

QMA BRISBANE - 9TH AUGUST 2026 SAF

HAMMER THROW

Name	Age	Best
James Milne	15-M	40.97
Don Quinn	80-M	22.57
Manuel Dimou	64-M	23.15
Damien LePage	53-M	15.43
Adrian Keen	55-M	44.09
Karl Beste	51-M	28.36
Kieren Elliott	44-F	14.17
Mills Lafferty	77-M	18.58

DISCUS THROW

Name	Age	Best
James Milne	15-M	44.78
Don Quinn	80-M	20.89
Manuel Dimou	64-M	25.99
Mills Lafferty	70-M	14.25
Damien LePage	53-M	21.27
Adrian Keen	55-M	41.96
Karl Beste	51-M	35.71
Kieren Elliott	44-F	18.20
John Milne	64-M	29.42

JAVELIN

Name	Age	Best
Manuel Dimou	64-M	20.63
Damien LePage	53-M	22.45
Karl Beste	51-M	40.32
Adrian Keen	55-M	39.86

