

Throws Pentathlon

W30

Name	4kg hammer		4kg shot		1kg discus		600gm javelin		9.080kg (20lbs) weight		Total	Place
Bianca Carr	33.96	579	9.66	507	28.67	437	28.24	443	10.62	531	2497	1

W35

Name	4kg hammer		4kg shot		1kg discus		600gm javelin		9.080kg (20lbs) weight		Total	Place
Miranda Ramsden	24.03	413	9.28	505	20.10	293	17.19	257	8.02	417	1885	1

W60

Name	3kg hammer		3kg shot		1kg discus		500gm javelin		5.45kg (12lbs) weight		Total	Place
Maria Drury	21.50	558	7.26	589	17.77	432	18.13	462	9.03	550	2591	1

M55

Name	6kg hammer		6kg shot		1.5kg discus		700gm javelin		11.34kg (25lbs) weight		Total	Place
Mark Ashcroft	23.24	359	9.42	605	28.51	497	26.96	386	0.00	0		
Tim Lowrey	27.01	439	9.19	587	24.75	415	24.71	343	10.42	547	2331	1

M60

Name	5kg hammer		5kg shot		1kg discus		600gm javelin		9.08kg (20lbs) weight		Total	Place
John Milne	24.61	386	9.68	611	32.22	549	25.24	380	10.00	476	2402	1

M65

Name	5kg hammer		5kg shot		1kg discus		600gm javelin		9.08kg (20lbs) weight		Total	Place
Lajos Joni	29.27	560	8.65	592	25.10	449	15.55	220	0.00	0	1821	1

M70

Name	4kg hammer		4kg shot		1kg discus		500gm javelin		7.26kg (16lbs) weight		Total	Place
Mills Lafferty	24.13	432	6.77	406	21.09	405	11.40	150	8.68	447	1840	1

M75

Name	4kg hammer		4kg shot		1kg discus		500gm javelin		7.26kg (16lbs) weight		Total	Place
Brian Davies	25.75	552	6.40	423	19.52	425	17.74	350	10.85	640	2390	1
Don Quinn	22.16	456	6.95	469	22.53	510	13.66	241	8.10	449	2125	2

M80

Name	3kg hammer		3kg shot		1kg discus		400gm javelin		5.45kg (12lbs) weight		Total	Place
Guy Quarterman	30.23	783	8.81	683	24.15	659	24.54	610	12.85	836	3571	1

Superweight

		Distance
M55	Tim Lowrey	5.39
M70	Mills Lafferty	3.92
M75	Brian Davies	6.28
	Don Quinn	5.36
M80	Guy Quarterman	7.33

56lb weight

		Distance
W35	Miranda Ramsden	3.86
M55	Tim Lowrey	5.53
M70	Mills Lafferty	2.37
M75	Don Quinn	3.55