RESULTS QMA-GOLD COAST CHAMPIONSHIPS (DAY 1) 20/02/10 SATURDAY

LADIES

60 METRES

W35	1	Michelle Mackey	8.72	
	2	Mao Sautia	10.46	
W40	1	Julie Brims	8.08	
	2	Jessica Veurman-Betts	8.98	
	3	Sue Stoker-Salway	9.33	
	4	Donna Beikoff	10.00	
W45	1	Phyllis Kwok	9.40	
	2	Karen Lakin	9.58	
	3	Tricia Barr	9.68	
	4	Martha Lochlin	9.82	
W50	1	Dianne Alderman	9.29	
	2	Patty Petersen	9.80	
	3	Denise Quinn	10.06	
	4	Donna Emerson	10.18	
W55	1	Noela Brameld	10.55	
	2	Cheryl Plasto	12.36	
	3	Robyn Wales	14.21	
W60	1	Wilma Perkins	9.22	AR
	2	Wendy Doran	9.39	
	3	Janette Turner	9.72	
W65	1	Marge Allison	9.86	
	2	Lesley Hamilton	10.72	

100 Metres Non-Championship

W35	1	Mao Sautia	18.07
W45	1	Martha Lochlin	15.67
W60	1	Janette Turner	15.53
W65	1	Lesley Hamilton	17.53

200 METRES

W30	1	Anne Venema	30.73
W35	1	Michelle Mackey	28.86
	2	Mao Sautia	42.16
W40	1	Julie Brims	26.16
	2	Jessica Veurman-Betts	30.10
	3	Petrina Brown	31.34
	4	Donna Beikoff	35.00
W45	1	Karen Lakin	31.85
	2	Phyllis Kwok	32.69
	3	Martha Lochlin	34.15
	4	Tricia Barr	34.90
W50	1	Dianne Alderman	30.92
	2	Patty Petersen	34.12
	3	Denise Quinn	34.83
	4	Donna Emerson	35.22
W55	1	Noela Brameld	34.77
	2	Julie Bell	34.99
W60	1	Wendy Doran	30.82
	2	Janette Turner	33.17
	3	Hazel McDonnell	33.96
W65	1	Marge Allison	32.15 Qeq

RESULTS QMA-GOLD COAST CHAMPIONSHIPS (DAY 1) 20/02/10 SATURDAY

	2	Lesley Hamilton	38.52	

400 METRES

W30	1	Katie Menzies	1.05.95	
	2	Anne Venema	1.07.93	
W40	1	Jessica Veurman-Betts	1.11.69	
	2	Sue Stoker-Salway	1.17.02	
	3	Donna Beikoff	1.22.75	
W45	1	Karen Lakin	1.12.08	
	2	Tricia Barr	1.27.03	
W55	1	Julie Bell	1.18.79	
W60	1	Hazel McDonnell	1.20.15	
W65	1	Marge Allison	1.13.61	

1500 METRES

W30	1	Katie Menzies	5.14.95	
W40	1	Petrina Brown	5.30.38	
W45	1	Lynda Bateson	6.35.34	
W50	1	Marcia Sheer	5.16.12	
	2	Anne Ryan	6.01.76	

5000 METRES

W50	1	Anne Ryan	21.55.80	

1500m TRACK WALK

W40	1	Sue Stoker-Salway	11.19.14	
W55	1	Robyn Wales	11.12.64	
W65	1	Sally Lynch	9.34.32	QR
	2	Noela McKinven	10.56.09	
W75	1	Christiane Dauphinet	11.21.15	

5000m TRACK WALK

W50	1	Kay Shaw	33.54.75	
W75	1	Christiane Dauphinet	39.18.58	

LONG JUMP

W35	1	Mao Sautia	3.17	
W40	1	Sue Stoker-Salway	3.30	
W45	1	Phyllis Kwok	3.57	
W50	1	Donna Emerson	3.84	
	2	Denise Quinn	3.68	
W55	1	Robyn Wales	2.14	
W60	1	Wilma Perkins	3.92	
W65	1	Marge Allison	3.24	

POLE VAULT

W45	1	Phyllis Kwok	2.35	
W60	1	Wilma Perkins	2.25	ARp

SHOT PUT

W35	1	Mao Sautia	7.43	
W40	1	Leonie Foster	6.77	
	2	Donna Beikoff	5.99	
W45	1	Lynda Bateson	6.74	
W50	1	Joanne Pronk	9.44	
	2	Dianne Alderman	8.83	
	3	Donna Emerson	8.19	
W55	1	Cheryl Plasto	4.91	
W60	1	Janette Turner	6.84	
W65	1	Lorraine Birtwell	6.89	
	2	Adrienne Holdsworth	6.76	
	2	Lesley Hamilton	6.23	
W70	1	Eunice Jenkins	5.61	
W75	1	Heather Doherty	7.86	

HAMMER THROW

W35	1	Mao Sautia	19.40
W40	1	Leonie Foster	20.85
	2	Donna Beikoff	11.65
W55	1	Cheryl Plasto	13.73
W65	1	Adrienne Holdsworth	20.16
	2	Lorraine Birtwell	19.74
W70	1	Eunice Jenkins	19.94
W75	1	Heather Doherty	20.99

WEIGHT THROW

W35	1	Mao Sautia	7.47
W40	1	Leonie Foster	7.65
	2	Donna Beikoff	6.51
W55	1	Robyn Wales	5.93
	2	Cheryl Plasto	5.07
W60	1	Hazel McDonnell	9.48
W65	1	Adrienne Holdsworth	9.83
	2	Lorraine Birtwell	8.19
W70	1	Eunice Jenkins	6.28
W75	1	Heather Doherty	8.45

MEN

60 METRES

M30	1	Richard Rodgers	7.39
	2	Travis Venema	7.51
	3	Rafal Witelus	8.04
M35	1	Karl Weber	7.97
M40	1	Richard Duce	8.27
M45	1	Craig Bruce	8.13
	2	Callum McInnes	8.55
M50	1	Steve Bishop	8.31
	2	Ganga Prasad	10.25
M55	1	Joe Begley	8.26
	2	Ian Malouf	8.78
M60	1	John Wight	8.28
	2	Wayne Cousins	8.70
	3	Viddy Jermacans	9.09
	4	Paul Chaplain	9.25
M65	1	Rob McDonald	8.26
	2	Fred Turner	9.07
	3	Alf Lakin	10.01
M70	1	Bill Cook	9.60
	2	Ivan Rogers	12.52
M75	1	Charles Crowley	10.15
M80	1	Maurice Dauphinet	11.24
	2	Russell Grigg	14.22

100 Metres Non-Championship

M30	1	Rafal Witelus	12.54
M55	1	Joe Begley	12.97
M65	1	Rob McDonald	13.49

200 METRES

M30	1	Travis Venema	23.79
M40	1	Scott Eisentrager	30.52
M45	1	Craig Bruce	27.09
	2	Callum McInnes	27.56
M50	1	Steve Bishop	27.08
M55	1	Ian Malouf	28.75
	2	Joe Begley	28.78
	3	Peter Reeves	30.97
M60	1	John Wight	28.25
	2	Viddy Jermacans	29.84
	3	Paul Chaplain	31.23
M65	1	Rob McDonald	27.65
	2	Fred Turner	29.70
	3	Alf Lakin	32.97
M70	1	Ken Daniels	32.31
	2	Bill Cook	33.03
	3	Ivan Rogers	41.87
M80	1	Maurice Dauphinet	40.81

400 METRES

M30	1	Travis Venema	56.48
M40	1	Scott Eisentrager	1.10.19
M45	1	Craig Bruce	1.01.03
M50	1	Steve Bishop	59.89
	2	Rod Walke	1.04.44
M55	1	Neil Manefield	1.03.57
	2	Peter Reeves	1.05.38
	3	Ian Malouf	1.07.60
M60	1	Viddy Jermacans	1.10.29
	2	Sean Ryan	1.11.23
	3	Paul Chaplain	1.16.82
M65	1	Fred Turner	1.10.50
	2	Rod Dominish	1.15.30
	3	Alf Lakin	1.17.09
M70	1	Ken Daniels	1.14.32
	2	Brian Morling	1.16.25

1500 METRES

M40	1	Scott Eisentrager	6.26.55
M50	1	Steve Bishop	4.57.48
M55	1	Peter Reeves	4.50.88
M60	1	Sean Ryan	5.37.51
	2	John Sheer	5.37.52
	3	Jim Woodriff	6.04.68
M65	1	Rod Dominish	6.06.92
	2	Elwyn Egan	6.08.70
M70	1	Brian Morling	6.26.15
M75	1	Ian Hicks	9.38.56
M80	1	Norm Pearce	9.54.28

5000 METRES

M60	1	John Sheer	20.26.41

1500m TRACK WALK

M40	1	Iggy Jimenez	7.10.95
M50	1	Peter Bennett	7.24.22
M70	1	Patrick Sela	9.29.98
M80	1	Richard Lynch	10.51.34
	2	Russell Grigg	12.23.81
	3	Mick Bellette	12.25.34

5000m TRACK WALK

M40	1	Iggy Jimenez	25.15.35
M50	1	Peter Bennett	26.24.52
M70	1	Patrick Sela	33.41.06
M80	1	Richard Lynch	37.42.62

LONG JUMP

M30	1	Richard Rodgers	5.71
	2	Travis Venema	5.44
M45	1	Callum McInnes	4.47
M50	1	Ganga Prasad	3.44
M55	1	Allan Cameron	4.21
	2	Grant Chapman	2.49
M60	1	Viddy Jermacans	4.22
M65	1	Fred Turner	3.72
	2	Guy Quarteman	3.68
	3	Alf Lakin	3.16
M70	1	Ken Daniels	3.50
	2	Bernie Smith	3.27
M75	1	Charles Crowley	3.41
M80	1	Maurice Dauphinet	2.58
	2	Russell Grigg	1.90

POLE VAULT

M50	1	Ganga Prasad	1.55
M55	1	Allan Cameron	2.90
	2	Grant Chapman	2.00
M65	1	Rod Dominish	1.55
M70	1	Bernie Smith	1.70
M75	1	Chris Andalis	1.55

SHOT PUT

M45	1	Callum McInnes	7.34
M50	1	Ganga Prasad	7.05
M55	1	Grant Chapman	8.45
	2	Ray Richardson	7.90
M60	1	Peter Clark	10.72
	2	Mills Lafferty	8.64
M65	1	Don Quinn	10.79
	2	Guy Quarterman	9.86
	3	Rod Dominish	7.83
	4	Alf Lakin	7.38
M70	1	Ken Daniels	7.96
	2	Ivan Rogers	7.40
M75	1	Arvo Ropelin	9.47
	2	Bill McMullen	8.09
M80	1	Maurice Dauphinet	6.89
	2	Russell Grigg	6.15
M90	1	Ted Vickers	4.48

HAMMER THROW

M50	1	Ganga Prasad	14.57
M55	1	Grant Chapman	28.85
	2	Ray Richardson	25.34
M60	1	Jim Stammers	32.93
	2	Mills Lafferty	31.55
	3	Peter Clark	28.49
M65	1	Don Quinn	31.58
	2	Guy Quarterman	27.92
M75	1	Bill McMullen	25.01
	2	Arvo Ropelin	24.48
M80	1	Russell Grigg	19.61
M90	1	Ted Vickers	6.87

RESULTS QMA-GOLD COAST CHAMPIONSHIPS (DAY 2) 27/02/10 SATURDAY

LADIES

60 METRES (Non Champ'ship)

W45	1	Karen Lakin	9.66
W50	1	Donna Emerson	10.04
	2	Denise Quinn	10.07
W55	1	Noela Brameld	10.49
W60	1	Janette Turner	9.62

100 METRES

W35	1	Michelle Mackey	13.93
W40	1	Sue Stoker-Salway	14.95
W45	1	Phyllis Kwok	15.24
	2	Karen Lakin	15.32
	3	Martha Lochlin	15.53
W50	1	Patty Petersen	15.93
	2	Denise Quinn	16.18
	3	Donna Emerson	16.41
W55	1	Noela Brameld	16.82
	2	Julie Bell	16.99
	3	Cheryl Plasto	20.46
W60	1	Wendy Doran	14.94
	2	Janette Turner	15.74
	3	Hazel McDonnell	16.45

800 METRES

W30	1	Anne Venema	2.41.59
W40	1	Petrina Brown	2.36.42
W45	1	Lynda Bateson	3.07.14
	2	Tricia Barr	3.28.08
W50	1	Marcia Sheer	2.39.85
	2	Donna Emerson	3.49.47
W55	1	Julie Bell	3.24.09
W60	1	Wendy Doran	3.18.81
	2	Hazel McDonnell	3.59.15

3000 METRES

W50	1	Marcia Sheer	11.15.28
	2	Anne Ryan	12.39.85

3000m TRACK WALK

W65	1	Sally Lynch	19.44.56
	2	Noela McKinven	23.02.43
W75	1	Christiane Dauphinet	23.33.27

RELAY

4 x 100m RELAY

W40+	Martha Lochlin Sue Stoker-Salway Petrina Brown Karen Lakin	59.62
W50+	Patty Petersen Janette Turner Noela Brameld Denise Quinn	64.24

TRIPLE JUMP

W45	1	Phyllis Kwok	7.72
W50	1	Denise Quinn	7.42
W55	1	Cheryl Plasto	4.80

HIGH JUMP

W45	1	Phyllis Kwok	1.25
W55	1	Cheryl Plasto	0.95

JAVELIN THROW

W40	1	Leonie Foster	17.95
W45	1	Phyllis Kwok	23.60
W50	1	Joanne Pronk	21.67
	2	Donna Emerson	19.74
W55	1	Cheryl Plasto	8.99
W65	1	Lorraine Birtwell	15.15
W70	1	Eunice Jenkins	9.74
W75	1	Heather Doherty	17.17

DISCUS THROW

W40	1	Leonie Foster	18.80
	2	Sue Stoker-Salway	14.65
W45	1	Phyllis Kwok	21.60
	2	Lynda Bateson	18.15
W50	1	Donna Emerson	24.36
W55	1	Cheryl Plasto	13.31
W60	1	Janette Turner	14.31
W65	1	Lorraine Birtwell	21.33
W70	1	Eunice Jenkins	14.68
W75	1	Heather Doherty	19.15

MEN

60 METRES (Non Champ'ship)

M30	2	Travis Venema	7.35
	3	Rafal Witelus	7.84
M40	1	Gary Parkinson	7.89
M55	1	Ian Malouf	8.80
M65	1	Alf Lakin	10.21

100 METRES

M30	1	Travis Venema	11.64
	2	Richard Rodgers	11.81
	3	Rafal Witelus	12.24
M35	1	Karl Weber	12.45
M40	1	Richard Duce	12.75
M45	1	Callum McInnes	13.64
M50	1	Geoff Bramley	13.77
	2	Ganga Prasad	16.30
M55	1	Ian Malouf	13.82
M60	1	Wayne Cousins	13.77
	2	Paul Chaplain	15.08
M65	1	Fred Turner	14.19
	2	Alf Lakin	15.90
M70	1	Bill Cook	15.32
M70	1	Charles Crowley	16.52
M80	1	Maurice Dauphinet	18.07

400 METRES (NonChamp'ship)

M40	1	Gary Parkinson	55.25

800 METRES

M50	1	Rod Walke	2.32.66
	2	Geoff Bramley	2.50.60
M55	1	Peter Reeves	2.19.49
M60	1	Sean Ryan	2.37.09
	2	Jim Woodriff	2.47.99
	3	Paul Chaplain	3.29.00
M65	1	Elwyn Egan	2.55.03
	2	Alf Lakin	3.20.36
M70	1	Brian Morling	3.01.58
M75	1	Ian Hicks	4.24.64
M80	1	Norm Pearce	4.43.23

5000 METRES

M60	1	John Sheer	20.26.41

3000m TRACK WALK

M40	1	Iggy Jimenez	14.39.17
M50	1	Peter Bennett	14.53.76
M70	1	Patrick Sela	20.21.66
M80	1	Richard Lynch	22.13.41

RELAY

4 x 100m RELAY

M50+	Ganga Prasad Paul Chaplain Geoff Bramley Ian Malouf	57.63

TRIPLE JUMP

M30	1	Richard Rodgers	11.30
	2	Travis Venema	10.91
M45	1	Callum McInnes	9.33
M50	1	Geoff Bramley	7.97
	2	Ganga Prasad	6.49
M55	1	Grant Chapman	6.20
M65	1	Alf Lakin	6.73
M70	1	Bernie Smith	6.78
M75	1	Charles Crowley	6.92
	2	Chris Andalis	6.54
	3	Bill McMullen	6.11

HIGH JUMP

M45	1	Callum McInnes	1.46
M50	1	Geoff Bramley	1.25
	2	Ganga Prasad	1.10
M55	1	Grant Chapman	1.10
M70	1	Bernie Smith	1.10
M75	1	Chris Andalis	1.05

POLE VAULT

M40	1	Howard Arbuthnot	4.20

JAVELIN THROW

M50	1	Geoff Bramley	25.81
	2	Ganga Prasad	24.01
M55	1	Grant Chapman	28.45
	2	Ray Richardson	22.48
M60	1	Peter Clark	29.71
M65	1	Guy Quarterman	35.42
	2	Don Quinn	24.27
M70	1	Warwick Selvey	22.97
	2	Ivan Rogers	17.05
M75	1	Arvo Ropelin	22.35
M80	1	Maurice Dauphinet	18.82
M90	1	Ted Vickers	9.65

DISCUS THROW

M45	1	Callum McInnes	16.89
M50	1	Ganga Prasad	20.73
	2	Steve Bishop	19.38
M55	1	Ray Richardson	24.42
	2	Grant Chapman	24.28
M60	1	Peter Clark	37.00
M65	1	Don Quinn	36.62
	2	Guy Quarterman	30.27
	3	Fred Turner	24,83
	4	Alf Lakin	21.34
M70	1	Warwick Selvey	36.34
	2	Ivan Rogers	20.10
M75	1	Bill McMullen	28.84
	2	Arvo Ropelin	26.51
M80	1	Maurice Dauphinet	21.68
M90	1	Ted Vickers	8.85

WEIGHT THROW

M50	1	Ganga Prasad	6.90
M55	1	Grant Chapman	11.09
	2	Ray Richardson	9.83
M60	1	Jim Stammers	11.89
	2	Peter Clark	10.53
M65	1	Don Quinn	12.59
	2	Guy Quarterman	11.82
M70	1	Warwick Selvey	12.91
M75	1	Arvo Ropelin	10.13
	2	Bill McMullen	9.22
M90	1	Ted Vickers	5.02