



# QMA E-NEWS

February 2022



World Record setting M65 Relay team - 4 x 800m Relay



## UPCOMING EVENTS

### QMA COMBINED EVENTS CHAMPIONSHIPS

These will be held over the weekend **12<sup>th</sup> – 13<sup>th</sup> February** at the SAF track. QMA members (including NQ members) and interstate members only are eligible to compete.

Program is [HERE](#). Follow the link to enter on-line or enter at the track on Saturday morning by 7.30 am.

Ground fees are \$10 for each day plus \$7 Championship fee.

**Saturday 19<sup>th</sup> February**

### QMA 3000 m RUN AND WALK CHAMPIONSHIPS

### QMA STATE TRACK AND FIELD CHAMPIONSHIPS

These will now be held from 9<sup>th</sup> to 11<sup>th</sup> June, 2022 in Mackay, in conjunction with the Oceania Region Athletics Championships that will be conducted over 6 days and involves Juniors, Para athletes, Open athletes and Masters from across the Oceania Region. Details will be released shortly.

## BRISBANE COMPETITIONS

**Saturday 12<sup>th</sup> – [PROGRAM](#)** Program includes heavy weight throws pentathlon

**Sunday 13<sup>th</sup> - [PROGRAM](#)** Program includes Super Weight throws

**Saturday 19<sup>th</sup> Memorial Events** will be held, including the **Tom Gould 300 m Handicap**. See qualifying details below.

## UNIFORMS

If you are planning to compete at the National Championships in 2022, you will need a current QMA uniform singlet or T-shirt. Please order ASAP to ensure delivery in time. All the information with size charts, how to order, etc can be found on the QMA website [HERE](#). Kathy is waiting for your order! Some pre-loved singlets may be available.

## This month's 'Well Done' ...

...goes to all the QMA members who participated in the BRRC 5 Mile Championships at West End on Sunday 30<sup>th</sup>. QMA members featured prominently in the age group results.

Also 'Well Done' to the relay teams and individuals who have set new records in recent weeks.



## Memorial Day Events information

### The Bernie Hogan 100 m Sprint Handicap.

This is a time adjusted handicap for QMA athletes who have run in the 100m this season. The trophies for 1st, 2nd and 3rd will go to both the male and female athletes with the best results after adding their individual handicap. There is no need to pre nominate for this event.

### The Tom Gould 300 m Sprint Handicap.

#### This event is sponsored by Priceline Pharmacy Ashgrove.

This is a handicap event with only the back marker running the full 300m. **Athletes must nominate** for this event by 13th February with Hugh Coogan at the track or Wilma Perkins [wilmaperkins@me.com](mailto:wilmaperkins@me.com).

Athletes must have participated in 200m and 300m events during the season to be eligible. Four finals will be conducted W30-49, W50+, M30-49 and M50+

Trophies will be awarded to the placegetters and a \$50.00 Rebel Sport voucher will be awarded to all athletes who run in a final.

### The Ruth Frith and Ted Vickers Javelin Throw Handicaps.

This is a distance adjusted handicap. Each competitor will have three throws. The pre determined handicaps are based on an athlete's best performance during the season. There is no need to pre nominate for this event.

Trophies will be awarded to the placegetters

## AMA National Track and Field Championships

These Championships will be held in Brisbane from 1 to 4 April this year, and entries are now open.

We want a huge representation of Queensland members to participate as this championship will not be back for 8 years!. Entries are expected from all Australian States and Territories as well as several overseas countries.

All athletes of Masters age registered with Queensland Athletics have also been invited to participate so this should be a great meet. Check the [\*\*CHAMPIONSHIP WEBSITE\*\*](#) for full details and get your entry in now before the early bird price closes. Do not miss it!

## World Masters Athletics Championship Tampere, Finland 29 June to 10 July 2022

The website for this competition is now LIVE so have a look. The address [wmatampere2022.com](http://wmatampere2022.com)

I have visited Tampere on several occasions and it is a lovely, smaller city with everything very close to the heart of the city. As more information comes to hand we will keep you informed.

## Finally

*We are now at the business end of the summer season and there is so much going on with organizing and conducting competitions, preparing for the Nationals which is a huge undertaking, and looking ahead to what will be happening in the winter months.*

*Of course we will have the cross country and road running events, but also this year QMA Gold Coast will continue to conduct track and field on a regular basis and there will be throwing events happening at SAF. There has also been some interest from track and field athletes to get in some winter activity at the same time as the throwers so if you are interested, please let me know and we will see what happens if there is enough interest.*

President Stan Perkins

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