

W45 3000 M Run Championship

1 Peta Dunne W47 Brisbane	12:20.31	74.67%
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W50 3000 M Run Championship

1 Sonya Palfreyman W50 GC & Sthrn	13:41.79	71.56%
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W70 3000 M Run Championship

1 Irene Davey W71 Brisbane	17:27.01	75.39%
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M60 3000 M Run Championship

1 Con Dimauro M60 Brisbane	11:14.26	79.00%
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M75 3000 M Run Championship

1 Colin Mancey M77 GC & Sthrn	18:15.64	57.49%
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2 Alf Lakin M78 GC & Sthrn	21:50.37	48.07%
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