

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 Shot Put**

Name	Age Team	Finals	Age-Grading
Finals			
1 Luyten, Nicole	W34 Qma	12.11m	12.11m 57.02%
2 Lucero Hansen, Marcia	W34 Qma	10.20m	10.20m 48.02%

W35 Shot Put

Name	Age Team	Finals	Age-Grading
1 Smith, Helena	W38 Qma	8.13m	8.42m 39.64%
2 Kaituu, Christine	W39 Unattached	7.91m	8.20m 38.61%
3 Kwan, Rachel	W39 Qma	6.69m	6.93m 32.63%
4 Ryan, Bridget	W37 Qma	6.38m	6.61m 31.12%
5 Bakes, Jessica	W39 Ipswich & Di	6.25m	6.48m 30.51%

W40 Shot Put

Name	Age Team	Finals	Age-Grading
1 Muller, Lauren	W40 Qma	7.38m	8.23m 38.75%
2 McLean, Kathleen	W42 Qma	6.60m	7.36m 34.65%
3 Elliott, Kieren	W44 Qma	5.59m	6.24m 29.38%

W45 Shot Put

Name	Age Team	Finals	Age-Grading
1 Percy, Melissa	W45 Mulgrave Ath	7.64m	9.21m 43.36%
2 Hoare, Cathryn	W45 Mackay Athle	7.45m	8.98m 42.28%
3 Scott, Sheree	W46 Kingscliff A	7.38m	8.90m 41.90%
4 Tanielu, Fuakoko	W46 Qma	7.24m	8.73m 41.10%

W50 Shot Put

Name	Age Team	Finals	Age-Grading
1 Canham, Tracy	W53 Unattached	8.98m	10.17m 47.88%
2 Railton-Stewart, Georgia	W50 Qma	7.66m	8.67m 40.82%

W55 Shot Put

Name	Age Team	Finals	Age-Grading
1 Hilton, Leanne	W57 Qma	9.12m	11.26m 53.01%
2 Mackie, Althea	W56 Qma	8.54m	10.54m 49.62%
3 Manson, Andrea	W58 Qma	5.42m	6.69m 31.50%

W60 Shot Put

Name	Age Team	Finals	Age-Grading
1 Watts, Gabriele	W60 Unattached	11.51m	15.57m 73.31%
2 Duncan, Lesley	W62 University o	9.16m	12.39m 58.33%
3 Lamb, Heather	W62 Qma	6.76m	9.14m 43.03%
4 Howorth, Sandra	W63 Qld Masters	6.42m	8.68m 40.87%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Shot Put**

Name	Age Team	Finals	Age-Grading
1 McClintock, Karel	W65 Qma	7.83m	11.69m 55.04%

W70 Shot Put

Name	Age Team	Finals	Age-Grading
1 Taylor, Jill	W70 Unattached	7.70m	12.80m 60.26%
2 Pronk, Joanne	W70 Qma	6.17m	10.26m 48.31%

W75 Shot Put

Name	Age Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76 Qma	5.29m	8.08m 38.04%

M40 Shot Put

Name	Age Team	Finals	Age-Grading
1 Kaituu, Salesi	M41 Unattached	10.05m	11.18m 47.84%
2 Ramsay, Isaac	M42 Qma	7.46m	8.29m 35.47%

M45 Shot Put

Name	Age Team	Finals	Age-Grading
1 Galuvao, Conrad	M46 Qma	10.05m	11.92m 51.01%

M50 Shot Put

Name	Age Team	Finals	Age-Grading
1 Beste, Karl	M51 Qma	11.52m	13.30m 56.91%
2 Vaneynde, Chris	M50 Qma	11.28m	13.02m 55.71%

M55 Shot Put

Name	Age Team	Finals	Age-Grading
1 Keen, Adrian	M55 Qma	10.52m	13.06m 55.88%
2 Lowrey, Tim	M59 Unattached	8.33m	10.34m 44.24%
3 Past, Timothy	M56 Qma	5.31m	6.59m 28.20%

M60 Shot Put

Name	Age Team	Finals	Age-Grading
1 Dawe, Mick	M64 Unattached	9.82m	12.03m 51.48%
2 Dimou, Manuel	M63 Qld Masters	8.33m	10.20m 43.65%

M65 Shot Put

Name	Age Team	Finals	Age-Grading
1 Lock, Phil	M68 Qma	6.46m	8.60m 36.80%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Musters, John	M73	Qld Masters	9.99m	13.02m 55.71%
2 Joni, Lajos	M71	Qma	9.57m	12.47m 53.36%
3 Riddoch, Clyde	M73	Vma	7.56m	9.85m 42.15%
4 Haggith, David	M74	Qma	7.55m	9.84m 42.11%

M80 Shot Put

Name	Age	Team	Finals	Age-Grading
1 Quarterman, Guy	M84	Qma	9.02m	12.52m 53.57%
2 Quinn, Don	M82	Qma	7.33m	10.17m 43.52%

M90 Shot Put

Name	Age	Team	Finals	Age-Grading
1 Hancock, Tom	M90	Qma	8.00m	14.37m 61.49%
2 Quinlivan, Laurence	M91	Qma	6.40m	11.50m 49.21%

W30 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Luyten, Nicole	W34	Qma	33.02m	33.02m 46.21%
2 Lucero Hansen, Marcia	W34	Qma	31.29m	31.29m 43.79%

W35 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Smith, Helena	W38	Qma	23.82m	23.82m 33.33%
2 O'Donohue, Michelle	W35	Qma	22.54m	22.54m 31.54%
3 Kaituu, Christine	W39	Unattached	22.15m	22.15m 31.00%
4 Bakes, Jessica	W39	Ipswich & Di	16.72m	16.72m 23.40%
5 Ryan, Bridget	W37	Qma	15.73m	15.73m 22.01%

W40 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Muller, Lauren	W40	Qma	25.01m	26.84m 37.56%
2 Simmons, Madeleine	W44	Qma	18.74m	20.11m 28.14%
3 McLean, Kathleen	W42	Qma	16.70m	17.92m 25.08%
4 Elliott, Kieren	W44	Qma	16.31m	17.50m 24.49%

W45 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Percy, Melissa	W45	Mulgrave Ath	26.03m	30.64m 42.88%
2 Hoare, Cathryn	W45	Mackay Athle	21.03m	24.75m 34.63%
3 Tanielu, Fuakoko	W46	Qma	20.72m	24.39m 34.13%
4 Scott, Sheree	W46	Kingscliff A	19.45m	22.89m 32.03%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Railton-Stewart, Georgia	W50 Qma	19.48m	25.22m 35.29%

W55 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Hilton, Leanne	W57 Qma	24.32m	34.77m 48.66%
2 Mackie, Althea	W56 Qma	23.82m	34.06m 47.66%
3 Manson, Andrea	W58 Qma	17.65m	25.23m 35.31%

W60 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Watts, Gabriele	W60 Unattached	31.57m	50.11m 70.12%
2 Duncan, Lesley	W62 University o	22.34m	35.46m 49.62%
3 Lamb, Heather	W62 Qma	17.02m	27.01m 37.80%
4 Howorth, Sandra	W63 Qld Masters	16.88m	26.79m 37.49%

W65 Discus Throw

Name	Age Team	Finals	Age-Grading
1 McClintock, Karel	W65 Qma	19.79m	35.09m 49.10%

W70 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Taylor, Jill	W70 Unattached	18.33m	36.63m 51.26%
2 Conroy, Doreen	W74 Qma	11.66m	23.30m 32.61%

W75 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76 Qma	9.57m	18.86m 26.39%

M40 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Kaituu, Salesi	M41 Unattached	23.64m	24.08m 33.51%
2 Ramsay, Isaac	M42 Qma	20.46m	20.84m 29.00%

M45 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Galuvao, Conrad	M46 Qma	25.23m	27.38m 38.10%

M50 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Vaneynde, Chris	M50 Qma	36.39m	36.67m 51.03%
2 Beste, Karl	M51 Qma	34.50m	34.76m 48.37%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Keen, Adrian	M55 Qma	43.83m	47.65m 66.31%
2 Lowrey, Tim	M59 Unattached	21.20m	23.05m 32.08%
3 Past, Timothy	M56 Qma	11.46m	12.46m 17.34%

M60 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Dawe, Mick	M64 Unattached	30.47m	29.41m 40.93%
2 Dimou, Manuel	M63 Qld Masters	24.96m	24.09m 33.52%

M65 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Lock, Phil	M68 Qma	18.82m	19.93m 27.73%

M70 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Joni, Lajos	M71 Qma	30.10m	35.35m 49.19%
2 Riddoch, Clyde	M73 Vma	25.12m	29.50m 41.05%
3 Musters, John	M73 Qld Masters	22.90m	26.89m 37.42%
4 Haggith, David	M74 Qma	22.85m	26.83m 37.34%

M80 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Quinn, Don	M82 Qma	23.27m	35.14m 48.90%
2 Quarterman, Guy	M84 Qma	19.23m	29.04m 40.41%

M90 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Hancock, Tom	M90 Qma	20.75m	44.28m 61.62%
2 Quinlivan, Laurence	M91 Qma	14.10m	30.09m 41.87%

W30 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Luyten, Nicole	W34 Qma	31.77m	31.77m 38.29%
2 Lucero Hansen, Marcia	W34 Qma	25.88m	25.88m 31.19%

W35 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 O'Donohue, Michelle	W35 Qma	36.01m	38.07m 45.88%
2 Smith, Helena	W38 Qma	32.74m	34.61m 41.71%
3 Kaituu, Christine	W39 Unattached	22.95m	24.26m 29.24%
4 Bakes, Jessica	W39 Ipswich & Di	18.52m	19.58m 23.60%
5 Ryan, Bridget	W37 Qma	15.97m	16.88m 20.34%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Kierath, Melissa	W43	Unattached	37.19m	43.19m 52.05%
2 Muller, Lauren	W40	Qma	19.80m	22.99m 27.71%
3 McLean, Kathleen	W42	Qma	17.70m	20.56m 24.78%
4 Simmons, Madeleine	W44	Qma	15.58m	18.09m 21.80%
5 Elliott, Kieren	W44	Qma	15.32m	17.79m 21.44%

W45 Hammer Throw

Name	Age	Team	Finals	Age-Grading
1 Hoare, Cathryn	W45	Mackay Athle	26.73m	34.17m 41.18%
2 Scott, Sheree	W46	Kingscliff A	23.75m	30.36m 36.59%
3 Percy, Melissa	W45	Mulgrave Ath	23.59m	30.16m 36.35%
4 Tanielu, Fuakoko	W46	Qma	22.93m	29.32m 35.33%

W50 Hammer Throw

Name	Age	Team	Finals	Age-Grading
1 Cimino, Maria	W54	U.T.S. North	41.37m	50.57m 60.94%
2 Canham, Tracy	W53	Unattached	33.38m	40.80m 49.17%

W55 Hammer Throw

Name	Age	Team	Finals	Age-Grading
1 Mackie, Althea	W56	Qma	37.66m	51.03m 61.50%
2 Higgins, Kylie	W55	Qma	28.36m	38.43m 46.31%
3 Hilton, Leanne	W57	Qma	25.65m	34.75m 41.88%
4 Manson, Andrea	W58	Qma	25.47m	34.51m 41.59%

W60 Hammer Throw

Name	Age	Team	Finals	Age-Grading
1 Watts, Gabriele	W60	Unattached	37.99m	57.36m 69.13%
2 Howorth, Sandra	W63	Qld Masters	25.98m	39.22m 47.26%
3 Lamb, Heather	W62	Qma	23.26m	35.12m 42.32%

W65 Hammer Throw

Name	Age	Team	Finals	Age-Grading
1 McClintock, Karel	W65	Qma	22.37m	37.89m 45.66%
2 Wagner, Lyn	W65	Qma	16.91m	28.64m 34.51%

W70 Hammer Throw

Name	Age	Team	Finals	Age-Grading
1 Taylor, Jill	W70	Unattached	28.09m	53.86m 64.91%
2 Conroy, Doreen	W74	Qma	13.45m	25.79m 31.08%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W75 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76 Qma	11.52m	19.27m 23.22%

M40 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Kaituu, Salesi	M41 Unattached	27.42m	28.78m 33.91%

M45 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Galuvao, Conrad	M46 Qma	23.44m	26.22m 30.90%

M50 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Beste, Karl	M51 Qma	26.22m	28.60m 33.70%
2 Vaneynde, Chris	M50 Qma	25.58m	27.91m 32.89%

M55 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Keen, Adrian	M55 Qma	42.70m	50.31m 59.29%
2 Lowrey, Tim	M59 Unattached	25.00m	29.45m 34.70%
3 Past, Timothy	M56 Qma	9.74m	11.47m 13.52%

M60 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Cumming, Mark	M64 Qma	42.12m	49.31m 58.11%
2 Dawe, Mick	M64 Unattached	23.62m	27.65m 32.58%
3 Dimou, Manuel	M63 Qld Masters	22.67m	26.54m 31.28%

M65 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Lock, Phil	M68 Qma	18.11m	23.29m 27.45%

M70 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Joni, Lajos	M71 Qma	35.87m	45.85m 54.03%
2 O'Connor, Bruce	M73 Qma	24.83m	31.74m 37.40%
3 Riddoch, Clyde	M73 Vma	21.99m	28.11m 33.13%
4 Haggith, David	M74 Qma	21.64m	27.66m 32.59%
5 Musters, John	M73 Qld Masters	17.76m	22.70m 26.75%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M80 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Quarterman, Guy	M84 Qma	27.26m	38.98m 45.93%
2 Quinn, Don	M82 Qma	24.16m	34.55m 40.71%

M90 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Hancock, Tom	M90 Qma	24.38m	49.55m 58.39%
2 Quinlivan, Laurence	M91 Qma	15.81m	32.13m 37.86%

W30 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Luyten, Nicole	W34 Qma	28.45m	28.45m 39.36%
2 Lucero Hansen, Marcia	W34 Qma	22.40m	22.40m 30.99%

W35 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Smith, Helena	W38 Qma	19.41m	19.86m 27.48%
2 Kwan, Rachel	W39 Qma	18.21m	18.63m 25.77%
3 Ryan, Bridget	W37 Qma	17.42m	17.83m 24.67%
4 Kaituu, Christine	W39 Unattached	16.17m	16.55m 22.90%
5 Bakes, Jessica	W39 Ipswich & Di	14.78m	15.12m 20.92%

W40 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Muller, Lauren	W40 Qma	22.02m	24.87m 34.41%
2 Simmons, Madeleine	W44 Qma	18.39m	20.77m 28.74%
3 McLean, Kathleen	W42 Qma	12.94m	14.61m 20.21%
4 Elliott, Kieren	W44 Qma	11.22m	12.67m 17.53%

W45 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Hoare, Cathryn	W45 Mackay Athle	19.38m	24.21m 33.49%
2 Percy, Melissa	W45 Mulgrave Ath	19.21m	24.00m 33.20%
3 Tanielu, Fuakoko	W46 Qma	9.61m	12.00m 16.60%

W50 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Railton-Stewart, Georgia	W50 Qma	14.70m	18.59m 25.72%

W55 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Mackie, Althea	W56 Qma	18.36m	25.84m 35.75%
2 Hilton, Leanne	W57 Qma	17.63m	24.81m 34.32%
3 Manson, Andrea	W58 Qma	13.65m	19.21m 26.58%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 Javelin Throw**

Name	Age	Team	Finals	Age-Grading
1 Duncan, Lesley	W62	University o	25.97m	40.85m 56.52%
2 Watts, Gabriele	W60	Unattached	20.98m	33.00m 45.66%
3 Lamb, Heather	W62	Qma	13.35m	21.00m 29.05%
4 Howorth, Sandra	W63	Qld Masters	10.29m	16.18m 22.39%

W65 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 McClintock, Karel	W65	Qma	17.45m	30.85m 42.68%

W70 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Conroy, Doreen	W74	Qma	9.81m	19.62m 27.14%

W75 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76	Qma	9.56m	19.52m 27.01%

M40 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Ramsay, Isaac	M42	Qma	26.84m	30.10m 30.56%
2 Kaituu, Salesi	M41	Unattached	21.09m	23.65m 24.02%

M45 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Galuvao, Conrad	M46	Qma	24.03m	29.10m 29.55%

M50 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Beste, Karl	M51	Qma	41.99m	51.61m 52.41%
2 Vaneynde, Chris	M50	Qma	37.93m	46.62m 47.34%

M55 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Keen, Adrian	M55	Qma	37.83m	50.78m 51.56%
2 Lowrey, Tim	M59	Unattached	18.21m	24.44m 24.82%
3 Past, Timothy	M56	Qma	12.94m	17.37m 17.64%

M60 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Dawe, Mick	M64	Unattached	23.07m	31.54m 32.03%
2 Dimou, Manuel	M63	Qld Masters	20.12m	27.51m 27.93%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Lock, Phil	M68 Qma	14.00m	21.25m 21.58%

M70 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Musters, John	M73 Qld Masters	21.26m	33.09m 33.60%
2 Riddoch, Clyde	M73 Vma	18.96m	29.51m 29.97%
3 O'Connor, Bruce	M73 Qma	16.89m	26.29m 26.70%

M75 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Richardson, Ray	M75 Qma	14.64m	25.95m 26.35%

M80 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Quarterman, Guy	M84 Qma	21.54m	39.63m 40.24%

M90 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Hancock, Tom	M90 Qma	18.84m	50.84m 51.62%
2 Quinlivan, Laurence	M91 Qma	13.14m	35.46m 36.01%

W30 Weight Throw 561b

Name	Age Team	Finals	Age-Grading
1 Luyten, Nicole	W34 Qma	5.09m	5.09m 19.88%
2 Lucero Hansen, Marcia	W34 Qma	3.58m	3.58m 13.98%

W30 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Luyten, Nicole	W34 Qma	13.44m	13.44m 52.50%
2 Lucero Hansen, Marcia	W34 Qma	9.63m	9.63m 37.62%

W30 Weight Throw 1001b

Name	Age Team	Finals	Age-Grading
1 Luyten, Nicole	W34 Qma	2.21m	2.21m 8.63%
2 Lucero Hansen, Marcia	W34 Qma	2.18m	2.18m 8.52%

W35 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Smith, Helena	W38 Qma	10.35m	10.71m 41.84%
2 Bakes, Jessica	W39 Ipswich & Di	6.72m	6.95m 27.15%
3 Ryan, Bridget	W37 Qma	6.61m	6.84m 26.72%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Weight Throw 561b**

Name	Age	Team	Finals	Age-Grading
1 Ryan, Bridget	W37	Qma	2.82m	2.92m 11.41%

W35 Weight Throw 1001b

Name	Age	Team	Finals	Age-Grading
1 Ryan, Bridget	W37	Qma	1.49m	1.54m 6.02%

W40 Weight Throw 1001b

Name	Age	Team	Finals	Age-Grading
1 McLean, Kathleen	W42	Qma	1.16m	1.29m 5.04%

W40 Weight Throw 561b

Name	Age	Team	Finals	Age-Grading
1 McLean, Kathleen	W42	Qma	2.43m	2.71m 10.59%

W40 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Muller, Lauren	W40	Qma	7.29m	8.15m 31.84%
2 McLean, Kathleen	W42	Qma	5.92m	6.62m 25.86%

W45 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Hoare, Cathryn	W45	Mackay Athle	9.22m	11.18m 43.67%
2 Scott, Sheree	W46	Kingscliff A	8.85m	10.73m 41.91%
3 Tanielu, Fuakoko	W46	Qma	8.67m	10.51m 41.05%
4 Percy, Melissa	W45	Mulgrave Ath	8.24m	9.99m 39.02%

W45 Weight Throw 561b

Name	Age	Team	Finals	Age-Grading
1 Percy, Melissa	W45	Mulgrave Ath	3.56m	4.31m 16.84%
2 Hoare, Cathryn	W45	Mackay Athle	2.89m	3.50m 13.67%

W45 Weight Throw 1001b

Name	Age	Team	Finals	Age-Grading
1 Hoare, Cathryn	W45	Mackay Athle	1.72m	2.08m 8.13%
2 Percy, Melissa	W45	Mulgrave Ath	1.54m	1.86m 7.27%

W50 Weight Throw 561b

Name	Age	Team	Finals	Age-Grading
1 Cimino, Maria	W54	U.T.S. North	4.08m	4.70m 18.36%
2 Canham, Tracy	W53	Unattached	3.69m	4.25m 16.60%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 Weight Throw 100lb**

Name	Age Team	Finals	Age-Grading
1 Canham, Tracy	W53 Unattached	2.20m	2.53m 9.88%

W50 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Cimino, Maria	W54 U.T.S. North	13.30m	15.35m 59.96%
2 Canham, Tracy	W53 Unattached	10.58m	12.21m 47.70%

W55 Weight Throw 56lb

Name	Age Team	Finals	Age-Grading
1 Mackie, Althea	W56 Qma	3.46m	4.37m 17.07%
2 Hilton, Leanne	W57 Qma	3.20m	4.04m 15.78%

W55 Weight Throw 100lb

Name	Age Team	Finals	Age-Grading
1 Mackie, Althea	W56 Qma	2.07m	2.61m 10.20%
2 Manson, Andrea	W58 Qma	1.15m	1.45m 5.66%

W55 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Mackie, Althea	W56 Qma	12.59m	15.90m 62.11%
2 Hilton, Leanne	W57 Qma	10.26m	12.96m 50.63%
3 Higgins, Kylie	W55 Qma	8.94m	11.29m 44.10%
4 Manson, Andrea	W58 Qma	8.39m	10.59m 41.37%

W60 Weight Throw 100lb

Name	Age Team	Finals	Age-Grading
1 Lamb, Heather	W62 Qma	1.43m	1.67m 6.52%
1 Duncan, Lesley	W62 University o	1.43m	1.67m 6.52%

W60 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Watts, Gabriele	W60 Unattached	16.53m	19.36m 75.63%
2 Duncan, Lesley	W62 University o	11.53m	13.50m 52.73%
3 Howorth, Sandra	W63 Qld Masters	10.71m	12.54m 48.98%
4 Lamb, Heather	W62 Qma	8.82m	10.33m 40.35%

W60 Weight Throw 56lb

Name	Age Team	Finals	Age-Grading
1 Lamb, Heather	W62 Qma	2.68m	3.13m 12.23%
2 Duncan, Lesley	W62 University o	2.42m	2.83m 11.05%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 McClintock, Karel	W65	Qma	10.06m	13.08m 51.09%

W65 Weight Throw 1001b

Name	Age	Team	Finals	Age-Grading
1 McClintock, Karel	W65	Qma	0.83m	1.07m 4.18%

W65 Weight Throw 561b

Name	Age	Team	Finals	Age-Grading
1 McClintock, Karel	W65	Qma	2.26m	2.93m 11.45%

W70 Weight Throw 561b

Name	Age	Team	Finals	Age-Grading
1 Taylor, Jill	W70	Unattached	2.49m	3.62m 14.14%

W70 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Taylor, Jill	W70	Unattached	11.50m	16.76m 65.47%
2 Conroy, Doreen	W74	Qma	6.28m	9.15m 35.74%

W75 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76	Qma	4.52m	6.21m 24.26%

W75 Weight Throw 1001b

Name	Age	Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76	Qma	0.43m	0.59m 2.30%

W75 Weight Throw 561b

Name	Age	Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76	Qma	1.02m	1.40m 5.47%

M40 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Kaituu, Salesi	M41	Unattached	8.09m	8.63m 33.37%

M45 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Galuvao, Conrad	M46	Qma	8.85m	10.09m 39.02%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 Weight Throw 1001b**

Name	Age Team	Finals	Age-Grading
1 Galuvao, Conrad	M46 Qma	4.25m	4.84m 18.72%
2 van der Westhuizen, Arno	M49 Qma	4.05m	4.61m 17.83%

M45 Weight Throw 561b

Name	Age Team	Finals	Age-Grading
1 van der Westhuizen, Arno	M49 Qma	9.88m	11.26m 43.54%
2 Galuvao, Conrad	M46 Qma	6.42m	7.32m 28.31%

M50 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Beste, Karl	M51 Qma	11.45m	11.42m 44.16%
2 Vaneynde, Chris	M50 Qma	9.69m	9.66m 37.35%

M55 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Keen, Adrian	M55 Qma	15.61m	16.70m 64.58%
2 Lowrey, Tim	M59 Unattached	9.20m	9.84m 38.05%
3 Past, Timothy	M56 Qma	4.33m	4.63m 17.90%

M55 Weight Throw 1001b

Name	Age Team	Finals	Age-Grading
1 Keen, Adrian	M55 Qma	4.12m	4.41m 17.05%
2 Lowrey, Tim	M59 Unattached	2.65m	2.83m 10.94%

M55 Weight Throw 561b

Name	Age Team	Finals	Age-Grading
1 Keen, Adrian	M55 Qma	7.81m	8.35m 32.29%
2 Lowrey, Tim	M59 Unattached	4.92m	5.26m 20.34%

M60 Weight Throw 561b

Name	Age Team	Finals	Age-Grading
1 Dawe, Mick	M64 Unattached	4.39m	4.42m 17.09%
2 Dimou, Manuel	M63 Qld Masters	3.37m	3.39m 13.11%

M60 Weight Throw

Name	Age Team	Finals	Age-Grading
1 Cumming, Mark	M64 Qma	17.97m	18.09m 69.95%
2 Dimou, Manuel	M63 Qld Masters	9.49m	9.55m 36.93%
3 Dawe, Mick	M64 Unattached	8.74m	8.80m 34.03%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 Weight Throw 100lb**

Name	Age	Team	Finals	Age-Grading	
1 Dawe, Mick	M64	Unattached	2.14m	2.15m	8.31%
2 Dimou, Manuel	M63	Qld Masters	1.65m	1.66m	6.42%

M65 Weight Throw

Name	Age	Team	Finals	Age-Grading	
1 Lock, Phil	M68	Qma	7.86m	8.53m	32.99%

M65 Weight Throw 100lb

Name	Age	Team	Finals	Age-Grading	
1 Lock, Phil	M68	Qma	1.77m	1.92m	7.42%

M65 Weight Throw 56lb

Name	Age	Team	Finals	Age-Grading	
1 Lock, Phil	M68	Qma	2.80m	3.03m	11.72%

M70 Weight Throw 100lb

Name	Age	Team	Finals	Age-Grading	
1 Joni, Lajos	M71	Qma	2.18m	2.23m	8.62%
2 Haggith, David	M74	Qma	1.81m	1.85m	7.15%
3 Riddoch, Clyde	M73	Vma	1.59m	1.63m	6.30%

M70 Weight Throw

Name	Age	Team	Finals	Age-Grading	
1 Joni, Lajos	M71	Qma	15.94m	16.35m	63.23%
2 O'Connor, Bruce	M73	Qma	10.55m	10.82m	41.84%
3 Riddoch, Clyde	M73	Vma	10.27m	10.54m	40.76%
4 Musters, John	M73	Qld Masters	10.05m	10.31m	39.87%
5 Haggith, David	M74	Qma	9.42m	9.66m	37.35%

M70 Weight Throw 56lb

Name	Age	Team	Finals	Age-Grading	
1 Joni, Lajos	M71	Qma	5.52m	5.66m	21.89%
2 O'Connor, Bruce	M73	Qma	3.26m	3.34m	12.92%
3 Haggith, David	M74	Qma	3.04m	3.11m	12.03%
4 Riddoch, Clyde	M73	Vma	2.57m	2.63m	10.17%

M75 Weight Throw

Name	Age	Team	Finals	Age-Grading	
1 Richardson, Ray	M75	Qma	8.08m	9.07m	35.07%

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M75 Weight Throw 100lb**

Name	Age	Team	Finals	Age-Grading
1 Lafferty, Mills	M77	Qma	1.45m	1.62m 6.26%

M75 Weight Throw 56lb

Name	Age	Team	Finals	Age-Grading
1 Lafferty, Mills	M77	Qma	2.30m	2.58m 9.98%

M80 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Davies, Brian	M80	Qma	11.51m	12.13m 46.91%
2 Quarterman, Guy	M84	Qma	10.98m	11.57m 44.74%
3 Quinn, Don	M82	Qma	10.16m	10.71m 41.42%

M80 Weight Throw 56lb

Name	Age	Team	Finals	Age-Grading
1 Quinn, Don	M82	Qma	3.41m	3.59m 13.88%
2 Quarterman, Guy	M84	Qma	3.22m	3.39m 13.11%

M80 Weight Throw 100lb

Name	Age	Team	Finals	Age-Grading
1 Quinn, Don	M82	Qma	2.10m	2.21m 8.55%

M90 Weight Throw 100lb

Name	Age	Team	Finals	Age-Grading
1 Hancock, Tom	M90	Qma	1.13m	1.60m 6.19%
2 Quinlivan, Laurence	M91	Qma	0.51m	0.72m 2.78%

M90 Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Hancock, Tom	M90	Qma	10.93m	15.55m 60.13%
2 Quinlivan, Laurence	M91	Qma	8.77m	12.47m 48.22%

M90 Weight Throw 56lb

Name	Age	Team	Finals	Age-Grading
1 Hancock, Tom	M90	Qma	2.23m	3.17m 12.26%
2 Quinlivan, Laurence	M91	Qma	1.89m	2.68m 10.36%

W30 Super Weight

Name	Age	Team	Finals	Age-Grading
1 Luyten, Nicole	W34	Qma	8.52m	
2 Lucero Hansen, Marcia	W34	Qma	6.89m	

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Super Weight**

Name	Age Team	Finals	Age-Grading
1 Smith, Helena	W38 Qma	6.14m	
2 Ryan, Bridget	W37 Qma	4.55m	

W40 Super Weight

Name	Age Team	Finals	Age-Grading
1 McLean, Kathleen	W42 Qma	3.87m	

W45 Super Weight

Name	Age Team	Finals	Age-Grading
1 Hoare, Cathryn	W45 Mackay Athle	5.91m	
2 Percy, Melissa	W45 Mulgrave Ath	4.61m	

W50 Super Weight

Name	Age Team	Finals	Age-Grading
1 Cimino, Maria	W54 U.T.S. North	9.18m	

W55 Super Weight

Name	Age Team	Finals	Age-Grading
1 Mackie, Althea	W56 Qma	9.13m	
2 Manson, Andrea	W58 Qma	5.35m	

W60 Super Weight

Name	Age Team	Finals	Age-Grading
1 Watts, Gabriele	W60 Unattached	11.37m	
2 Duncan, Lesley	W62 University o	7.05m	
3 Lamb, Heather	W62 Qma	6.11m	

W65 Super Weight

Name	Age Team	Finals	Age-Grading
1 McClintock, Karel	W65 Qma	6.52m	

W75 Super Weight

Name	Age Team	Finals	Age-Grading
1 Kopittke, Rosemary Ann	W76 Qma	2.89m	

M40 Super Weight

Name	Age Team	Finals	Age-Grading
1 Kaituu, Salesi	M41 Unattached	6.44m	

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 Super Weight**

Name	Age Team	Finals	Age-Grading
1 van der Westhuizen, Arno	M49 Qma	10.07m	
2 Galuvao, Conrad	M46 Qma	6.93m	

M55 Super Weight

Name	Age Team	Finals	Age-Grading
1 Keen, Adrian	M55 Qma	7.82m	
2 Lowrey, Tim	M59 Unattached	4.58m	

M60 Super Weight

Name	Age Team	Finals	Age-Grading
1 Dawe, Mick	M64 Unattached	4.71m	
2 Dimou, Manuel	M63 Qld Masters	3.99m	

M65 Super Weight

Name	Age Team	Finals	Age-Grading
1 Lock, Phil	M68 Qma	3.36m	

M70 Super Weight

Name	Age Team	Finals	Age-Grading
1 Joni, Lajos	M71 Qma	8.42m	
2 O'Connor, Bruce	M73 Qma	5.68m	
3 Riddoch, Clyde	M73 Vma	4.99m	
4 Haggith, David	M74 Qma	4.60m	

M80 Super Weight

Name	Age Team	Finals	Age-Grading
1 Davies, Brian	M80 Qma	7.09m	
2 Quarterman, Guy	M84 Qma	6.79m	
3 Quinn, Don	M82 Qma	5.91m	

M90 Super Weight

Name	Age Team	Finals	Age-Grading
1 Quinlivan, Laurence	M91 Qma	4.73m	
2 Hancock, Tom	M90 Qma	4.28m	

W30 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	16.02m	16.02m 62.58%	521
2 Lucero Hansen, Marcia	W34 Qma	11.40m	11.40m 44.53%	348

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	10.94m	10.94m 42.73%	583
2 Lucero Hansen, Marcia	W34 Qma	7.75m	7.75m 30.27%	378

W30 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	8.10m	8.10m 31.64%	520
2 Lucero Hansen, Marcia	W34 Qma	5.96m	5.96m 23.28%	343

W30 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	13.26m	13.26m 51.80%	588
2 Lucero Hansen, Marcia	W34 Qma	8.95m	8.95m 34.96%	364

W30 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luyten, Nicole	W34 Qma	14.37m	14.37m 56.13%	524
2 Lucero Hansen, Marcia	W34 Qma	10.79m	10.79m 42.15%	371

W35 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Helena	W38 Qma	9.87m	10.22m 39.92%	348
2 Ryan, Bridget	W37 Qma	7.43m	7.69m 30.04%	243

W35 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Helena	W38 Qma	8.19m	8.48m 33.13%	425
2 Ryan, Bridget	W37 Qma	5.75m	5.95m 23.24%	265

W35 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Helena	W38 Qma	9.67m	10.01m 39.10%	419
2 Ryan, Bridget	W37 Qma	6.18m	6.39m 24.96%	234

W35 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Helena	W38 Qma	13.37m	13.84m 54.06%	439
2 Ryan, Bridget	W37 Qma	8.16m	8.44m 32.97%	239

W35 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Helena	W38 Qma	5.35m	5.53m 21.60%	309

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....W35 Weight Throw Throws Pentathlon**

2 Ryan, Bridget	W37 Qma	4.11m	4.25m	16.60%	207
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W40 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kierath, Melissa	W43 Unattached	17.76m	19.86m 77.58%	666
2 McLean, Kathleen	W42 Qma	8.04m	8.99m 35.12%	259
3 Elliott, Kieren	W44 Qma	5.46m	6.10m 23.83%	155

W40 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kierath, Melissa	W43 Unattached	13.53m	15.13m 59.10%	687
2 McLean, Kathleen	W42 Qma	5.41m	6.05m 23.63%	217
3 Elliott, Kieren	W44 Qma	4.92m	5.50m 21.48%	189

W40 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kierath, Melissa	W43 Unattached	8.32m	9.30m 36.33%	618
2 McLean, Kathleen	W42 Qma	3.78m	4.22m 16.48%	204
3 Elliott, Kieren	W44 Qma	3.52m	3.93m 15.35%	181

W40 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kierath, Melissa	W43 Unattached	11.17m	12.49m 48.79%	650
2 McLean, Kathleen	W42 Qma	4.45m	4.97m 19.41%	203
3 Elliott, Kieren	W44 Qma	4.16m	4.65m 18.16%	183

W40 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kierath, Melissa	W43 Unattached	15.39m	17.21m 67.23%	645
2 McLean, Kathleen	W42 Qma	5.96m	6.66m 26.02%	200
3 Elliott, Kieren	W44 Qma	5.53m	6.18m 24.14%	180

W45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hoare, Cathryn	W45 Mackay Athle	5.33m	6.46m 25.23%	383
2 Percy, Melissa	W45 Mulgrave Ath	4.31m	5.22m 20.39%	283

W45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hoare, Cathryn	W45 Mackay Athle	7.21m	8.74m 34.14%	441
2 Percy, Melissa	W45 Mulgrave Ath	5.47m	6.63m 25.90%	307

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Hoare, Cathryn	W45 Mackay Athle	12.28m	14.89m 58.16%	478
2 Percy, Melissa	W45 Mulgrave Ath	10.76m	13.04m 50.94%	409

W45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hoare, Cathryn	W45 Mackay Athle	8.18m	9.91m 38.71%	414
2 Percy, Melissa	W45 Mulgrave Ath	7.37m	8.93m 34.88%	363

W45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hoare, Cathryn	W45 Mackay Athle	9.03m	10.94m 42.73%	382
2 Percy, Melissa	W45 Mulgrave Ath	8.29m	10.05m 39.26%	345

W50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cimino, Maria	W54 U.T.S. North	15.85m	18.29m 71.45%	589
2 Canham, Tracy	W53 Unattached	13.90m	16.04m 62.66%	507

W50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cimino, Maria	W54 U.T.S. North	14.32m	16.53m 64.57%	616
2 Canham, Tracy	W53 Unattached	11.76m	13.57m 53.01%	490

W50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cimino, Maria	W54 U.T.S. North	10.43m	12.04m 47.03%	655
2 Canham, Tracy	W53 Unattached	7.40m	8.54m 33.36%	428

W50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cimino, Maria	W54 U.T.S. North	12.16m	14.03m 54.80%	629
2 Canham, Tracy	W53 Unattached	8.91m	10.28m 40.16%	433

W50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cimino, Maria	W54 U.T.S. North	9.42m	10.87m 42.46%	717
2 Canham, Tracy	W53 Unattached	5.91m	6.82m 26.64%	395

W55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Althea	W56 Qma	11.80m	14.90m 58.20%	675

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....W55 Weight Throw Throws Pentathlon**

2 Manson, Andrea	W58 Qma	7.08m	8.94m	34.92%	364
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W55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Althea	W56 Qma	10.78m	13.61m 53.16%	758
2 Manson, Andrea	W58 Qma	6.54m	8.26m 32.27%	411

W55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Althea	W56 Qma	14.12m	17.83m 69.65%	664
2 Manson, Andrea	W58 Qma	8.63m	10.90m 42.58%	372

W55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Althea	W56 Qma	16.86m	21.29m 83.16%	701
2 Manson, Andrea	W58 Qma	11.59m	14.64m 57.19%	456

W55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Althea	W56 Qma	9.38m	11.84m 46.25%	796
2 Manson, Andrea	W58 Qma	5.07m	6.40m 25.00%	362

W60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Watts, Gabriele	W60 Unattached	11.41m	13.36m 52.19%	950
2 Howorth, Sandra	W63 Qld Masters	6.89m	8.07m 31.52%	510
3 Lamb, Heather	W62 Qma	6.03m	7.06m 27.58%	428

W60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Watts, Gabriele	W60 Unattached	15.91m	18.63m 72.77%	873
2 Howorth, Sandra	W63 Qld Masters	9.58m	11.22m 43.83%	482
3 Lamb, Heather	W62 Qma	9.05m	10.60m 41.41%	449

W60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Watts, Gabriele	W60 Unattached	17.89m	20.95m 81.84%	708
2 Howorth, Sandra	W63 Qld Masters	13.52m	15.83m 61.84%	514
3 Lamb, Heather	W62 Qma	10.67m	12.49m 48.79%	389

W60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Watts, Gabriele	W60 Unattached	18.33m	21.47m 83.87%	841

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....W60 Weight Throw Throws Pentathlon**

2 Lamb, Heather	W62 Qma	10.72m	12.55m	49.02%	451
-- Howorth, Sandra	W63 Qld Masters	FOUL			

W60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Watts, Gabriele	W60 Unattached	13.59m	15.92m 62.19%	911
2 Howorth, Sandra	W63 Qld Masters	8.54m	10.00m 39.06%	522
3 Lamb, Heather	W62 Qma	7.19m	8.42m 32.89%	421

W65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W65 Qma	7.59m	9.87m 38.55%	513

W65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W65 Qma	12.04m	15.65m 61.13%	506

W65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W65 Qma	6.20m	8.06m 31.48%	508

W65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W65 Qma	11.31m	14.70m 57.42%	544

W65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W65 Qma	9.78m	12.71m 49.65%	559

W75 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kopittke, Rosemary Ann	W76 Qma	5.26m	7.22m 28.20%	233

W75 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kopittke, Rosemary Ann	W76 Qma	5.74m	7.88m 30.78%	222

W75 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kopittke, Rosemary Ann	W76 Qma	3.76m	5.16m 20.16%	172

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W75 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Kopittke, Rosemary Ann	W76 Qma	3.47m	4.76m 18.59%	194

W75 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kopittke, Rosemary Ann	W76 Qma	2.86m	3.92m 15.31%	182

M45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 van der Westhuizen, Arno	M49 Qma	20.40m	23.26m 89.95%	971
2 Galuvao, Conrad	M46 Qma	10.46m	11.92m 46.09%	448

M45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 van der Westhuizen, Arno	M49 Qma	15.05m	17.16m 66.36%	859
2 Galuvao, Conrad	M46 Qma	8.92m	10.17m 39.33%	462

M45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 van der Westhuizen, Arno	M49 Qma	11.59m	13.21m 51.08%	908
2 Galuvao, Conrad	M46 Qma	7.60m	8.66m 33.49%	540

M45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 van der Westhuizen, Arno	M49 Qma	20.49m	23.36m 90.33%	841
2 Galuvao, Conrad	M46 Qma	12.46m	14.21m 54.95%	476

M45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 van der Westhuizen, Arno	M49 Qma	8.99m	10.25m 39.64%	885
2 Galuvao, Conrad	M46 Qma	6.41m	7.31m 28.27%	575

M50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Beste, Karl	M51 Qma	15.29m	15.25m 58.97%	524

M50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Beste, Karl	M51 Qma	7.62m	7.60m 29.39%	400

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Beste, Karl	M51 Qma	12.93m	12.90m 49.88%	528

M50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Beste, Karl	M51 Qma	10.29m	10.26m 39.68%	467

M50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Beste, Karl	M51 Qma	6.26m	6.24m 24.13%	441

M55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Keen, Adrian	M55 Qma	17.88m	19.13m 73.98%	827
2 Lowrey, Tim	M59 Unattached	9.89m	10.58m 40.91%	411

M55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Keen, Adrian	M55 Qma	9.53m	10.20m 39.44%	833
2 Lowrey, Tim	M59 Unattached	5.32m	5.69m 22.00%	387

M55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Keen, Adrian	M55 Qma	19.89m	21.29m 82.33%	769
2 Lowrey, Tim	M59 Unattached	11.51m	12.32m 47.64%	408

M55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Keen, Adrian	M55 Qma	15.51m	16.60m 64.19%	827
2 Lowrey, Tim	M59 Unattached	9.05m	9.68m 37.43%	434

M55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Keen, Adrian	M55 Qma	11.27m	12.06m 46.64%	710
2 Lowrey, Tim	M59 Unattached	6.82m	7.30m 28.23%	377

M60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cumming, Mark	M64 Qma	21.46m	21.61m 83.57%	781
2 Dimou, Manuel	M63 Qld Masters	11.93m	12.01m 46.44%	395

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Cumming, Mark	M64 Qma	18.28m	18.40m 71.15%	931
2 Dimou, Manuel	M63 Qld Masters	9.89m	9.96m 38.52%	450

M60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cumming, Mark	M64 Qma	19.75m	19.89m 76.91%	833
2 Dimou, Manuel	M63 Qld Masters	9.77m	9.83m 38.01%	363

M60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cumming, Mark	M64 Qma	11.70m	11.78m 45.55%	828
2 Dimou, Manuel	M63 Qld Masters	5.31m	5.34m 20.65%	294

M60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cumming, Mark	M64 Qma	14.44m	14.54m 56.23%	836
2 Dimou, Manuel	M63 Qld Masters	7.94m	7.99m 30.90%	401

M65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Wrzuszczyk, Peter	M65 Unattached	12.39m	13.44m 51.97%	234
2 Lock, Phil	M68 Qma	5.57m	6.04m 23.36%	646

M65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Wrzuszczyk, Peter	M65 Unattached	10.13m	10.99m 42.50%	230
2 Lock, Phil	M68 Qma	4.86m	5.27m 20.38%	609

M65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Wrzuszczyk, Peter	M65 Unattached	15.04m	16.32m 63.11%	319
2 Lock, Phil	M68 Qma	9.28m	10.07m 38.94%	567

M65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Wrzuszczyk, Peter	M65 Unattached	13.62m	14.78m 57.15%	323
2 Lock, Phil	M68 Qma	8.19m	8.88m 34.34%	599

M65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Wrzuszczyk, Peter	M65 Unattached	6.62m	7.18m 27.76%	222

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....M65 Weight Throw Throws Pentathlon**

2 Lock, Phil	M68 Qma	4.10m	4.45m	17.21%	444
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M70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Joni, Lajos	M71 Qma	13.42m	13.77m 53.25%	798
2 Riddoch, Clyde	M73 Vma	8.76m	8.99m 34.76%	475
3 O'Connor, Bruce	M73 Qma	8.71m	8.93m 34.53%	470
4 Haggith, David	M74 Qma	7.22m	7.40m 28.62%	369

M70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Joni, Lajos	M71 Qma	20.97m	21.52m 83.22%	778
2 Riddoch, Clyde	M73 Vma	14.71m	15.09m 58.35%	518
3 O'Connor, Bruce	M73 Qma	13.53m	13.88m 53.67%	469
4 Haggith, David	M74 Qma	11.37m	11.66m 45.09%	381

M70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Joni, Lajos	M71 Qma	14.68m	15.06m 58.24%	738
2 O'Connor, Bruce	M73 Qma	10.20m	10.46m 40.45%	478
3 Riddoch, Clyde	M73 Vma	9.84m	10.09m 39.02%	457
4 Haggith, David	M74 Qma	7.88m	8.08m 31.25%	345

M70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Joni, Lajos	M71 Qma	17.69m	18.15m 70.19%	751
2 O'Connor, Bruce	M73 Qma	12.20m	12.52m 48.41%	487
3 Riddoch, Clyde	M73 Vma	11.84m	12.15m 46.98%	469
4 Haggith, David	M74 Qma	9.78m	10.03m 38.79%	372

M70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Joni, Lajos	M71 Qma	10.59m	10.86m 42.00%	725
2 O'Connor, Bruce	M73 Qma	8.18m	8.39m 32.44%	524
3 Riddoch, Clyde	M73 Vma	6.69m	6.86m 26.53%	403
4 Haggith, David	M74 Qma	5.93m	6.08m 23.51%	342

M80 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Quarterman, Guy	M84 Qma	11.29m	11.90m 46.02%	559
2 Davies, Brian	M80 Qma	10.84m	11.42m 44.16%	532
3 Quinn, Don	M82 Qma	9.98m	10.52m 40.68%	481

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M80 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Davies, Brian	M80 Qma	9.20m	9.70m 37.51%	652
2 Quarterman, Guy	M84 Qma	7.82m	8.24m 31.86%	529
3 Quinn, Don	M82 Qma	7.40m	7.80m 30.16%	495

M80 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Davies, Brian	M80 Qma	12.51m	13.19m 51.01%	537
2 Quinn, Don	M82 Qma	12.22m	12.88m 49.81%	521
3 Quarterman, Guy	M84 Qma	11.98m	12.63m 48.84%	510

M80 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Quarterman, Guy	M84 Qma	9.81m	10.34m 39.98%	574
2 Davies, Brian	M80 Qma	9.71m	10.23m 39.56%	567
3 Quinn, Don	M82 Qma	8.78m	9.25m 35.77%	500

M80 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Davies, Brian	M80 Qma	14.68m	15.47m 59.82%	548
2 Quarterman, Guy	M84 Qma	14.23m	15.00m 58.00%	529
3 Quinn, Don	M82 Qma	12.74m	13.43m 51.93%	464

M90 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hancock, Tom	M90 Qma	5.77m	8.21m 31.75%	529
2 Quinlivan, Laurence	M91 Qma	5.62m	7.99m 30.90%	510

M90 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Quinlivan, Laurence	M91 Qma	10.56m	15.02m 58.08%	529
2 Hancock, Tom	M90 Qma	10.46m	14.88m 57.54%	524

M90 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hancock, Tom	M90 Qma	6.27m	8.92m 34.49%	474
2 Quinlivan, Laurence	M91 Qma	5.94m	8.45m 32.68%	442

M90 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hancock, Tom	M90 Qma	10.30m	14.65m 56.65%	593
2 Quinlivan, Laurence	M91 Qma	9.31m	13.24m 51.20%	527

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M90 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading Points
1 Hancock, Tom	M90 Qma	8.93m	12.70m 49.11% 604
2 Quinlivan, Laurence	M91 Qma	7.48m	10.64m 41.14% 488

W30 Throws Pentathlon HW Pent

Name	Age Team	Finals	H#
1 Luyten, Nicole	W34 Qma	2736	
2 Lucero Hansen, Marcia	W34 Qma	1804	

W35 Throws Pentathlon HW Pent

Name	Age Team	Finals	H#
1 Smith, Helena	W38 Qma	1940	
2 Ryan, Bridget	W37 Qma	1188	

W40 Throws Pentathlon HW Pent

Name	Age Team	Finals	H#
1 Kierath, Melissa	W43 Unattached	3266	
2 McLean, Kathleen	W42 Qma	1083	
3 Elliott, Kieren	W44 Qma	888	

W45 Throws Pentathlon HW Pent

Name	Age Team	Finals	H#
1 Hoare, Cathryn	W45 Mackay Athle	2098	
2 Percy, Melissa	W45 Mulgrave Ath	1707	

W50 Throws Pentathlon HW Pent

Name	Age Team	Finals	H#
1 Cimino, Maria	W54 U.T.S. North	3206	
2 Canham, Tracy	W53 Unattached	2253	

W55 Throws Pentathlon HW Pent

Name	Age Team	Finals	H#
1 Mackie, Althea	W56 Qma	3594	
2 Manson, Andrea	W58 Qma	1965	

W60 Throws Pentathlon HW Pent

Name	Age Team	Finals	H#
1 Watts, Gabriele	W60 Unattached	4283	
2 Lamb, Heather	W62 Qma	2138	
3 Howorth, Sandra	W63 Qld Masters	2028	

QMA July 2026 - 25/07/2026 to 26/07/2026**SAF****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Throws Pentathlon HW Pent**

Name	Age	Team	Finals	H#
1 McClintock, Karel	W65	Qma	2630	

W75 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 Kopittke, Rosemary Ann	W76	Qma	1003	

M45 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 van der Westhuizen, Arno	M49	Qma	4464	
2 Galuvao, Conrad	M46	Qma	2501	

M50 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 Beste, Karl	M51	Qma	2360	

M55 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 Keen, Adrian	M55	Qma	3966	
2 Lowrey, Tim	M59	Unattached	2017	

M60 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 Cumming, Mark	M64	Qma	4209	
2 Dimou, Manuel	M63	Qld Masters	1903	

M65 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 Lock, Phil	M68	Qma	2865	
2 Wrzuszczak, Peter	M65	Unattached	1328	

M70 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 Joni, Lajos	M71	Qma	3790	
2 O'Connor, Bruce	M73	Qma	2428	
3 Riddoch, Clyde	M73	Vma	2322	
4 Haggith, David	M74	Qma	1809	

M80 Throws Pentathlon HW Pent

Name	Age	Team	Finals	H#
1 Davies, Brian	M80	Qma	2836	
2 Quarterman, Guy	M84	Qma	2701	

QMA July 2026 - 25/07/2026 to 26/07/2026

SAF

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

...M80 Throws Pentathlon HW Pent

3 Quinn, Don	M82 Qma	2461
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M90 Throws Pentathlon HW Pent

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Name	Age Team	Finals	H#
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1 Hancock, Tom	M90 Qma	2724	
2 Quinlivan, Laurence	M91 Qma	2496	