



# QMA E-NEWS

NOVEMBER 2022



## CONGRATULATIONS ...

To **Clayton Campodonico** who won the Master Sportsperson for the Year 2022 at the Logan Sports Awards last month. That's Clayton receiving his award in the pic on left.

Also **Congratulations** and well done to all members who competed at the **PanPacific Masters Games** whether you won medals, set records, achieved PBs or simply took part. And a big **THANK YOU** to all the officials and volunteers, without whom the event would not have been possible



## UPCOMING EVENTS

### QA Relay Championships 26<sup>th</sup> November

So far we have about 30 members participating. We need a lot more to make up teams. If you want to be there, please contact Team Coordinators Tamara and Jess on [qldmastersrelay2022@gmail.com](mailto:qldmastersrelay2022@gmail.com) Participants also need to enter and pay ground fee on-line **HERE** No money will be collected on the day.

## UNIFORM NEWS

QMA Webmaster Rob Lasker has been working overtime to get the on-line shop up and running on the website. You can have a look but not order anything yet. A photo shoot is planned for Saturday 12<sup>th</sup> at the track and photographer Miwa will be looking for models.

Once the shop is operating, please get your orders in promptly. The Deadline for orders to be ready in time for the National Championships in Sydney will be 20<sup>th</sup> January 2023.



## MEMBERSHIP NEWS

Membership renewals were due on 1 October. For members who have not yet renewed for 2022-23, this is the last QMA E-News you will receive. Also you will not be able to enter on-line for Brisbane competitions, but will need to enter on the day as a visitor. And of course, you are not eligible to set records,

## **BRISBANE NEWS**

**November** competition dates are:

Saturday 12<sup>th</sup> morning

Wednesday 16<sup>th</sup> evening meet

Wednesday 23<sup>rd</sup> evening meet

Saturday 26 Relay day

And QMA members are invited to participate in the Toowong Gift on 19<sup>th</sup> November. (details on website)

## **GOLD COAST NEWS ...**

Next competition day is Sunday 20<sup>th</sup> November

## **OUT of STADIA NEWS**

**Half Marathon Challenge:** final results will be posted on the website very soon.

**Volunteer opportunity:** keen distance runner or walker (or any member for that matter!) to take over the role of Out-of-Stadia Coordinator next year. It's not hard or time consuming. Contact Irene for further info.

## **LOOKING AHEAD**

**Next year is QMA's 50<sup>th</sup> Anniversary.**

The Management Team would like to hear member suggestions as to how we can celebrate this awesome milestone. All suggestions welcome – send to secretary or talk to one of the Team on competition days.

### ***Finally ...***

*I was very pleased with the result of the "Come and Try Day". The Open Day at Gold Coast's Runaway Bay Performance Centre was similar with some fifteen enquiries about GC Masters.*

*I attended PanPacs - my first ever as a non-competitor - running a promising promo campaign every day and had many enquiries about joining masters, albeit some joining in other states.*

*Congratulations to all who competed, where QMA were probably the leaders in the athletics medal count.*

*Nationally I am looking at a new initiative where all returned veterans can join masters for health and wellbeing similar to their gym program through DVA.*

*Lastly I need to say that I am very proud of our committee, where each are taking their role seriously and working towards a stronger QMA*

**Bruce B**

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