

**OPEN & MASTERS COMPETITION 2018/2019 QMA MEMBERS RESULTS**

**(From 06/01/19 to**

**7-10/03/2019 QA STATE  
CHAMPIONSHIPS QSAC  
OPEN RESULTS FOR QMA**

**SARA WESSLING W30**

Javelin Throw Ambulant 3 11.82  
Discus Throw Ambulant 3 20.82  
Shot Put Ambulant 4 5.72  
Hammer Throw Open 6 17.74

**ALTHEA MACKIE W45**

Hammer Throw Open 4 37.68

**ADRIENNE McIVOR W45**

400 Metres Open 6ht 60.41

**SHANNON HILL W35**

800 Metres Open 5 2.13.69 QR

**GARY FINEGAN M30**

100 Metres Open 3ht 11.10 AR  
100 Metres Open 4sf 10.52 wa  
100 Metres Open 7fnl 10.76 AR  
200 Metres Open 3ht 21.71 wa

**LANCE FAULKNER M30**

Pole Vault Open 4 3.80

**MURRAY GOODWIN M30**

400 Metres Open 1ht 48.10  
400 Metres Open 2fnl 47.30

**AIDAN HOBBS M30**

3000m Steeplechase 1 9.10.94

**DARRIN NORWOOD M35**

Shot Put Open 6 12.14  
Hammer Throw Open 2 41.06