

QMA 10 K CHAMPIONSHIP – 23 JUNE 2019
Held at West End in conjunction with BRRC Championship
RESULTS

	SURNAME	NAME	10K TIME Official	Place	Notes
M35	Dawson	Clay	33:27	1	
M40	Leahy	Derrick	33:22	1	BRRC Course record
	Edwards	Chris	35:43	2	
M45	Spies	Wayne	33:18	1	BRRC course record and QMA record
	Shard	Paul	38:19	2	
M50	Royce	Adrian	37:53	1	
	Palfreyman	Shayne	47:33	2	
M55	Bath	Neil	37:39	1	
M65	Shaw	John	37:39	1	BRRC course record and QMA record
	Cameron	Ian	38:51	2	
	Peters	Ron	38:58	3	Also broke BRRC record
	Dempster	John	1:04:50	4	
M70	Sheer	John	46:25	1	
	Rhyanen	Erkki	57:11	2	
M80	Woods	Colin	59:36	1	
W30	O'Donnell	Nerissa	36:46	1	New QMA record
W35	Litchfield	Solveig	38:56	1	BRRC course record and QMA record
W40	Lennon	Olivia	38:02	1	
W45	Hodge	Kerri	37:35	1	BRRC course record and QMA record
	Dunne	Peta	48:00	2	
W50	Palfreyman	Sonya	47:25	1	
W70	Davey	Irene	1:02:37	1	