

QMA WINTER COMPETITION - 27th August 2023 - SAF Brisbane

Heavy Weights Pentathlon - Scoring Table V5.0 - 17 Dec 2022

Based on 2023 WMA 5-year age factors for standard weights

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Hover Cursor below for

Competition:		Date:		Instructions									
Competitor	Origin	Age Grp	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Total score
W30-W49			5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		
Tina Eilola		W45-49	11.07	423	9.03	382	8.86	457	6.99	423	4.94	346	2031
W50-W55			4kg (8.8lb)		5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		
Heather Lamb		W55-59	11.00	428	8.04	340	7.41	385	5.88	357	5.15	370	1880

M50-M59			7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		20kg (44lb)		
Adrian Keen		M50-54	19.42	690	17.17	737	15.27	748	12.11	714	9.23	732	3621
Tim Lowry		M55-59	13.14	476	11.34	486	9.53	463	6.99	390	6.18	477	2292
M60-M69			5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		
Mark Cumming		M60-64	22.18	811	21.76	930	19.41	997	15.68	920	12.65	909	4567
John Milne		M60-64	15.14	524	13.08	517	11.52	542	9.55	507	6.51	391	2481
M70-M79			4kg (8.8lb)		5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		
Bruce O'Connor		M70-74	15.42	547	12.96	523	11.00	524	10.07	564	8.64	564	2722
Phillip Rowlands		M75-79	13.99	543	11.52	506	12.00	648	10.12	633	8.82	669	2999
Brian Davies		M75-79	15.04	590	12.33	548	10.87	576	9.69	601	8.53	643	2958
Dieter Lacko		M75-79	9.62	347	7.69	308	6.66	312	6.03	327	5.13	328	1622
M80-M100			3kg (6.6lb)		4kg (8.8lb)		5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		
Guy Quarterman		M80-84	14.35	534	13.19	571	11.16	551	9.71	567	8.18	562	2785

High Jump

Katie Browne	W35	1.45m
Desley Varley	W60	1.03m
Anthony Barraclough	M50	1.30m
Dave Varley	M60	1.35m
Brian Key	M60	1.42m

Pole Vault

Wilma Perkins	W70	1.70m
Katie Browne	W35	2.40m
Dash Newington	W35	3.10m
Dave McKeon	M45	3.25m
Anthony Barraclough	M50	2.00m
Michael Hughes	M55	2.50m
Dave Varley	M60	2.70m