

Discus

Name	Age Group	Best
Kieren Elliott	F40	14.73
Kylie Higgins	F50	16.68
John Tyson Elisia	M30	34.47
Karl Beste	M50	34.99
John Musters	M70	24.38
Guy Quarterman	M80	21.34

Shot Put

Name	Age Group	Best
Kieren Elliott	F40	5.24
Kylie Higgins	F50	6.55
Tyson Elisia	M30	11.87
Karl Beste	M50	11.70
John Musters	M70	9.59
Guy Quarterman	M80	8.89

Javelin

Name	Age Group	Best
Janet Webber	F50	26.41
Kylie Higgins	F50	11.36
Kieren Elliott	F40	9.49
Karl Beste	M50	41.89
John Musters	M70	17.85
Guy Quarterman	M80	21.60