	W39 Qma	15.97	+0.0	15.98	65.96% 3

M40 100 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Gary	M40 Qma	10.80	10.79	0.7	10.44 91.76%

M40 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Gary	M40 Qma	10.80	11.23	0.3	10.86 88.21%

W40 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Wastell-Anthony, Lisa	W40 Unattached	15.50	15.17	+0.0	14.89 70.79% 3

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 100 Meter Run Sunday**

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Kehoe, Gillian	W45 Qma		13.15	0.7	12.42 84.86%

W45 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Muller, Crystal	W45 Qma	14.63	+0.0	13.82	76.27% 3

M45 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Irwin, Blair	M48 Unattached	12.96	12.76	0.3	11.93 80.30% 1
2 Calleja, Mark	M49 Qma		13.51	+0.0	12.63 75.85% 3
3 Roennfeldt, Geoffrey	M45 Qma		17.33	+0.0	16.20 59.14% 3

M50 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Pittman, Geoffrey	M52 Qma	12.00	12.04	0.3	10.88 88.05% 1
2 Scully, Graham	M52 Qma		12.45	0.8	11.25 85.16% 2
3 Beatson, Scott	M52 Qma		13.92	0.8	12.58 76.15% 2

W50 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Schubert, Jodie	W53 Qma		15.96	+0.0	14.50 72.69% 3

M50 100 Meter Run Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Pittman, Geoffrey	M52 Qma	12.00	11.87	0.7	10.72 89.37%
2 Scully, Graham	M52 Qma		12.44	0.7	11.24 85.23%

M55 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Maguire, Bernard	M55 Qma		12.84	0.8	11.21 85.46% 2
2 Allis, Greg	M55 Unattached	13.50	13.18	0.3	11.51 83.23% 1

M70 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Begley, Joe	M71 Qma		15.05	0.3	11.83 80.98%

M90 100 Meter Run Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Quinlivan, Laurence	M90 Qma		28.53	0.8	18.25 52.49% 2

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M90 100 Meter Run Sunday**

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Quinlivan, Laurence	M90 Qma		26.98	1.7	17.26 55.50% 2

M29&U 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Irwin, Connor	M12 Unattached	27.48	27.10	+0.0	27.11 70.79% 2
2 Finegan, Gio	M12 Qma	34.00	38.38	1.1	38.39 49.99% 3

W29&U 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Finegan, Kim	W9 Unattached	38.00	49.17	1.1	49.18 43.78% 3

W30 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Gibson, Ashleigh	W31 Qma		25.91	25.88 -1.0	25.89 83.16%

M35 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Burrows, Tom	M35 Unattached	28.10	30.70	+0.0	30.06 63.84% 2

W35 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Kwan, Rachel	W39 Qma	33.00	32.33	1.1	32.34 66.57% 3

M40 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Gary	M40 Qma		22.30	22.50 -1.0	21.34 89.93%

W40 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Wastell-Anthony, Lisa	W40 Unattached	34.00	31.78	1.1	31.11 69.21% 3

M45 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 Irwin, Blair	M48 Unattached	26.17	26.50	-1.0	24.33 78.87% 1
2 Calleja, Mark	M49 Qma	27.37	27.40	+0.0	25.16 76.27% 2
3 Roennfeldt, Geoffrey	M45 Qma	33.05	37.10	+0.0	34.06 56.34% 2

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 200 Meter Run**

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Muller, Crystal	W45 Qma	30.00	30.42	1.1	28.63 75.20%	3

M50 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Pittman, Geoffrey	M52 Qma	12.00	23.97	-1.0	21.30 90.09%	1
2 Scully, Graham	M52 Qma	25.12	25.00	-1.0	22.21 86.40%	1
3 Beatson, Scott	M52 Qma	28.30	29.60	+0.0	26.30 72.97%	2

W50 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Schubert, Jodie	W53 Qma	32.00	32.65	1.1	29.52 72.93%	3

M55 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Maguire, Bernard	M55 Qma	26.53	26.18	-1.0	22.50 85.29%
2 Allis, Greg	M55 Unattached	27.00	28.06	-1.0	24.12 79.56%

M70 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Begley, Joe	M71 Qma	31.00	31.20	+0.0	24.23 79.20%	2

M90 200 Meter Run

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 Quinlivan, Laurence	M90 Qma	59.59	1:12.39	1.1	43.42 44.20%	3

M29&U 300 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Finegan, Gio	M12 Qma	58.00	1:04.35	1:04.36 46.61%

W29&U 300 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Finegan, Kim	W9 Unattached	1:10.00	1:19.13	1:19.14 41.70%

W30 300 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Gibson, Ashleigh	W31 Qma	40.00	41.17	41.18 80.14%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 300 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading
1 McAdam, Lauren	W38 Qma	41.75	41.76	41.77 79.00%

M40 300 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Finegan, Gary	M40 Qma	37.30	35.57	35.58 84.32%

W45 300 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Kehoe, Gillian	W45 Qma	44.00	43.73	43.74 75.45%

M50 300 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Pittman, Geoffrey	M52 Qma		38.49	38.50 77.92%
2 Scully, Graham	M52 Qma	41.08	39.23	39.24 76.45%

M40 400 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Taylor, Adam	M40 River City Runners	55.50	59.52	56.63 75.98%

W40 400 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#
1 Wastell-Anthony, Lisa	W40 Unattached	1:18.00	1:12.59	1:08.54 70.24%	2

M45 400 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Calleja, Mark	M49 Qma	1:04.89	1:08.38	1:02.97 68.33%

W50 400 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#
1 Schubert, Jodie	W53 Qma	1:13.00	1:15.62	1:05.88 73.07%	2

M55 400 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Maguire, Bernard	M55 Qma	58.14	1:05.46	56.41 76.28%

W55 400 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#
1 Kolb, Miwa	W58 Qma	1:20.71	1:19.18	1:05.91 73.04%	2

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 400 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading	H#
1 Thornton, Susan	W64 Qma	1:22.00	1:21.61	1:04.67 74.44%	2

W75 400 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#
1 Davey, Irene	W78 Qma	1:59.90	2:11.73	1:27.57 54.97%	2

M30 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Jones, Matthew	M31 Unattached		2:24.22	2:24.23 69.96%

W30 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Kubicki Garcia, Cecylia	W32 Unattached		2:24.44	2:24.45 78.93%

M40 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Hansen, Jonathan	M41 Unattached		2:11.16	2:05.66 80.30%

M50 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Dover, Thomas	M50 Unattached	2:06.00	2:08.77	1:53.86 88.63%

M55 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Smith, Mitchell	M58 Qma	2:20.24	2:41.02	2:16.69 73.82%

W80 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Allison, Marge	W81 Qma		4:11.72	2:39.95 71.28%

M29&U 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Maguire, Ashton	M15 Unattached	4:45.00	4:36.94	4:36.95 74.38%
2 Maguire, Darcy	M12 Unattached	4:58.00	5:10.82	5:10.83 66.27%
3 Toro, Jack	M9 Unattached		6:01.93	6:01.94 56.92%

W29&U 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Toro, Charlotte	W10 Unattached		6:47.74	6:47.75 56.42%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 1500 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading
1 Toro, Kayla	W34 Qma		5:38.73	5:38.74 67.92%

M35 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Faulds, Graeme	M35 Qma	5:08.50	5:13.32	5:08.59 66.76%

M40 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Taylor, Adam	M40 River City Runners	4:35.50	4:37.35	4:24.38 77.92%

M50 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Shard, Paul	M53 Qma		5:21.74	4:45.42 72.17%

W55 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Kolb, Miwa	W58 Qma	6:00.00	5:58.44	4:58.37 77.11%

W60 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Thornton, Susan	W64 Qma	6:15.00	6:22.11	5:03.82 75.73%

M65 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Lamont, Peter	M67 Qma	5:35.00	5:30.01	4:17.87 79.89%

M70 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Reeves, Peter	M72 Qma		5:40.33	4:13.41 81.29%

W70 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Ryan, Anne	W70 Qma		6:33.18	4:43.17 81.25%

W75 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 Davey, Irene	W78 Qma	9:59.90	10:09.07	6:54.90 55.45%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M85 1500 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading
1 Juckes, Michael	M86 Qma	7:55.00	7:51.62	4:46.56 71.89%

M60 3000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading
1 O'Dowd, John	M61 Qma		12:45.96	10:23.57 70.67%

W55 60 Meter Hurdles Day 1

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Kolb, Miwa	W58 Qma		13.85	1.7	11.82 64.97%

M29&U 90 Meter Hurdles Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Smith, Kyren	M11 Unattached	17.62	2.2			10
2 Finegan, Gio	M12 Qma	21.34	2.2			8

W29&U 90 Meter Hurdles Sunday

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 O'Friel, Teagan	W14 Unattached	15.87	2.2			10

M29&U 90 Meter Hurdles Saturday

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Finegan, Gio	M12 Qma	21.32	1.7			

M29&U High Jump

Name	Age Team	Seed	Finals	Age-Grading
1 Biggs, Jack	M14 Unattached		1.66m	1.66m 67.76%

M50 High Jump

Name	Age Team	Seed	Finals	Age-Grading
1 Pittman, Geoffrey	M52 Qma		1.50m	1.75m 71.43%

W35 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
1 Morris, Nicolai	W37 Qma	2.60m	2.50m	2.50m 49.41%

M45 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
-- Casey, Paul	M49 Unattached		NH	

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Pole Vault**

Name	Age Team	Seed	Finals	Age-Grading
1 Chung, Sen	M51 Qma		3.30m	3.98m 64.19%

M55 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
1 Arbuthnot, Howard	M58 Qma	3.96m	4.01m	5.16m 83.23%

M60 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
1 Hughes, Michael	M61 Qma	2.50m	2.50m	3.45m 55.65%

W75 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading
-- Perkins, Wilma	W76 Qma		NH	

M29&U Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Irwin, Connor	M12 Unattached		4.20m	1.9	4.20m 46.93%
2 Finegan, Gio	M12 Qma	3.43m	2.96m	1.6	2.96m 33.07%

W29&U Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Kim	W9 Unattached	2.79m	2.81m	NWI	2.81m 37.87%

M40 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Gary	M40 Qma	7.43m	6.81m	2.0	7.47m 83.46%

M45 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Irwin, Blair	M48 Unattached		4.98m	3.7	5.78m 64.58%

W45 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Muller, Crystal	W45 Qma		3.72m	0.6	4.29m 57.82%

W50 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Dale, Joy	W54 Qma		2.87m	2.1	3.50m 47.17%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W29&U Triple Jump**

Name	Age Team	Seed	Finals	Wind	Age-Grading
-- Finegan, Kim	W9 Unattached	5.30m	FOUL		

M29&U Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Irwin, Connor	M12 Unattached		9.34m	0.6	9.34m 51.07%
2 Finegan, Gio	M12 Qma	7.28m	6.37m	NWI	6.37m 34.83%

M40 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Finegan, Gary	M40 Qma	13.36m	13.15m	2.1	13.87m 75.83%

W50 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 Dale, Joy	W54 Qma		6.63m	1.8	8.07m 0.46%

W30 Shot Put

Name	Age Team	Seed	Finals	Age-Grading
1 Lucero Hansen, Marcia	W34 Qma		9.56m	9.56m 45.01%

W35 Shot Put

Name	Age Team	Seed	Finals	Age-Grading
1 Muller, Lauren	W39 Qma		7.64m	7.92m 37.29%
2 Ryan, Bridget	W37 Qma		6.91m	7.16m 33.71%

W40 Shot Put

Name	Age Team	Seed	Finals	Age-Grading
1 Ramsden, Miranda	W40 Unattached		8.50m	9.48m 44.63%
2 Jenkinson, Andrea	W40 Qma		8.49m	9.47m 44.59%
3 Elliott, Kieren	W44 Qma		5.28m	5.89m 27.73%

W45 Shot Put

Name	Age Team	Seed	Finals	Age-Grading
1 Hollis, Tracey	W45 Qma		7.26m	8.75m 41.20%

W50 Shot Put

Name	Age Team	Seed	Finals	Age-Grading
1 Higgins, Kylie	W54 Qma		6.39m	7.23m 34.04%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Shot Put**

Name	Age	Team	Seed	Finals	Age-Grading
1 Jones, Julie	W57	Qma		4.77m	5.88m 27.68%

W75 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W75	Qma		5.05m	7.71m 36.30%

M35 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Burrows, Tom	M35	Unattached		7.99m	8.35m 35.73%

M45 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Vaneynde, Chris	M49	Qma		9.96m	11.81m 50.53%

M50 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Keen, Adrian	M54	Unattached		10.98m	12.68m 54.26%

M55 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Kolb, Peter	M56	Qma		8.83m	10.96m 46.90%

M60 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Hughes, Michael	M61	Qma		9.54m	11.68m 49.98%
2 Milne, John	M63	Qma		9.35m	11.45m 48.99%

M70 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Joni, Lajos	M70	Qma		9.98m	13.00m 55.63%
2 Musters, John	M73	Qma		9.93m	12.94m 55.37%

M80 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Quartermann, Guy	M84	Qma		9.24m	12.82m 54.86%

M90 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading
1 Quinlivan, Laurence	M90	Qma		4.64m	8.33m 35.64%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 Hammer Throw**

Name	Age	Team	Seed	Finals	Age-Grading
1 Lucero Hansen, Marcia	W34	Qma		22.88m	22.88m 27.57%

W35 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Ryan, Bridget	W37	Qma		17.53m	18.53m 22.33%
2 Muller, Lauren	W39	Qma		15.31m	16.18m 19.50%

W40 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Ramsden, Miranda	W40	Unattached		19.01m	22.08m 26.61%
2 Jenkinson, Andrea	W40	Qma		18.56m	21.55m 25.97%
3 Elliott, Kieren	W44	Qma		15.98m	18.56m 22.37%

W45 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Hollis, Tracey	W45	Qma		29.20m	37.33m 44.99%

W50 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Higgins, Kylie	W54	Qma		31.56m	38.58m 46.49%

W55 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Jones, Julie	W57	Qma		15.33m	20.77m 25.03%

W75 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W75	Qma		13.12m	21.94m 26.44%

M50 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Keen, Adrian	M54	Unattached		45.89m	50.07m 59.00%

M55 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Kolb, Peter	M56	Qma		29.96m	35.30m 41.60%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 Hammer Throw**

Name	Age Team	Seed	Finals	Age-Grading
1 Milne, John	M63 Qma		30.29m	35.46m 41.79%
-- Cummings, Mark	M63 Unattached		FOUL	

M70 Hammer Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Joni, Lajos	M70 Qma		39.39m	50.36m 59.34%
2 Musters, John	M73 Qma		20.70m	26.46m 31.18%

M80 Hammer Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Quarterman, Guy	M84 Qma		27.33m	39.08m 46.05%

M90 Hammer Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Quinlivan, Laurence	M90 Qma		10.99m	22.33m 26.31%

W30 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Lucero Hansen, Marcia	W34 Qma		17.61m	17.61m 24.36%

W35 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Fabian, Sonia	W36 Qma		33.11m	33.89m 46.89%
2 Muller, Lauren	W39 Qma		22.00m	22.51m 31.14%
3 Ryan, Bridget	W37 Qma		18.37m	18.80m 26.01%

W40 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Jenkinson, Andrea	W40 Qma		22.05m	24.91m 34.46%
2 Ramsden, Miranda	W40 Unattached		13.52m	15.27m 21.13%
3 Elliott, Kieren	W44 Qma		9.56m	10.80m 14.94%

W45 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Hollis, Tracey	W45 Qma		14.90m	18.61m 25.75%

W50 Javelin Throw

Name	Age Team	Seed	Finals	Age-Grading
1 Higgins, Kylie	W54 Qma		14.98m	18.94m 26.20%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Javelin Throw**

Name	Age	Team	Seed	Finals	Age-Grading
1 Jones, Julie	W57	Qma		11.09m	15.61m 21.60%

W75 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W75	Qma		8.62m	17.60m 24.35%

M50 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Keen, Adrian	M54	Unattached		34.75m	42.71m 43.37%
2 Pittman, Geoffrey	M52	Qma		26.90m	33.06m 33.57%

M55 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Kolb, Peter	M56	Qma		23.56m	31.62m 32.11%

M70 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Musters, John	M73	Qma		22.45m	34.94m 35.48%

M80 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Quarterman, Guy	M84	Qma		20.45m	37.63m 38.21%

M90 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading
1 Quinlivan, Laurence	M90	Qma		9.04m	24.39m 24.77%

W30 Weight Throw 100lb

Name	Age	Team	Seed	Finals	Age-Grading
1 Lucero Hansen, Marcia	W34	Qma		2.15m	2.15m 8.40%
2 Luyten, Nicole	W34	Qma		1.95m	1.95m 7.62%

W30 Weight Throw 56lb

Name	Age	Team	Seed	Finals	Age-Grading
1 Luyten, Nicole	W34	Qma		4.98m	4.98m 19.45%
2 Lucero Hansen, Marcia	W34	Qma		4.24m	4.24m 16.56%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Weight Throw 1001b**

Name	Age	Team	Seed	Finals	Age-Grading
1 Morris, Nicolai	W37	Qma		1.78m	1.84m 7.19%
2 Ryan, Bridget	W37	Qma		1.56m	1.61m 6.29%
3 Kirwin, Roslyn	W36	Qma		0.94m	0.97m 3.79%

W35 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Ryan, Bridget	W37	Qma		3.10m	3.21m 12.54%
2 Kirwin, Roslyn	W36	Qma		2.07m	2.14m 8.36%

W40 Weight Throw 1001b

Name	Age	Team	Seed	Finals	Age-Grading
1 Ramsden, Miranda	W40	Unattached		2.18m	2.43m 9.49%

W40 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Ramsden, Miranda	W40	Unattached		3.79m	4.23m 16.52%

W45 Weight Throw 1001b

Name	Age	Team	Seed	Finals	Age-Grading
1 Molloy, Joanne	W45	Qma		2.20m	2.66m 10.39%
2 Hollis, Tracey	W45	Qma		2.06m	2.49m 9.73%

W45 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Hollis, Tracey	W45	Qma		3.66m	4.43m 17.30%
2 Molloy, Joanne	W45	Qma		3.30m	4.00m 15.63%

W55 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Jones, Julie	W57	Qma		1.10m	1.38m 5.39%

M50 Weight Throw 1001b

Name	Age	Team	Seed	Finals	Age-Grading
1 Keen, Adrian	M54	Unattached		4.07m	4.06m 15.70%
2 Chung, Sen	M51	Qma		2.29m	2.28m 8.82%

M50 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Keen, Adrian	M54	Unattached		7.95m	7.93m 30.67%

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 Weight Throw 1001b**

Name	Age	Team	Seed	Finals	Age-Grading
1 Joni, Lajos	M70	Qma		2.00m	2.05m 7.93%

M70 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Joni, Lajos	M70	Qma		5.30m	5.43m 21.00%

M75 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Davies, Brian	M79	Qma		2.50m	2.80m 10.83%

M80 Weight Throw 1001b

Name	Age	Team	Seed	Finals	Age-Grading
1 Quinn, Don	M81	Qma		2.40m	2.53m 9.78%

M80 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Quinn, Don	M81	Qma		3.78m	3.98m 15.39%

M90 Weight Throw 561b

Name	Age	Team	Seed	Finals	Age-Grading
1 Quinlivan, Laurence	M90	Qma		1.34m	1.90m 7.35%

W30 Super Weight

Name	Age	Team	Seed	Finals	Age-Grading
1 Lucero Hansen, Marcia	W34	Qma		5.55m	

W35 Super Weight

Name	Age	Team	Seed	Finals	Age-Grading
1 Ryan, Bridget	W37	Qma		4.14m	
2 Kirwin, Roslyn	W36	Qma		3.81m	

W40 Super Weight

Name	Age	Team	Seed	Finals	Age-Grading
1 Ramsden, Miranda	W40	Unattached		5.55m	

W45 Super Weight

Name	Age	Team	Seed	Finals	Age-Grading
1 Hollis, Tracey	W45	Qma		6.21m	
2 Molloy, Joanne	W45	Qma		4.80m	

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Super Weight**

Name	Age Team	Seed	Finals	Age-Grading
1 Jones, Julie	W57 Qma		3.23m	

M50 Super Weight

Name	Age Team	Seed	Finals	Age-Grading
1 Keen, Adrian	M54 Unattached		7.58m	

M60 Super Weight

Name	Age Team	Seed	Finals	Age-Grading
1 Cummings, Mark	M63 Unattached		9.64m	

M70 Super Weight

Name	Age Team	Seed	Finals	Age-Grading
1 Joni, Lajos	M70 Qma		8.51m	

M75 Super Weight

Name	Age Team	Seed	Finals	Age-Grading
1 Davies, Brian	M79 Qma		5.67m	

M80 Super Weight

Name	Age Team	Seed	Finals	Age-Grading
1 Quarterman, Guy	M84 Qma		7.06m	
2 Quinn, Don	M81 Qma		6.51m	

M90 Super Weight

Name	Age Team	Seed	Finals	Age-Grading
1 Quinlivan, Laurence	M90 Qma		3.45m	

W29&U 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Friel, Teagan	W14 Unattached	14.52	-0.2	14.53 72.54%	524

W30 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	15.70	-0.2	15.71 67.09%	364
2 Radu, Haley	W32 Qma	17.34	-0.2	17.35 60.75%	186

W40 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Newington, Dash	W41 Qma	14.31	-0.2	14.04 75.07%	598

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 100 Meter Dash Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Nelson, Lee-Anne	W53 Qma	14.14	-0.2	12.84 82.09%	797

W55 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Battersby, Bronwyn	W57 Qma	17.00	-0.2	14.84 71.02%	479

M29&U 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Smith, Kyren	M11 Unattached	16.23	0.7	16.24 58.99%	70

M40 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Smith, Kyle	M43 Ipswich & Di	14.79	0.7	14.30 66.99%	271

M45 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Friel, Trevor	M48 Deception Ba	13.47	0.7	12.59 76.09%	540

M50 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Barkworth, Andrew	M54 Kingscliff A	13.39	0.1	12.10 79.17%	631
2 Barraclough, Anthony	M52 Qma	14.28	0.1	12.90 74.26%	485
3 Macmillan, Nick	M52 Qma	14.69	0.1	13.27 72.19%	423

M55 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Greatrex, Chris	M56 Unattached	14.41	0.1	12.58 76.15%	541

M65 100 Meter Dash Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 McLean, Mark	M69 Qma	14.30	0.1	11.64 82.30%	723
2 Elliott, Craig	M68 Qma	20.24	0.1	16.48 58.13%	54

W30 200 Meter Dash Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	28.58	NWI	28.59 75.31%	585

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 200 Meter Dash Heptathlon**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Ramsden, Rebecca	W41	Qma	34.16	NWI	33.44 64.38%	269

W50 200 Meter Dash Heptathlon

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Webber, Janet	W51	Qma	30.50	NWI	27.58 78.06%	664

M70 200 Meter Dash Heptathlon

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 O'Connor, Bruce	M72	Qma	41.75	NWI	32.42 59.19%	131

W29&U 400 Meter Dash Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 O'Friel, Teagan	W14	Unattached	1:12.00	1:12.01 66.85%	295

W30 400 Meter Dash Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34	Qma	1:14.30	1:14.31 64.78%	236
2 Radu, Haley	W32	Qma	1:23.80	1:23.81 57.44%	56

W40 400 Meter Dash Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Newington, Dash	W41	Qma	1:04.60	1:00.99 78.93%	660

W50 400 Meter Dash Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Nelson, Lee-Anne	W53	Qma	1:04.60	56.28 85.54%	855

W55 400 Meter Dash Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Battersby, Bronwyn	W57	Qma	1:31.50	1:16.17 63.20%	192

M29&U 400 Meter Dash Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Smith, Kyren	M11	Unattached	1:25.30	1:25.31 50.44%	

M40 400 Meter Dash Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Smith, Kyle	M43	Ipswich & Di	1:12.80	1:09.26 62.13%	153

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 400 Meter Dash Decathlon**

Name	Age Team	Finals	Age-Grading Points
1 O'Friel, Trevor	M48 Deception Ba	1:03.10	58.11 74.05% 480

M50 400 Meter Dash Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Macmillan, Nick	M52 Qma	1:11.20	1:03.44 67.83% 304
2 Barkworth, Andrew	M54 Kingscliff A	1:11.40	1:03.62 67.64% 298
3 Barraclough, Anthony	M52 Qma	1:20.00	1:11.28 60.37% 112

M55 400 Meter Dash Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Greatrex, Chris	M56 Unattached	1:06.10	56.96 75.54% 522

M65 400 Meter Dash Decathlon

Name	Age Team	Finals	Age-Grading Points
1 McLean, Mark	M69 Qma	1:08.90	55.45 77.60% 581
2 Elliott, Craig	M68 Qma	2:51.60	2:18.09 31.16%

W30 800 Meter Dash Heptathlon

Name	Age Team	Finals	Age-Grading Points
1 Luyten, Nicole	W34 Qma	3:30.19	3:30.20 54.24% 136

M70 800 Meter Dash Heptathlon

Name	Age Team	Finals	Age-Grading Points
-- O'Connor, Bruce	M72 Qma	DNF	

W40 800 Meter Run Heptathlon

Name	Age Team	Finals	Age-Grading Points
1 Ramsden, Rebecca	W41 Qma	3:50.33	3:40.27 51.76% 83

W50 800 Meter Run Heptathlon

Name	Age Team	Finals	Age-Grading Points
1 Webber, Janet	W51 Qma	3:18.62	2:55.07 65.12% 412

W29&U 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading Points
1 O'Friel, Teagan	W14 Unattached	6:14.56	6:14.57 61.42% 403

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 1500 Meter Run Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	5:54.47	5:54.48 64.90%	503
2 Radu, Haley	W32 Qma	7:24.26	7:24.27 51.79%	138

W40 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Newington, Dash	W41 Qma	6:17.62	5:56.52 64.53%	492

W50 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Nelson, Lee-Anne	W53 Qma	5:58.82	5:12.07 73.72%	748

W55 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Battersby, Bronwyn	W57 Qma	8:13.64	6:50.91 55.99%	248

M29&U 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Kyren	M11 Unattached	6:56.71	6:56.72 49.43%	80

M40 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Kyle	M43 Ipswich & Di	6:30.61	6:12.33 55.33%	216

M45 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Friel, Trevor	M48 Deception Ba	5:55.47	5:27.25 62.95%	413

M50 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Macmillan, Nick	M52 Qma	7:16.33	6:27.07 53.22%	164
2 Barraclough, Anthony	M52 Qma	8:12.52	7:16.92 47.15%	39
3 Barkworth, Andrew	M54 Kingscliff A	8:14.16	7:18.37 46.99%	37

M55 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Greatrex, Chris	M56 Unattached	6:31.22	5:33.60 61.75%	382

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 1500 Meter Run Decathlon**

Name	Age Team	Finals	Age-Grading Points
1 McLean, Mark	M69 Qma	6:25.94	5:01.58 68.31% 551
2 Elliott, Craig	M68 Qma	13:14.29	10:20.66 33.19%

W40 80 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Newington, Dash	W41 Qma	13.10	2.2	14.90 81.88% 855

W40 80 Short Hurdles Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Ramsden, Rebecca	W41 Qma	17.66	+0.0	20.08 60.76% 296

W50 80 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Nelson, Lee-Anne	W53 Qma	18.98	2.2	20.12 60.64% 292

W50 80 Short Hurdles Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Webber, Janet	W51 Qma	14.25	+0.0	15.11 80.74% 827

W55 80 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Battersby, Bronwyn	W57 Qma	17.88	2.2	18.22 66.96% 466

M70 80 Short Hurdles Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
-- O'Connor, Bruce	M72 Qma	DNF	NWI	

W30 100 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	19.82	0.7	19.83 61.52% 316
-- Radu, Haley	W32 Qma	DNF	0.7	

W30 100 Short Hurdles Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Luyten, Nicole	W34 Qma	20.67	+0.0	20.68 58.99% 248

M50 100 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Barraclough, Anthony	M52 Qma	19.88	0.7	19.89 64.35% 358

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M50 100 Short Hurdles Decathlon**

2 Barkworth, Andrew	M54 Kingscliff A	20.02	0.7	20.03	63.90%	347
3 Macmillan, Nick	M52 Qma	23.06	0.7	23.07	55.48%	147

M55 100 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Greatrex, Chris	M56 Unattached	19.43	0.7	19.44 65.84%	395

M65 100 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 McLean, Mark	M69 Qma	19.82	0.7	19.83 64.55%	363
-- Elliott, Craig	M68 Qma	DNF	0.7		

M40 110 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Smith, Kyle	M43 Ipswich & Di	21.10	+0.0	20.28 63.12%	327

M45 110 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Friel, Trevor	M48 Deception Ba	24.85	+0.0	22.98 55.70%	152

W29&U High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Friel, Teagan	W14 Unattached	1.31m	1.31m 62.68%	419

W30 High Jump Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	1.16m	1.16m 55.50%	275

W30 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	1.16m	1.16m 55.50%	275
2 Radu, Haley	W32 Qma	1.10m	1.10m 52.63%	222

W40 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Newington, Dash	W41 Qma	1.52m	1.62m 77.51%	759

W40 High Jump Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ramsden, Rebecca	W41 Qma	1.40m	1.50m 71.77%	621

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 High Jump Decathlon**

Name	Age Team	Finals	Age-Grading Points
1 Nelson, Lee-Anne	W53 Qma	1.25m	1.47m 70.33% 588

W50 High Jump Heptathlon

Name	Age Team	Finals	Age-Grading Points
1 Webber, Janet	W51 Qma	1.37m	1.62m 77.51% 759

W55 High Jump Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Battersby, Bronwyn	W57 Qma	1.19m	1.47m 70.33% 588

M29&U High Jump Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Smith, Kyren	M11 Unattached	1.19m	1.19m 48.57% 182

M40 High Jump Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Smith, Kyle	M43 Ipswich & Di	1.52m	1.61m 65.71% 472

M45 High Jump Decathlon

Name	Age Team	Finals	Age-Grading Points
1 O'Friel, Trevor	M48 Deception Ba	1.46m	1.62m 66.12% 480

M50 High Jump Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Barkworth, Andrew	M54 Kingscliff A	1.55m	1.81m 73.88% 636
2 Barraclough, Anthony	M52 Qma	1.34m	1.57m 64.08% 441
3 Macmillan, Nick	M52 Qma	1.28m	1.50m 61.22% 389

M55 High Jump Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Greatrex, Chris	M56 Unattached	1.49m	1.83m 74.69% 653

M65 High Jump Decathlon

Name	Age Team	Finals	Age-Grading Points
1 McLean, Mark	M69 Qma	1.31m	1.79m 73.06% 619
2 Elliott, Craig	M68 Qma	1.16m	1.58m 64.49% 449

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 High Jump Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 O'Connor, Bruce	M72 Qma	1.13m	1.63m 66.53% 488

W29&U Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 O'Friel, Teagan	W14 Unattached	2.25m	2.25m 44.47% 298

W30 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	1.75m	1.75m 34.58% 149
2 Radu, Haley	W32 Qma	1.55m	1.55m 30.63% 98

W40 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Newington, Dash	W41 Qma	3.75m	3.98m 78.66% 965

W50 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Nelson, Lee-Anne	W53 Qma	1.65m	1.98m 39.13% 215

W55 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Battersby, Bronwyn	W57 Qma	1.85m	2.37m 46.84% 338

M29&U Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Smith, Kyren	M11 Unattached	1.35m	1.35m 21.77% 33

M40 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Smith, Kyle	M43 Ipswich & Di	3.05m	3.26m 52.58% 421

M45 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 O'Friel, Trevor	M48 Deception Ba	2.45m	2.78m 44.84% 305

M50 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Barraclough, Anthony	M52 Qma	2.85m	3.43m 55.32% 464
2 Barkworth, Andrew	M54 Kingscliff A	2.35m	2.83m 45.65% 316

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....M50 Pole Vault Decathlon**

3 Macmillan, Nick	M52 Qma	1.75m	2.11m	34.03%	161
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M55 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Greatrex, Chris	M56 Unattached	2.05m	2.64m 42.58%	273

M65 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Elliott, Craig	M68 Qma	2.25m	3.34m 53.87%	441
1 McLean, Mark	M69 Qma	2.25m	3.34m 53.87%	441

W29&U Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Friel, Teagan	W14 Unattached	4.21m	+0.0	4.21m 56.74%	357

W30 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	3.68m	+0.0	3.68m 49.60%	237
2 Radu, Haley	W32 Qma	3.52m	1.5	3.52m 47.44%	204

W30 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	4.00m	0.1	4.00m 53.91%	308

W40 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ramsden, Rebecca	W41 Qma	3.86m	1.0	4.20m 56.60%	355

W40 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Newington, Dash	W41 Qma	5.12m	+0.0	5.58m 75.20%	723

W50 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Webber, Janet	W51 Qma	4.24m	0.3	5.18m 69.81%	609

W50 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Nelson, Lee-Anne	W53 Qma	4.01m	0.9	4.90m 66.04%	532

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Long Jump Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Battersby, Bronwyn	W57 Qma	3.05m	+0.0	3.95m 53.23%	296

M29&U Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Smith, Kyren	M11 Unattached	3.25m	1.1	3.25m 36.31%	96

M40 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Smith, Kyle	M43 Ipswich & Di	5.36m	+0.0	5.88m 65.70%	561

M45 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Friel, Trevor	M48 Deception Ba	4.41m	0.2	5.11m 57.09%	404

M50 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Barraclough, Anthony	M52 Qma	4.30m	2.4	5.28m 58.99%	437
2 Barkworth, Andrew	M54 Kingscliff A	4.16m	+0.0	5.11m 57.09%	404
3 Macmillan, Nick	M52 Qma	3.37m	1.9	4.14m 46.26%	229

M55 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Greatrex, Chris	M56 Unattached	3.89m	1.0	5.07m 56.65%	396

M65 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 McLean, Mark	M69 Qma	4.38m	+0.0	6.47m 72.29%	691
2 Elliott, Craig	M68 Qma	2.97m	0.4	4.39m 49.05%	271

M70 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 O'Connor, Bruce	M72 Qma	2.07m	+0.0	3.26m 36.42%	98

W29&U Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Friel, Teagan	W14 Unattached	7.04m	7.04m 33.15%	338

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 Shot Put Heptathlon**

Name	Age	Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34	Qma	12.62m	12.62m 59.42%	702

W30 Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34	Qma	6.94m	6.94m 32.67%	331
2 Radu, Haley	W32	Qma	5.85m	5.85m 27.54%	262

W40 Shot Put Heptathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Ramsden, Rebecca	W41	Qma	6.66m	7.43m 34.98%	363

W40 Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Newington, Dash	W41	Qma	7.12m	7.94m 37.38%	395

W50 Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Nelson, Lee-Anne	W53	Qma	9.96m	11.28m 53.11%	614

W50 Shot Put Heptathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Webber, Janet	W51	Qma	9.44m	10.69m 50.33%	575

W55 Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Battersby, Bronwyn	W57	Qma	7.53m	9.29m 43.74%	483

M29&U Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Smith, Kyren	M11	Unattached	5.78m	5.78m 24.73%	236

M40 Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Smith, Kyle	M43	Ipswich & Di	8.49m	9.44m 40.39%	452

M45 Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 O'Friel, Trevor	M48	Deception Ba	7.32m	8.68m 37.14%	407

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Shot Put Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Barracclough, Anthony	M52 Qma	10.20m	11.78m 50.41%	593
2 Macmillan, Nick	M52 Qma	8.73m	10.08m 43.13%	490
3 Barkworth, Andrew	M54 Kingscliff A	8.23m	9.50m 40.65%	456

M55 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Greatrex, Chris	M56 Unattached	9.96m	12.37m 52.93%	629

M65 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 McLean, Mark	M69 Qma	8.03m	10.69m 45.74%	527
2 Elliott, Craig	M68 Qma	7.19m	9.57m 40.95%	460

M70 Shot Put Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Connor, Bruce	M72 Qma	7.33m	9.55m 40.86%	459

W29&U Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Friel, Teagan	W14 Unattached	18.98m	18.98m 26.56%	259

W30 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	19.39m	19.39m 27.13%	267
2 Radu, Haley	W32 Qma	12.12m	12.12m 16.96%	140

W40 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Newington, Dash	W41 Qma	30.24m	32.45m 45.41%	509

W50 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Nelson, Lee-Anne	W53 Qma	26.53m	34.35m 48.07%	545

W55 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Battersby, Bronwyn	W57 Qma	17.38m	24.85m 34.77%	366

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M29&U Discus Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Kyren	M11 Unattached	12.13m	12.13m 16.88%	129

M40 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Kyle	M43 Ipswich & Di	21.33m	21.72m 30.23%	304

M45 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Friel, Trevor	M48 Deception Ba	22.33m	24.24m 33.73%	352

M50 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Barraclough, Anthony	M52 Qma	28.32m	28.54m 39.72%	436
2 Barkworth, Andrew	M54 Kingscliff A	25.50m	25.69m 35.75%	380
3 Macmillan, Nick	M52 Qma	25.38m	25.57m 35.58%	378

M55 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Greatrex, Chris	M56 Unattached	29.12m	31.66m 44.06%	497

M65 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 McLean, Mark	M69 Qma	27.37m	28.98m 40.33%	444
2 Elliott, Craig	M68 Qma	20.27m	21.46m 29.86%	300

W29&U Javelin Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Friel, Teagan	W14 Unattached	16.52m	16.52m 22.86%	225

W30 Javelin Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 O'Dwyer-Mazur, Roisin	W34 Qma	14.86m	14.86m 20.56%	194
2 Radu, Haley	W32 Qma	11.46m	11.46m 15.86%	132

W30 Javelin Throw Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	29.05m	29.05m 40.19%	459

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 Javelin Throw Heptathlon**

Name	Age	Team	Finals	Age-Grading	Points
1 Ramsden, Rebecca	W41	Qma	13.38m	15.11m 20.90%	199

W40 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Newington, Dash	W41	Qma	23.45m	26.49m 36.65%	410

W50 Javelin Throw Heptathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Webber, Janet	W51	Qma	32.05m	40.54m 56.09%	678

W50 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Nelson, Lee-Anne	W53	Qma	27.16m	34.35m 47.52%	559

W55 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Battersby, Bronwyn	W57	Qma	16.37m	23.04m 31.88%	346

M29&U Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Smith, Kyren	M11	Unattached	13.61m	13.61m 13.82%	77

M40 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Smith, Kyle	M43	Ipswich & Di	32.03m	35.93m 36.48%	383

M45 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 O'Friel, Trevor	M48	Deception Ba	20.33m	24.61m 24.99%	224

M50 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Barraclough, Anthony	M52	Qma	41.83m	51.42m 52.21%	610
2 Barkworth, Andrew	M54	Kingscliff A	27.08m	33.28m 33.79%	346
3 Macmillan, Nick	M52	Qma	21.46m	26.38m 26.79%	249

M55 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Greatrex, Chris	M56	Unattached	30.76m	41.29m 41.93%	461

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 Javelin Throw Decathlon**

Name	Age	Team	Finals	Age-Grading	Points
1 McLean, Mark	M69	Qma	26.33m	39.97m 40.59%	442
2 Elliott, Craig	M68	Qma	20.47m	31.08m 31.56%	314

M70 Javelin Throw Heptathlon

Name	Age	Team	Finals	Age-Grading	Points
1 O'Connor, Bruce	M72	Qma	19.22m	29.91m 30.37%	298

W29&U Decathlon

Name	Age	Team	Seed	Finals	H#
1 O'Friel, Teagan	W14	Unattached		3104	

W30 Decathlon

Name	Age	Team	Seed	Finals	H#
1 O'Dwyer-Mazur, Roisin	W34	Qma		2872	
2 Radu, Haley	W32	Qma		1438	

W40 Decathlon

Name	Age	Team	Seed	Finals	H#
1 Newington, Dash	W41	Qma		6366	

W50 Decathlon

Name	Age	Team	Seed	Finals	H#
1 Nelson, Lee-Anne	W53	Qma		5745	

W55 Decathlon

Name	Age	Team	Seed	Finals	H#
1 Battersby, Bronwyn	W57	Qma		3802	

M29&U Decathlon

Name	Age	Team	Seed	Finals	H#
1 Smith, Kyren	M11	Unattached		903	

M40 Decathlon

Name	Age	Team	Seed	Finals	H#
1 Smith, Kyle	M43	Ipswich & Di		3560	

M45 Decathlon

Name	Age	Team	Seed	Finals	H#
1 O'Friel, Trevor	M48	Deception Ba		3757	

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Decathlon**

Name	Age Team	Seed	Finals	H#
1 Barraclough, Anthony	M52 Qma		3975	
2 Barkworth, Andrew	M54 Kingscliff A		3851	
3 Macmillan, Nick	M52 Qma		2934	

M55 Decathlon

Name	Age Team	Seed	Finals	H#
1 Greatrex, Chris	M56 Unattached		4749	

M65 Decathlon

Name	Age Team	Seed	Finals	H#
1 McLean, Mark	M69 Qma		5382	
2 Elliott, Craig	M68 Qma		2289	

W30 Heptathlon

Name	Age Team	Seed	Finals	H#
1 Luyten, Nicole	W34 Qma		2713	

W40 Heptathlon

Name	Age Team	Seed	Finals	H#
1 Ramsden, Rebecca	W41 Qma		2186	

W50 Heptathlon

Name	Age Team	Seed	Finals	H#
1 Webber, Janet	W51 Qma		4524	

M70 Heptathlon

Name	Age Team	Seed	Finals	H#
1 O'Connor, Bruce	M72 Qma		1474	

W35 800 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading
1 Kirwin, Roslyn	W36 Qma		4:40.90	

W50 800 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading
1 Dale, Joy	W54 Qma		5:52.93	

QMA State Decathlon/Heptathlon Champs - 20/12/2025 to 21/12/2025**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 800 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
1 Bennett, Peter	M70	Qma		4:53.02	

W80 800 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 McKinven, Noela	W83	Qma		7:26.48	

W50 1500 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 Dale, Joy	W54	Qma		10:52.63	10:52.64 51.64%

W35 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 Kirwin, Roslyn	W36	Qma		20:11.53	20:07.30 57.59%

W50 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 Gannon, Brenda	W51	Qma		17:51.32	15:31.30 74.66%
2 Dale, Joy	W54	Qma		23:32.34	20:27.75 56.64%

M70 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 Bennett, Peter	M70	Qma		19:50.71	14:50.89 72.27%

W80 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Age-Grading
1 McKinven, Noela	W83	Qma		27:39.62	17:07.14 67.70%