RESULTS QMA 14/11/09 SATURDAY S.A.F

LADIES

60 METRES

W30	1	Dominika Podlezanski	9.28
W35	1	Jodie Schubert	9.25
	2	Mao Sautia	10.69
W40	1	Julie Brims	8.33
	2	Donna Beikoff	10.31
W45	1	Judy Jennings	10.07
	2	Michelle Smith-Rowan	10.09
W50	1	Patty Petersen	9.78
	2	Denise Quinn	10.02
W55	1	Noela Brameld	9.90
	2	Rosemary Dean	10.38
W60	1	Wilma Perkins	9.49
	2	Jean Hampson	10.61

100 METRES

W30	1	Dominika Podlezanski	14.72
W35	1	Jodie Schubert	14.61
	2	Mao Sautia	18.73
W40	1	Julie Brims	13.19
	2	Donna Beikoff	16.89
W45	1	Judy Jennings	16.48
W50	1	Patty Petersen	15.83
	2	Denise Quinn	16.54
W55	1	Noela Brameld	16.11
	2	Rosemary Dean	16.78
W60	1	Wilma Perkins	15.46
	2	Jean Hampson	17.32

300 METRES

W30	1	Anne Venema	50.16
W35	1	Jodie Schubert	48.06
W40	1	Julie Brims	44.14
W45	1	Karen Lakin	51.57
	2	Tricia Barr	54.23
W50	1	Denise Quinn	62.11
W55	1	Noela Brameld	55.13

3000 METRES

W45	1	Julie Ellett	16.01.07

3000m TRACK WALK

W75	1	Christiane Dauphinet	22.59.69

400m HURDLES

W30	1	Anne Venema	1.28.19

2000m STEEPLECHASE

W60	1	Irene Davey	10.24.52

4 x 200m RELAY

W30+1	Anne Venema	
	Jodie Schubert	
	Julie Brims	
	Donna Beikoff	2.02.15 **QR**
W45+2	Tricia Barr	
	Karen Lakin	
	Phyllis Kwok	
	Patty Petersen	2.10.17 **QR**
Mixed	Rosemary Dean	
	Noela Brameld	
	Jean Hampson	
	Don Burtt	2.15.63

LONG JUMP

W50	1	Denise Quinn	3.45

TRIPLE JUMP

W35	1	Mao Sautia	6.61

HIGH JUMP

W40	1	Julie Brims	1.25

POLE VAULT

W60	1	Wilma Perkins	2.10

HAMMER THROW

W35	1	Mao Sautia	19.85
W40	1	Donna Beikoff	12.19
W60	1	Wilma Perkins	24.48
W65	1	Lorraine Birtwell	20.37
W75	1	Heather Doherty	23.73

DISCUS THROW

W35	1	Mao Sautia	14.73
W40	1	Donna Beikoff	15.40
W60	1	Wilma Perkins	21.69
	2	Annette Rice	21.00
W65	1	Lorraine Birtwell	20.50
W75	1	Heather Doherty	22.69

SHOT PUT

W35	1	Mao Sautia	7.04	
W45	1	Judy Jennings	6.17	
W50	1	Joanne Pronk	9.19	vis
W60	1	Annette Rice	7.16	
	2	Jean Hampson	6.32	
W65	1	Lorraine Birtwell	6.63	
W75	1	Heather Doherty	7.96	

MEN

60 METRES

M30	1	Travis Venema	7.37	
	2	Rafal Witelus	7.68	
M35	1	Toby Quinn	8.53	vis
M40	1	Scott Eisentrager	9.19	
	1	Matthew Farmer	9.19	
M45	1	Craig Bruce	8.13	
	2	Callum McInnes	8.59	
M50	1	Geoff Bramley	8.61	
M55	1	Joe Begley	8.17	
	2	Robin Reisenleiter	8.27	
	3	Ian Dundas	8.53	
	4	Graeme Cox	8.99	
M60	1	Rick Milnes	9.60	
M70	1	Bernie Smith	10.86	
M75	1	Noel Garvey	9.74	
M80	1	Maurice Dauphinet	11.78	
	2	Russell Grigg	14.34	

100 METRES

M30	1	Travis Venema	11.51
	2	Michael Cook	14.19
	3	Paul Crothers	15.31
M35	1	Jason Burt	12.58
M40	1	Matthew Farmer	14.26
	2	Scott Eisentrager	14.76
M45	1	Craig Bruce	12.97
	2	Callum McInnes	13.62
M50	1	Geoff Bramley	13.75
M55	1	Joe Begley	12.91
	2	Robin Reisenleiter	13.17
	3	Ian Dundas	13.28
	4	Graeme Cox	14.15
M60	1	Rick Milnes	15.23
M65	1	Alf Lakin	15.78
M75	1	Noel Garvey	15.73
M80	1	Maurice Dauphinet	19.34
	2	Russell Grigg	23.68

300 METRES

M35	1	Jason Burt	39.93
M45	1	Craig Bruce	44.88
	2	Callum McInnes	46.11
M50	1	Geoff Bramley	44.60
M55	1	Joe Begley	41.69
	2	Peter Reeves	46.94
	3	Neil Manefield	47.94
M60	1	Paul Chaplain	53.10
M65	1	Fred Turner	48.13
	2	Alf Lakin	53.28
M70	1	Bernie Smith	63.89
M75	1	Noel Garvey	54.17

3000 METRES

M40	1	Lee Williams	11.26.80	
	2	Matthew Farmer	12.05.34	
M45	1	John Treschman	10.56.32	
	2	Paul Andrews	11.09.37	vis
	3	Antony Faber	12.50.24	
M55	1	Peter Reeves	10.23.70	
M60	1	Ian Blyth	12.47.60	
	2	Craig Welch	13.39.77	
	3	Paul Chippendale	16.47.82	

3000m TRACK WALK

M50	1	Peter Bennett	14.18.46
M80	1	Russell Grigg	27.03.27
M85	1	Dick Keatinge	22.55.88

300m HURDLES

M70	1	Bernie Smith	70.84

400m HURDLES

M60	1	Peter Kennedy	25.20

2000m STEEPLECHASE

M30	1	Paul Crothers	10.05.95
M45	1	David Burke	8.24.08

4 x 200m RELAY

M45+1	Geoff Bramley		
	Craig Bruce		
	Callum McInnes		
	Joe Begley	1.45.36	**QR**
M55+2	Peter Reeves		
	Robin Reisenleiter		
	Neil Manefield		
	Graeme Cox	2.01.26	**QR**
M60+3	Noel Garvey		
	Alf Lakin		
	Fred Turner		
	Paul Chaplain	2.09.20	**QR**

4 x 800m RELAY

M50+1	Peter Reeves	
	Paul Chippendale	
	Don Burtt	
	Con Dimauro	11.38.05

LONG JUMP

M30	1	Travis Venema	5.55
	2	Michael Cook	3.91
M55	1	Tony Collins	4.44
M70	1	Bernie Smith	3.29

TRIPLE JUMP

M30	1	Travis Venema	10.78
M55	1	Tony Collins	9.46
M70	1	Bernie Smith	6.54

HIGH JUMP

M30	1	Michael Cook	1.25
	2	Paul Crothers	1.15
M35	1	Jason Burt	1.55
M45	1	Bruce Joycey	1.68
M70	1	Bernie Smith	1.10

POLE VAULT

M40	1	Rob Hill	4.60	**ARp**
	2	Howard Arbuthnot	4.40	
M70	1	Bernie Smith	1.65	

HAMMER THROW

M30	1	Paul Crothers	12.40
M65	1	Don Quinn	31.25
M70	1	Bernie Smith	18.33
M80	1	Russell Grigg	22.34
	2	Maurice Dauphinet	18.64
M85	1	Ted Vickers	11.18

DISCUS THROW

M30	1	Paul Crothers	20.09
M35	1	Jason Burt	26.26
M65	1	Don Quinn	36.47
M70	1	Bernie Smith	19.53
M85	1	Ted Vickers	10.61

SHOT PUT

M30	1	Paul Crothers	6.49	
M35	1	Steve Irwin	12.36	
	2	Toby Quinn	9.77	vis
	3	Jason Burt	9.51	
M80	1	Maurice Dauphinet	7.18	
M85	1	Ted Vickers	5.23	