AMA POSTAL RELAYS CHAMPIONSHIPS – 2010 QMA MEMBERS RESULTS
CERTIFICATES WILL BE AWARDED

TRACK RELAYS – MEN

4 x 100 METRES

M40-49	Ian McLean	
2	Callum McInnes	
	Craig Bruce	
	Joe Begley	50.10
M50-59	Kevin Davis	
1	Ian Malouf	
	Geoff Bramley	
	Hugh Bristow	53.54
M60-69	Harry Giles	
2	Robin Reisenleiter	
	Viddy Jermacans	
	Alf Lakin	55.62

4 x 400 METRES

M40-49	Scott Eisentrager	
3	Rod Walke	
	Ian Malouf	
	Paul Chaplain	4.49.40

4 x 800 METRES

M50-59	Con Dimauro	
2	Jason Collie	
	Geoff Bramley	
	Peter Reeves	10.16.72
M60-69	Rod Dominish	
2	Don Burtt	
	Brian Morling	
	Colin Woods	12.11.74

4 x 800m WALK

M50-59	Kevin Davis	
	Grant Davis	
	Richard Lynch	
	John Musters	20.07.68

TRACK RELAYS - WOMEN

4 x 100 METRES

W40-49	Julie Brims	
2	Karen Lakin	
	Jessica Veurman-Betts	
	Jenny Kirby	57.20
W50-59	Patty Petersen	
2	Noela Brameld	
	Denise Quinn	
	Janette Turner	64.24
W60-69	Lesley Hamilton	
	Marge Allison	
	Hazel McDonnell	
	Wilma Perkins	62.84

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4 x 400 METRES

W30-39	Anne Venema	
3	Karen Lakin	
	Tricia Barr	
	Jenny Kirby	5.07.58
W60-69	Irene Davey	
1	Jean Hampson	
	Marge Allison	
	Betty Menzies	5.31.31

4 x 800m TRACK WALK

W40-49	Tricia Barr	
2	Kay Shaw	
	Christiane Dauphinet	
	Robyn Wales	22.58.50

FIELD RELAYS - MEN

3 x HAMMER THROW

M50-59	Ray Richardson	
4	Grant Chapman	
	Ganga Prasad	64.44
M60-69	Jim Stammers	
1	Mills Lafferty	
	Don Quinn	95.41

3 x SHOT PUT

M50-59	Ray Richardson	
7	Grant Chapman	
	Ganga Prasad	23.26
M60-69	Peter Clark	
1	Don Quinn	
	Guy Quarterman	31.37ABP
M70-79	Arvo Ropelin	
2	Bill McMullen	
	Ken Daniels	25.49
M80-89	Maurice Dauphinet	
2	Russell Grigg	
	Ted Vickers	17.45

3 x DISCUS THROW

M50-59	Ganga Prasad	
6	Ray Richardson	
	Grant Chapman	69.12
M60-69	Peter Clark	
1	Don Quinn	
	Guy Quarterman	100.84
M70-79	Warwick Selavey	
2	Arvo Ropelin	
	Bill McMullen	90.16

3 x LONG JUMP

M30-39	Richard Rodgers	
1	Travis Venema	
	Callum McInnes	15.55
M50-59	Geoff Bramley	
4	Vasyl Shuter	
	Fred Turner	10.97
M60-69	Peter Kennedy	
1	Viddy Jermacans	
	Harry Giles	13.06ABP
M70-79	Ken Daniels	
2	Bernie Smith	
	Maurice Dauphinet	9.42

FIELD RELAYS – WOMEN

3 x HAMMER THROW

W30-39	Mao Sautia	
2	Leonie Foster	
	Donna Beiioff	50.94
W60-69	Lorraine Birtwell	
2	Adrienne Holdsworth	
	Eunice Jenkins	55.59

3 x SHOT PUT

W30-39	Roselyn Franke	
2	Camille Harvey	
	Judy Jennings	22.12
W40-49	Leonie Foster	
5	Lynda Bateson	
	Donna Beikoff	19.36
W50-59	Joanne Pronk	
1	Dianne Alderman	
	Donna Emerson	26.20ABP
W60-69	Lorraine Birtwell	
2	Adrienne Holdsworth	
	Janette Turner	20.30

3 x DISCUS THROW

W40-49	Leonie Foster	
5	Phyllis Kwok	
	Lynda Bateson	55.35
W50-59	Donna Emerson	
1	Lorraine Birtwell	
	Heather Doherty	64.62ABP

3 x LONG JUMP

W30-39	Roselyn Franke	
2	Camille Harvey	
	Donna Beikoff	9.69
W50-59	Donna Emerson	
1	Jean Hampson	
	Marge Allison	9.78