



QMA E-NEWS

APRIL 2025

A couple of pics from the QMA Championships



Champions!



...Oldest!



...Leapiest!



Happiest!

QMA CHAMPIONSHIPS WRAP-UP

A big WELL DONE to everyone who competed at the weekend, whether you set a record, a PB, earned a medal or completed your events! And a big THANK YOU to everyone who was part of organising, officiating, or assisting on events.

A special thank you to Jesse Whyte who has been running Meet Manager for QMA for a couple of years now. Sadly Jesse is leaving us for other opportunities. Jesse – we will miss you!

A couple of our newest QMA members set notable records over the weekend: congratulations to Simon Wright for new records in M45 60m and 200m, and Nicolette Hargraves with Australian records for W35 400m and 800m. (800 set back in 1986!)

ON THE WIDER ATHLETICS SCENE

How about a shout-out to Queenslander Matt Denny for his discus throw of 72.07 metres at an event in Oklahoma – a PB by a whopping 2m+! And Matt is 28 – Masters age in 2 years!

The best recorded discus throw by a QMA member is 54.35m set in 2009 by Darron Haworth (M40)

AMA CHAMPIONSHIPS

Those QMA members going to the Nationals in Adelaide will be packing their bags soon – we wish them all safe travelling and good competition. Please remember to check the final timetable carefully as the start times for many track events have changed. Please join the Facebook group set up by Team Manager Roisin O'Dwyer so she can keep you up to date with any important information.

UNIFORM NEWS

Members who ordered new QMA uniforms and elected to have them posted should receive them in a day or so - they were posted Monday 8th April. There are still some waiting collection – check in the Clubhouse if you come to the track competition next Saturday.

OUT OF STADIA PROGRAM 2025

Details will be on the QMA website soon, but here is a summary:

ROAD CHAMPIONSHIPS

10 km Championships will once again be held in conjunction with the BRRC event on 22nd June.

The QMA Half Marathon Challenge will follow the same format as previous years. Run one or more half marathon events between 1 April and 31 October to be eligible to enter.

Out of Stadia continued

QMA Marathon Championships will be held with the Gold Coast Marathon Festival. Enter the QMA championship event when you enter the GC Marathon.

CROSS COUNTRY

QMA members are eligible to enter all QA cross country events and championships. Details of all events are on the QA website [HERE](#).

The Short Course Cross Country Championships including Masters events will be held at Nudgee on Saturday 10th May and the Long Course at Toogoolawah on Saturday 12th July.

BRISBANE NEWS

Saturday 12th April – Last Brisbane competition for this season. See website for details and to enter on-line, or enter at the track on Saturday morning.

Over the winter season, there will be jumps and throws coaching and competition on Sundays at the SAF track.

Details will be on the QMA website when finalised.

MEET MANAGER

Do you (or anyone you know) have good computer skills? And would like to be part of our Brisbane admin team next season?

As mentioned earlier – Jesse won't be back next season, and without a Meet Manager volunteer we may have to revert to hand timing and hand written results!!

Please respond to this email, or contact the Secretary if you are interested. All training provided.

EQUIPMENT MANAGER/BUGGY DRIVER/ CHIEF STARTER

Col Buyers has been filling these roles (and much more!) for a long time. He thinks it might be time to retire!

QMA Brisbane needs a dedicated person who can set up for each competition, particularly a bit technically minded for the starting gear.

This person doesn't necessarily have to also be the starter.

Maybe we need several members who can share the workload from week to week. Training will be provided.

NORTH QUEENSLAND NEWS

The North Queensland Winter season is about to get underway with events across the region.

If you are travelling north, check what's on [HERE](#)

Entries are still open for the Great Barrier Reef Masters Games from 30th May to 1st June 2025.

Website: <https://www.gbrmg.com.au/>

GOLD COAST NEWS

Competition is still on hold at the Runaway Bay Sports complex, but training is happening on Sunday mornings, 7am, at the Griffith University track.

OCEANIA MASTERS CHAMPIONSHIPS

Date claimer: 6th to 10th September 2025 **HERE IN BRISBANE!** Website: <https://www.oceania-masters-athletics.org/>

FINALLY - Stay fit, Stay Healthy, Stay in the Sport!

Nick Macmillan QMA President.