QMA **13/02/10 SATURDAY S.A.F**

PENTATHLON CHAMPIONSHIPS - MEN

MEN			LongJump	Javelin	200m	Discus	800m	POINTS
M45	1	Callum McInnes	4.79 : 510	20.96 : 240	26.85 : 693	20.06 : 292	6.59.54 : 205	**1940**
M50	1	Geoff Bramley	3.75 : 326	28.40 : 389	28.15 : 669	19.37 : 260	6.19.35 : 428	**2072**
	2	Ganga Prasad	3.49 : 267	20.48 : 246	37.21 : 146	20.05 : 273	dnf : 0	**932**
M60	1	Viddy Jermacans	4.21 : 600	27.07 : 443	29.33 : 728	26.49 : 460	6.25.35 : 547	**2778**
	2	Peter Kennedy	4.40 : 661	32.90 : 569	31.02 : 608	33.42 : 615	7.47.45 : 237	**2690**
	3	Vasyl Shuter	3.49 : 388	26.45 : 430	57.14 : 0	22.87 : 380	dnf : 0	**1198**
M65	1	Harry Giles	4.45 : 795	26.19 : 489	29.39 : 794	22.52 : 429	7.27.00 : 366	**2873**
	2	Guy Quarterman	3.84 : 580	38.26 : 785	31.31 : 658	31.81 : 660	8.44.61 : 138	2821
	3	Fred Turner	3.73 : 544	18.58 : 308	29.41 : 793	24.07 : 467	6.26.11 : 613	**2725**
	4	Rod Dominish	3.27 : 400	21.94 : 387	33.74 : 501	25.84 : 510	6.10.71 : 684	**2482**
	5	Alf Lakin	3.23 : 386	15.99 : 248	31.73 : 629	18.30 : 327	7.13.31 : 417	**2007**
	6	Elwyn Egan	2.68 : 234	16.49 : 260	37.61 : 292	14.79 : 244	6.28.79 : 601	**1631**
M70	1	Ken Daniels	3.62 : 613	28.97 : 597	32.68 : 651	25.23 : 577	7.18.13 : 467	**2905**
	2	Bernie Smith	3.10 : 429	17.79 : 314	39.02 : 298	17.82 : 370	8.17.24 : 266	**1677**
M75	1	Erkki Saarinen	2.56 : 333	32.48 : 817	41.59 : 323	23.86 : 638	8.56.83 : 268	**2379**
M80	1	Russell Grigg	2.10 : 255	11.72 : 218	59.42 : 0	15.25 : 445	12.23.32 : 6	**924**

LADIES

60 METRES

W45	1	Karen Lakin	9.75
	2	Michelle Smith-Rowan	9.81
	3	Tricia Barr	10.05
W50	1	Patty Petersen	9.86
W55	1	Rosemary Dean	10.03
W60	1	Wilma Perkins	9.45
	2	Jean Hampson	10.86
W65	1	Lesley Hamilton	10.79

100 METRES

W30	1	Anne Venema	15.38
W35	1	Rosa Bird	16.26
W45	1	Phyllis Kwok	15.30
	2	Karen Lakin	15.55
	3	Michelle Smith-Rowan	15.70
W50	1	Patty Petersen	16.16
W55	1	Rosemary Dean	16.11
W60	1	Jean Hampson	17.82
W65	1	Marge Allison	16.43
	2	Lesley Hamilton	17.48

200 METRES

W45	1	Jenny Kirby	32.03
	2	Tricia Barr	34.23
W50	1	Patty Petersen	33.99
W55	1	Rosemary Dean	33.99
W60	1	Jean Hampson	36.51

QMA **13/02/10 SATURDAY S.A.F**

	2	Irene Davey	41.21
W65	1	Marge Allison	32.71
	2	Lesley Hamilton	38.38

1500 METRES

W50	1	Anne Ryan	5.58.78
W65	1	Betty Menzies	6.33.65

3000m TRACK WALK

W50	1	Kay Shaw	19.40.78
W55	1	Robyn Wales	23.44.94
W75	1	Christiane Dauphinet	22.50.90

60m HURDLES

W60	1	Wilma Perkins	11.27
W65	1	Marge Allison	11.40
	2	Lesley Hamilton	14.30

4 x 400m RELAY

W30+	Anne Venema	
	Jenny Kirby	
	Tricia Barr	
	Karen Lakin	5.07.58
W60+	Marge Allison	
	Irene Davey	
	Jean Hampson	
	Betty Menzies	5.31.31

4 x 800m WALK RELAY

W45+	Christiane Dauphinet	
	Robyn Wales	
	Tricia Barr	
	Kay Shaw	22.58.50

LONG JUMP

W65	1	Marge Allison	3.03

HIGH JUMP

W45	1	Deann Mayfield	1.55
W60	1	Wilma Perkins	1.20
M65	1	Marge Allison	1.15

POLE VAULT

W45	1	Phyllis Kwok	2.00	
W60	1	Wilma Perkins	2.20	Aeq

JAVELIN THROW

W50	1	Joanne Pronk	19.63
W65	1	Lesley Hamilton	16.08
	2	Lorraine Birtwell	15.53
W75	1	Heather Doherty	16.33

DISCUS THROW

W50	1	Joanne Pronk	18.54
W65	1	Lorraine Birtwell	19.98
W75	1	Heather Doherty 1kg	19.77

WEIGHT THROW

W50	1	Joanne Pronk	10.53
W65	1	Lorraine Birtwell	8.22
W75	1	Heather Doherty	8.83

MEN

60 METRES

M30	1	Travis Venema	7.55
	2	Rafal Witelus	7.82
M40	1	Michael Griffiths	8.22
M50	1	Hugh Bristow	8.16
	2	Kevin Davis	8.99
M55	1	Joe Begley	8.21
	2	Tony Collins	8.42
	3	Ian Dundas	8.79
	4	Graeme Cox	8.86
	5	Ian Malouf	8.87
M60	1	Robin Reisenleiter	8.33
	2	Mills Lafferty	9.28
M80	1	Maurice Dauphinet	11.92

100 METRES

M30	1	Travis Venema	11.92
	2	Rafal Witelus	12.21
M40	1	Michael Griffiths	12.96
	2	Mark Alcorn	13.53
M50	1	Hugh Bristow	13.03
M55	1	Joe Begley	13.04
	2	Ian Dundas	13.98
	3	Graeme Cox	14.06
	4	Ian Malouf	14.08
M60	1	Robin Reisenleiter	13.24
M70	1	Colin Woods	17.15
M80	1	Maurice Dauphinet	19.42

200 METRES

M30	1	Travis Venema	24.39
	2	Rafal Witelus	24.93
M40	1	Stephen Showell	30.82
	2	Scott Eisentrager	33.00
M50	1	Rod Walke	29.37
M55	1	Joe Begley	26.88
	2	Ian Malouf	28.86
M60	1	Robin Reisenleiter	27.68
	2	Paul Chaplain	31.91
M80	1	Maurice Dauphinet	42.59

1500 METRES

M40	1	Stephen Showell	5.46.11
	2	Scott Eisentrager	6.29.03
M45	1	John Treschman	4.42.74
M55	1	Peter Reeves	4.39.87
M70	1	Colin Woods	6.24.89
	2	Brian Morling	6.45.57

3000 METRES

M29-		Mark Tansey	10.53.99	vis
		Dave Gitsam	11.12.78	vis
		Greg Tansey	11.40.28	vis
M45	1	Gerard Daly	11.55.19	
M50	1	Greg Coulter	11.15.57	
M60	1	Barry McGaffin	15.32.20	
	2	Dick Dunstan	17.24.11	

3000m TRACK WALK

M40	1	Iggy Jimenez	14.37.07
M55	1	John Musters	20.06.55
M70	1	Patrick Sela	19.14.52
M80	1	Richard Lynch	22.17.61

80m HURDLES

M70	1	Bernie Smith	19.22

100m HURDLES

M50	1	Kevin Davis	20.08
M60	1	Mills Lafferty	23.69

4 x 400m RELAY

M40+	Ian Malouf	
	Rod Walke	
	Scott Eisentrager	
	Paul Chaplain	4.49.40

4 x 800m WALK RELAY

M50+	Kevin Davis	
	Grant Davis	
	Richard Lynch	
	John Musters	20.07.68

LONG JUMP

M30	1	Travis Venema	5.35

TRIPLE JUMP

M30	1	Travis Venema	10.79

HIGH JUMP

M45	1	Ben Dickson	1.74	QR
M55	1	John Musters	1.40	
M70	1	Bernie Smith	1.10	

POLE VAULT

M40		Marcus Donaldson	2.50	vis
	1	Mark Alcorn	2.40	
M55	1	Allan Cameron	2.80	
M70	1	Bernie Smith	1.70	

JAVELIN THROW

M40		Marcus Donaldson	26.83	vis
M50	1	Josh Parr	22.23	
M60	1	Mills Lafferty	29.86	
M65	1	Don Quinn	24.99	
M70	1	Ivan Rogers	17.88	
M75	1	Arvo Ropelin	23.58	
M90	1	Ted Vickers	9.53	

DISCUS THROW

M50	1	Kevin Davis	25.41
	2	Josh Parr	22.24
M60	1	Mills Lafferty	26.42
M65	1	Don Quinn	36.86
M70	1	Ivan Rogers	22.02
M75	1	Arvo Ropelin	25.73
M80	1	Maurice Dauphinet	21.10
M90	1	Ted Vickers	10.06

WEIGHT THROW

M50	1	Kevin Davis	9.23
	2	Josh Parr	8.77
M60	1	Mills Lafferty	11.89
M65	1	Don Quinn	12.86
M75	1	Arvo Ropelin	8.94
M90	1	Ted Vickers	4.83