RESULTS QMA 29/03/10 MONDAY S.A.F.

LADIES

100 METRES

W55	1	Christine Purcell	17.32
W60	1	Wilma Perkins	15.41

200 METRES

W55	1	Christine Purcell	37.49

800 METRES

W65	1	Betty Menzies	3.02.52

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10,000m TRACK WALK CHAMPIONSHIPS

W50	1	Kay Shaw	1:09.22.05
W55	1	Lyn Woodward	1:09.50.68
	2	Robyn Wales	1:21.31.42
W65	1	Noela McKinven	1.19.44.81

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HIGH JUMP

W60	1	Wilma Perkins	1.15

MEN

100 METRES

M30	1	Rafal Witelus	12.35
M60	1	Viddy Jermacans	14.43
M65	1	Harry Giles	14.43

200 METRES

M30	1	Rafal Witelus	24.69
M60	1	Viddy Jermacans	29.92
M65	1	Harry Giles	29.75

800 METRES

M60	1	Sean Ryan	2.36.83
M70	1	Alan Bradford	2.42.83

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10,000m CHAMPIONSHIPS

M35	1	Paul Jackson	35.03.11
M45	1	Gerard Daly	44.19.55
M60	1	Peter James	46.46.24
	2	John Sheer	46.46.27
M65	1	Rod Dominish	49.49.68
M70	1	Colin McLeod	44.55.29
M75	1	Colin Woods	51.56.14

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10,000m TRACK WALK CHAMPIONSHIPS

M45	1	Paul Lindenberg	1:08.38.84
M50	1	Peter Bennett	52.34.64
M80	1	Russell Grigg	1:32.47.16

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LONG JUMP

M60	1	Viddy Jermacans	3.53

TRIPLE JUMP

M70	1	Bernie Smith	6.20

HIGH JUMP

M60	1	Viddy Jermacans	1.20
M70	1	Bernie Smith	1.10

DISCUS THROW

M70	1	Bernie Smith	22.50

SHOT PUT

M70	1	Bernie Smith	6.63