

JIMBOOMBA 10TH AUGUST 2019

HEAVY WEIGHT PENTATHLON - MEN

M30-M49

Richard Harris M45-49

9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		20kg (44lb)		25.4kg (56lb)		Total Points
15.95	661	14.34	669	11.56	651	8.11	613	7.35	710	3304

M60-M69

Lajos Joni M60-64

5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		Total Points
19.7	738	16.69	689	15.24	786	13.21	784	9.22	645	3642

M70-M79

Mills Lafferty M70-74

4kg (8.8lb)		5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		Total Points
12.35	478	12.24	540	11.27	613	9.57	568	8.25	590	2789

Ian Kennedy M75-79

13.41	590	12.84	685	10.32	603	8.77	608	5.87	447	2933
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HEAVY WEIGHT PENTATHLON - WOMEN

W30-49

Finn Connors W40-44

5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		Total Points
16	693	14.63	758	11.44	712	8.53	598	5.91	505	3266

W60-W74

Rosemary Kapittke W65-69

3kg (6.6lb)		4kg (8.8lb)		5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		Total Points
10.53	501	8.58	450	7.38	480	5.89	450	4.76	433	2314

Hazel McDonnell W70-74

12.76	723	10.25	642	7.24	531	6.26	553	5.49	600	3049
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WEIGHT FOR DISTANCE

Men

		Distance	
Lajos Joni		M60-64	16.66
Mills Lafferty		M70-74	11.80
Ian Kennedy		M75-79	9.71

Women

Rosemary Kapittke		W65-69	8.33
Hazel McDonnell		W70-74	8.44

JAVELIN

Women

		Distance	
Rosemary Kapittke		W65-69	13.22
Hazel McDonnell		W70-74	11.58
Charlotte Fletcher 15 years old (Jimboomba)		Unofficial	27.22

Men

Lajos Joni		M60-64	21.15
Mills Lafferty		M70-74	20.44
Ian Kennedy		M75-79	19.69