Q.M.A. MENS RECORDS AS AT 15th OCTOBER, 2026

Record times up to and including 800m must be set with Electronic Timing to be accepted as Queensland /Australian/World Records to conform to World and/or Australian Masters Rules, and a Wind Gauge reading is required for Sprints and Long/Triple Jumps. 3 Watch Times are needed for any other distance longer than 800m to be recognised. Lap Scoring required distances longer than1500m.

60 METRES

M30	Aaron Stubbs	*2021*	7.05
M35	Gary Finegan	*2023*	7.07
M40	Gary Finegan	*2026*	6.90 **A**
M45	Simon Wright	*2025*	7.36
M50)	Wayne Cousins	*2011*	7.40
M50)	Michael Berlin	2023	7.40
M55	John Wight	*2001*	7.41 **A**
M60	Craig Parker	*2021*	7.80
M65	Rob McDonald	*2010*	8.10
M70	Glen Wilson	*2011*	8.41
M75	Hugh Coogan	*2012*	8.78
M80	Tom Brown	*1999*	9.42
M85	Hugh Coogan	*2022*	10.18
M90	Laurence Quinlivan	*2025*	12.18

100 METRES

M30	Gary Finegan	*2019*	10.70
M35	Gary Finegan	*2022*	10.92
M40	Gary Finegan	*2025*	10.79 **A**
M45	Simon Wright	*2025*	11.59
M50	Graham Scully	*2024*	11.69
M55	Christopher Brack	*2021*	11.99
M60	Bernie Hogan	*1981*	12.15
M65	Mick Pirie	*1994*	12.62
M70	Hugh Coogan	*2009*	13.34
M75	Hugh Coogan	*2012*	13.86
M80	George Harrod	*2009*	15.76
M85	Hugh Coogan	*2022*	16.97
M90	Hugh Coogan	*2025*	19.44
M100	Les Amey	*2000*	58.29 **A**

100 YARDS

M30	Travis Venema	*2006*	10.54
M35	Patrick McCarthey	*2022*	10.73
M40	Colin Coulthard	*2026*	10.83
M45)	Greg Potts	*2015*	11.08
M45)	Gary Parkinson	*2015*	11.08
M50	Michael Berlin	*2021*	10.94
M55	Michael Berlin	*2024*	11.16
M60	Craig Parker	*2020*	11.38
M65	Col Buyers	*2008*	12.05
M70	Hugh Coogan	*2006*	12.73
M75	Hugh Coogan	*2012*	13.14
M80	George Harrod	*2012*	15.33
M85	Maurice Dauphinet	2012	16.75
M90	Maurice Dauphinet	2017	21.79

200 METRES

M30	Gary Finegan	*2019*	21.50
M35	Kevin Silver	*1987*	22.1
M40)	Heinz Steinmann	*1984*	22.5
M40)	Dave Irvine	*1987*	22.5
M45	Simon Wright	*2025*	23.20
M50	Geoffery Pittman	*2025*	23.82
M55	Christopher Brack	*2022*	24.21
M60	Bernie Hogan	*1981*	25.23
M65	Bernie Hogan	*1985*	25.6
M70	Hugh Coogan	*2005*	26.84 **A**
M75	Hugh Coogan	*2011*	28.44
M80	Charlie Hankins	*1997*	33.83
M85	Harry Gathercole	*1993*	35.99
M90	Hugh Coogan	*2025*	42.14

300 METRES

M30	Murray Goodwin	*2019*	33.75
M35	Gary Finnegan	*2023*	35.08
M40	Gary Finnegan	*2025*	35.57
M45	Gary Parkinson	*2016*	37.17
M50	Gary Parkinson	*2020*	37.93
M55	Christopher Brack	*2022*	37.73
M60	Colin Buyers	*2005*	40.76
M65	Colin Buyers	*2008*	41.75
M70	Hugh Coogan	*2007*	43.54
M75	Hugh Coogan	*2012*	45.03
M80	Colin Woods	*2016*	55.08
M85	Maurice Dauphinet	*2011*	76.37
M90	Noel Garvey	*2025*	1:45.58

400 METRES

M30	Murray Goodwin	*2018*	46.24 **A**
M35	Nev Appleby	*1991*	50.4
M40	Tony Blue	*1977*	50.5
M45	Gary Parkinson	*2016*	52.60
M50	Gary Parkinson	*2018*	53.72
M55	Christopher Brack	*2022*	53.03
M60	Colin Buyers	*2005*	57.35
M65	Colin Buyers	*2007*	58.90
M70	Hugh Coogan	*2006*	60.77 **A**
M75	Hugh Coogan	*2011*	64.10 **A**
M80	Colin Woods	*2016*	77.72
M85	Harry Gathercole	*1993*	1.33.50
M90	Alex Pittendrich	*1997*	1:57.78
M95	Alex Pittendrich	*2001*	2.50.1 **A**

800 METRES

M30	Murray Goodwin	*2020*	1.54.79
M35	Nev Appleby	*1990*	1.55.0
M40	Tony Blue	1977	1.54.80
M45	Alan Bradford	*1987*	1.58.65
M50	Alan Bradford	*1989*	2.00.40
M55	Peter Hawes	*2011*	2.07.87
M60	Alan Bradford	*1999*	2.10.42 **A**
M65	Alan Bradford	*2004*	2.22.15
M70	Alan Bradford	*2009*	2.28.78
M75	Hugh Coogan	*2012*	2.40.26
M80	Colin Woods	*2016*	3.10.71
M85	Michael Juckes	*2025*	3:50.10
M90	Alex Pittendrich	*1997*	4.28.20

1500 METRES

M30	Aidan Hobbs	*2018*	3.54.79
M35	Aidan Hobbs	*2021*	3.53.69
M40	Tony Blue	*1977*	3.57.3
M45	Alan Bradford	*1984*	4.03.16
M50	Alan Bradford	*1989*	4.08.09
M55	Robert Godino	*2025*	4:11.95 **W**
M60	Alan Bradford	*1999*	4.35.18
M65	Ian Cameron	*2019*	4.51.87
M70	Ian Cameron	*2024*	5:08.99
M75	Norm Gulbransen	*1991*	5.49.02
M80	Colin McLeod	*2016*	6.32.17
M85	Michael Juckes	*2025*	7:51.62
M90	Alex Pittendrich	*1998*	11.04.39
M100	Les Amey	*2000*	16.46.41 **W**

1 MILE

M30	Aidan Hobbs	*2018*	4:16.40
M35	Aidan Hobbs	*2024*	4:27.84
M40	Shane George	*2006*	4:34.5
M45	Michael Jackson	*2023*	4:35.25
M50	David Sweeney	*2011*	4:44.3
M55	Robert Godino	*2024*	4:29.60 **W**
M60	Peter Reeves	*2014*	5:03.37
M65	Alan Bradford	*2004*	5:14.9
M70	Peter Reeves	*2023*	5:53.32
M75	Colin Woods	*2010*	6:53.02
M80	Colin McLeod	*2016*	7:01.40

2000 METRES

M30	Daniel Williams	*2025*	5:48.05
M35	Adam Taylor	*2025*	6:25.11
M40	Adam Taylor	*2025*	6:27.55
M45	Paul Dodd	*2022*	6.18.03
M50	Sean Needham	*2024*	6:37.29
M55	Adrian Royce	*2025*	6:39.10
M65	Robert Gunningham	*2022*	7:56.50
M70	Ian Cameron	*2025*	7:19.54
M75	John Sheer	*2023*	9:57.57

3000 METRES

M30	Aidan Hobbs	*2021*	8.13.56 **A**
M35	Aidan Hobbs	*2024*	8.18.78 **A**
M40	Shane George	*2006*	8.51.25
M45	David Sweeney	*2008*	8.56.46
M50	David Sweeney	*2012*	9.13.53
M55	David Sweeney	*2017*	9.36.27
M60	Peter Reeves	*2014*	9.57.08
M65	Alan Bradford	*2004*	10.30.50
M70	Colin McLeod	*2006*	11.26.8
M75	Colin McLeod	*2012*	12.56.02
M80	Colin McLeod	*2016*	13.35.60
M85	Michael Juckes	*2024*	16:41.00

5000 METRES

M30	Aidan Hobbs	*2020*	14.34.70 **A**
M35	Aidan Hobbs	*2021*	14.15.34 **A**
M40	Shane George	*2007*	15.15.24
M45	David Sweeney	*2007*	15.29.64
M50	Alan Bradford	*1991*	15.51.2
M55	Robert Godino	*2024*	15:34.49
M60	Alan Bradford	*1999*	17.11.9
M65	Colin McLeod	*2001*	17.51.34
M70	Ian Cameron	*2024*	18:30.81
M75	Colin McLeod	*2012*	20.58.75
M80	Colin McLeod	*2016*	22.58.42
M85	Michael Juckes	*2025*	31:40.27

10,000 METRES

M30	Aidan Hobbs	*2019*	30.58.49 **A**
M35	Aidan Hobbs	*2022*	31.14.96
M40	Joe Patterson	*1975*	31.57.0
M45	Ron Peters	*2001*	31.48.69
M50	Ron Peters	*2003*	32.54.8
M55	David Sweeney	*2016*	33.15.16
M60	Alan Bradford	*1999*	35.51.81
M65	Colin McLeod	*2001*	37.02.3
M70	Ian Cameron	*2025*	38:13.60 **A**
M75	Colin McLeod	*2013*	45.03.69
M80	Colin McLeod	*2016*	47.13.84

2000M STEEPLECHASE

M60	Alan Bradford	*1999*	6.54.31 **A**
M60	Alan Bradford	*2002*	7.18.9
M65	Alan Bradford	*2004*	7.18.2 **A**
M70	Alan Bradford	*2009*	8.20.95
M75	Michael Juckes	*2015*	10:14.82
M80	Michael Juckes	*2019*	11.20.46

3000M STEEPLECHASE (0.914m)

M30	Aidan Hobbs	*2021*	8.50.22 **A**
M35	Aidan Hobbs	*2022*	9.03.30
M40	Doug Worling	*1975*	9.24.3
M45	Doug Worling	*1981*	9.41.49
M50	Alan Bradford	*1989*	9.51.62 **A**
M55	Alan Bradford	*1994*	10.14.00 **A**

3000M STEEPLECHASE (0.838m)

M30	Christopher Davis	*2025*	10:28.84 **A**
M35	Christopher Davis	*2025*	10:41.54 **A**
M45	Justin Rule	*2023*	11:23.3
M50	Graham Kelsey	*2025*	14:14.96
M55	Peter Link	*2024*	11:43.01

110 METRES HURDLES

M30	Stuart Anderson	*2012*	14.47
M35	Harry Giles	*1979*	15.6
M40	Harry Giles	*1988*	15.9
M45	Harry Giles	*1992*	15.5

100 METRES HURDLES

M50	David Reed	*2026*	15.99
M55	Harry Giles	*1994*	15.42 **A**
M60	Harry Giles	*2007*	16.34

Q.M.A. MENS RECORDS AS AT 15th OCTOBER, 2026

M65	Harry Giles	*2010*	17.73

80 METRES HURDLES

M70	Garvin Brown	*1999*	14.42
M75	Harry Giles	*2019*	17.04
M80	Harry Giles	*2026*	18.02
M85	Vic Younger	*2000*	26.65

60m HURDLES

M35	Yudhbir Singh	*2023*	12.12
M50	David Reed	*2026*	9.37 **A**
M60	David Varley	*2023*	10.78
M65	Joe Begley	*2023*	13.15
M70	Bruce Bodsworth	*2023*	*12.77*
M75	Peter Kennedy	*2024*	13.25
M80	Pio Bunin	*2023*	14.21 **A**

400 METRES HURDLES

M30	Harry Giles	*1977*	52.2
M35	Harry Giles	*1981*	56.09
M40	Harry Giles	*1988*	56.73
M45	Harry Giles	*1989*	58.02
M50	Harry Giles	*1994*	62.14
M55	Gary Parkinson	*2024*	63.84

300 METRES HURDLES

M60	Harry Giles	*2006*	46.8
M65	Harry Giles	*2010*	50.39
M70	Bruce Bodsworth	*2021*	52.31
M75	Alan Bradford	*2015*	60.72
M80	Russell Grigg	*2008*	1.53.14
M85	Vic Younger	*1998*	1.59.8

200 METRES HURDLES

M80	Alan Bradford	*2019*	41.53 **A**

800m TRACK WALK

M50	Dean Nipperess	*2023*	3:53.35
M55	Simon Cartwright	*2026*	5:14.85
M60	Ignacio Jimenez	2025	3:43.19
M65	Peter Bennett	*2025*	4:35.58
M70	Peter Bennett	*2025*	4:39.33
M85	Patrick Sela	2025	6:47.38

1500m TRACK WALK

M30	Michael Day	*2016*	10.54.00
M35	Andrew Ludwig	*2002*	6.24.70
M40	Dean Nipperess	*2014*	6.06.67
M45	Peter Bennett	*2002*	6.25.06
M50	Peter Bennett	*2006*	6.44.38
M55	Ignacio Jimenez	*2023*	6.43.81 **A**
M60	Ignacio Jimenez	*2025*	6:59.87
M65	Ian Richardson	*2010*	7.49.63
M70	Peter Bennett	*2026*	8:56.25
M75	Richard Lynch	*2004*	9.18.56
M80	Dick Keatinge	*2003*	10.33.46
M85	Dick Keatinge	*2008*	11.07.00
M90	John Alroy	*1999*	12.56.85

1 MILE TRACK WALK

M40	Dean Nipperess	*2011*	7.15.75
M45	Argenis Guevara	*2016*	8.14.76
M50	Ignacio Jimenez	*2016*	7.15.42
M55	Peter Bennett	*2014*	7.29.75
M60	Peter Bennett	*2016*	7.55.53
M65	Ian Richardson	*2014*	8.22.08
M70	Peter Bennett	*2026*	9:38.97
M75	Patrick Sela	*2015*	11.13.83
M80	Richard Lynch	*2011*	12.10.37
M85	Patrick Sela	*2026*	13:51.24
M90	Russell Grigg	*2017*	15.44.37

2000m TRACK WALK

M50	Argenis Guevara	*2020*	11.09.43
M55	Ignacio Jimenez	*2022*	9:05.29
M60	Peter Bennett	*2020*	10.57.99
M65	Peter Bennett	*2020*	11.05.80
M85	Patrick Sela	*2025*	17:58.59

3000m TRACK WALK

M30	Ignacio Jimenez	*1996*	12.45.81 **A**
M35	Aidan Hobbs	*2024*	8:18.78
M40	Dave Smith	*2000*	12.08.42
M45	Dave Smith	*2001*	13.20.2
M50	Ignacio Jimenez	*2018*	13.36.95
M55	Ignacio Jimenez	*2021*	13.55.07
M60	Peter Bennett	*2016*	14.31.38
M65	Ian Richardson	*2014*	16.17.71
M70	Richard Lynch	*2000*	18.11.87
M75	Richard Lynch	*2014*	19.07.78
M80	Dick Keatinge	*2003*	20.46.80
M85	Dick Keatinge	*2008*	21.42.09
M90	John Alroy	*1995*	25.33.9

5000m TRACK WALK

M30	Ignacio Jimenez	*1996*	21:38.52 **A**
M35	David Smith	*1994*	19:53 **A**
M40	David Smith	*2000*	20{47.7
M45	David Smith	*2001*	22.30.1
M50	Ignacio Jimenez	*2018*	23.21.25
M55	Ignacio Jimenez	*2022*	23:22.0
M60	Ignacio Jimenez	*2025*	24:41.90
M65	Ian Richardson	*2014*	29.02.85
M70	Richard Lynch	*2001*	30.49.35
M75	Richard Lynch	*2004*	32.19.64
M80	Dick Keatinge	*2003*	34.50.11
M85	Dick Keatinge	*2008*	37.27.25
M90	John Alroy	*1995*	43.08.0

10,000m TRACK WALK

M30	Ignacio Jimenez	*1996*	44.45.4
M35	Andrew Ludwig	*2004*	47.07.04
M40	Dave Smith	*2000*	44.04.84
M45	Peter Bennett	*2001*	48.28.4
M50	Iggy Jimenez	*2018*	49.25.76
M55	Robert Mee	*1994*	49.50.3
M60	Peter Bennett	*2016*	52.14.64
M65	Patrick Sela	*2005*	63.22.1
M70	Eric Bailey	*1994*	63.09.5
M75	Richard Lynch	*2005*	67.39.25
M80	Dick Keatinge	*2003*	72.09.6
M85	Dick Keatinge	*2008*	75.34.0

LONG JUMP

M30	Matt McEwen	*2004*	7.20
M35	John Davis	*1992*	6.42
M40	Gary Finegan	*2025*	6.81 **A**
M45	Harry Giles	*1990*	6.19
M50	Garry Donaldson	*1994*	5.82
M55	Gary Parkinson	*2023*	5.81
M60	Harry Giles	*2004*	4.98
M65	Spencer Herft	*2003*	4.79
M70	Spencer Herft	*2008*	4.43
M75	Garvin Brown	*2004*	3.85
M80	Pio Bunin	*2023*	3.68
M85	Vic Younger	*1999*	3.17
M90	Maurice Dauphinet	*2016*	2.44
M95	Alex Pittendrich	*2001*	1.67 **A**

TRIPLE JUMP

M30	Lance Faulkner	*2016*	13.26
M35	Richard Anderson	*1989*	12.77
M40	Derek Boosey	*1982*	14.02
M45	Derek Boosey	*1989*	12.88
M50	Jim Christian	*1988*	11.33
M55	Tony Collins	*2012*	10.80
M60	Spencer Herft	*1998*	10.28
M65	Spencer Herft	*2003*	9.78
M70	Spencer Herft	*2008*	9.23
M75	Maurice Dauphinet	*2004*	8.00
M80	Vic Younger	*1993*	7.95
M85	Vic Younger	*1998*	6.59
M90	Alex Pittendrich	*1996*	5.51
M95	Alex Pittendrich	*2001*	3.55 **A**

HIGH JUMP

M30	Matt McEwen	*2004*	1.97 **A**
M35	John Howard	*1991*	1.85
M40	Euan McLean	*2019*	1.82
M45	Ben Dickson	*2011*	1.80
M50	Ben Dickson	*2014*	1.77 **A**
M55	Michael Berlin	*2024*	1.61
M60	(Brian Prideaux	*2004*	1.52
M60	(Brian Key	*2022*	1.52
M65	(Alan Rolfe	*1994*	1.47
M65	(Brian Keys	*2026*	1.47
M70	Alan Rolfe	*1999*	1.41
M75	Lynton Lewis	*2015*	1.25
M80	Vic Younger	*1994*	1.19
M85	Vic Younger	*1999*	1.10
M90	Laurence Quinlivan	*2026*	0.97

POLE VAULT

M30	Matt McEwen	*2004*	4.90 **A**
M35	Howard Arbuthnot	*2004*	4.80
M40	Rob Hill	*2010*	4.80 **A**
M45	Rob Hill	*2015*	4.60 **A**
M50	Howard Arbuthnot	*2021*	4.30 **A**
M55	Howard Arbuthnot	*2025*	4.01 **A**
M60	Allan Cameron	*2012*	3.00
M65	Garvin Brown	*1994*	3.15
M70	Garvin Brown	*2000*	3.14 **A**
M75	Garvin Brown	*2003*	2.85
M80	Vic Younger	*1995*	1.76
M85	Vic Younger	*2000*	1.74 **A**

JAVELIN 800grms (M30-49)

M30	Matt McEwen	*2004*	61.60
M35	Mark Stevens	*1989*	59.52
M40	Michael Frawley	*1992*	56.28
M45	John Kay	*2008*	52.26

JAVELIN 700grms (M50-59)

M50	John Kay	*2009*	54.37
M55	John Kay	*2015*	44.62

New Javelin Specification for M50-M55

M50	Antony Barraclough	*2026*	44.15
M55	Adrian Keen	*2026*	41.21

JAVELIN 600grms (M60-69

M60	Hans Beste	*2003*	38.26
M65	Guy Quarterman	*2007*	39.55

JAVELIN 500grms (M70-79)

M70	Erkki Saarinen	*2006*	42.00 **A**
M75	Lyle Daniel	*2026*	38.19 **A**

JAVELIN 400grms (M80+)

M80	Erkki Saarinen	*2013*	33.80 **A**
M85	Vic Younger	*2000*	21.98
M90	Maurice Dauphinet	*2016*	17.11
M95	Maurice Dauphinet	*2022*	9.09 **A**

DISCUS 2kg (M30-49)

M30	Warren Evans	*2003*	47.03
M35	Darron Haworth	*2008*	54.15 **A**
M40	Darron Haworth	*2009*	54.35 **A**
M45	Peter Lonsdale	*2012*	50.28

DISCUS 1.5kg (M50-59)

M50	Justin Holzer	*2021*	51.27
M55	Adrian Keen	*2026*	45.04

DISCUS 1kg (M60+)

M60	Warwick Selvey	*2001*	53.43 **A**
M65	Warwick Selvey	*2005*	45.76
M70	Charlie Rann	*2000*	38.92
M75	Charlie Rann	*2003*	36.88 **A**
M80	Nick Bannenberg	*2021*	28.61
M85	Feliks Jekabsons	*2008*	25.28
M90	Maurice Dauphinet	*2016*	19.33
M95	Maurice Dauphinet	*2022*	11.37 **A**

SHOT PUT 7.26kg (M30-49)

M30	Dean Cowan	*2002*	15.65
M35	Peter Phillips	*1978*	15.89
M40	Peter Lonsdale	*2000*	15.06

M45	Darrin Norwood	*2025*	14.53

SHOT PUT 6kg (M50-59)

M50	Peter Lonsdale	*2016*	15.52
M55	Adrian Keen	*2026*	12.41

SHOT PUT 5kg (60-69)

M60	Mike Katmadas	*1999*	12.92
M65	Arvo Ropelin	*2002*	11.81

SHOT PUT 4kg (M70-79)

M70	Feliks Jekabsons	*1993*	12.66
M75	Feliks Jekabsons	*1998*	11.24

New WMA Specifications for M80+ 3kg

M80	Dash Daniels	*2019*	10.87
M85	Feliks Jekabsons	*2008*	9.66 **A**
M90	Feliks Jekabsons	*2014*	6.95
M95	Maurice Dauphinet	*2022*	4.49 **A**

HAMMER 7.26kg (M30-49)

M30	Brad Monk	*1995*	58.88
M35	Darron Haworth	*2008*	54.85
M40	Ron Frawley	*1991*	50.20
M45	Bob Wagner	*2006*	51.95

HAMMER 6kg (M50-59)

M50	Bob Wagner	*2007*	53.98
M55	Adrian Keen	*2026*	46.66

HAMMER 5kg (M60-69)

M60	Mark Cumming	*2023*	52.24
M65	Lajos Joni	*2021*	43.41

HAMMER 4kg (M70-79)

M70	Charlie Rann	*1999*	44.09
M75	Charlie Rann	*2003*	38.31

New WMA Specifications for M80+ 3kg

M80	Guy Quarterman	*2021*	34.98
M85	Feliks Jekabsons	*2008*	27.36
M90	Feliks Jekabsons	*2014*	19.12
M95	Maurice Dauphinet	*2022*	9.77 **A**

WEIGHT THROW 15.88kg (M30-49)

M30	David Allan	*2005*	17.05
M35	Darron Haworth	*2008*	17.05
M40	Darron Haworth	*2010*	14.57
M45	Bob Wagner	*2004*	16.11

WEIGHT THROW 11.34kg (M50-59)

M50	Bob Wagner	*2006*	19.78 **A**
M55	Bob Wagner	*2011*	17.58

WEIGHT THROW 9.08kg (M60-69)

M60	Mark Cumming	*2023*	20.78
M65	Lajos Joni	*2021*	17.64

WEIGHT THROW 7.26kg (M70-79)

M70	Lajos Joni	*2025*	17.40
M75	Feliks Jekabsons	*1998*	14.25

WEIGHT THROW 5.45kg (M80+)

M80	Guy Quarterman	*2022*	13.67
M85	Feliks Jekabsons	*2008*	10.83
M90	Laurence Quinlivan	2026	7.89

THROWS PENTATHLON (Rescored with 2023 Scoring)

M30	Dean Cowan	*2002*	2902
M35	Darron Haworth	*2008*	3664 **A**
M40	Peter Lonsdale	*2006*	3364
M45	Darrin Norwood	*2025*	3752
M50	Adrian Keen	*2023*	3481
M55	Erik Hedendahl	*2003*	3212

New Javelin Specification for M50-M55

M50	Chris Vaneynde	2026	2725
M55	Adrian Keen	*2026*	3744 **A**
M60	Warwick Selvey	*2002*	3354
M65	Jim Davis	*2001*	3301
M70	Guy Quarterman	*2013*	3285
M75	Jim Davis	*2009*	3231

New WMA Specifications for M80+ For Shot and Hammer (Rescored)

M80	Nick Bannenberg	*2021*	3177
M85	Feliks Jekabsons	*2008*	3220
M90	Maurice Dauphinet	*2017*	2308

56lb HEAVY WEIGHT

M30	Tyson Elisaia	*2024*	8.71
M35	Darron Haworth	*2008*	10.94 **A**
M40	Darron Haworth	*2010*	10.48
M45	Darrin Norwood	*2025*	8.72
M50	Adrian Keen	*2022*	9.14
M55	Brian Doolan	*2025*	6.92
M60	Mark Cumming	*2023*	8.20
M65	Lajos Joni	2022	6.79 **A**
M70	Phillip Rowlands	*2018*	5.55
M75	Phillip Rowlands	*2023*	4.81
M80	Don Quinn	*2025*	3.78
M85	Laurence Quinlivan	*2023*	2.01
M90	Laurence Quinlivan	*2025*	1.34

100lb HEAVY WEIGHT

M30	Tyson Elisaia	*2024*	4.24
M35	Darron Haworth	*2008*	5.57 **A**
M40	Darrin Norwood	*2022*	4.52
M45	Conrad Galuvao	*2026*	4.25
M50	Adrian Keen	*2025*	4.68
M55	Adrian Keen	*2026*	4.12
M60	Mark Cumming	*2023*	3.13
M65	Don Quinn	*2011*	2.62
M70	Phillip Rowlands	*2018*	2.63
M75	Phillip Rowlands	*2023*	2.67 **A**
M80	Don Quinn	*2024*	2.40 **A**
M90	Gordon Woolston	*2023*	0.54

SUPER WEIGHT THROWS Revised: Official Records

56lb SUPER WEIGHT – M30-59

M30	Tyson Elisaia	*2024*	8.71
M35	Darron Haworth	*2008*	10.94 **A**
M40	Darron Haworth	*2010*	10.48
M45	Darrin Norwood	*2025*	8.72
M50	Adrian Keen	*2022*	9.14
M55	Brian Doolan	*2025*	6.92

44lb SUPER WEIGHT – M60-69

M60	Mark Cumming	*2024*	11.36
M65	Lajos Joni	*2020*	8.68

35lb SUPER WEIGHT – M70-79

M70	Lajos Joni	*2025*	8.51
M75	Phillip Rowlands	*2023*	7.85 **A**

25lb SUPER WEIGHT – M80+

M80	Ian Kennedy	*2020*	8.32
M90	Laurence Quinlivan	*2025*	3.45

SINGLE ARM WEIGHT 25lb M30-M45

M30	Tyson Elisaia	2024	16.11
M40	Darrin Norwood	2022	15.29
M45	Rene Doel	2024	14.86

SINGLE ARM WEIGHT 20lb M50-M55

M50	Adrian Keen	2024	18.55
M55	Mark Ashcroft	2023	15.86

SINGLE ARM WEIGHT 16lb M60-M65

M60	Mark Cumming	2023	19.77
M65	Lajos Joni	2022	15.95

SINGLE ARM WEIGHT 12lb M70-M75

M70	Phillip Rowlands	2018	18.23
M75	Don Quinn	2019	14'18

SINGLE ARM WEIGHT 8.8lb M80+

M80	Don Quinn	2024	17.12
M90	Laurence Quinlivan	2025	8.83

HEAVY WEIGHT PENTATHLON (Rescored with 2023 Scoring)

M30	Tyson Elisaia	*2025*	2916
M35	Darron Haworth	*2008*	4254 **A**
M40	Darron Haworth	*2010*	4327
M45	Darrin Norwood	*2025*	4094
M50	David Allan	*2024*	4017
M55	Brian Doolan	*2025*	3250
M60	Mark Cumming	*2023*	4803
M65	Lajos Joni	*2021*	4257
M70	Lajos Joni	*2025*	3679
M75	Brian Davies	*2021*	3293
M80	Ian Kennedy	*2020*	2991
M90	Gordon Woolston	*2023*	1398

PENTATHLON (Rescored with 2023 Scoring)

M30	Warren Evans	*2003*	3275 **A**
M35	Greg Newnham	*1996*	2832
M40	Eddie Czarnecki	*1994*	2940
M45	Harry Giles	*1990*	3012
M50	Bruce Bosworth	*2002*	2914
M55	Gary Parkinson	*2024*	3679 **A**
M60	Mark McLean	*2019*	3136
M65	Ken Daniels	*2003*	3244
M70	Ken Daniels	*2008*	2790
M75	Maurice Dauphinet	*2002*	2218
M80	Guy Quarterman	*2025*	2697
M85	Laurence Quinlivan	*2025*	1546
M90	Maurice Dauphinet	*2016*	2074 **A**

DECATHLON (Rescored with 2023 Scoring)

M30	Matt McEwen	*2003*	7723 **A**
M35	John Gan	*2006*	5243
M40	Troy McLaren	*2006*	5101
M45	Howard Arbuthnot	*2015*	5189
M50	Howard Arbuthnot	*2018*	5794
M55	Dave Varley	*2017*	6400 **A**

New Javelin Specification for M50-M55

M50	Anthony Barraclough	*2026*	4188
M60	Dave Varley	*2022*	6106
M65	Mark McLean	*2022*	5872
M70	Nick Bannenberg	*2011*	5463
M75	Peter Kennedy	*2022*	4673

Old Specifications (Rescored)

M80	Vic Younger	*1993*	4310
M85	Vic Younger	*1999*	3895 **A**

HEPTATHLON

M50	David Reed	*2025*	4210 **A**

New Javelin Specification for M50-M55

M50	David Reed	*2025*	3955 **A**
M70	Dieter Lacko	2024	2552 **A**
M75	Dieter Lacko	2025	1999 **A**

4 x 100 METRES RELAY

M30	Richard Rodgers		
2011	Travis Venema		
	Aaron McMahon		
	Graham Scully		45.25
M35	Robin Mihrshahi	35	
2015	Travis Venema	39	
	Graham Scully	41	
	Darren Felsman	48	45.47
M40	Travis Venema	40	
2016	Graham Scully	42	
	Gary Parkinson	48	
	Steve Jones	52	45.53
M45	Gary Parkinson	47	
2015	Steve Jones	51	

	Glenn Munro	47		
	Darren Felsman	48	46.90	
M50	Gary Parkinson	52		
2019	Christopher Brack	54		
	Michael Berlin	50		
	Steve Jones	56	47.80	
M55	Wayne Cousins			
2002	John Wight			
	Mal Storey			
	Colin Buyers		47.92	
M60	John Cooper			
2000	Hugh Coogan			
	Alan Bradford			
	Tom O'Keeffe		52.64	
M65	Don Burtt			
2012	Rob McDonald			
	John Wight			
	Hugh Coogan		53.36	
M70	Ken Daniels			
2011	Hugh Coogan			
	Alf Lakin			
	Noel Garvey		61.52	
M80	George Harrod			
2010	Maurice Dauphinet			
	Hugh Thomsen			
	Russell Grigg		77.06	

4 x 200 METRES RELAY

M30	Matthew Learoyd	37		
2019	Graham Scully	45		
	Patrick McCarthey	35		
	Scott Tuohy	33	1.35.70	**A**
M35	Robin Mihrshahi			
2015	Travis Venema			
	Graham Scully			
	Brett MacKenzie		1.37.48	**A**
M40	Gary Parkinson	47		
2015	Wayne Adams	42		
	Ian Adams	44		
	Graham Scully	41	1.40.72	
M45	Geoff Bramley			
2009	Craig Bruce			
	Callum McInnes			
	Joe Begley		1.45.36	
M50	Gary Parkinson	51		
2018	Steve Jones	55		
	Joseph Phelan	51		
	Joe Begley	64	1.46.89	
M55	Hugh Bristow			
2011	Joe Begley			
	Jim Furlong			
	Ian Malouf		1.49.66	
M60	Ian Malouf	61		
2016	Joe Begley	62		
	Paul Chaplain	67		
	Terry Dauphinet	63	1.59.63	
M65	Hugh Coogan			
2007	Alf Lakin			
	Colin Buyers			
	Ivan Rogers		2.07.89	
M70	John Wight	70		
2017	Pio Bunin	75		
	Peter Kennedy	70		
	Colin Buyers	74	2.17.89	
M75	Dieter Lacko	75		
2023	John Sheer	76		
	Stephen Dixon	76		
	Pio Bunin	82	2:45.58	

4 x 400 METRES RELAY

M30	Warren Evans			
2003	David Hill			
	Bruce Hill			
	Grant Barton		3.35.4	
M35	Gary Parkinson	50		
2018	Graham Scully	44		
	Peter Bracken	37		
	Daniel Mellish	39	3.41.63	
M40	Jim Furlong			
1999	Peter Hawes			
	Michael Warburton			
	Shaun McLaughlin		3.40.3	
M45	Jim Furlong			
2001	Shaun McLaughlin			
	Peter Hawes			
	Bill Kovacevic		3.40.44	
M50	Michael Berlin	50		
2020	Gary Parkinson	52		
	Christopher Brack	54		
	Joseph Phelan	52	3.51.06	
M55	Bruce Bodsworth			
2007	Bob Grayson			
	Rob White			
	Colin Buyers		4.03.0	
M60	John Cooper			
2000	Hugh Coogan			
	Alan Bradford			
	Tom O'Keeffe		4.11.51	
M65	Hugh Coogan			
2008	Col Buyers			
	Colin McLeod			
	Alan Bradford		4.32.61	
M70	Noel Garvey			
2011	Alan Bradford			
	Ken Daniels			
	Hugh Coogan		5.04.12	

4 x 800 METRES RELAY

M30	Gary Parkinson			
2008	David Hill			
	Bruce Hill			
	Brendan Whelan		8.30.74	**AR**
M35	Matt Cooper	36		
2017	Clay Dawson	36		
	Peter Bracken	37		
	Daniel Mellish	39	8.41.58	**AR**
M40	Shane Mathewson	40		
2022	Wayne Adams	48		
	Andrew Willey	45		
	Daniel Mellish	43	8.42.23	**AR**
M45	Andrew Willey	45		
2022	Wayne Adams	48		
	Peter Link	54		
	Michael Jackson	48	8:49.58	
M50	Peter Reeves			
2011	Con Dimauro			
	Phil Davies			
	David Sweeney		9.05.22	
M55	Darryn Bryant	55		
2022	Mark Lepper	60		
	Joseph Phelan	55		
	Peter Link	55	9.27.72	
M60	Peter Reeves			
2013	Jason Collie			
	Bob Grayson			
	Sean Ryan		10.29.12	
M65+	Robert Gunningham	68		
2022	Mark McLean	65		
	Peter Reeves	68		
	Ian Cameron	67	10.44.06	**A**
M70+	Pio Bunin	74		
2016	Noel Garvey	81		
	Don Burtt	70		
	Colin Woods	80	15.25.31	
M75+	Michael Juckes	82		
2022	Stephen Dixon	75		
	Colin Mancey	80		
	Dieter Lacko	75	14:02.84	

4 x 1500 METRES RELAY

M30	Chris Davis			
2021	Chris Toro			
	Daniel Brown			
	Shane Mathewson		18:49.25	
M35	Aidan Hobbs	37		
2023	Michael Cnops	35		
	Marty Kelly	43		
	Sebastin Pinel	44	17:50.07	**AR**
M40	Chris Bell	46		
2018	Paul Shard	45		
	Anthony Canfell	47		
	Andrew Willey	41	18.36.44	**AR**
M45	Mark Jones			
2007	David Sweeney			
	Andy Clowes			
	Peter Hallahan		18.31.73	
M50	Peter Reeves			
2011	David Sweeney			
	Con Dimauro			
	Phil Davies		18.37.91	
M55	Peter Reeves	60		
2014	Ian Cameron	60		
	Phil Davies	57		
	Con Dimauro	55	19.58.67	**AR**
M60	John Shaw	62		
2016	Ron Peters	62		
	Ian Cameron	61		
	Peter Reeves	62	19.28.03	**AR**
M65	Bob Grayson	66		
2018	Roger Carter	66		
	John Sheer	70		
	Bruce Bodsworth	66	27.09.98	
M70	John Sheer			
2021	Bruce Bodsworth			
	Steve Dixon			
	Colin Mancey		30:12.60	

RELAYS: MEMBERS WHO SET RECORDS IN AUST TEAMS IN NATIONAL AND INTERNATIONAL COMPETITION.

4 x 100m RELAYS:

M45+	Graham Scully	*2024*	44.54	**A**
M55+	Heinz Steinmann	*2001*	47.46	**A**
	John Wight	*2001*	47.46	**A**
M60+	Hugh Coogan	*1997*	48.95	**A**
M65+	Col Buyers	*2009*	50.5	**A**
	Heinz Steinmann	*2009*	50.5	**A**
	Rob McDonald	*2009*	50.5	**A**
M70+	John Wight	*2016*	53.67	**A**
M75+	Pio Bunin	*2016*	59.95	**A**
M80+	Hugh Thomsen	*2012*	68.43	**A**
	George Harrod	*2012*	68.43	**A**

4 x 400m RELAYS:

M50+	Gary Parkinson	*2018*	3.37.78	**A**
M55+	Gary Parkinson	*2024*	3:46.85	**A**
M65+	Colin Buyers	*2009*	4.02.62	**A**
	Heinz Steinmann	*2009*	4.02.62	**A**
M70+	Hugh Coogan	*2011*	4.29.57	**A**
M75+	Pio Bunin	*2016*	5.12.41	**A**
M80	George Harrod	*2012*	5.32.29	**A**

4 x 800m RELAY

M50+	Peter Hawes	*2011*	8:39.01	**A**

TRACK EVENTS (STADIUM)

These QBP Times for 60 Metres are not recognised as Queensland Records. All Records up to and including 800m must be set with Electronic Timing. The remaining Records will be deleted when bettered by an Official Record.

60 METRES

M30	Travis Venema	*2008*	7.0
M50	David Lloyd	*2001*	7.3
M60	Rob McDonald	*2004*	7.7
M60	John Wight	*2006*	7.7
M70	Hugh Coogan	*2006*	8.2

100 YARDS

M55	John Wight	*2001*	11.4

300 METRES

M60	Colin Buyers	*2003*	40.1
M70	Hugh Coogan	*2006*	43.4

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ROAD EVENTS

HALF MARATHON

M30	Aidan Hobbs	*2019*	1:06.26	**A**
M35	Aidan Hobbs	*2022*	1:06.05	**A**
M40	Peter Connolly	*1986*	1:10.12	
M45	Wayne Spies	*2022*	1:09.15	**A**
M50	Wayne Spies	*2023*	1.10.33	
M55	Ron Peters	*2009*	1:12.19	**A**
M60	Ron Peters	*2013*	1:15.07	
M65	Colin McLeod	*2002*	1:19.06	
M70	Ian Cameron	*2024*	1:25:32.7	
M75	Colin McLeod	*2013*	1:39.28	
M80	Robert Horman	*2000*	1:46.00	**A**
M85	Robert Horman	*2004*	2:05.11	**A**

MARATHON

M30	Aidan Hobbs	*2018*	2:23.00	**A**
M35	Aidan Hobbs	*2022*	2:20.08	
M40	Peter Connolly	*1985*	2:29.09	
M45	Wayne Spies	*2022*	2:25.47	**A**
M50	Wayne Spies	*2023*	2:27.40	**A**
M55	Ron Peters	*2009*	2:37.27	**A**
M60	Ron Peters	*2015*	2:43.57	
M65	John Shaw	*2019*	2:51.21	**A**
M70	Colin McLeod	*2006*	3:04.07	
M75	Robert Horman	*1997*	3:41.08	
M80	Robert Horman	*1998*	3:39.18	**A**
M85	Robert Horman	*2004*	4:34.55	**A**

10KM ROAD RUN

M30	Aidan Hobbs	*2017*	33.37	**A**
M35	Aidan Hobbs	*2022*	29.27	**A**
M40	Peter Bracken	*2022*	31.59	
M45	Derrick Leahy	*2022*	32.40	
M50	David Sweeney	*2014*	32.58	
M55	David Sweeney	*2017*	33.50	
M60	Gary Mayor	*2023*	35.31	
M65	John Shaw	*2019*	37.39	
M70	Ian Cameron	*2024*	39:21.3	**A**
M75	Colin McLeod	*2015*	47.19	
M80	Colin Woods	*2015*	55.01	

CROSS COUNTRY

3000 METRES (3km)

M30	David Hill	*2004*	9.55
M35	Bruce Hill	*2005*	10.06
M40	Barry Broe	*2002*	9.57
M45	David Sweeney	*2008*	10.02
M50	Ron Peters	*2004*	10.08
M55	Steve Hastie	*2006*	10.47
M60	Peter Reeves	*2014*	10.55
M65	Bob Grayson	*2018*	15.25
M70	Peter Reeves	*2026*	12:13.00

4000 METRES (4km)

M30	Aidan Hobbs	*2018*	11.48
M35	David Hill	*2005*	12.27
M40	Shane George	*2007*	12.41
M45	Ron Peters	*2002*	13.00
M50	Ron Peters	*2006*	12.49
M55	Peter Reeves	*2010*	13.49
M60	Alan Bradford	*2003*	14.25
M65	Alan Bradford	*2004*	14.49
M70	Peter Reeves	*2026*	17:27.70
M75	Colin McLeod	*2013*	18.34

5000 METRES (5km)

M30	Aidan Hobbs	*2019*	17.41
M35	Stephen Showell	*2004*	18.02
M40	Barry Broe	*2002*	17.49
M45	Malcolm Powell	*2009*	17.00
M50	Ron Peters	*2004*	17.02
M55	Peter Reeves	*2010*	18.37
M60	Alan Bradford	*2000*	18.48
M65	John Sheer	*2013*	24.10
M70	Merv Jenkinson	*1981*	23.35

6000 METRES (6km)

M30	Aidan Hobbs	*2019*	24.56
M50	Adrian Royce	*2021*	22.17
M55	Adrian Royce	2023	22.45
M60	Peter Jones	2022	29.01
M65	Ian Cameron	*2019*	23.48
M70	John Sheer	*2019*	26.59
M75	Colin Mancey	*2018*	32.17
M80	Michael Juckes	*2019*	32.43

8000 METRES (8km)

M30	Aidan Hobbs	*2021*	25.04
M35	Shawn Claydon	*2007*	26.38
M40	Geoff Berkeley	*2011*	26.04
M45	Ron Peters	*2002*	27.06
M50	Ron Peters	*2004*	26.32
M55	David Sweeney	*2016*	27.18
M60	Ron Peters	*2013*	29.29
M65	Alan Bradford	*2014*	30.18
M70	Colin McLeod	*2006*	34.28
M75	Colin McLeod	*2013*	37.02

10,000 METRES (10km)

M30	Aidan Hobbs	*2021*	31.26
M35	Aidan Hobbs	*2022*	33.15
M40	Ron Peters	*1997*	33.00
M45	Peter Connolly	*1987*	33.05
M50	Alan Bradford	*1993*	34.47
M55	Alan Bradford	*1996*	34.40
M60	Colin McLeod	*2000*	37.31
M65	Julius Keller	*1997*	44.58
M70	Eric Bailey	*1994*	50.07
M75	Robert Horman	*1994*	*50.04*

ROAD WALKS

5KM

M35	Ignacio Jimenez	*2005*	25.42
M40	Dean Nipperess	*2014*	23.40
M45	Peter Bennett	*2002*	24.18
M50	Peter Bennett	*2007*	25.26
M55	Peter Bennett	*2013*	24.37
M60	Peter Bennett	*2016*	26.07
M65	Peter Bennett	*2021*	30.47
M70	Richard Lynch	*1999*	31.41
M75	Richard Lynch	*2005*	32.36
M80	Dick Keatinge	*2003*	34.57
M85	Dick Keatinge	*2008*	37.28
M90	John Alroy	*1999*	49.51

8KM

M35	Dean Nipperess	*2011*	39.43
M40	Dean Nipperess	*2016*	40.59
M55	Bob Coleman	*2007*	49.07
M60	Paul Lindenberg	*2026*	56:09
M65	Patrick Sela	*2009*	56.23
M70	Patrick Sela	*2010*	51.07
M75	Richard Lynch	*2007*	54.50
M80	Richard Lynch	*2009*	57.48

HALF MARATHON WALK

M50	Dean Nipperess	*2025*	2:16.45	**A**

10KM

M30	Ignacio Jimenez	*1995*	46.30	**A**
M35	David Smith	*1994*	41.53	**A**
M40	David Smith	*1999*	45.47	
M45	Ignacio Jimenez	*2011*	48.32	
M50	Ignacio Jimenez	*2019*	48.17	
M55	Ignacio Jimenez	*2021*	48.11	
M60	Ignacio Jimenez	*2025*	49.51	
M65	Peter Bennett	*2021*	1:03.53	
M70	Patrick Sela	*2012*	1:02.36	
M75	Richard Lynch	*2004*	1:05.41	
M80	Dick Keatinge	*2003*	1:11.10	
M85	Dick Keatinge	*2008*	1:18.52	**A**
M90	John Alroy	*1994*	1:26.32	

15KM

M30	Ignacio Jimenez	*1999*	1:15.51
M35	Andrew Ludwig	*2004*	1:13.59
M40	Iggy Jimenez	*2009*	1:14.23
M45	Peter Bennett	*2002*	1:16.11
M50	Iggy Jimenez	*2018*	1.15.28
M55	Ignacio Jimenez	*2022*	1:16.17
M60	Peter Bennett	*2016*	1:19.31
M65	Peter Bennett	*2021*	1:39.05
M70	Patrick Sela	*2011*	1:39.11
M75	Dick Keatinge	*2000*	1:45.20

20KM

M30	Ignacio Jimenez	*1997*	1:38:02	**A**
M35	Peter Bennett	*1995*	1:39.18	
M40	Dean Nipperess	*2014*	1:38.55	
M45	Ignacio Jimenez	*2011*	1:43.07	
M50	Ignacio Jimenez	*2018*	1:40.14	
M55	Ignacio Jimenez	*2021*	1:42.24	
M60	Peter Bennett	*2016*	1:49.39	
M65	Patrick Sela	*2009*	1:56.44	
M70	Richard Lynch	*2001*	2:09.25	
M75	Dick Keatinge	*2001*	2:19.58	

30KM

M30	Ignacio Jimenez	*1995*	2:29.23
M35	Peter Bennett	*1995*	2:34.56
M40	Peter Bennett	*1997*	2:38.35
M45	Peter Bennett	*2001*	2:45.18
M50	Iggy Jimenez	*2019*	2:40.13
M55	Peter Bennett	*2012*	2:48.43
M60	Peter Bennett	*2017*	3.12.17
M65	Patrick Sela	*2009*	3:43.53
M70	Bert Janes	*2004*	4:13.49

50KM

M30	Ignacio Jimenez	*1995*	4:40.36
M35	Andrew Ludwig	*2003*	4:36.02
M40	Peter Bennett	*1999*	4:58.53
M45	Peter Bennett	*2001*	4:49.28
M65	Peter Bennett	*2020*	5:58.0

AMA INDOOR RECORDS HELD BY QMA MEMBERS AS AT 30th SEPTEMBER 2026

There are no indoor facilities in Queensland. As a result, there are no QMA indoor records. QMA athletes are able to compete at interstate and international indoor venues and competitions. They can and are therefore able to qualify for AMA Indoor Records.

***A**-Australian Record, **CR**-Australian Championship Record*

60 METRES INDOOR (not Qld)

M50	Steve Jones	*2017*	7.81 **A**

200 METRES INDOOR (not Qld)

M55	Christopher Brack	*2023*	24.50**A**

400 METRES INDOOR (not Qld)

M55	Christopher Brack	*2023*	*55.03* **A**
M75	Dieter Lacko	2023	82.30 **A**

800 METRES INDOOR (not Qld)

M30	Brendan Whelan	*2008*	2.04.24 **A**
M55	Peter Hawes	*2012*	2.14.87 **A**

1000 METRES INDOOR (not Qld)

M65	Joe Begley	*2019*	4.34.46 **A**
M70	Ken Daniels	*2010*	4.40.41 **A**

1 MILE INDOOR (not Qld)

M30	Brendan Whelan	*2008*	4.31.43 **A**
M50	Michael Jackson	*2025*	4.50.27 **A**

3000 METRES INDOOR (not Qld)

M30	Brendan Whelan	*2008*	9.02.38 **A**
M50	Alan Stacey	*2017*	10.53.45 **A**

60m HURDLES INDOOR (not Qld)

M35	Nunu Campos	*2025*	10.30 **A**
M65	Joe Begley	*2019*	12.70 **A**

3000mTRACKWALK INDOOR(not Q

M40	Dean Nipperess	*2014*	13.19.77 **A**
M45	Dean Nipperess	*2019*	16.15.10 **A**

LONG JUMP INDOOR (not Qld)

M55	Viddy Jermacans	*2006*	4.99 **A**
M65	Joe Begley	*2019*	3.94 **A**

HIGH JUMP INDOOR (not Qld)

M65	Craig Elliott	*2024*	1.15 **A**

POLE VAULT INDOOR (not Qld)

M40	Howard Arbuthnot	*2010*	4.40 **A**
M55	Howard Arbuthnot	*2026*	4.05 **A**
M60	Craig Elliott	*2018*	2.60 **A**
M65	Craig Elliott	2025	2.45 **A**

SHOT PUT INDOOR (not Qld)

M50	Rodney Watson	*2024*	12.20**CR**
M55	Brian Doolan	*2025*	11.68**CR**

35lb WEIGHT THROW – INDOORS (not Qld

M30	Tyson Elisaia	2024	12.01**CR**

56lb HEAVY WEIGHT INDOORS (not Qld)

M30	Tyson Elisaia	*2024*	8.17**A/CR**

100lb HEAVY WEIGHT INDOORS (not Qld

M30	Tyson Elisaia	*2024*	3.74 **CR**
M50	Richard Harris	*2024*	3.83 **CR**
M55	Tim Lowrey	*2023*	3.10**A/CR**

HEAVY WT.PENT INDOOR (not Qld)

M30	Tyson Elisaia	*2024*	3041 **A**

PENTATHLON INDOOR (not Qld)

M65	Joe Begley	*2019*	2251 **A**

RELAYS: MEMBERS WHO SET RECORDS IN AUST TEAMS IN NATIONAL AND INTERNATIONAL COMPETITION.

4 x 200m RELAY INDOOR (Not QLD)

M40+	Stephen Jones	*2010*	1:37.56**A**
M45+	Graham Scully	2023	1:37.67**A**
M55	Christopher Brack	*2023*	1:45.40**A**
M75	Dieter Lacko	*2023*	3:01.64**A**

4 x 200m MIXED RELAY INDOOR (Not QLD)

X70	Dieter Lacko Wilma Perkins Lynne Schickert	*2023*	3:02.60**A**

AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS
as at 30th SEPTEMBER 2026

* Represented for other States before joining Queensland.

60 METRES
M70	Glen Wilson	8.41	*2011*
M85	Hugh Coogan	10.18	*2022*

100 METRES
M60	Bernie Hogan	12.15	*1981*
M75	Hugh Coogan	13.98	*2012*
M85	Hugh Coogan	16.97	*2022*

200 METRES
M35	Kevin Silver	22.29	*1987*
M55	Christopher Brack	24.25	*2022*
M75	Hugh Coogan	28.83	*2011*

400 METRES
M70	Hugh Coogan	62.17	*2006*
M75	Hugh Coogan	65.88	*2012*

800 METRES
M65	Alan Bradford	2.22.15	*2004*

1500 METRES
M30	Brendan Gray	4.06.17	*2004*

10,000 METRES
M50	David Sweeney	33.03.74	*2015*
M70	Ian Cameron	38:19.70	*2024*

5,000 METRES
M70	Ian Cameron	18:30.81	*2024*

HALF MARATHON
M35	Patrick Nispell	1h12.03	*2017*
M60	Ron Peters	1h18.53	*2016*

MARATHON
M60	John Shaw	2h45.19	*2016*
M65	Colin McLeod	2h54.41	*2003*
M70	Colin McLeod	3h04.07	*2006*

3000m STEEPLECHASE
M30	Brendan Gray	10.05.24	*2004*
M40	Doug Worling	9.31.6	*1975*
M45	Doug Worling	9.50.66	*1981*
M50	Alan Bradford	10.15.1	*1991*
M55	Alan Bradford	10.29.16	*1994*

3000m STEEPLECHASE (0.838)
M30	Christopher Davis	10:29.59	*2024*
M35	Christopher Davis	10:48.22	*2026*
M45	Justin Rule	11:23.3	*2024*
M55	Peter Link	11:43.01	*2024*

2000m STEEPLECHASE
M60	Alan Bradford	7.05.51	*1999*
M65	Alan Bradford	7.28.46	*2004*
M70	Alan Bradford	8.20.95	*2009*

100m HURDLES (.914/3')
M55	Harry Giles	15.42	*1994*

100m HURDLES (.840m/2'9")
M60	Harry Giles	16.68	*2005*

400m HURDLES (.914/3')
M40	Harry Giles	56.73	*1988*
M45	Harry Giles	58.8	*1990*

200m HURDLES (686m/2'3")
M80	Pio Bunin	42.70	*2022*

1500M TRACK WALK
M55	Ignacio Jimenez	6.44.28	*2022*

5000m TRACK WALK
M30	Ignacio Jimenez	22.55.1	*1995*
M35	David Smith	20.43.8	*1995*
M40	David Smith	21.26.18	*1998*

10km ROAD WALK (Best Times)
M45	Ignacio Jimenez	49.27	*2011*
M55	Ignacio Jimenez	49.23	*2022*
M85	Dick Keatinge	1h20.12	*2009*

HIGH JUMP
M65	Brian Key	1.47	*2026*
M70	Alan Rolfe	1.41	*1999*
M80	Vic Younger	1.17	*1994*

TRIPLE JUMP
M40	Derek Boosey	14.01	*1987*

POLE VAULT
M30	Warren Evans	3.65	*2005*
M85	Vic Younger	1.50	*1999*

DISCUS THROW
M40	Darron Howarth	50.65	*2011*
M55	Warwick Selvey	44.38	*1996*
M65	Warwick Selvey	45.76	*2005*
M85	Feliks Jekabsons	25.28	*2008*
M90	Maurice Dauphinet	19.33	*2016*

SHOT PUT
M85	Feliks Jekabsons 3k	9.10	*2008*

HAMMER THROW
M30	David Allan	57.10	*2005*
M50	Bob Wagner	51.93	*2007*

JAVELIN THROW
M35	John Kay	*Nsw	56.62	*1999*
M40	John Kay	*Nsw	61.78	*2001*
M45	John Kay	*Nsw	57.18	*2006*
M70	Erkki Saarinen		42.00	*2006*

JAVELIN THROW (NEW SPEC)
M50	Chris Vaneynde	44.12	*2026*

WEIGHT THROW
M30	David Allan	16.32	*2005*
M45	Bob Wagner	15.76	*2005*
M50	Bob Wagner	19.64	*2007*

THROWS PENTATHLON
M85	Feliks Jekabsons	3209	*2008*

THROWS PENTATHLON (New Javelin Spec)
M55	Adrian Keen	3736	*2026*

HEAVY WEIGHT PENTATHLON
M30	Tyson Elisaia	2862	*2024*
M50	David Allan	3962	*2024*
M60	Mark Cumming	4803	*2023*
M75	Brian Davies	2901	*2023*

PENTATHLON (with Discus)
M55	Gary Parkinson	3679	*2024*
M85	Maurice Dauphinet	2094	*2011*
M90	Maurice Dauphinet	2074	*2016*

DECATHLON
M30	Warren Evans	6371	*2005*
M60	Dave Varley	6014	*2022*
M75	Mills Lafferty	1187	*2026*

DECATHLON (New Jav Spec)
M50	Anthony Barraclough	4116	*2026*

HEPTATHLON
M50	David Reed	4210	*2025*
M70	Bruce O'Connor	1839	*2025*
M75	Dieter Lacko	1999	*2025*

HEPTATHLON (New Jav Spec)
M50	David Reed	3955	*2026*

4x400m RELAY
180+ 3:42.24 *2023*
Daniel Mellish 44, Christopher Brack 57
Gary Parkinson 55, Graham Scully 49

4x400m MIXED RELAY
120+ 3:51.39 *2026*
Colin Coulthard 41, Lauren McAdam 39,
Don Sanka Small 48, Ashleigh Gibson 32
180+ 4:03.04 *2025*
Gary Parkinson 57, Lee-Anne Nelson 53
Graham Scully 51, Renee Briffa 50
240+ 4:48.07 *2026*
Stephen Kenney 52, Kelly Gurski 56
Mark Lepper 64, Susan Thornton 64

CHAMPION of CHAMPIONS SPRINT
1987	Fred Turner *Nsw	M45	12.57	Syd
1988	Harry GathercoleV	M80	12.3	Bris
1998	Mick Pirie	M65	nt	Bris
2002	John Wight	M55	10.63	Adel
2005	John Cooper	M65	10.20	Bris
2006	John Cooper	M65	10.42	Cbra
2007	Hugh Coogan	M70	10.40	Hob
2010	Rob McDonald	M65	10.33	Per
2011	Hugh Coogan	M75	10.49	Bris
2012	Hugh Coogan	M76	10.21	Melb
2013	Rob McDonald	M70	10.46	Cbra

CHAMPION of CHAMPIONS THROWS
2000	Jim Davis	M65 Disc	60.20	Hob
2002	Ted Vickers	M82 Shot	18.12	Adel
2005	Warren Evans	M33 Dis	51.80	Bris
2014	Darrin Norwood	M34Jav	45.17	Hob
2017	Darrin Norwood	M35 Sp	21.32	Darw
2022	Justin Holzer	M51 Dis	51.74	Bris

ROYCE FOLEY TROPHY THROWS PENTATHLON
HIGHEST POINTS (no more than once in a 5year age group
1999	Colin Murraylee	M70	4484	Cbra
2004	Feliks Jekabsons	M80	3985	Melb
2005	Colin Murraylee	M75	4272	Bris
2008	Feliks Jekabsons	M85	4505	Syd
2013	Guy Quarterman	M71	3644	Cbra
2025	Darrin Norwood	M45	3752	Adel

AMA CHAMPIONSHIPS Best Age Graded Performances
2010	Rob McDonald	60m	99.26%
2012	Hugh Coogan	400m	100.36%

AMA YEARLY AWARDS
SPRINTS HURDLES
2001	Hugh Coogan	M65
2007	Colin Buyers	M65

MIDDLE DISTANCE/ STEEPLECHASE
1999	Alan Bradford	M60
2006	Norm Pearce	M80
2009	Alan Bradford	M70
2025	Robert Godino	M55

DISTANCE
1998	Bob Horman	M80
2001	Ron Peters	M45
2003	Colin McLeod	M65
2013	Ron Peters	M60

AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS
as at 30th SEPTEMBER 2026

JUMPS

2021	Howard Arbuthnot	M50
2025	Gary Finegan	M40

MULTI EVENTS/RELAYS

2008	Ken Daniels		M70
2009)	Colin Buyers	4x400m	M65
2009)	Heinz Steinmann	4x400	M65

MOST OUTSTANDING MALE ATHLETE

1998	Vic Younger	M85
2005	Hugh Coogan	M70
2006	Hugh Coogan	M70
2011	Hugh Coogan	M75
2023	Chris Brack	M55

MOST OUTSTANDING INDIVIDUAL PERFORMANCE

2000	John Kay *Nsw	M40
2024	Robert Godino	M55

COACH OF THE YEAR (FROM 2021)

2022	Graeme Cox
2024	David McKean
2025	Dan O'Sullivan

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HALL OF FAME

2009	Alan Bradford
2018	Stan Perkins

ADMINISTRATOR/OFFICIAL

2014	Ian Mann
2021	Colin Buyers
2025	Harry Giles

AMA/AAVAC MERIT AWARD

2001 Wally Stubbings
For Services to Queensland

2001 Bernie Hogan
For Services to Queensland

2003 Stan Perkins
For Services to AMA as President for two terms of Office

2020 Don Quinn
For Services to Queensland

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DISCUS THROW

M35 Darron Haworth	*2008*	50.03
M55 Warwick Selvey	*1995*	42.98
M90 Gordon Woolston	2023	8.85

HAMMER THROW

M90 Mark Cummings	2023	51.05
M90 Gordon Woolston	2023	11.34

JAVELIN THROW

M90 Gordon Woolston	2023	9.35

SHOT PUT

M90 Gordon Woolston	2023	3.57m

WEIGHT THROW

M35 Darron Haworth	*2008*	16.13
M60 Mark Cumming	*2023*	19.77
M90 Gordon Woolston	2023	3.90

SUPER WEIGHT

M30 Tyson Elisaia	2024	7.57
M55 Tim Lowrey 56lb	*2022*	6.55
M60 Mark Cummings	*2023*	*9.89*
M90 Gordon Woolston	2023	2.71

56lb HEAVY WEIGHT

M30 Michael Day	*2017*	7.90
M35 Darron Haworth	*2008*	10.94
M70 Phillip Rowlands	*2018*	5.55
M75 Phillip Rowlands	*2023*	4.81
M85 Feliks Jekabsons	*2007*	3.07
M90 Gordon Woolston	2023	1.08

100lb HEAVY WEIGHT

M30 Tyson Elisaia	*2024*	4.24
M35 Darron Haworth	*2008*	5.57
M75 Phillip Rowlands	*2023*	2.67
M85 Feliks Jekabsons	*2007*	1.66
M90 Gordon Woolston	2023	0.54

SINGLE ARM WEIGHT

M30 Tyson Elisaia	*2024*	16.11
M70 Phillip Rowlands	*2018*	18.23

THROWS PENTATHLON (2023 Tables)

M40 Darron Norwood	*2022*	3317

HEAVY WEIGHT PENTATHLON (2023 Tables)

M35 Darron Haworth	*2008*	4254
M60 Mark Cumming	*2023*	4803

OCEANIA RECORDS – MENS – QMA MEMBERS as at 18th SEPTEMBER 2025

60 METRES

M30	Travis Venema	7.19	*2008*
M85	Maurice Dauphinet	11.12	*2012*

100 METRES

M70	Hugh Coogan	13.85	*2006*
M90	Hugh Coogan	19.44	*2026*

200 METRES

M60	Fabio Di Giandomenico	25.67	*2025*
M70	Hugh Coogan	28.10	*2006*
M90	Hugh Coogan	42.14	*2025*

400 METRES

M70	Hugh Coogan	62.28	*2006*
M75	Colin Woods	74.12	*2012*

800 METRES

M80	Michael Juckes	3.21.72	*2019*

1500 METRES

M40	Alan Bradford	4.07.0	*1982*
M55	Robert Godino	4:21.93	*2025*
M70	Ian Cameron	5:20.04	*2025*
M80	Michael Juckes	7.02.03	*2019*

5000 METRES

M30	Brendan Whelan	15.25.5	*2006*
M65	Colin McLeod	18.13.1	*2002*
M70	Ian Cameron	19:04.61	*2025*
M80	Michael Juckes	26.03.74	*2019*

100m HURDLES (0.914m

M50	David Reed	15.99	*2025*

100m HURDLES (0.840m)

M60	Harry Giles	16.56	*2008*

2000m STEEPLECHASE (0.762m)

M80	Michael Juckes	11.20.46	*2019*

3000m STEEPLECHASE (0.914m)

M50	Alan Bradford	10.44.0	*1992*

1500m TRACK WALK

M60	Ignacio Jemenez-Solis	6:59.87	*2025*
M85	Patrick Sela	13:52.31	*2025*

3000m TRACK WALK

M35	Peter Bennett	14.28.0	*1994*
M40	Dean Nipperess	13.10.82	*2012*
M80	Richard Keatinge	21.00.0	*2006*

5000m TRACK WALK

M60	Ignacio Jemenez-Solis	24:41.90	*2025*
M70	Tom Daintry	28.22.0	*1984*
M75	Tom Daintry	30.33.0	*1990*

10km ROAD WALK (Best Perf)

M35	Peter Bennett	52.14	*1994*
M40	Dean Nipperess	47.31	*2012*
M60	Ignacio Jemenez-Solis	51:17.00	*2025*
M80	Tom Daintry	69.01	*1992*
M85	Patrick Sela	94:58.00	*2025*

HALF MARATHON (Best Perf)

M35	Brendan Whelan	1:15.18	*2010*
M60	Colin McLeod	1:19.28	*1998*
M65	Colin McLeod	1:22.25	*2002*
M70	Colin McLeod	1:31.58	*2008*

JAVELIN (800g current specif)

M45	John Kay	52.26	*2008*

JAVELIN (500grm from 2000)

M70	Guy Quarterman	36.51	*2012*

HAMMER (5kg)

M60	Mark Cumming	50.65	2025

DISCUS (1kg)

M80	Feliks Jekabsons	26.96	*2006*

SHOT PUT (5kg)

M65	Charlie Rann	12.75	*1992*

WEIGHT THROW (9.08kg-20lb)

M60	Mark Cumming	19.37	*2025*

WEIGHT THROW (5.54kg-12lb)

M90	Laurence Quinlivan	7.67	*2025*

LONG JUMP

M45	Andrew McLean	5.91	*2025*
M85	Maurice Dauphinet	2.95	*2012*

HIGH JUMP

M40	Euan McLean	1.82	*2019*

POLE VAULT

M35	Rob Hill	4.40	*2008*
M55	Howard Arbuthnot	3.80	*2025*

PENTATHLON

M70	Ken Daniels	3084	*2008*
	Long Jump	3.95	
	Javelin	31.99	
	200 Metres	31.38	
	Discus	25.19	
	1500 Metres	7.09.23	

THROWS PENTATHLON

M80	Feliks Jekabsons	3539	*2006*
	Hammer	28.97	
	Shot Put	9.98	
	Discus	26.96	
	Javelin	19.30	
	Weight	12.43	
M90	Laurence Quinlivan	2077	*2025*
	Hammer	14.38	
	Shot Put	5.54	
	Discus	13.31	
	Javelin	13.03	
	Weight	6.69	

DECATHLON

M30	Peter Hollenbeck	5308	*2019*
	100 Metres	12.01	647
	Long Jump	5.93	571
	Shot Put	11.58	581
	High Jump	1.68	528
	400 Metres	62.23	340
	110m Hurdles	17.77	545
	Discus	35.43	572
	Pole Vault	4.40	731
	Javelin	49.28	578
	1500 Metres	6.12.52	215
M55	Andrew Millerd	6193	*2019*
	100 Metres	12.99	793
	Long Jump	5.14	753
	Shot Put	8.36	523
	High Jump	1.52	679
	400 Metres	60.78	752
	100m Hurdles	19.00	569
	Discus	29.85	527
	Pole Vault	2.80	533
	Javelin	27.80	402
	1500 Metres	5.39.34	662
M65	Mark McLean	5143	*2025*
	100 Metres	14.74	
	Long Jump	4.19	
	Shot Put	7.93	
	High Jump	1.27	
	400 Metres	74.63	
	100m Hurdles	20.77	
	Discus	29.04	
	Pole Vault	2.40	
	Javelin	24.98	
	1500 Metres	6:35.35	
M70	Ken Daniels	5995	*2008*
	100 Metres	15.00	
	Long Jump	4.14	
	Shot Put	8.31	
	High Jump	1.21	
	400 Metres	73.03	
	Hurdles	17.88	
	Discus	26.71	
	Pole Vault	2.00	
	Javelin	31.98	
	1500 Metres	7.00.11	

HEPTATHLON

M50	David Reed	4210	*2025*
	Hurdles	17.00	685
	High Jump	1.51	602
	Shot Put	10.31	600
	200 Metres	26.03	773
	Long Jump	5.08	639
	Javelin	26.37	333
	800 Metres	2:40.95	578
M70	Bruce O'Connor	1839	*2025*
	Hurdles	26.88	0
	High Jump	1.15	512
	Shot Put	7.88	502
	200 Metres	38.54	255
	Long Jump	2.90	303
	Javelin	17.78	267
	800 Metres	dnf	0
M75	Dieter Lacko	1999	*2025*
	Hurdles	21.12	250
	High Jump	nh	0
	Shot Put	6.26	434
	200 Metres	38.42	323
	Long Jump	2,76	319
	Javelin	16.09	278
	800 Metres	3:42.57	395